

# Chrysalis Wellbeing Series Session 4: Supporting Young Transgender People

## PHN EDUCATION SESSION

The Chrysalis Wellbeing Series of webinars aims to provide specialist information and resources to enhance the mental wellbeing of Primary Care Health Professionals, their patients and consumers.

This session will cover the GP role in the care of children, adolescents and young adults who are gender exploring or have gender incongruence. It will also introduce the new service at Maple Leaf House that provides a holistic multi-disciplinary team approach for patients in the HNECC region and beyond.

### Discussion will include:

- Overview of Maple House, the new multidisciplinary specialist hub for trans and gender diverse children and young people
- Current requirements and issues around parental consent
- The role of the GP in the transition process
- Overcoming barriers to accessing GP care
- Case study presentations with multi-disciplinary panel discussion

**WHO:** General Practitioners, Nurses, Allied Health Professionals

**WHEN:** Wednesday 12<sup>th</sup> May, 6.30 pm – 8.00 pm

**WHERE:** Online via Livestream

**RSVP:** Please [click here](#) to register. Slido will be used on the night for questions and evaluation, please go to [slido.com](https://www.slido.com), enter event code **#CWS4**



# Supporting Young Transgender People

## SPEAKERS:

**ASSOC. PROFESSOR KATIE WYNNE** is a Clinical Endocrinologist and holds an Associate Professor appointment with the University of Newcastle. Her postdoctoral research in the field of appetite control continued as a National Institute for Health Research Clinical Lecturer. She moved to Newcastle in 2012 and is currently a Senior Staff Specialist in Endocrinology with a clinical interest in transgender health, antenatal medicine and obesity. She continues to research and publish in the field of endocrinology and metabolic health.



**LIZ NUNN** is a Paediatric Endocrine Clinical Nurse Consultant currently employed at Maple Leaf House. She is a member of the Education committee for both AusPATH (Australian Professional Society for Transgender Health) and the Hunter Gender Alliance. Liz recently completed the WPATH (World Association for Transgender Health) Foundation Course. She is also a current member of the Australian Association of Adolescent Health (AAAH) and the Endocrine Nurses Society Australia (ENSA).



**DR KATHLEEN WILD** is a Lake Macquarie-based General Practitioner. She completed medical school in Queensland and returned to the Hunter for her internship and General Practice training. In addition to her work at the practice, she is a conjoint lecturer at the University of Newcastle. Kathleen's special interests include Sexual & Reproductive Health, pregnancy care, LGBTQ+ Healthcare including Gender Affirming Care, child health and mental health.



## The *Chrysalis Wellbeing Series* will also feature the following events:

- Session 5 – Indigenous Mental Health: 27<sup>th</sup> May 2021
- Session 6 – Social Prescribing: 23<sup>rd</sup> June 2021
- Session 7 – Deliberate Self-Harm: 21st July 2021

