

COVID19 showcase: Ladders, zoom, ipads & connect

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TWC B.C → March 2020 (PIVOT & INNOVATE)

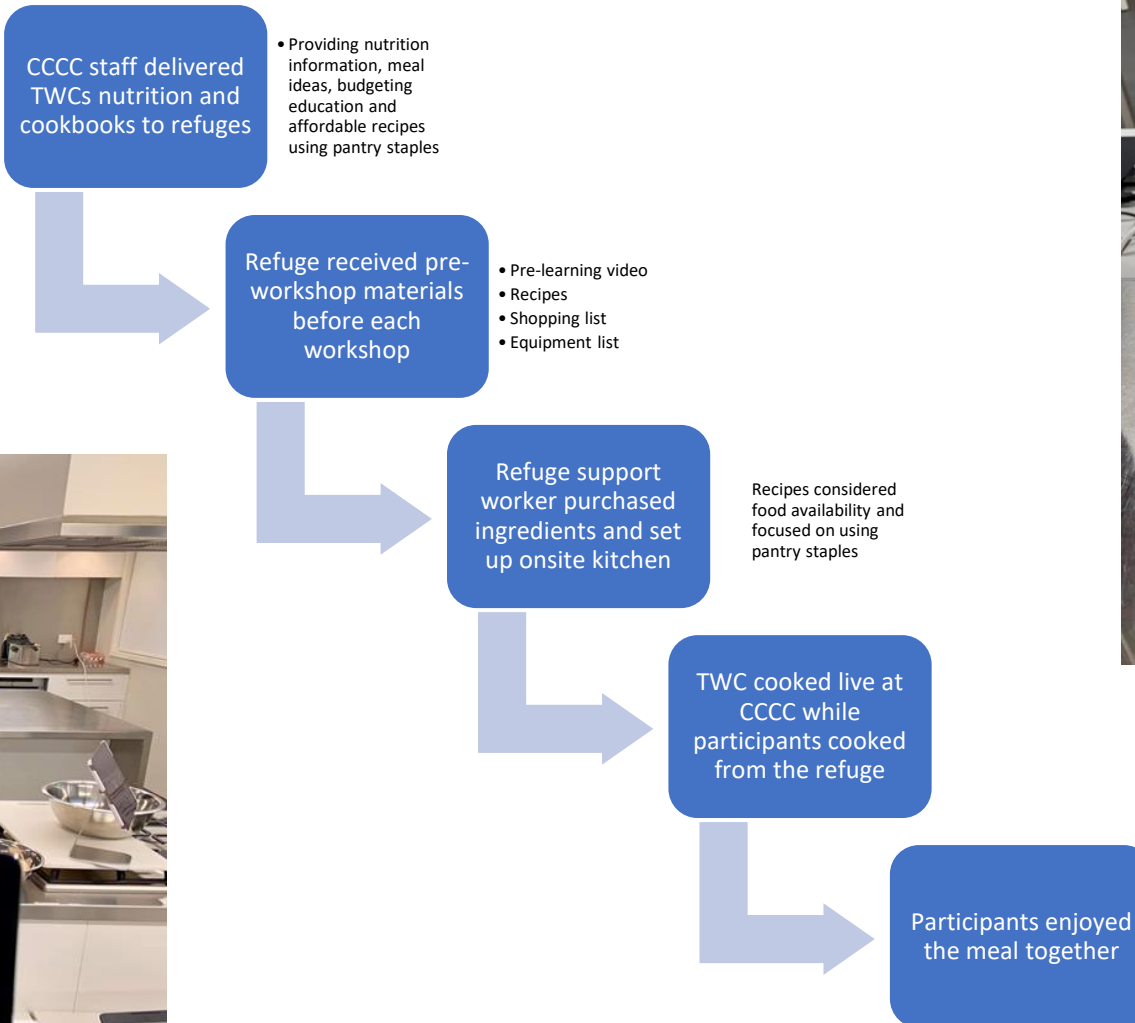


WHY PIVOT

- Strain on relationships within refuges
- Mental health of residents
- Lack of purpose and activities
- Social isolation
- Lack of cooking skills and cooking frequency
- Food insecurity
- TWC business security



The program



CCCC kitchen

Stationary ipad

Microphone

TWC cooking LIVE

Participants cooking
LIVE from the refuge

Portable ipad

TWC could see
participants
cooking and
provide instruction

Participants could
watch TWC, ask
questions and
listen to advice
and instruction



The impact

Coimba



Maya



Back in the community in July with CCCC





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Enrolled

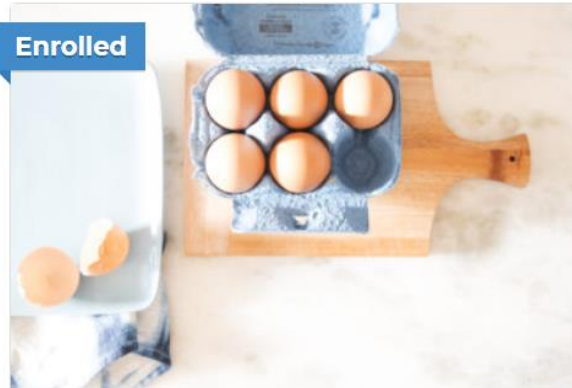


PROTECTED: SAMPLE

This is a sample of TWC's movement, nutrition and cooking education modules

<https://courses.thewholesomeco.com.au/my-account/programs> TWC can

Enrolled



NUTRITION & COOKING FOR SUPPORT WORKERS

Enrolled



COOK, EAT AND ENJOY

This tool can be used in your own home, or in your clients home (for support workers and care providers). This

www.courses.thewholesomeco.com.au

Want to help TWC continue this valuable work in the community?

Let's chat...

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