

Pillars of Obesity Management: What can we learn from other National Guidelines?

PHN/UON EDUCATION SESSION

This educational session will explore and discuss the current strategies used for the dietary management of obesity. During the session we will also cover the advances in management in Canadian guidelines for the management of obesity.

SPEAKERS: Laureate Professor Clare Collins is Laureate Professor in Nutrition and Dietetics in the School of Health Sciences, College of Health, Medicine and Wellbeing at the University of Newcastle. She has received three prestigious NHMRC Research Fellowships and is currently Director of Hunter Medical Research Institute, Food and Nutrition Program. She has made major contributions to our knowledge on the impact of improving diet quality and food patterns on

> Dr Rebecca Haslam is a postdoctoral researcher with a PhD in Human Physiology and also an Accredited Practising Dietitian. In 2018 Rebecca was awarded the 2018 Dr Dave Roberts Award in Food and Nutritional Science. She has published 45 peer-reviewed journal articles and has received over \$200,000 in research funding.



GPs, Nurses, Dieticians and Allied Health Professionals, Practice Managers WHO:

Tuesday 9th August 2022 @ 6:30 pm - 8:00 pm WHEN:

health and wellbeing outcomes.

WHERE: Online via Livestream

RSVP: Please **CLICK HERE** to register

