

# Establishment, growth and evaluation of a multi-million dollar Alcohol & Other Drug Withdrawal Support Service in the ACT

CHN

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Capital Health Network (CHN), ACT's Primary Health Network received \$4 million through the Department of Health's Community Health and Hospitals Program (CHHP) to support the establishment and operation of an Alcohol and Other Drug (AOD) Withdrawal Support Service in the ACT (over FY 2021-25).

## Pilot program and early growth (2018-20)

- **Funded by CHN & ACT Health:** Karralika Programs piloted a Non-Residential (Alcohol and Other Drug) Withdrawal (NRW) Program (March 2018-December 2020).
- **First year of operation (2018-19):** 77% of clients improved their health and wellbeing by significantly reducing or ceasing substance use.
- **March 2018 – Oct 2019:** 29 participants successfully completed the NRW Pilot Program where they received treatment from their homes. They were then admitted to residential rehabilitation to progress their treatment.
- **2020:** Small-scale program operations continue producing positive outcomes.

## \$4 million grant awarded – Opportunity for rapid program expansion (2021)

- CHN received a \$4M grant through CHHP to expand and enhance NRW Program over 4 years.
- Karralika Programs selected to deliver this service based on success of Pilot program and beyond (2018-20).

### Focus on significantly expanding NRW Program with Karralika Programs to:

- Develop an enhanced Service Model for 2021-25.
- Develop Workforce Recruitment and Training Framework.
- Operate in line with appropriate Clinical Governance Framework.
- Provide a combination of integrated primary care in-reach and outreach services.

## Establishing an enhanced service model and rapid growth in NRW program capacity (2022-25)

- Enhanced NRW program operational on Oct. 2021 with increased number of nurses and expanded scope of program.
- Project management approach to develop a clear implementation schedule and facilitate forward progress.
- 2022: Establishment of Steering Committee co-chaired by a CHN General Manager and Karralika Programs CEO.
- Supporting Terms of Reference developed to clearly articulate the role and purpose of the Committee.
- Procure an independent external evaluator.
- 2022-23: Independent evaluation.
- 2022-25: Forming and building upon a solid foundation for enhancement and expansion of ACT AOD Withdrawal Support Services for years to come.



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We respect the Ngunnawal people of this region as Traditional Custodians and cultural knowledge holders of this land.