Inverell LGA **POPULATION HEALTH SNAPSHOT 2021**



OUR PEOPLE

84.2% of the population were born in Australia (NSW 65.5%)

- 1,738 people identify as Aboriginal and/or Torres Strait Islander. This is 10.3% of the population (NSW 3.4%)
- 1,040 people have a profound or severe disability this is 6.8% of the population (NSW 5.6%)

The top two nationalities from people born in non-English speaking countries were 1.1% of the population born in the Philippines (NSW 1.2%) and **0.2%** of the population born in Germany (NSW 0.4%).

2020 ESTIMATED RESIDENT POPULATION

Inverell LGA Population 17,780

Based on the 2016 population of 16,778, the population is predicted to increase to 19,297 by 2036, at an annual rate of 0.70% In 2019, 20.4% of the population were aged between 0-14 years (NSW 18.5%) and 11.8% aged between 15-24 years (NSW 12.8%) In 2019, 18.8% of the population were aged 65+ years (NSW 14.2%); and 2.5% of the population were 85+ years (NSW 2.2%).

CHILDREN & YOUTH

For every 100 children aged 2-17 years in 2017-18, 15.5 were overweight (NSW 17.0) and 10.7 were obese (NSW 7.4)

In 2018, 22.2% of children were developmentally vulnerable on one or more domains (NSW 19.9%).



MUMS & BUBS

In 2019, the total fertility rate was 2.44 per female (NSW 1.76)

24.5% of mothers smoked in pregnancy in 2017-19 (NSW 8.9%)

In 2016-18 9.0% of babies born were low birth-weight babies (NSW 6.3%)

A first trimester antenatal visit occurred in 90.4% of pregnancies in 2017-2019 (NSW 76.8%).

OLDER PERSONS

There were 66.2% of people aged 65+ years receiving aged pensioner in June 2020 (NSW 59.0%)



In June 2020, 8.6% of the population aged 65+ years had a seniors health card (NSW 10.4%)

Life expectancy in 2018: Females 84.9 (NSW 85.7) Males 80.1 (NSW 81.5).

SOCIAL & ECONOMIC FACTORS IMPACTING HEALTH

In 2021, the unemployment rate was 6.6% (Australia 6.0%) In 2020, the proportion of the population receiving an unemployment benefit was 13.7% (NSW 9.0%)

In 2020, 17.1% of young people 16-21 were receiving an unemployment benefit (NSW 8.1%)

In 2020, **13.2%** of people aged between 22-64 were receiving Jobseeker payment (NSW 9.1%)

In 2016, 0.3% of people born overseas reported poor proficiency in English (NSW 3.8%)

In 2016, the SEIFA Index of Relative Socioeconomic Disadvantage score was 909, Inverell LGA was more disadvantaged than Australia (1000).

MENTAL HEALTH

High or very high psychological distress was experienced by 13.3 of every 100 adults in 2017-18 (NSW 12.4; Australia 12.9)



Mental and behavioural problems were experienced by 25.2 of every 100 people in 2017-18 (NSW 18.8)

There were **31 hospitalisations for intentional self-harm** in 2017-19 at a rate of 177.4 per 100,000 people (NSW 93.0)

Between 2014-18, 9 people died by suicide at an average annual rate of 12.4 per 100,000 population (NSW 11.0).



IMMUNISATION

Who was fully immunised in 2020-21? 96.5% of 1-year old's (NSW 94.9%) 94.7% of 2-year old's (NSW 92.3%) 94.7% of 5-year old's (NSW 95.0%)

HPV VACCINATION

By mid-2017 HPV coverage for females aged 15 years was close to 100% and for males was 99.6%. (NSW 83.0%; 78.2%, respectively)

HEALTH RISKS

- For every 100 adults in 2017-18:
- **22.5** smoked **tobacco** (NSW 14.4)
- 25.4 consumed alcohol at high risk (NSW 15.5)
- 34.3 were overweight (NSW 35.0)
- 43.2 were obese (NSW 30.9)
- 23.7 had high blood pressure (NSW 23.1)
 - 44.1 ate adequate fruit (NSW 52.5)
- 69.6 undertook low or no exercise (NSW 65.3)



CHRONIC DISEASE RATES

For every 100 adults in 2017-18: Diabetes mellitus **6.4 per 100** (NSW 5.2) Circulatory system disease **5.0 per 100** (NSW 4.1) Asthma **12.8 per 100** (NSW 10.6) COPD **2.9 per 100** (NSW 2.2) Arthritis **17.5 per 100** (NSW 15.5) Osteoporosis **2.5 per 100** (NSW 4.2)

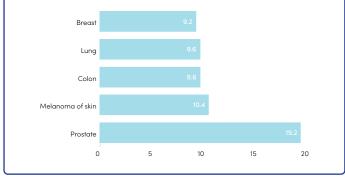


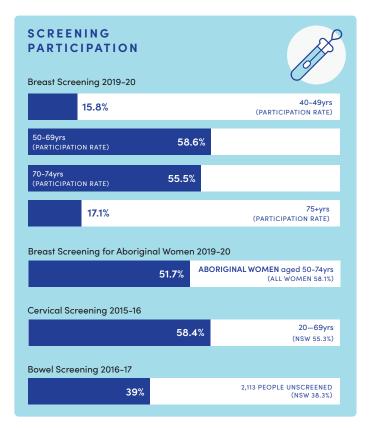
CANCER INCIDENCE

Cancer incidence in 2010-2014 for all cancers was **573.0 per 100,000** population (NSW 552.5)

The age-standardised incidence rate for all cancers in 2017 for males was **675.6 per 100,000 population** (NSW 549.7) and for females was **403.8 per 100,000 population** (NSW 424.0).

TOP FIVE MOST COMMON CANCER TYPES (PROPORTION OF CASES %, 2013-2017) INCLUDED:





POTENTIALLY PREVENTABLE HOSPITALISATIONS(PPH)

In 2018/19, there were **565** potentially preventable hospitalisations at a rate of **2,909.9** per **100,000** population (NSW 2,626.9)

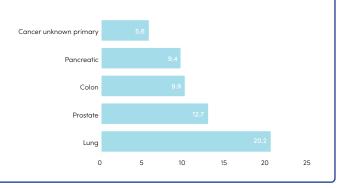


Diabetes complications were the leading PPH condition at a rate of **453.8** per **100,000** population (NSW 148.6) followed by COPD (**452.5**) (NSW 260.6) and Cellulitis (**245.9**) (NSW 231.9).

CANCER MORTALITY

The age-standardised mortality rate for all cancers in 2017 for males was **225.3 per 100,000** population and for females was **128.4 per 100,000** population (NSW 182.5; and 118.1, respectively).

TOP FIVE MOST COMMON CANCER TYPES (PROPORTION OF DEATHS %, 2013-17) INCLUDED:



ACCESS TO SERVICES

In 2014 **239 people** experienced a barrier to health care access with **cost** being the main reason at a rate of **2.1 per 100 people** (NSW 2.5).



In 2014 **579 people** experienced difficulty or couldn't get to places with **transport** at a rate of **4.4 per 100 people** (NSW 4.3).

In 2016 **68.8%** of houses were able to access the **internet** (NSW 82.5%).

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9,123 patients presented to Emergency departments in 2017-18, 4,029 were semi-urgent presentations and 1,637 were non-urgent presentations. Some of these could have potentially been managed in general practice.

There are 6 x General Practices in the area and for every full-time GP there are 954 patients.







DATA SOURCES

- Australian Bureau of Statistics (2021). 2016 Census Quickstats
- Cancer Institute NSW (2021). <u>Cancer Statistics NSW</u>
 Centre for Epidemiology and Evidence (2021)
- NSW HealthStats NSW

NSW Government Health (2021) Local Health District Maps
 Public Health Information Development Unit (PHIDU) (2021)

- Public Health Information Development Unit (PHIDU) (2021)
 <u>Social Health Atlas of Australia: Data by Local Government Area</u>
- HNECC PHN, Chilli Data, 2021

CHEALTH NETWORK

