



# Conducting 715 Health Assessments via Telehealth

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## This mastermind will cover:

- Why it's important that 715 health assessments continue during Covid-19 isolation measures
- Considerations for BEFORE, DURING and AFTER your telehealth 715 consult
- Opportunistic scenarios for booking and conducting 715 telehealth health assessments
- What age based physical components are required to be conducted in person
- 715 Telehealth Guide (PHN resource) and other useful resources
- Our contact details (Aboriginal Health Access Team)
- Q&A time

# WHY telehealth assessments are important during Covid-19:

- **ACCESS:** It is crucial that Aboriginal & Torres Strait Islander people continue to have access to, and the opportunity, to receive health assessments, including mental health.
- **CHRONIC DISEASE:** The continuation and uptake of quality 715 Health Assessments in the current climate (Covid-19) is vitally important to Aboriginal & Torres Strait Islander people who are at greater risk of chronic disease
- **EARLY INTERVENTION:** It is important that health assessments are consistently promoted and maximised across the life span to promote early detection, management and clinical care

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- **HEALTH OUTCOMES:** Supports closing the gap in health status and outcomes.

# BEFORE telehealth 715 appt

- DR KELVIN KONG'S TELEHEALTH VIDEO
- ELIGIBILITY
- TELEHEALTH INFORMATION FOR PATIENT  
(consent, confidentiality)
- EQUIPMENT
- APPOINTMENT REMINDER

# DURING telehealth 715 appt

- BUILD RAPPORT
- STAFF INVOLVED
- PHYSICAL EXAMINATION
- CONDUCT TELEHEALTH CONSULT
- SUMMARISE FOLLOW UP
- NEXT STEPS (book physical obs appt)

# AFTER telehealth 715 appt

- COMPLETE NOTES
- GP REVIEW
- IMPLEMENT FOLLOW UP
- GP SIGN OFF and BILLING (all components complete)

# PHYSICAL OBS OPPORTUNITY: Utilising an existing appt to collect 715 physical obs e.g flu shot appt, script appt

- Patient eligibility (HPOS/Medicare)
- Nurse/Practitioner consent (do they have capacity to take obs at this appt?)
- Patient offer and consent
- Conduct physical obs/investigations only
- Book 715 telehealth appt (to complete this assessment at a later stage)
- GP review, sign off and billing (when all components complete)
- Assessment summary, recommendations and actions offered to the patient
- Follow ups and referrals implemented
- Book nurse follow up [10987](#)

# Physical Examination 0-14yrs

- Newborn baby check (if not previously completed)
- Growth monitoring checks (blue book etc)
- Height, weight, head circumference (0-4yrs), BMI
- Blood pressure
- Pulse rate and rhythm
- Immunisation schedule + flu shot if indicated
- Gums and dentition
- Ear and hearing
- Visual Acuity (red reflex in newborn) / Trachoma
- Skin
- Respiratory examination (if indicated)
- Cardiac auscultation (if indicated)
- Contraceptives (age appropriate, sexual activity)

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# Physical Examination 15-54yrs

- Height, weight, waist, BMI
- Blood pressure
- Pulse rate and rhythm
- Blood sugar levels
- Urinalysis
- Respiration / Spirometry test
- Gums and dentition,
- Ear and hearing (otoscopy/whisper test)
- Visual acuity /Trichiasis / Trachoma
- Skin
- Cancer screening (cervical, breast, bowel)
- Full blood count
- Flu shot
- STI check
- Contraceptives (if needed)
- Bone density screening (if needed)

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# Physical Examination 55yrs+

- Height, weight, waist, BMI
- Blood pressure
- Pulse rate and rhythm
- Blood sugar levels
- Urinalysis
- Respiration / Spirometry test
- Gums and dentition
- Ear and hearing (otoscopy/whisper test)
- Visual acuity / Trichiasis
- Skin
- Cancer screening
- Full blood count
- Flu shot
- Bone density
- Cognitive screening (if necessary)
- Mobility



# TELEHEALTH GUIDE

## Aboriginal & Torres Strait Islander Health Assessment (MBS 715)

This Telehealth Guide to Aboriginal & Torres Strait Islander Health Assessment (715) is to:

- Provide clinicians with steps to consider before, during and after a telehealth 715 Health Assessments
- Increase confidence and reduce any hesitations or uncertainty by clinicians around 715 Health Assessments via telehealth
- Maintain workflow for clinicians and facilitate a smooth transition between face to face consultations and telehealth appointments for patients
- Assist in implementing cultural safety considerations for telehealth consultations e.g. Dr Kelvin Kong video link

### BEFORE 715 TELEHEALTH CONSULT

1. Please view **Dr Kelvin Kongs** video on conducting telehealth consults with Aboriginal patients
2. Are you the patients usual doctor? If so, check **715** eligibility and **Close the Gap registration**
3. Book in appointment, check contact details, and follow your reminder process eg: text reminder
4. Provide patient with information on **telehealth** video/phone consultation process & protocol
5. Prepare and ensure access to documents required for consult. Eg: template, previous health check and medications
6. Ensure equipment is in place and tested
7. Set up a plan B for technology malfunction
8. Provide patient with a reminder phone call/SMS (utilise practice messaging platform) 10mins prior to appointment time

### DURING 715 TELEHEALTH CONSULT

1. Confirm identification and check connectivity with patient & advise of Plan B
2. Introduction of all attendees on the call and confirm confidentiality protocol (consider creation of shortcut in clinical software system)
3. Outline the roles of each attendee on the call Eg: health care worker/patient
4. If the patient has not already had \*physical examination taken in a previous appointment arrange a time for a face to face visit for this to take place.
5. Utilise HealthPathways for clear guidance on assessing and managing your patient
6. Collect all relevant information from the patient using 715 templates,
7. Advise patients in the Hunter New England region that local up to date patient information and advice is available at [www.patientinfo.org.au](http://www.patientinfo.org.au) and for patients on the Central Coast the address is [www.ccpatientinfo.org.au](http://www.ccpatientinfo.org.au)
8. Summarise follow-up: pathology, diagnostic imaging, specialist referrals, clinic appointments, **Allied Health Referrals**
9. Ensure the patient and carers are clear on the next steps and answer any questions (eg: e-prescribing process)

### AFTER 715 TELEHEALTH CONSULT

1. Complete telehealth consultation notes
2. See patient in clinic and complete \*physical examination if not already completed in a previous appointment.
3. GP to review all components of the health check with the patient
4. Implement and monitor agreed follow up actions eg: printing original scripts, pathology, referrals and follow up appointment (**10987**).
5. Provide patient with a copy of assessment (post/pickup)
6. 715 item can only be billed when all components of the service are completed and GP has signed off

Please refer to the COVID-19 Telehealth MBS items - complete list for further information

## PHYSICAL COMPONENTS FOR 715 HEALTH ASSESSMENT

0-14 YRS	15-54 YRS	55+ YRS
<ul style="list-style-type: none"> <li>• Newborn baby check (if not previously completed)</li> <li>• Growth monitoring checks (blue book etc)</li> <li>• Height, weight, head circumference (0-4yrs), BMI</li> <li>• Blood pressure</li> <li>• Pulse rate and rhythm</li> <li>• Vaccination schedule + flu shot if indicated</li> <li>• Gums and dentition</li> <li>• Ear and hearing</li> <li>• Visual Acuity (red reflex in newborn) / Trachoma</li> <li>• Skin</li> <li>• Respiratory examination (if indicated)</li> <li>• Cardiac auscultation (if indicated)</li> <li>• Contraceptives (age appropriate)</li> </ul>	<ul style="list-style-type: none"> <li>• Height, weight, waist, BMI</li> <li>• Blood pressure</li> <li>• Pulse rate and rhythm</li> <li>• Blood sugar levels</li> <li>• Urinalysis</li> <li>• Respiration / Spirometry test</li> <li>• Gums and dentition,</li> <li>• Ear and hearing (otoscopy/whisper test)</li> <li>• Visual acuity /Trichiasis / Trachoma</li> <li>• Skin</li> <li>• Cancer screening</li> <li>• Full blood count</li> <li>• Flu shot</li> <li>• STI check</li> <li>• Contraceptives (if needed)</li> </ul>	<ul style="list-style-type: none"> <li>• Height, weight, waist, BMI</li> <li>• Blood pressure</li> <li>• Pulse rate and rhythm</li> <li>• Blood sugar levels</li> <li>• Urinalysis</li> <li>• Respiration / Spirometry test</li> <li>• Gums and dentition</li> <li>• Ear and hearing (otoscopy/whisper test)</li> <li>• Visual acuity / Trichiasis</li> <li>• Skin</li> <li>• Cancer screening</li> <li>• Full blood count</li> <li>• Flu shot</li> <li>• Bone density</li> <li>• Cognitive screening (if necessary)</li> <li>• Mobility</li> </ul>

**National Guide to a preventative health assessment for Aboriginal and Torres Strait Islander people**

The following guide is based upon a more detailed clinical pathway that is accessible via our website.

HealthPathways is designed and written for use during a consultation. Content is developed collaboratively by a wide range of health professionals including GPs and Aboriginal Health Practitioners.

HealthPathways is NOT designed to be used by patients or general community members and as such the following user name and password are required to use the site.

**Hunter New England HealthPathways**  
username: hnehealth  
password: pithwlys

**Central Coast HealthPathways**  
Username: centralcoast  
Password: 1connect



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# Resources for your 715 telehealth consult

- **PHN 715 Telehealth Guide** (emailed to your practice soon)
- **The National Guide** to a Preventative Health Assessment for Aboriginal & Torres Strait Islander People ([www.racgp.org.au](http://www.racgp.org.au))
- **HealthPathways website** offers clinicians locally agreed information and referral pathways to make the right decisions, together with patients, at the point of care  
Hunter & New England: [hne.communityhealthpathways.org](http://hne.communityhealthpathways.org)  
Central Coast: [centralcoast.healthpathways.org.au](http://centralcoast.healthpathways.org.au)
- **Patient Info website** aims to help people understand and manage their health conditions. It does not replace care provided by doctors and other health professionals.  
[www.patientinfo.org.au](http://www.patientinfo.org.au)

[hneccphn.com.au](http://hneccphn.com.au)

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# MBS Items for 715 Telehealth

## Face to Face

715 Health Assessment: **715**  
10987 Nurse Follow Up: **10987**

## Telephone

715 Health Assessment: **92016**  
10987 Nurse Follow Up: **93202**

## Video

715 Health Assessment: **92004**  
10987 Nurse Follow Up: **93200**

Telehealth MBS items can also be found on the HealthPathways *Covid-19 Telehealth* page

**Medicare Support:** P. 13 21 50 [askMBS@health.gov.au](mailto:askMBS@health.gov.au)

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# Support

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