

Chrysalis Wellbeing Series Session 7: Borderline Personality Disorder & Deliberate Self Harm

PHN EDUCATION SESSION

The Chrysalis Wellbeing Series of webinars aims to provide information and resources to enhance the mental wellbeing of Primary Care Health Professionals, their patients and consumers. This session will explore and discuss the assessment and management of patients, the importance of the patient / clinician connection, active follow-up of patients and referral options for GPs, particularly in rural areas.

Following participation in this webinar attendees will:

- be able to assess and manage patients prior to the first specialist appointment and between specialist appointments
- be aware of the importance of fostering an emotional connection that develops rapport and understanding
- understand the importance of intentional and active follow-up irrespective of referral to other clinicians

SPEAKERS: **Dr Nick Bendit** is a staff specialist psychiatrist working at the Centre for Psychotherapy (Newcastle). He treats patients with BPD using the Conversational Model and DBT as well as supervising mental health clinicians in the management of patients with BPD.



Dr Mark de Souza is a General Practitioner working at Bruncker Road Medical Centre as well as holding appointments as a VMO in Palliative care and Psychiatry. He works in the Psychiatric Emergency Centre where he assesses acute presentations, and also runs a general Psychiatric Outpatient clinic at the Lake Macquarie Community Mental Health team.

WHO: **General Practitioners, Nurses, Allied Health Professionals**

WHEN: **Wednesday 28th July 2021, 6.30 pm – 8.00 pm**

WHERE: **Online via Livestream**

RSVP: Please [click here](#) to register, slido will be used on the night for questions and evaluation, please go to slido.com, enter event code **#CWS7**

