

Diabetes – GP Club Central Coast PHN EDUCATION SESSION LEARN & CONNECT

You are invited to join colleagues for GP Club. The session is informative and collaborative and there are opportunities to learn, mentor and build new relationships. Dinner will be included with lucky door prizes at the end of the night.

SPEAKERS:

Dr Lili Yuen – Dr Lili Yuen is an endocrinologist who is a member of the Endocrine Society of Australia, Australian Diabetes Society and the Australian Diabetes in Pregnancy Society. She is an Endocrinology Staff Specialist at Gosford Hospital, where she is the medical clinical lead for the Central Coast Local Health District High Risk Foot Clinic. She is also involved in the osteoporosis re-fracture prevention and the endocrine high risk antenatal clinics.

Dr Yuen regularly lectures in diabetes to medical students from the Western Sydney Universities and University of Newcastle and registrars of the Royal Australian College of General Practitioners. She is also a supervisor to research students of all levels in research projects across various aspects of diabetes management. She is passionate about research, teaching and managing diabetes and metabolic diseases.

Dr Michelle Reiss - Michelle is a GP and Lifestyle Medicine Intensivist. She started her career doing acute medicine as a Hospitalist in Canada and worked in ED both in Canada and Australia. Being solutions-minded, she developed an interest in focussing on the "cause" of our modern chronic diseases rather than just "band-aiding" the consequences and co-morbidities. She has a passion to assist patients with weight-loss and evidence-based lifestyle choices and uses a Bio-Psycho-Social approach to reverse chronic disease, improve health outcomes and empower patients towards vitality and a better quality of life.

GP FACILITATOR:

Dr Georgia Page - MBBS (USyd), FRACGP, BScience (Biomedical), Diploma of Child Health. Dr Georgia Page is a GP at Your Family Doctors at Erina on the Central Coast. Georgia has a special interest in medical education and has been involved in the training and supervision of GP Registrars for over 10 years. She is passionate about increasing the number of high-quality GP's on the Central Coast.







Diabetes – GP Club

WHO:	Medical Students, JMOs, GPs & Registrars
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- WHEN: Wednesday, 20th March 2024
- TIME:6.00 pm dinner provided, 6.30pm 8.30 pm session
- WHERE: Level 2 Conference Centre, Gosford Hospital (75 Holden Street)
- **RSVP:** Please <u>CLICK HERE</u> to register



Program

- 6.00 pm 6.30 pm Networking over dinner
- 6.30 pm 6.35 pm Acknowledgement of Country
- 6.35 pm 7.00 pm Dr Michelle Reiss GP Guest Speaker
- 7.00 pm 7.30 pm Dr Lili Yuen "Insulin Inititation"
- 7.30 pm 8.30 pm Station Rotation
 - Station 1 Dr Michelle Reiss : "Lifestyle change in diabetes in General Practice"
 - Station 2 Dimity Pond: "The Diabetes check in General Practice"
 - <u>Station 3</u> Dr Lili Yuen & Louise Carblis: "Diabetes medication devices and insulin tritation"

8.30 pm – 8.45 pm Feedback, evaluation and lucky door prizes!

PARKING:

Secure Parking 24 hours 7 days.

2 – 3 hours \$13.50 / 3 – 4 hours \$15.80

ENQUIRIES:

Please email scruikshank@thephn.com.au



