



# Vertical Integration for Central Coast Medical Students, JMOs, GPs & Registrars

## LEARN & CONNECT

You are invited to join colleagues for a series of activities August 2021 – May 2022 in a supportive environment facilitated by experienced GP educators. Designed to be informative and collaborative, there is an opportunity to learn, mentor and build new relationships. This is a pilot program for General Practice and there is no cost to participate or obligation to attend every session. Please put the dates in your calendar now.

### VERTICAL INTEGRATION ONLINE TEACHING AND LEARNING SESSIONS 7.30AM - 8.30 AM EVERY FORTNIGHT

<b>25 August 2021</b>	Dr Georgia Page
<b>8 September 2021</b>	Dr Jessica Fitch
<b>22 September 2021</b>	Dr Chris Starling
<b>6 Oct</b>	TBA
<b>20 Oct</b>	TBA
<b>3 Nov</b>	TBA

### GP CLUB 6-8PM THURSDAY 21 OCTOBER 2021 (2022 DATES TBC)

Guest speakers, networking dinner, hands-on practical teaching and learning sessions.

### CERTIFICATE OF CLINICAL TEACHING AND SUPERVISION: GENERAL PRACTICE

Group activity facilitated by UoN academics online 3 x 3 hour modules Saturday afternoon, Saturday evening and Sunday morning 30 – 31 October 2021.

#### TO REGISTER:

Complete this online form by 5pm Friday 20 August 2021

<https://forms.office.com/r/Wj7Xq9tFcM>

#### ENQUIRIES TO:

Marguerite Grey  
Central Coast GP Workforce Project Officer  
at [mgrey@thephn.com.au](mailto:mgrey@thephn.com.au) or 0427 039 776

## VERTICAL INTEGRATION PILOT OVERVIEW

**Aim:** To develop a sustainable strategy which improves General Practice recruitment, retention, clinician wellbeing and patient access on the Central Coast.

'Vertical integration of general practice education and training is the coordinated, purposeful, planned system of linkages and activities in the delivery of education and training throughout the continuum of the learner's stages of medical education.'

Vertical integration involves a spectrum of teaching and learning across undergraduate and post vocational training. If implemented well, it reduces the load on GP supervisors and improves the training experience for both teachers and learners. An example in the GP setting is where a general practitioner supervises and teaches a combination of medical or nursing/allied student/s, GP registrar/s, international medical graduate/s and/or new GP supervisor/s. There are many different models of teaching and supervision that can be applied in this setting, to enhance the experience of the learners and provide a high-quality placement which will likely increase medical student interest in GP and improve registrar retention on the Central Coast.

## TEACHING AND LEARNING SESSIONS

### DR GEORGIA PAGE

MBBS (USyd), FRACGP, BScience (Biomedical),  
Diploma of Child Health



Dr Georgia Page is a GP at Your Family Doctors at Erina on the Central Coast. Georgia has a special interest in medical education and has been involved in the training and supervision of GP Registrars for over 10 years. She is passionate about increasing the number of high-quality GP's on the Central Coast.

#### Session topic - Snapshot of Dermatology.

Discuss common and interesting skin conditions and rashes, presenting in the GP setting, based on photographs sent in by GP supervisors, Registrars and Medical Students.

### DR JESSICA FITCH

PhB (Honours), MBBS (USyd), FRACGP, FPAACert



After graduating medical school, Jessica worked across the Illawarra region at Wollongong and Shellharbour Hospitals before commencing general practice training to pursue her interest in primary health care. Jessica has a special interest in sexual health, women's health and medical education. She was awarded the 2019 Dr Charlotte Hespe Research Award for her work on preconception care. Jessica works as an Academic GP and lecturer for the University of Newcastle. Outside of work Jessica enjoys swimming and reading.

#### Session topic Women's health in General Practice - A discussion of key areas of women's healthcare including preconception care, cervical screening and contraception.

### DR CHRIS STARLING

BMed (UoN), FRACGP, Diploma of Child Health



Dr Chris Starling is the GP Synergy Regional Head of Education for Hunter, Manning and Central Coast and a General Practitioner at Raymond Terrace Family Practice. Chris has been involved in medical education since 2010 and has a strong interest in assessment.

#### Session topic - Preparing for the General Practice summative exams – the benefits of using a case-based framework approach.

A case-based framework approach to preparing for the General Practice summative exams will be demonstrated which can be utilised by both registrars and supervisors during in-practice teaching.

### DIMITY POND

PhD (USyd), MBBS (USyd), BA (USyd)



Honorary Professor Dimity Pond led the Discipline of General Practice, University of Newcastle until August 2021 and is now involved in several research and pilot programs. She has supervised 11 PhD and 2 Masters students in the last 10 years.

Dimity has a long history of research into a variety of areas of General Practice. Her PhD looked at depression in the elderly, and how GPs identify this. During her career her work attracted over \$20million in funded grants with 160 peer reviewed papers, book chapters and published abstracts.

Throughout this time she maintained active clinical practice, both in a community general practice and in residential aged care. This has enabled her to stay in contact with the practical aspects of clinical practice, including the way in which her research interests can be translated into clinical work.

## GP CLUB

#### Session topic - Skin cancer, dermatology and rashes.

### DR JULIE YEADON

BMed. FRACGP. Diploma Skin Cancer Medicine/Surgery. Diploma Aesthetic Medicine. Born in the USA. Julie gained her medical degree at Newcastle University. Dr. Yeadon enjoys the outdoors, gardening, family, boating, and holidays. Professional interests include Skin Care, Cosmetic Treatments.



## CERTIFICATE OF CLINICAL TEACHING AND SUPERVISION: GENERAL PRACTICE

The aim of this Certificate is to develop and consolidate GPs knowledge, skills and confidence in their role as clinical supervisors to medical students, JMOs, GP Registrars and other health professionals. This Certificate has been designed by GPs for GPs.

The course is comprised of Core (Module 1 parts A & B) and Selective modules (Module 2 - 10 parts A & B) which can be undertaken separately or stacked together. Five Full Modules of your choice (4 Selective) and Core Module 1 with completion of the practical-based, short assessment tasks are required for the award of the Certificate.

### DR MIRIAM GROTOWSKI

B.Med., FRACGP, Dip.Psychiatry(ED), MMed (Dist.)  
Dundee UK



Dr Miriam Grotowski is a Senior Lecturer in Medicine at the University of Newcastle Department of Rural Health (UONDRH) based in Tamworth. Miriam graduated from UoN with a Bachelor of Medicine, has undertaken a Diploma in Psychiatry (Eating Disorders) and has completed her Masters in Medical Education.

As a practice owner and GP VMO at Tamworth Rural Referral Hospital, Miriam has been providing GP services to her local community for over 25 years. She has a keen interest in educating the next generation of doctors, supervising both medical students, residents and GP registrars in training.

Research interests include medical student wellbeing, management of eating disorders in primary care and medical education with a focus on clinical reasoning and feedback.