



Emergency Services Mental Health Training and Support

1.	Phoenix Australia	<p>Disaster Mental Health Hub: Support for communities and individuals. The Disaster Mental Health Hub phoenixaustralia.org</p> <p>Supporting First Responders: Responder Assist: Home - Responder Assist (phoenixaustralia.org)</p> <p>Online training courses: E.g., Trauma informed care, Psychological First Aid, Vicarious Trauma Treating Emergency Workers - Responder Assist (phoenixaustralia.org)</p>
2.	Black Dog Institute	<p>National Emergency Worker Support Service National Emergency Worker Support Service - Black Dog Institute</p> <p>Specialty Training for GPs and Allied Health Professionals: Free evidence-based workshop to diagnose and treat PTSD in Emergency Service Workers, Mental Health Check tools, telehealth counselling services for patients and more: Specialty training for GPs and Allied Health Professionals - Black Dog Institute</p>
3.	Rural Health Connect Access to web-based psychology sessions	<p>Connects Rural Australia to Mental Health Services (ruralhealthconnect.com.au)</p> <p>Referral Templates: Referring to Rural Health Connect</p>
4.	RACGP	<p>Early response to psychological trauma What GPs can do: Stepped-care Approach RACGP - Early response to psychological trauma – what GPs can do</p>
5.	Beyond Blue	<p>Police and Emergency Services Program: Police and Emergency Services Program - Beyond Blue</p> <p>Beyond Blue – Get Support Get mental health support - Beyond Blue</p>
6.	Fortem Australia	<p>Supporting the mental health and wellbeing of first responder families, addressing “spill-over stress” and secondary trauma. Clinical Support - Fortem Australia</p>