



**PRIMARY
HEALTH
NETWORK**



Musculoskeletal Medicine GP CLUB

LEARN & CONNECT

You are invited to join colleagues for GP Club. The session is informative and collaborative and there are opportunities to learn, mentor and build new relationships. Dinner will be included with lucky door prizes at the end of the night.

SPEAKER: **Dr Jonathan King** - Jon graduated from the University of Cape Town, and then returned to complete a Masters in Sport Science. After working as a General Practitioner for a few years he decided to focus on Sports Medicine and become a Registrar with the Australasian College of Sport and Exercise Physicians. Since obtaining his Fellowship he's remained on the Central Coast, caring for those with musculoskeletal and exercise related problems. Jon manages patients with various musculoskeletal problems and has an interest in injectable treatments for conditions such as osteoarthritis and tendinopathies.

GP FACILITATORS:
Dr Georgia Page, Dr Chris Starling, & Dr Dimity Pond

PHYSIOTHERAPISTS:

- **Russell Tuckerman** - East Gosford Physiotherapy and Sports Injury Centre
- **Dr Andrew Nealon** - Aspire Physiotherapy, Erina
- **Russell Wright** - Ocean View Physiotherapy, Wamberal

WHO: Medical Students, JMOs, GPs & Registrars

WHEN: Thursday 2nd March 2023

TIME: 6.00 pm dinner provided, 6.30pm– 8.30 pm session



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WHERE: Level 2 Conference Centre, Gosford Hospital

RSVP: Please [click here](#) to register

Program

6.00 pm – 6.30 pm Networking over dinner

6.30 pm – 6.35 pm Acknowledgement of Country

6.35 pm – 7.15 pm Dr Jonathan King

7.15 pm – 8.15 pm Divide into groups to rotate through 3 skills stations (20 minutes each)

Station 1: Shoulder

Station 2: Lower Back Pain/SIJ/Hip

Station 3: Foot/Ankle

8.15 pm – 8.30 pm Feedback, evaluation and lucky door prizes!

PARKING: [Secure Parking](#) 24 hours 7 days.

2 – 3 hours \$13.50

3 – 4 hours 15.80

ENQUIRES: Please email scruikshank@thephn.com.au

