# Leadership promoting collaboration at all levels

#### INTRODUCTION

The Central Coast Health Alliance (The Alliance) is a formal partnership between the Hunter New England Central Coast Primary Health Network (HNECC PHN, primary health care delivery) and Central Coast Local Health District (CCLHD, key hospital, public health and community care) tasked with coordination of healthcare needs of the local population. The Alliance is aimed at creating a one health system mindset between healthcare providers on the Central Coast, NSW Australia, enabling opportunities beyond the usual organisational boundaries.

#### AIMS, OBJECTIVES, THEORY OR METHODS

The purpose of this Alliance is to leverage shared priorities across health and social care to develop and implement collaborative healthcare solutions to improve health outcomes for the Central Coast population.

This partnership model proposes focus on priorities where joint collaboration would make more impact together, rather than separately.

In 2021 data and consultation were used to determine refreshed key priorities for action. The consultation included members from both agencies including specialists, allied health professionals and general practitioners. The action plan has been developed and will be delivered in partnership over the next few years.

#### KEY HIGHLIGHTS

The Alliance recognises that the key to the success is commitment from both organisations and broader, which includes sharing of resources, networks and formation of further partnerships. One of the key successes of The Alliance is the General Practitioner Collaboration Panel (Panel) aimed at connecting care across primary, secondary, tertiary and community care. The Panel helps inform models of care and bring voice from the primary care sector, acting as a point of integration between systems of care.

The Alliance and the Panel focus on working with the broader community and developing solutions for agreed common priorities areas. The Alliance developed and implemented a Diabetes Case Conferencing model of care in partnership between endocrinologists, Diabetes Educators and General Practitioners to improve the care of type 2 diabetes in the community.

#### CONCLUSIONS

Primary care and public health organisations are facing similar barriers to addressing healthcare challenges. Barriers at the institutional level include a resource strapped environment and increasing demand.

The one system approach provides opportunities for collaboration, pooling of resources and better integrated care for the community

#### 2021-2023 PRIORITY AREAS

- Aged Care
- Chronic Pain Management
- Diabetes (including Gestational Diabetes)
- Mental Health



Areas where collaboration between the CCLHD and HNECC PHN would have greater impact together, rather than separately.

## IMPLICATIONS FOR APPLICABILITY/ TRANSFERABILITY, SUSTAINABILITY AND LIMITATIONS

- Organisational factors, such as having a shared mission and vision, an alignment of goals and objectives, are valuable tools for collaboration.
- A vision that includes a one healthcare system mindset is a significant step forward and will result in building new approaches to addressing healthcare challenges, for example collaborative commissioning.

Four broad priority areas identified by Alliance Multiple
opportunities
identified across
priority areas,
and others

Specific focus areas prioritised

### THE CENTRAL COAST GP COLLABORATION PANEL



#### **CURRENT CCHA MEMBERS**

<u>PHN</u> - **Richard Nankervis** CEO, **Catherine Turner** Commissioning Executive Manager,

**John Baillie** Living with COVID Executive Manager, **Ali Koschel** Populations, Access & Performance Executive Manager, **Joanna Coutts** Integrated Health Manager,

Prof Nick Goodwin Central Coast Research Institute (CCRI) Director. Dr Elly Warren GP Clinical Advisor

<u>CCLHD</u> - **Scott McLachlan** Chief Executive, **Kate Lyons** Executive Director Operations, **Lynne Bickerstaff** District Director of Nursing and Midwifery, **Fiona Wilkinson** District Director Quality, Strategy and Improvement.

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