## Central Coast - Relevant HealthPathways

- <u>Transgender Health</u> section:
  - Transgender Health Children and Adolescents
  - Transgender Health Adults
  - Transgender Health Gender-affirming Hormone Therapy
  - Transgender Health and Gender Diversity Specialised Referrals
  - Transgender Health and Gender Diversity Support Services
- Child and Youth Health section:
  - Autism Spectrum Disorder
- Child and Youth Mental Health section:
  - Acutely Disturbed Young Person
  - ADHD in Children and Youth
    - ADHD Medications for Children and Youth
  - Anxiety in Children and Youth
  - Depression in Children and Youth
  - Obsessive Compulsive Disorder in Children and Youth
- Youth Mental Health

- Mental Health section:
  - Deliberate Self-harm
  - Eating Disorders
  - Suicidal Ideation and Intent
  - Suicide Prevention in Young People

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## Central Coast - Relevant HealthPathways

- Child and Youth Health Referrals section:
  - Child and Youth Mental Health Assessment
  - Child and Youth Psychology and Counselling
  - Child and Youth Health Community Support Programs
  - Non-clinical Child and Family Community Mental Health
    Support
  - Online Mental Health Therapy for Children and Youth
- Mental Health Referrals section:
  - Urgent Mental Health Referrals
    - Urgent Mental Health Assessment
    - Suicide Risk Referrals
    - Scheduling and Compulsory Treatments
  - Psychiatrist Assessment
  - Non-urgent Mental Health Referrals
    - Eating Disorder Referrals

- Psychology and Counselling
- Mental Health Advice
  - Eating Disorders Advice
- Online and Phone Mental Health Supports
  - Mental Health Helplines
- Community and Social Support
  - Social Prescribing Support
- Mental Health Stepped Care

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