













# **Enhancing Paediatrics** in Primary Care (EPiPC)

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We acknowledge and pay respect to the traditional owners of the lands on which MPHN operates; the Wiradjuri, Nari Nari, Wemba Wemba, Baraba Baraba, and Yorta Yorta peoples.

We pay respect to elders past, present and emerging and recognise these lands have always been places of traditional healing and medicine, and this plays a role in shaping future health services.

## Agenda

Background

Principles and core components

Implementation

Areas in progress

### Background

- Maternal and Child Health Strategy
- The First 2000 Days Framework
- National Framework for Health Services for Aboriginal and Torres Strait Islander Families
- Henry Review

#### **Principles**

- Empower primary care providers to support families
- Go rural where it's needed the most
- Navigation is simple with clear lines of communication between all involved
- Balance clinical service provision with building systems and workforce capability
- Use technology to improve access but not replace it

#### **Priority population**

- Socioeconomic disadvantaged children aged 0 to 5 years
- Aboriginal and Torres Strait Islander
- Refugee and CALD
- Rural and remote communities



#### Core components

### Commissioning the model

Primary care enhancement

Standardised screening, assessment and referral tools,

including flow chart and care plan templates Community paediatrics consultation support

(email/telehealth)

HealthPathways, including family education resources

Continuing Professional Development

**GPs with Special Interest** 

Enhanced training opportunities for GPs

Supported multidisciplinary clinics including allied health and community paediatrics support (email, telehealth,

case conference) for initial assessments

Priority groups

Care coordination/navigation

Mentoring and development of allied health

Integrated paediatric clinics

Co-consultations / F2F service delivery

Care coordination/navigation

Central intake

Engage Paediatrician



Engage general practice



Engage allied health

#### Implementation

- Co-design working group established
- Phase one: Email support
- Phase two: Case-conference support
  - Education and training
  - Local service mapping
  - Data and reporting
- Phase three: Co-consultation with MDT
- Review and evaluation

# Community Paediatrician

Jointly funded by MPHN and MLHD

#### **KPIs**

Workforce FTE is engaged and maintained

Number of GP interactions by type (including phone calls, emails, telehealth consults)

**Number of patient consultations** 

Number of CPD events held

GPs, families and carers report satisfaction with the service and improved outcomes

Screening and assessment tool developed and distributed to local primary care workforce

Referral and care pathways established

Improvement in GP skills and capability in paediatrics

# General Practices

#### **General Practices**

- Hay
- Deniliquin
- Gundagai
- Wagga Wagga

#### **KPIs**

Participation in planning and co-design sessions with the Community Paediatrician and MPHN

Undertake specific training in paediatric developmental and behavioural screening and management

Increase in use of screening and assessment tools

Improved confidence in assessment and management of developmental and behavioural issues

Use of agreed outcome measurement tool at the prescribed intervals

### Phase one: Email support

To provide GPs with paediatrician advice and resources for initiating early childhood screening and management of developmental and/or behavioural conditions in the primary care setting.

- Short and specific clinical questions regarding children 0-7 years
- Proforma submitted via fax or email
- Community Paediatrician responds with advice

GP faxes/emails clinical query

GP completes brief evaluation survey

# Email support protocol

Comm. paed inbox checked Mon & Wed

GP discusses recommendations with family and actions as needed

Comm. paed responds with recommendations



#### **Community Paediatric**

**GP SUPPORT SERVICE** 

#### **Community Paediatric Support**

For GP specific clinical queries regarding: Children 0-5 years with developmental/behavioural concerns.

To access support, please complete the Clinical Query Proforma and fax to **(02) 6933 9268** or email MLHD-CCH@health.nsw.gov.au

The Clinical Query Proforma can be found **HERE** in both Word and .rtf format.

This is NOT a developmental assessment or multidisciplinary clinic referral service.

This is NOT an emergency service. In case of emergency, please ring 000.

This service is for GPs only.





### Phase two: Case-conference support

To provide GPs with additional support to manage children with mild to moderate developmental and/or behavioural conditions in the primary care setting.

- Referral for case conference based on proforma
- GP, Community paediatrician, one other health professional present, no patient
- Regarding children 0-7 years with specific early childhood development or behaviour concerns of mild to moderate complexity

Case conferences run every 2<sup>nd</sup> Tues AM 30 min timeslots

GP completes brief evaluation survey

GP selects time & date faxes/emails clinical query

GP discusses recommendations with family and actions as needed

Case conference support protocol

Comm. paed accepts/declines referral and confirms booking with GP clinic

Comm paed circulates written recommendations

Coordinator organises case conference (invites for attendees, presents case)

Participants discuss case and give recommendations

GP practice sends invite to Comm paed, GP & 3<sup>rd</sup> health clinician.

## **Education & training**

- Well Child GP eLearning
  - Developmental surveillance module + 4 other modules
- Information evening workshops
  - Topics, presenters, content, CPD accreditation and promotion
  - Workshop 1 Developmental screening and the Blue book in primary care



# Service mapping

## HealthPathways

- Localising the Behaviour and Development – Child pathway
- Include directory of services in local area – public and private
- Initial focus on services most frequently recommended (speech pathology, OT, counselling/behaviour therapy)

# Data & reporting

- Monthly reporting
  - Primary and secondary outcomes
  - Demographic data
  - Data collection logistics

- Quarterly reporting
  - Screening and assessment tool developed
  - Referral and care pathways established
  - Client outcome measure

# Areas in progress

- Commissioning activities
  - Allied health/early intervention
    - Partnerships with MLHD allied health
  - Psychiatric Pathways
- Phase three: Co-consultation with a multidisciplinary team
- Evaluation of Model

#### Contacts

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