Updates on Nausea and Vomiting in Pregnancy and Hyperemesis Gravidarum

PHN EDUCATION SESSION

Nausea and vomiting in pregnancy is estimated to occur in 69-85% of pregnancies. Hyperemesis gravidarum is a severe form of nausea and vomiting in pregnancy and is the main cause of hospitalisation in the first half of pregnancy.

A state wide project is being rolled out by the Ministry of Health with an aim to increase clinician and consumer awareness of the condition and also improve women's experiences of accessing care.

Learning objectives: at the end of the session participants will be able to:

- Use the PUQE-24 assessment tool to assess and classify the woman's symptom severity
- Plan a woman's care using the assessment and management flowchart
- Consider pharmacological treatments that reflect the woman's symptom pattern

In addition, participants will be educated on the three pilot projects that are currently being established in the HNELHD. Whilst the pilots are not yet live, participants will be made aware of the services that they will be able to refer to in the coming months.

SPEAKERS: **Rachel Upton -** Clinical Midwifery Consultant. Project Lead for the Hyperemesis Gravidarum Initiative. Rachel has been working as a Registered Nurse for the past 20 years and as a Registered Midwife for the past 14 years. Rachel is also a Child and Family Health Nurse and has a passion for, and experience with clinical education.

Andy Woods - Senior Clinical Advisor, Obstetrics, Health and Social Policy Branch, NSW Ministry of Health. Andy is Clinical Lead for Maternity and Gynaecology at John Hunter Hospital and has a district leadership role in Hunter New England Local Health District. Andy chairs the NSW Perinatal Safety Education Advisory Group and is a member of the NSW Maternity Safety Intelligence Register Clinical Advisory Group.

WHO: **General Practitioner, Registrars, Residents, Medical students**

WHEN: **Tuesday 14th March, 6:30pm - 8:30pm**

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