



WEBINAR – Chronic Pain: The Patient Journey - opioid prescribing, deprescribing & the whole person approach

PHN EDUCATION SESSION

You are invited to a series of two webinars which will provide evidence-based information on the biopsychosocial model for chronic pain management. The education will assist with greater integration between specialist pain services and primary care. This session will also highlight the interdisciplinary approach through the patient journey. It is recommended you attend both webinars.

SPEAKERS: **Dr Chris Hayes** - a specialist pain medicine physician who works at John Hunter Hospital and has been the Director of Hunter Integrated Pain Service since its foundation in 1997. His research interests include a “whole person” approach to pain, and to provide multidisciplinary care to people living with chronic pain.



Fiona Hodson - a pain management clinical nurse consultant with the Hunter Integrated Pain Service and she has a passion for advocating for people experiencing pain. She is the immediate Past President of Chronic Pain Australia and was President of the Australian Pain Society from 2017-19.



Laura Bruggink - an Australian Physiotherapy Association titled pain physiotherapist, working with the Hunter Integrated Pain Service. She specialises in the treatment of chronic pain, particularly exercise, education and cognitive behavioural based treatments.



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SPEAKERS (cont'd.)

Dr Kylie Bailey - a senior clinical psychologist, with a PhD in Psychiatry and is the Director of Innervate Pain Management. Dr Bailey has over 20 years' experience utilising evidence-based practices for the management of disabilities, mental health, alcohol and other drugs.



Dr Michelle Redford – is a UK trained specialist General Practitioner and Educator who works at Blackbutt Doctors Surgery in Newcastle. She is a GP advisor to the Hunter New England and Central Coast PHN in Integrated Care and Practice Improvement. She has interests in quality improvement, digital health, systems redesign, integrated care, managing long term conditions and social prescribing.



LEARNING OUTCOMES

1. Implement the biopsychosocial model and whole-person approach for the management of chronic pain
2. Explain the evidence for prescribing and deprescribing opioids and other medications in the management of chronic pain
3. Describe the role of interdisciplinary care and allied health practitioners in management of chronic pain
4. Integrate Medicare processes for case conferencing with pain specialist physicians and primary care allied health providers

WHO: GPs, Registrars, Nurses, Allied Health, Aboriginal Health Practitioners / Workers, Pharmacists & Practice Managers

WHEN: Webinar 1: Wednesday 21st June 2023 12.00pm – 1.00pm

Webinar 2: Wednesday 28th June 2023 12.00pm – 1.00pm

WHERE: Online via GoToWebinar

RSVP: Please [CLICK HERE](#) to register session 1

Please [CLICK HERE](#) to register session 2

