

Folklore and Facts: Supporting Neurodiverse and Gender Diverse Young People who have co-occurring Mental Ill Health

PHN EDUCATION SESSION

This field of health care is often populated by facts, alternative facts and outright folklore, and require clinicians to be aware of same. Evidence indicates an overrepresentation of youth with co-occurring autism spectrum disorders (ASD) and gender dysphoria (GD).

The clinical assessment and treatment of adolescents with this co-occurrence is often complex, and requires careful consideration and clinical collaboration to help young people and their families access the care they need.

Trans young people are at very high risk for poor mental health. Around three in every four trans young people have experienced anxiety or depression. Four out of five trans young people have ever engaged in self-harm, and almost one in two trans young people have ever attempted suicide.

Co-occurring mental health conditions can impact on immediate care delivery, and also possibly impact on capacity to consent to treatment.

By the end of the session participants will have a broader understanding of the factors that interplay in the assessment and treatment planning of this vulnerable population group.

LEARNING OUTCOMES:

1. Compare the co-occurrence between neurodiversity and gender diversity
2. Outline the factors contributing to co-occurrence of mental ill health and risk concerns
3. Implement assessment to ensure respect and safety
4. Identify considerations for referrals and supports

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SPEAKERS: DR YOLANDIE GOODYEAR – Dr Goodyear has worked in psychiatry for many years, and has extensive experience in assessment and management of various mental health conditions (across inpatient and outpatient/community settings), working in Newcastle, Maitland, Tamworth, Armidale and Taree.



Dr Goodyear is a qualified child and adolescent psychiatrist, with a strong interest in helping young people and their families. Studying and working in the field of gender diversity and gender dysphoria, and has assessed many young people and supported them and their families through this journey.

Dr Goodyear is committed to diversity and social inclusion: this includes Indigenous Australians, people who identify as LGBTQIA+, people from culturally and linguistically diverse backgrounds, as well as people with a disability.

Dr Georgia Page - MBBS (USyd), FRACGP, BScience (Biomedical), Diploma of Child Health

Dr Georgia Page is a GP at Your Family Doctors at Erina on the Central Coast. Georgia has a special interest in medical education and has been involved in the training and supervision of GP Registrars for over 10 years. She is passionate about increasing the number of high-quality GP's on the Central Coast.

OLIVIA GREGG - Clinical Nurse Consultant (CNC1) GPLO, Child and Adolescent Mental Health (CAMHS), Central Coast Local Health District (CCLHD)

WHO: General Practitioners, GP Registrars, Practice Nurses, Aboriginal Health Practitioners/Workers, & Allied Health Professionals

WHEN: Thursday 27th July 2023, 6.30pm – 8.00pm

RSVP: Please [CLICK HERE](#) to register via GoTo Webinar

