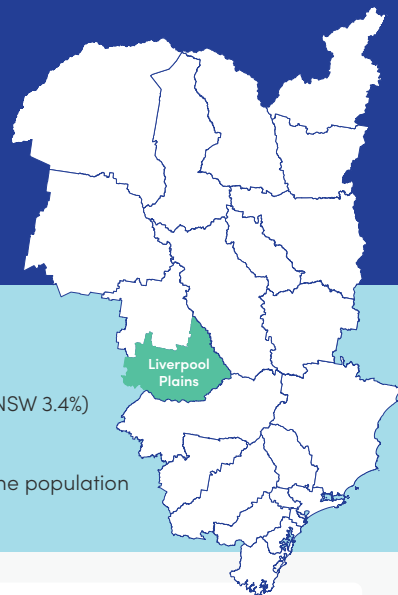


# Liverpool Plains LGA

## POPULATION HEALTH SNAPSHOT 2021



### OUR PEOPLE

**84.5%** of the population were born in Australia (NSW 65.5%)

**1,190** people identify as Aboriginal and/or Torres Strait Islander. This is **15.2%** of the population (NSW 3.4%)

**469** people have a profound or severe disability this is **6.8%** of the population (NSW 5.6%)

The top two nationalities from people born in non-English speaking countries were **0.2%** of the population born in India (NSW 1.9%) and **0.1%** of the population born in Germany (NSW 0.4%).

### 2020 ESTIMATED RESIDENT POPULATION

Liverpool Plains LGA Population **7,853**

Based on the 2016 population of 7,874, the population is predicted to increase to 7,899 by 2036, at an annual rate of **0.02%**

In 2019, **19.1%** of the population were aged between 0–14 years (NSW 18.5%) and **10.6%** aged between 15–24 years (NSW 12.8%)

In 2019, **21.0%** of the population were aged 65+ years (NSW 14.2%); and **2.2%** of the population were 85+ years (NSW 2.2%).



### CHILDREN & YOUTH

For every 100 children aged 2–17 years in 2017–18, **18.0** were overweight (NSW 17.0) and **10.9** were obese (NSW 7.4)

In 2018, **22.1%** of children were developmentally vulnerable on one or more domains (NSW 19.9%).



### MUMS & BUBS

In 2019, the total fertility rate was **2.06** per female (NSW 1.76)

**27.6%** of mothers smoked in pregnancy in 2017–19 (NSW 8.9%)

In 2016–18, **8.1%** of babies born were low birth-weight babies (NSW 6.3%)

A first trimester antenatal visit occurred in **82.0%** of pregnancies in 2017–2019 (NSW 76.8%).



### OLDER PERSONS

There were **62.9%** of people aged 65+ years receiving aged pensioner in June 2020 (NSW 59.0%)

In June 2020, **5.6%** of the population aged 65+ years had a seniors health card (NSW 10.4%)

Life expectancy in 2018: Females **84.8** (NSW 85.7) Males **79.8** (NSW 81.5).



### SOCIAL & ECONOMIC FACTORS IMPACTING HEALTH

In 2021, the unemployment rate was **5.5%** (Australia 6.0%)

In 2020, the proportion of the population receiving an unemployment benefit was **13.5%** (NSW 9.0%)

In 2020, **13.1%** of young people 16–21 were receiving an unemployment benefit (NSW 8.1%)

In 2020, **13.5%** of people aged between 22–64 were receiving Jobseeker payment (NSW 9.1%)

In 2016, the SEIFA Index of Relative Socioeconomic Disadvantage score was **914**, Liverpool Plains LGA was more disadvantaged than Australia (1000).



### IMMUNISATION

Who was fully immunised in 2020–21?

**91.5%** of 1-year old's (NSW 94.9%)

**91.7%** of 2-year old's (NSW 92.3%)

**96.9%** of 5-year old's (NSW 95.0%)

### HPV VACCINATION

By mid-2017 HPV coverage for females aged 15 years was **65.2%** and for males was **76.0%** (NSW 83.0%; 78.2%, respectively)

### MENTAL HEALTH

High or very high psychological distress was experienced by **13.0 of every 100 adults** in 2017–18 (NSW 12.4; Australia 12.9)

Mental and behavioural problems were experienced by **21.4 of every 100 people** in 2017–18 (NSW 18.8)

There were **7 hospitalisations for intentional self-harm** in 2017–19 at a rate of **90.6** per 100,000 people (NSW 93.0).

Between 2014–18, **5** people died by suicide at an average annual rate of **14.5** per 100,000 population (NSW 11.0).



### HEALTH RISKS

For every 100 adults in 2017–18:

**27.5** smoked **tobacco** (NSW 14.4)

**25.6** consumed **alcohol** at high risk (NSW 15.5)

**33.5** were **overweight** (NSW 35.0)

**44.1** were **obese** (NSW 30.9)

**23.6** had **high blood pressure** (NSW 23.1)

**50.2** ate adequate **fruit** (NSW 52.5)

**75.4** undertook low or no **exercise** (NSW 65.3)



## CHRONIC DISEASE RATES

For every 100 adults in 2017-18:

Diabetes mellitus **6.4 per 100** (NSW 5.2)

Circulatory system disease **5.4 per 100** (NSW 4.1)

Asthma **13.3 per 100** (NSW 10.6)

COPD **2.8 per 100** (NSW 2.2)

Arthritis **15.9 per 100** (NSW 15.5)

Osteoporosis **3.3 per 100** (NSW 4.2)



## POTENTIALLY PREVENTABLE HOSPITALISATIONS (PPH)

In 2018/19, there were **280** potentially preventable hospitalisations at a rate of **2,964.8 per 100,000** population (NSW 2,626.9)



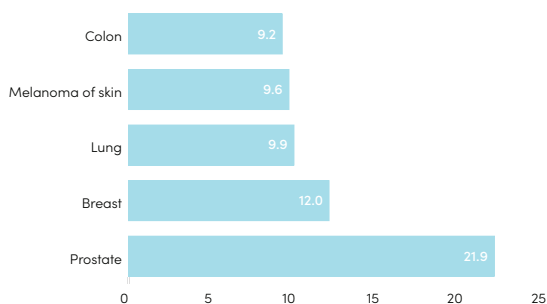
COPD was the leading PPH condition at a rate of **538.0** per **100,000** population (NSW 260.6) followed by Urinary tract infections (**313.2**) (NSW 246.7) and Dental conditions (**250.6**) (NSW 241.5).

## CANCER INCIDENCE

Cancer incidence in 2010-2014 for all cancers was **519.8 per 100,000** population (NSW 552.5)

The age-standardised incidence rate for all cancers in 2017 for males was **615.8 per 100,000 population** (NSW 549.7) and for females was **464.5 per 100,000 population** (NSW 424.0).

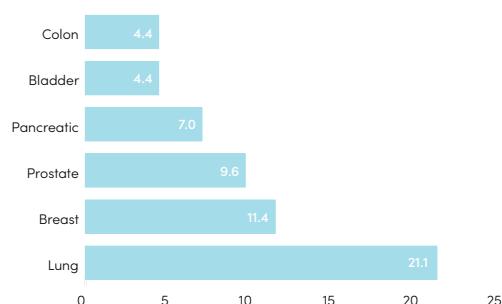
TOP FIVE MOST COMMON CANCER TYPES (PROPORTION OF CASES %, 2013-2017) INCLUDED:



## CANCER MORTALITY

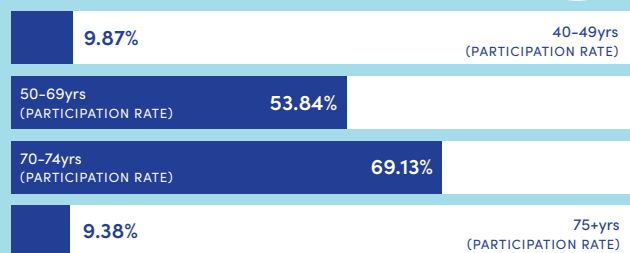
The age-standardised mortality rate for all cancers in 2017 for males was **137.1 per 100,000** population and for females was **179.5 per 100,000** population (NSW 182.5; and 118.1, respectively).

TOP FIVE MOST COMMON CANCER TYPES (PROPORTION OF DEATHS %, 2013-2017) INCLUDED:



## SCREENING PARTICIPATION

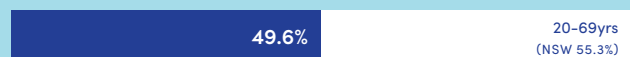
### Breast Screening 2019-20



### Breast Screening for Aboriginal Women 2019-20



### Cervical Screening 2015-16

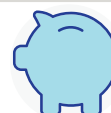


### Bowel Screening 2016-17



## ACCESS TO SERVICES

In 2014 **116 people** experienced a barrier to health care access with **cost** being the main reason at a rate of **2.1 per 100 people** (NSW 2.5).



In 2014 **290 people** experienced difficulty or couldn't get to places with **transport** at a rate of **4.5 per 100 people** (NSW 4.3).

In 2016 **69.4%** of houses were able to access the **internet** (NSW 82.5%).



**5,766 patients** presented to Emergency departments in 2017-18, **2,398** were **semi-urgent** presentations and **1,539** were **non-urgent** presentations. Some of these could have potentially been managed in general practice.

There are **5 x General Practices** in the area and for every full-time GP there are 976 patients.



There are **3 x Public Hospitals**.



## DATA SOURCES

- Australian Bureau of Statistics (2021). [2016 Census Quickstats](#)  
- Cancer Institute NSW (2021). [Cancer Statistics NSW](#)  
- Centre for Epidemiology and Evidence (2021)  
[NSW HealthStats NSW](#)

- NSW Government Health (2021) [Local Health District Maps](#)  
- Public Health Information Development Unit (PHIDU) (2021)  
[Social Health Atlas of Australia: Data by Local Government Area](#)  
- HNECC PHN, Chilli Data, 2021

**PRIMARY  
HEALTH  
NETWORK**

**phn**  
HUNTER NEW ENGLAND  
AND CENTRAL COAST  
An Australian Government Initiative