

**CHRONIC DISEASE MANAGEMENT**  
**GP MANAGEMENT PLAN & TEAM CARE ARRANGEMENTS (MBS ITEM No. 721 & 723)**

**Patient's Name:** Jo Bloggs

**Date of Birth:**  
**Phone: (H) (W)**

**Contact Details:**  
 123 Sesame Street

**Medicare or Private Health Insurance Details:**  
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**Details of Patient's Usual GP:**  
 Dr Georgia Page  
 602 Terrigal Drive  
 Erina 2250  
**Provider No:** 2443528B

**Details of Patient's Carer (if applicable):**  
**Name:**  
**Relationship to Patient:**  
**Phone:**

**Date of last Care Plan/GP Management Plan (if done):**

**Other notes or comments relevant to the patient's Management Plan:**

**HISTORY LIST**

11/12	Chronic renal failure Hypercholesterolemia Osteoarthritis Appendectomy Cholecystectomy Ischaemic cardiomyopathy Osteopenia Right Hemicolectomy	severe right knee  low trauma fracture left hip 2018. for local bowel cancer after removal of cancerous polyp. all clear
96	Breast Cancer - Lumpectomy & Axillary Clearance	
2002	Diabetes	
2003	Tia (Transient Ischaemic Attack)	
2008	Atrial fibrillation	
2008	Ihd (Ischaemic Heart Disease)	
2010	angiogram / stent	Dr Hill - 90% mid LAD. for 12 months plavix and lifelong aspirin
29/09/2010	Cataract & IOL - both eyes	
24/08/2011	STEMI	reocclusion stent LAD. new stent inserted Dr Hill
07/09/2011	Occlusion, Coronary artery	awaiting surgery Dr Cohen
2012	Cancerous bowel polyp	8cm
2012	Hiatus hernia	on CT scan 2017. half of stomach in thorax. gets sob at times.
11/2012	Repair umbilical hernia	removed Dr Cohen
2013	Scs chest wall - recurrence	
2014	Left Breast cancer	
18/11/2015	Breast cancer recurrence - chest wall	
25/06/2018	Fractured left hip	post fracture NOF - Dr Skalicky
02/07/2018	Left Total hip replacement	
07/08/2020	Osteoporosis	episode of diverticulitis
12/08/2021	Diverticulosis	
20/10/2021	Infection	
17/11/2021	Hypomagnesaemia	

**MEDICATIONS**

Accu-Chek Performa Test Strip	Three times a day
Amiodarone 100mg Tablet	½ Daily
Aspirin 100mg Capsule	1 Capsule Daily
Augmentin Duo Forte 875mg;125mg Tablet	1 bd for 10 days
Coversyl 2.5mg Tablet	1 Tablet Daily
Crestor 10mg Tablet	1 Tablet Daily
Diamicron MR 60mg Tablet, modified release	2 Tablets Daily with breakfast

Efudix 5% Cream

Femara 2.5mg Tablet

Frusemide 20mg Tablet

Magnesium Aspartate 500mg Tablet

Metoprolol Tartrate 50mg Tablet

Nitrolingual Pumpspray 400mcg/dose Spray

Ostelin Vitamin D 1000IU Gel Capsule

Panadol Osteo 665mg Tablet

Plavix 75mg Tablet

Prolia 60mg/mL Injection

Somac 40mg Tablet

Spirolactone 25mg Tablet

apply twice daily to affected area for 3 - 4 weeks until erosive stage reached.

1 Tablet Daily

1 second daily

1 bd

½ Daily

1 Spray p.r.n.

1 Capsule Daily

2 Tablets Three times a day

1 Tablet Daily

to be given by nurse

2 Tablets Daily

1 Tablet Daily

**ALLERGIES**

Nil known.

**CURRENT PROGRESS NOTES:**

**FAMILY HISTORY**

**Mother:** Deceased Age 56  
breast cancer

**Father:** Deceased Age 44  
war injuries

**Other family members:**

Mother Breast cancer  
Daughter Breast cancer  
Maternal Grandmother Stroke

**SOCIAL HISTORY**

**Occupation:** Retired

**Marital status:** Widowed

**Recreational activities:** reading ,  
gardemning , go to church , go out once week  
grandaughters

**Accommodation:** Own home

**Lives with:** Alone

**Is a Carer:** No

**Has a Carer:** No

**Safe in own home:** Yes

**Alcohol:**  
Non drinker

**Smoking:**  
Non smoker

**Other social history:**  
widowed 8 yrs

**Patient's Name: Ms Jo Bloggs**

**GP MANAGEMENT PLAN AND TEAM CARE ARRANGMENTS**

Patient problems / needs / relevant conditions	Goals - changes to be achieved	Required treatments and services including patient actions	Arrangements for treatments/services (when, who, contact details)
<b>Patient to have a clear understanding of their condition and how it can be managed.</b>	Patient to have a clear understanding of conditions and patient's role in self management	Patient Education	Dr Georgia Page 4365 4999 Patient
<b>Lifestyle - Nutrition, weight, physical activity</b>	Maintain healthy lifestyle	Healthy eating pattern, low fat diet. Ideal BMI - less or equal 25 Men WC- less or equal 94cm Women WC - less or equal 80cm At least 30 minutes walking/day or equivalent exercise 5 or more days per week.	Dr Georgia Page Patient
<b>Patient identified issue:</b> (What do you feel is the biggest issue affecting your health at the moment?.....and if we could resolve that, is there something you would like to be doing more of?)			
<b>Hypertension</b>	BP within optimal range ideal <130/80mm Hg	Check every 6 months	Dr Georgia Page Practice Nurse
<b>Preventative Health Measure</b>	Prevention of Disease	Pap Smear, 5 yearly (18-70 years for those women who have ever been sexually active) or as required.  Annual or biannual skin checks  Eye check/review  Mammogram / ultrasound - Breastscreen 50-74 yrs old every 2 years  Vaccination to prevent Influenza and if >65yrs Pneumococcal Disease, ?ADT booster and Zostavax, recommended for >50 yrs, Govt funded at present between 70-79yrs, until October 2021	GP  GP/Dermatologist  Optometrist/Ophthalmologist  Breastscreen/radiology  GP/Practice Nurse/Patient

	BMD Testing for patients >50yrs with risk factors.	Radiology
	National Bowel Screen Program 50yrs - 74yrs. Every 2 years Screening Colonoscopy /Endoscopy if required	The National Bowel Cancer Screening Program  Gastroenterologist
	Prostate check PSA - 40yr-75yrs dependant on family history and/or symptoms	GP/Pathologist/Urologist

**Copy of GPMP/TCA offered to patient?**

**Copy or relevant parts of the GPMP/TCA supplied to other providers?**

**GPMP/TCA added to the patient's records?**

**Referral form for Medical allied health completed?**

**Date service was completed:**

**Proposed Review Date:**

I have explained the steps and any costs involved, and the patient has agreed to proceed with the service. The patient also agrees to the involvement of other health providers and to share their clinical information without / with restrictions.

**GP's Signature:** x \_\_\_\_\_ **Date:** 05/04/2022

**GP Name:** Dr Georgia Page

I give my permission for my GP to discuss my medical history/diagnosis with other service providers. I understand that referral for service can still go ahead if I do not want information about me made know to the service providers.

**Patient/Carer Signature:** x \_\_\_\_\_ **Date:** 05/04/2022

I understand the above Care Plan recommendations and agree to the outlined goals.

**Any information the patient wants withheld:**

Patient's Name:

GP MANAGEMENT PLAN and Team Care Arrangements			
Patient problems / needs / relevant conditions	Goals - changes to be achieved	Required treatments and services including patient actions	Arrangements for treatments/services (when, who, and contact details)
IHD Reocclusion of Stent/ balloon inflation to stented segment	Stent to remain patent	Monitor, regular review Dr Hill, last check 4/20, recent echo fine. due to see Dr Hill.	Dr Andrew Hill Cardiologist 43239909
Atrial Fibrillation/ Ischaemic Heart Disease	Heart Rate controlled - no further thrombus or occlusion	Monitor with GP at regular visits. Remain on Plavix and Amiodorone.	Dr Georgia Page - GP 43654999 and Dr Andrew Hill Cardiologist
Diabetes - Type II	Patient to have a clear understanding of their disease and the patient's role in managing the condition so to avoid complications of diabetes	eye check every 2 yrs feet checked regularly avoid renal complications - test kidney function and microalbumin yearly last HbA1c - 6.9 Ideal: HbA1C $\leq$ 7 Fasting glucose $\leq$ 6 2hr post prandial glucose $\leq$ 8  15.6.20 H 7.1 % 26/2/21 - hba1c 6.9%  11/21 - hba1c 7.1  diabetes cycle of care completed today	?endocrinologist  Dr Georgia Page - GP  Practice Nurse  Podiatrist - Sue in Swansea
Hypercholesterolaemia	remain within normal ranges	Monitor lipids regularly - Continue on Crestor, low fat low GI diet, exercise 30mins for 5 days/week	Dr Georgia Page - GP Dr Andrew Hill Cardiologist
TIA	prevent stroke	monitor lipids, bp, vascular risk factors as above	Dr Georgia Page
Breast Cancer	prevent recurrence	new breast cancer 2014. surgery Dr Cohen. on femara. metastatic nodule scar line for surveillance  Mammogram and ultrasound 6.9.21 - stable	Dr Georgia Page Dr Cohen
Hiatus Hernia / coliac artery stenosis	reduce epigastric pain	large 8cm. ? need for surgery. Somac 40mg bd	Dr Parkin
Large colonic polyp-adenocarcinoma	prevent spread	surgery Dr Cohen - hemicoloectomy and repair umbilical hernia 2013. surveillance colonoscopy Dr Cohen clear end 2015. No need for further.	Dr Parkin / Dr Cohen
Superficial BCC	skin surveillance and treatment of any cancerous lesions.	large ulcer at site of prev BCC - had excision Dr Cohen, Efidix for SCC insitu. Monitor lesion nose	Dr Smith G P
Osteopenia	reduce risk of fracture	falls prevention, calcium in diet, Vit D, 2 yearly BMD BMD 7/20. Prolia due 10/2/22	GP