



Gen Paed Conference 2022

CCLHD / PHN

PROFESSIONAL EDUCATION



Central Coast
Local Health District





Central Coast
Local Health District



We are pleased to announce the return of GenPaed for 2022 and hope to build on the success from our previous two conferences. In 2022 the focus will be on 'Allergy and All things Wheezy' in infants children and adolescents.

This year's format will again provide the opportunity for plenty of discussion, questions and interaction. Local 'experts' will again be presenting and helping to facilitate. There will be opportunities to:

- interpret Lung Function Tests and FeNOs
- atopic eczema management update
- discuss management of some of the common and more difficult cases.

As always, we hope to hear from you to assist in building and developing stronger Health Pathways and links between the various paediatric services available within the LHD.

Morning tea and Lunch will provide the opportunity for informal collaboration and interaction with our sponsors and Local Health Care teams. Please join us for this fantastic day of education & networking

- Education for GPs, Registrars, Allied Health & Nurses, including Allied Health & Nursing Students

Where: Crowne Plaza, Terrigal; Pine Tree Lane, Terrigal

When: Saturday 29th October 2022, 8.00 am – 4.30 pm

RSVP:

GPs please visit <https://www.eventbrite.com.au/e/gen-paed-paediatric-update-2022-gp-registration-tickets-85576478551> to register

Nurses and Allied health please visit <https://www.eventbrite.com.au/e/gen-paed-paediatric-update-2022-nurse-allied-health-tickets-86058889455> to register

GenPaed Committee

- | | |
|-------------------|-----------------|
| - Adam Buckmaster | - Damon Shorter |
| - Mel Wilkinson | - Ahmed Khan |
| - Erica Drew | - Naomi Fenton |
| - Jill Sass | - Karen Myors |
| - Meena Rattan | - Sandy Vincent |
| - Stewart Birt | - Penny Owens |



Sponsored by



SATURDAY 29TH OCTOBER 2022

TIME	TITLE	PRESENTER
8.00am	REGISTRATION & SEATING	
8.20am	Welcome to Country	First Nations Elder – Uncle Gavi
8.30am	Opening	PHN CEO – Richard Nankervis
8.40am	SESSION 1 - ALLERGY TAKE 1	
8.40am	Cows milk allergy	Dr Glenn Reeves
9.00am	Allergy: facts and myths	Dr Meena Rattan
9.40am	Is it Anaphylaxis? Do I need an Adrenaline Auto Injector? How does it work?	Ms Naomi Fenton and Lynne Hayes
10.00am	MORNING TEA	
10.30am	THE VICKI BURNEIKIS MEMORIAL SESSION	
10.30am	Wheeze in the under 1	Dr Adam Buckmaster
11.10am	Wheeze in the preschool child	
11.50am	What's new in viral induced wheeze?	
12.00pm	LUNCH	
1.00pm	SESSION 3 - ALLERGY TAKE 2	
1:00pm	Avoiding a life of allergy	Dr Damon Shorter
1.20pm	My cranky/vomiting baby: is it allergy Doc?	Dr Simon Walker
1.40pm	Eczema - the fundamentals and beyond	Ms Naomi Fenton
2.00pm	Panel discussion questions and answers	Panel
2.30pm	AFTERNOON TEA	
2.50pm	Where to from here?	Erica Drew & Dr Adam Buckmaster
2.50pm	SESSION 4 - WHEEZY TEENS	
3.00pm	Is it severe asthma?	Dr Katie Nash
3.25pm	Investigations and their interpretation in Asthma	Dr Paul Roach
3.45pm	Newer treatments for poorly controlled asthma	Dr Stewart Birt
4.05pm	Panel discussion of GP cases	Panel
4.25pm	CLOSE AND SAVE THE DATE 2023	

BIO'S

Associate Professor Adam Buckmaster

Adam is a general paediatrician who has worked as a part time staff specialist at Gosford District Hospital and in rooms for 20 years. He has an interest in research. His PhD led to policy and practice change on the use of CPAP in Special Care Nurseries in Australia. His main interest has been to improve the quality of care for infants born in non-tertiary centres through research, education and collaboration between paediatricians and neonatologists.



Dr Damon Shorter

Damon first discovered the Central Coast as an intern in 2003 and returned as a consultant paediatrician to Gosford Hospital in 2011 after training through the Children's Hospital at Westmead. He has private rooms at East Gosford that he shares with his haematologist wife Alison Lyons, with whom he also shares 2 primary school aged kids. He has a special interest in acute paediatrics and education, has been teaching APLS for 9 years, and coordinates the paediatric physician examination at Gosford each year for the RACP. He is delighted to have been invited to speak at this conference on another of his key interests, the Gut Microbiome.



Associate Professor Glenn Reeves

Glenn is a specialist in immunology, allergy and immunopathology at John Hunter Hospital, NSW Health Pathology North, and Coastal Immunology. He works in clinical and laboratory settings, and major interests include autoimmune conditions, both systemic (lupus, scleroderma, Sjogrens etc) and organ-specific (coeliac, urticaria, endocrinopathy). His everyday immunology practice also encompasses the management of patients with allergies and immune deficiencies.



Dr. Meena Rattan

Dr. Meena Rattan is a general paediatrician with a special interest in behavioural and neurodevelopmental paediatrics. She is the head of department for Paediatrics at Ryde hospital, NSLHD and Wyong hospital, CCLHD. She completed her fellowship training from Children Hospital Westmead and worked as consultant in SWLHD and CCLHD apart from working in private rooms in Central Coast and Sydney. She has a Master's in Public health and Master's in Health management from UNSW and is involved in teaching and research activities.



She has extensive experience in managing newborn, children and adolescent health conditions using evidence-based therapies. Her philosophy of patient first & foremost is demonstrated in her compassion, care and advocacy of her patients and families.

She enjoys multitasking and spending quality time with family and friends apart from travelling.

Dr Stewart Birt

Stewart is a general paediatrician who recently commenced working at Gosford Hospital and in local consulting rooms. His professional interests include general paediatrics, paediatric endocrinology and acute paediatrics. He is a passionate about medical education and appreciates Rugby Union and good red wine.



Dr Simon Walker

Simon is one of the many British Emergency Physicians working on the Central Coast. He is dual-trained in PEM, having spent several years working in the Sydney Children's Hospital Network. His interests within Medicine include teaching; challenging dogma; decision making and the judicious use of testing. He has 2 young daughters and has therefore seen 'Frozen 2' twice.



Ms Naomi Fenton

Naomi is a Registered Nurse and endorsed Nurse Practitioner (Respiratory and Allergy nursing). She has lived and worked on the Central Coast for more than 25 years and understands the health related challenges faced by residents and Health Professionals on the coast. Naomi values the importance of good communication, education and a collaborative approach in regards to patient / client care.



Dr Katie Nash

Katie is a general paediatrician who has worked on the Central Coast since early 2020. She is a part-time staff specialist at Gosford Hospital, and she works in private rooms in Gosford. Katie also travels to Tamworth each month for outreach clinics. Katie has an interest in medical education and innovative teaching methods, stemming from her former career in instructional design and e-learning.



Dr Paul Roach

Dr Paul is an adult respiratory sleep physician working as a staff specialist at Gosford hospital.



He runs the TB service for the area and sees a wide range of common respiratory disorders including airways disease, TB and mycobacterial diseases, interstitial lung disease and lung cancer.



THE VICKI BURNEIKIS MEMORIAL SESSION

This Memorial Session is dedicated to Dr Vicki Burneikis.

Vicki worked for many years as a Senior Staff Specialist General Paediatrician on the Central Coast and was a colleague, peer and friend to many in GenPaed. She was a gifted clinician and patient advocate, but was especially passionate about teaching and education. Vicki chaired the Central Coast Health Education Committee and coordinated the Resus 4 Kids program for many years. She was an active committee member for GenPaed and was highly regarded for her interactive, entertaining and succinct paediatric teaching.

Vicki's inclusiveness in medicine extended to her peers. She was a vocal advocate for peer support, recognising the importance of caring for the carers through fellowship and modelling how to look out for each other. Her passion in this area led to the development of a peer support group which continues to this day.