

Hunter New England and Central Coast - Mental Health Supports for Bushfire

Activity Work Plan July 1, 2021 – June 30, 2022



BF - 201 - 201 Emergency Distress and Trauma Counselling



Activity Metadata

Applicable Schedule *

Mental Health Supports for Bushfire

Activity Prefix *

BF

Activity Number *

201

Activity Title *

201 Emergency Distress and Trauma Counselling

Existing, Modified or New Activity *

Modified



Activity Priorities and Description

Program Key Priority Area *

Mental Health

Other Program Key Priority Area Description**Aim of Activity ***

- (a) Increasing the efficiency and effectiveness of primary mental health and suicide prevention services for people with or at risk of mental illness and/or suicide.
- (b) Improving access to an integration of primary mental health care and suicide prevention services to ensure people with mental illness receive the right care in the right place
- (c) Commission appropriately qualified mental health professionals to provide frontline emergency distress and trauma counselling to deliver up to ten free evidenced-based mental health services to individuals and/or families who are bushfire affected

Description of Activity *

Commission Mental Health professionals to provide immediate distress and trauma counselling, working with local stakeholders to increase access to services for those affected by the bushfires.

Commission support and training for GP and other primary care clinicians working with affected communities. This will include initiatives aimed at better equipping clinicians to deal with trauma impacted patients and improving the wellbeing of the clinical primary care workforce.

Needs Assessment Priorities *

Needs Assessment

HNECC PHN Needs Assessment 2019/20-2021/22

Priorities

Priority	Page reference
Needs of people experiencing moderate to severe mental illness	51



Activity Demographics

Target Population Cohort

Bushfire and flood emergency impacted communities across the whole HNECC PHN region.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Existing service providers, Local Health Districts, National Bushfire Recovery Agency, Office of Emergency Recovery Management committees, existing community groups, NSW Rural Fire Service, local councils, community recovery meetings.

Collaboration

Existing service providers, Local Health Districts, neighbouring Primary Health Networks.



Activity Milestone Details/Duration

Activity Start Date

19/01/2020

Activity End Date

29/06/2021

Service Delivery Start Date

01/04/2020

Service Delivery End Date

30/06/2022

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): Yes

Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Co-design or co-commissioning comments

This activity will be co designed with each community impacted by Bushfires with an EOI seeking suitable providers to deliver counselling services in affected areas. A needs assessment specific to bushfire affected communities has informed the approach adopted by HNECC PHN, and localised co-design processes may occur in response to local service provision. Strong partnerships with key stakeholders have contributed to the services being implemented and ensure duplication is prevented.



BF - 203 - 203 Expansion of Mental Health Services in Bushfire Affected Communities Activity



Activity Metadata

Applicable Schedule *

Mental Health Supports for Bushfire

Activity Prefix *

BF

Activity Number *

203

Activity Title *

203 Expansion of Mental Health Services in Bushfire Affected Communities Activity

Existing, Modified or New Activity *

Modified



Activity Priorities and Description

Program Key Priority Area *

Mental Health

Other Program Key Priority Area Description

Aim of Activity *

- (a) Increasing the efficiency and effectiveness of primary mental health and suicide prevention services for people with or at risk of mental illness and/or suicide;
- (b) Improving access to and integration of primary mental health care and suicide prevention services to ensure people with mental illness receive the right care in the right place
- (c) Expand mental health services in bushfire and flood affected locations to support individuals to access low intensity short to medium term mental health and wellbeing services as a result of the recent bushfires

Description of Activity *

Establishment of clinical Mental Health Stepped Care support for residents in bushfire impacted regions of the New England, Mid North Coast and Central Coast areas, to support impacted communities recovery. Telehealth services will be provided at times as an adjunct to face to face services.

Commission delivery of low intensity counselling and wellbeing coaching services will also available to support clinical service delivery. .

Expansion of existing contracted primary mental health, young people services and Indigenous Mental Health services in affected communities to provide additional services.

Needs Assessment Priorities *

Needs Assessment

HNECC PHN Needs Assessment 2019/20-2021/22

Priorities

Priority	Page reference
Lack of prevention and early intervention services	42
Limited availability of early intervention services	51



Activity Demographics

Target Population Cohort

Bushfire and flood impacted communities across the whole HNECC PHN region.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Existing service providers, Local Health Districts, Office of Emergency Recovery Management Committees, National Bushfire Recovery Agency, existing community groups, NSW Rural Fire Service, local councils, community recovery meetings.

Collaboration

Existing service providers, Local Health Districts, neighbouring Primary Health Networks.



Activity Milestone Details/Duration

Activity Start Date

19/01/2020

Activity End Date

30/12/2022

Service Delivery Start Date

01/03/2020

Service Delivery End Date

31/12/2022

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

Yes

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Co-design or co-commissioning comments

This program is as a result of a previously designed co design process in which consumers, NGO's, LHD's etc. were involved in the development of a Mental Health Stepped Care. low intensity telehealth option. Strong partnerships with key stakeholders have contributed to the services being implemented and ensure duplication is prevented.



BF - 206 - 206 Community Wellbeing and Participation Activity



Activity Metadata

Applicable Schedule *

Mental Health Supports for Bushfire

Activity Prefix *

BF

Activity Number *

206

Activity Title *

206 Community Wellbeing and Participation Activity

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Other (please provide details)

Other Program Key Priority Area Description

Bushfire (Flood, disaster response)

Aim of Activity *

This activity aims to support communities impacted by bushfires (and flood) through the delivery of specific programs in the New England and Mid-Coast.

Description of Activity *

1. The delivery of workshops: "Bushfire Healing, Recovery and Resilience" and "Seasons for Growth" Workshops in impacted communities to improve their understanding of available support services and to assist participants to navigate and access appropriate support services and care.

2. Delivery of evidence based non-clinical community activities to support mental health and wellbeing of youth i with a focus on building resilience and supporting emotional recovery.

Needs Assessment Priorities *

Needs Assessment

HNECC PHN Needs Assessment 2019/20-2021/22

Priorities

Priority	Page reference
Youth health needs	42
A lack of health service integration, coordination and information sharing	42
Reduced access to services for children and youth	42
Reduced access to services in rural and remote areas	42
Mental health and suicide prevention needs of youth	51
Mental health and suicide prevention needs of males aged 25-65 years	51
Mental health and suicide prevention needs of males aged over 80 years	51
Mental health and suicide prevention needs of Aboriginal and Torres Strait Islander people	51
Mental health and suicide prevention needs of older people residing in aged care facilities	51
Mental health and suicide prevention needs of members of LGBTIQ community members	51



Activity Demographics

Target Population Cohort

Bushfire (and flood) impacted communities on the Mid-Coast and in the New England region.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

No

SA3 Name	SA3 Code
Inverell - Tenterfield	11002
Port Stephens	10603
Moree - Narrabri	11003
Taree - Gloucester	10805
Armidale	11001



Activity Consultation and Collaboration

Consultation

Existing service providers, Local Health Districts, National Bushfire Recovery Agency, Office of Emergency Recovery Management committees, existing community groups, NSW Rural Fire Service, local councils, community recovery meetings.

Collaboration

Existing service providers, Local Health Districts.



Activity Milestone Details/Duration

Activity Start Date

14/04/2021

Activity End Date

29/06/2022

Service Delivery Start Date

15/04/2021

Service Delivery End Date

30/06/2022

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): Yes

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

Decommissioning details?

Not Applicable

Co-design or co-commissioning comments

Not Applicable
