



Asthma and COPD: Management and Medication Update

NATIONAL ASTHMA COUNCIL /
PHN EDUCATION SESSIONS

These webinars are part of the National Asthma Council Webinar Series that cover the essentials of best-practice asthma and respiratory management for primary care health professionals. They are presented by the National Asthma Council Australia as part of the *Asthma Best Practice for Professionals Program*, and Hunter New England Central Coast Primary Health Network.

WHO: All Health Professionals are welcome - GPs, Practice Nurses, Pharmacists, Aboriginal Health Practitioners, Physiotherapists and other Allied Health Professionals.

WEBINAR 1: ASTHMA & COPD - THEY DO OVERLAP

This 1 hour session provides an overview of asthma, COPD and identifies asthma-COPD overlap, including current evidence-based management using both the Australian Asthma Handbook and the COPD-X Guidelines. It includes diagnosis, management, medications and the importance of action plans for self-management is discussed.

Participants will learn how to:

- Describe how to access the COPD-X and asthma management guidelines
- Identify the differential clinical features between asthma and COPD
- Summarise the current guidelines for medication management
- Summarise the importance of written action plan

WHEN: Thursday 3rd March 2022, 6:30 pm – 7:30 pm

WHERE: Online via GoToWebinar

RSVP: Please [click here](#) to register

Asthma and COPD: Management and Medication Update

SPEAKER: **Narelle Williamson** is the Senior Clinical Consultant at the National Asthma Council. Narelle is a registered nurse and respiratory educator, with over 25 years' experience in both acute hospital settings and in primary health care. For the past 12 years, Narelle has been educating patients in various primary health care settings in Eastern Melbourne, as well as presenting for and now managing the Asthma Best Practice for Professionals Program with the NAC. Prior to her consultant management role at the NAC, Narelle was the Nursing Manager at a large and highly regarded general practice in the Eastern suburbs of Melbourne for 15 years. She continues her passion for chronic disease management and preventative health.



WEBINAR 2: TAKE A BREATH – ASTHMA/COPD MEDICATIONS AND DEVICES

This 1.5 hour session aims to update health professionals on the latest asthma and COPD medications and devices. It includes a demonstration of the correct technique for each device and highlights the benefits of correct device use in maintaining medication management for those with respiratory conditions.

Participants will learn how to:

- Identify the different classes of medications used in asthma and COPD management
- Describe the importance of correct device technique
- Demonstrate the correct technique for the different devices

WHEN: **Thursday 17th March 2022, 6:30 pm – 8:00 pm**

WHERE: **Online via GoToWebinar**

RSVP: Please [click here](#) to register

SPEAKER: **Debbie Rigby** is an Advanced Practice Pharmacist with postgraduate qualifications in clinical pharmacy, geriatrics and respiratory medicine. Debbie is a member of Pharmaceutical Society of Australia Respiratory Community of Special Interest and Respiratory Pharmacy Taskforce, Lung Foundation Australia COPD Advisory Committee and Primary Care Committee, and the International Primary Care Respiratory Group. Debbie is leading the National Asthma Council implementation of Asthma Right Care in Australia. She currently conducts Home Medicine Reviews and provides medicines education to pharmacists, nurses, GPs and other health professionals through her company Pharmeducation.



Both sessions are CPD accredited with:

Royal Australian College of General Practitioners (RACGP)
&
Australian College of Rural and Remote Medicine (ACRRM)



For webinar enquiries, please contact The PHN Education Team at education@thephn.com.au