

# Allied Health Conference #WeCareTogether

2022 NEWCASTLE, CENTRAL COAST & TAMWORTH

## PROGRAM SUMMARY

Tuesday 24th May 2022, 9 -5pm

This Conference is a hybrid event, meaning presenters will deliver from various hub locations in either Newcastle, Tamworth, or the Central Coast. Presentations will be live streamed from the in-person audience hub location to the virtual online attendees and to the two non-presenting hub locations.

## Tuesday 24th May 2022, 9 -5pm

| Speaker location | Topic                                                                                       | Description                                                                                                                                                  | Practice                  | Who                  | Role                                                                           |
|------------------|---------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------|----------------------|--------------------------------------------------------------------------------|
| All              | Registration                                                                                |                                                                                                                                                              |                           |                      |                                                                                |
| All              | Welcome to Country                                                                          |                                                                                                                                                              |                           |                      |                                                                                |
| Newcastle        | CEO Welcome                                                                                 |                                                                                                                                                              |                           | Richard Nankervis    | CEO of THE PHN                                                                 |
| Newcastle        | Keynote Speaker - Luke Escombe - Patient Story                                              | Luke brings a unique perspective to life's challenges and triumphs including dealing with chronic illness.                                                   |                           | Luke Escombe         | Keynote/MC                                                                     |
| Newcastle        | In-House Technology Development - Enables a small business to compete at big-business scale | The importance of bringing multiple perspectives together to identify the best service models, from which optimal technology can be adapted.                 | Ethos Health              | Chris Morton         | Physiotherapist, Operations Management                                         |
| Newcastle        | Teamwork Makes Dreamwork                                                                    | How a multidisciplinary practice encourages clinicians to view clients holistically to achieve optimal health outcomes.                                      | Recovery Station          | Aimee Prosser        | Clinical Manager, Occupational Therapist, Mental Health Occupational Therapist |
| Morning Tea      |                                                                                             |                                                                                                                                                              |                           |                      |                                                                                |
| Tamworth         | How can Technology help streamline Admin?                                                   | Practical solutions on how private practices can start using IT to automate administrative process.                                                          | Compass Allied Health     | Ann & Lincoln Peters | General Manager, Physiotherapist                                               |
| Tamworth         | Collaborative Community Care in an Allied Health Setting                                    | First of its kind in Australia program, where a Nurse is based in a purely allied health community setting to deliver frontline care.                        | Rural Fit                 | Jo Lavelle           | Movement Disorder Nurse                                                        |
| Central Coast    | Moving Beyond Medicare                                                                      | How to pivot, grow and stabilise throughout turbulent times and remain a viable business model through diversification and specialisation of internal teams. | Optimum Intake Dietitians | Jodie Sheraton       | Dietitian                                                                      |

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|--------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------|-----------------|-----------------------------------------------------------------|
| Central Coast                                                                                                | Health on the Streets                                                                           | Driving outcomes for vulnerable communities with early intervention and with ongoing support, individuals are able to 'take control' of their own health needs. | Health on the Streets (HoTs)                | Aaron Cannon    | Registered Nurses & Outreach Workers linking with Allied Health |
| Lunch                                                                                                        |                                                                                                 |                                                                                                                                                                 |                                             |                 |                                                                 |
| Digital Posters – 5 min presentations visible to online participants and in-person audience at each location |                                                                                                 |                                                                                                                                                                 |                                             |                 |                                                                 |
| Tamworth                                                                                                     | Improving access to healthcare and enhancing well-being of Women in the postnatal period        | Insight into early postnatal access to services required for well-being and recovery.                                                                           | PhysioSpec Pelvic Health and Rehabilitation | Emma Shaw       | PhysioSpec Pelvic Health and Rehabilitation                     |
| Newcastle                                                                                                    | Aged Care Reform & Access To Allied Health                                                      | Access an on-demand webinar for allied health professionals detailing AN-ACC and residential aged care reform.                                                  | Community Therapy                           | Scott Lynch     | Physiotherapist                                                 |
| Newcastle                                                                                                    | Best practice management of cervicogenic headache and migraine                                  | The key learning gained from research and years of exclusively treating neck and head pain.                                                                     | The Physio Joint                            | Damien Cummins  | Physiotherapy                                                   |
| Central Coast                                                                                                | CONNECT online                                                                                  | How the CONNECT program, provides early intervention whole of family model case management for addressing mental health issues.                                 | CONNECT – Interrelate                       | Amy Messer      | Practice Lead Central Coast                                     |
| Central Coast                                                                                                | Saving Voice in Parkinson's                                                                     | Gain insight to programs including SPEAK OUT! and LOUD Crowd for Parkinson's voice problems.                                                                    | Adult Speech Pathology                      | Vanessa Sciacca | Speech Pathologist                                              |
| Presentations                                                                                                |                                                                                                 |                                                                                                                                                                 |                                             |                 |                                                                 |
| Central Coast                                                                                                | How the PHN supports Allied Health                                                              | Meet the PHN team allied health team for an update on progress against the current Allied Health Strategy and future opportunities.                             | The PHN                                     | Elizabeth Ward  | Physiotherapist & PHN Board member                              |
| Newcastle                                                                                                    | LGBTQ INCLUSION – Understanding Barriers to Care and Health Disparities for the LGBTQ community | Introduction to some of the barriers and health disparities experienced LGBTQ people, and how services can be more inclusive.                                   | ACON – Pride in Health & Wellbeing          | Claire Allen    | LGBTQ inclusive practice supports                               |
| Afternoon Tea                                                                                                |                                                                                                 |                                                                                                                                                                 |                                             |                 |                                                                 |
| Newcastle                                                                                                    | Streamline Information Gathering with Online Forms                                              | Benefits of effective online data collection for both the clinicians and patients.                                                                              | Umina Podiatry                              | Damian Gough    | Podiatrist                                                      |
| Newcastle                                                                                                    | Preventing chronicity in musculoskeletal pain – an integrated approach in primary care          | How to prevent people with pain not accessing appropriate care and end up with persisting pain, and a higher burden of disability.                              | Newcastle Performance Physio                | David Renfrew   | Physiotherapist                                                 |
| Newcastle                                                                                                    | Boss Brain – access, education, and the strategy of playfulness                                 | Boss Brain provides an attainable, engaging and connection-focused alternative to traditional room-based therapy.                                               | Life Matters Psychologists                  | Matthew Stanton | Clinical Director                                               |