



australian centre  
for **grief** and  
**bereavement**



**PRIMARY  
HEALTH  
NETWORK**

# Introduction to Grief, Loss and Bereavement

PHN EDUCATION SESSION

To work effectively with the bereaved it is important to be able to recognise and understand the broad range of grief reactions and responses. Grief counselling is a specialised area which requires strategies and support tailored to each individual's specific needs.

In this introductory webinar, participants will learn the fundamental theories of grief and loss and the models required to provide effective grief and loss support. In addition, the various non-death related losses encountered throughout life will also be identified and explored.

## Learning Outcomes:

- Understand and identify the impact of grief and loss
- Understand grief models and theories that inform the field of loss, grief and bereavement
- Identify non-death related losses as we age

**SPEAKER:** Jackie Tarabay

**WHO:** GP's, Nurses, Allied Health Professionals, MPA's & Aged Care Staff

**WHEN:** Wednesday 13<sup>th</sup> July 2022

**WHERE:** Online via GoToWebinar

**RSVP:** Please [CLICK HERE](#) to register

**phn**

HUNTER NEW ENGLAND  
AND CENTRAL COAST

An Australian Government Initiative

# Introduction to Grief, Loss and Bereavement

## **SPEAKER: Jackie Tarabay**

Jackie Tarabay is a Specialist Bereavement Counsellor, Clinical Supervisor, Trainer and Groups Coordinator at the Australian Centre for Grief and Bereavement (ACGB). Jackie provides individual counselling to children, adolescents and adults and has years of experience coordinating various support groups, including the facilitation of the Kids Grieve Too (KG2) program. Jackie also creates and delivers workshops, programs and customised training.

Jackie's therapeutic philosophy toward grief and loss is based on a client lead approach where every person is seen as unique, grieving in their own way and their own time. Jackie focuses on the core qualities of genuineness, empathy and unconditional positive regard in supporting the bereaved. Jackie advocates creating a safe, compassionate and non-judgmental environment to help integrate loss in a way that is both effective and personal.

Jackie has presented talks at the ACGB National Conference, Australasian Cemetery and Crematorium Association (ACCA), and Good Life Good Death Expo and was a member of the focus group for Palliative Care Australia (PCA). Jackie's educational background includes a Bachelor of Counselling, a Master Practitioner Certificate in Neuro Linguistic Programming (NLP), a Diploma of Shamanic Studies, Clinical Supervision and a Cert IV in Training and Assessment. Jackie also has studied in a host of other areas including psychotherapy, grief and loss, drama and personal development.

