



What is a Chronic health condition?

**A CHRONIC HEALTH CONDITION IS A SICKNESS
THAT YOU HAVE OR ARE LIKELY TO HAVE FOR
MORE THAN 6 MONTHS.**



FOR EXAMPLE

- Heart Problems
- Diabetes
- Cancer
- Social and Emotional Wellbeing Problems
- Kidney Problems
- Asthma



GET EXTRA HELP FROM YOUR GP

You are entitled to receive extra help from your GP to help look after your illness and keep you living longer.



INTEGRATED TEAM CARE (ITC) PROGRAM

The Integrated Team Care (ITC) is a program that can help you with the management of your sickness and get you on the right track to living a healthier and longer life. Have a yarn with your regular GP.

