

# Dementia Prevention in Middle-Aged Adults – Exploring the Role for Primary Care

## PHN EDUCATION SESSION

In this session we will provide an overview of the current burden of dementia in Australia, potentially modifiable risk factors for dementia and the role of primary healthcare in reducing dementia risk.

We will also introduce a new clinical trial that is currently recruiting primary care clinics, that is investigating two interventions for assessing dementia risk and reducing dementia risk-factors in middle-aged adults.

Learning outcomes:

- Define the current burden of dementia in Australia
- Understand the potentially modifiable risk factors for dementia that may be targeted in primary care
- To understand the HAPPI MIND project targeting dementia risk reduction in middle-aged adults

**SPEAKERS:** **Professor Dimity Pond** is a general practitioner and honorary professor, Discipline of General Practice, University of Newcastle. She has explored GP management of dementia through a number of grants and continues to educate GPs about it through involvement with Dementia Training Australia.



**Professor Parker Magin** is a general practitioner; Conjoint Professor, Discipline of General Practice, University of Newcastle; and Director of Research and Evaluation, GP Synergy. As well as his educational research into GP training, his main clinical research interests are TIA and stroke, and cognition and medicines use in older patients.







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## SPEAKERS cont'd:

**Dr Amanda Cross** is a pharmacist and research fellow in dementia at the Centre for Medicine Use and Safety, Monash University. Dr Cross is currently working as the project manager for the Holistic Approach in Primary care for Preventing Memory Impairment and Dementia (HAPPI MIND) cluster randomised controlled trial. Dr Cross continues to practice in a clinical role as a community pharmacist and home medication review pharmacist.



**WHO:** GPs, Practice Nurses, Clinicians, Practice Principals

**WHEN:** Tuesday 28<sup>th</sup> September 2021, 1.00 pm – 1.45 pm

**WHERE:** Online via GoToWebinar

**RSVP:** Please [click here](#) to register

**NOTE:** This session will be recorded and become available in the [PHN Education Library](#)

For webinar enquires please contact the PHN Education Team  
at [education@thephn.com.au](mailto:education@thephn.com.au)