



PRIMARY
HEALTH
NETWORK

phn
HUNTER NEW ENGLAND
AND CENTRAL COAST
An Australian Government Initiative

**PRIMARY
HEALTH
NETWORK**



**FIRST NATIONS
HEALTH**

First Nations Health for PHN service providers

INFORMATION SESSION

First Nations Health Team
2022

HNECC PHN ACKNOWLEDGES THE TRADITIONAL OWNERS & CUSTODIANS OF THE
LAND THAT WE LIVE & WORK ON AS THE FIRST PEOPLE OF THIS COUNTRY.

THEPHN.COM.AU

Healthy People, Healthy Communities





The Primary Health Network acknowledges the traditional custodians of the land on which we live and work, and respects their continuing culture and the contribution they make to the life of this vast region.

Yaama

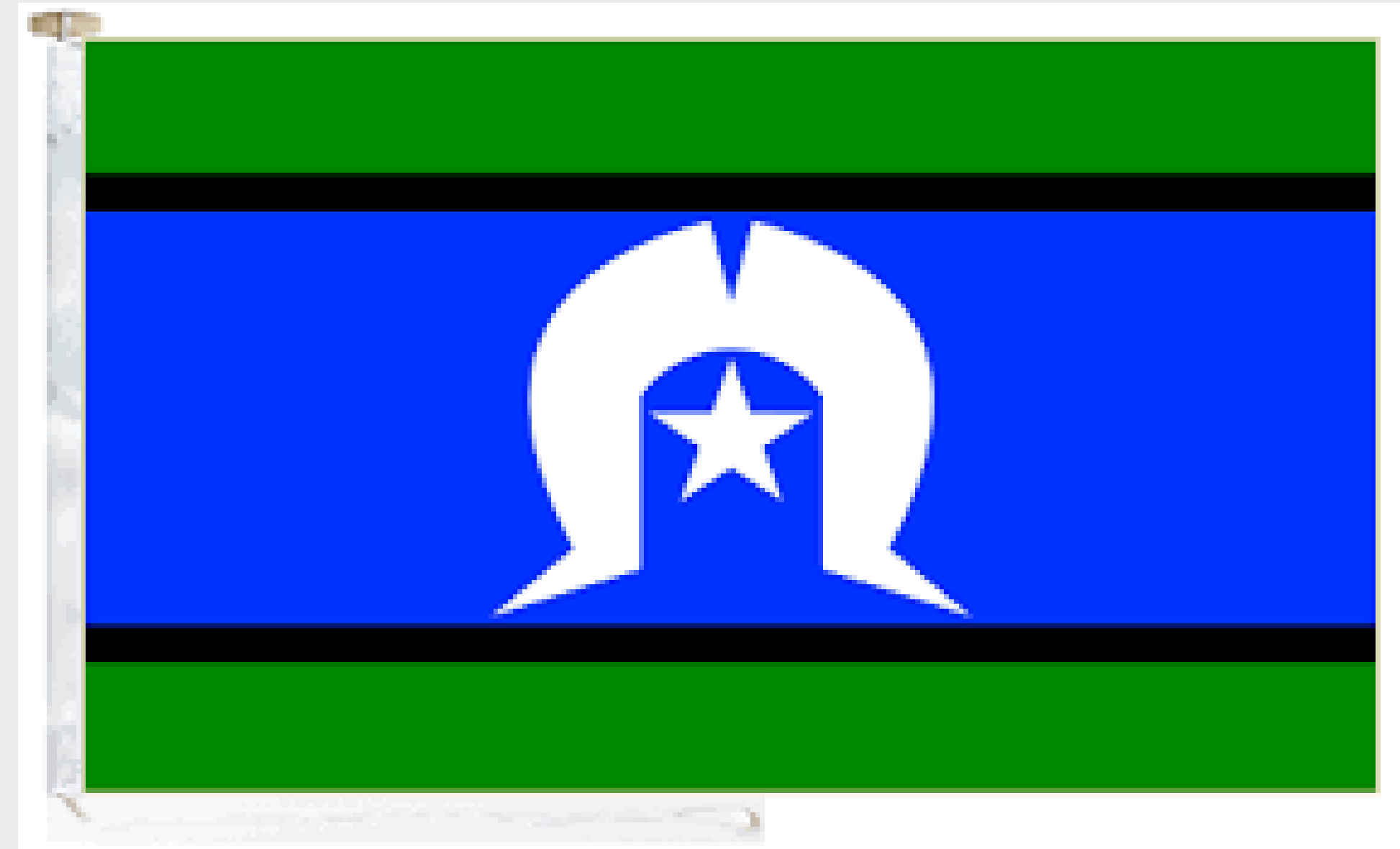
(hello)



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ACKNOWLEDGEMENT TO COUNTRY



I would like to pay my respect to the traditional custodians of the lands on which we work & meet today; and pay our respects to Elders past, present and future leaders. The HNECC PHN are committed to honoring Australian Aboriginal and Torres Strait Islander peoples' spiritual relationships to the land, waters and seas.

LEARNING OUTCOMES

- **Better understanding of how the First Nations Health Team from the PHN can support Allied Health Services**
- **Better understanding of local Aboriginal history and culture for each region**
- **Better understanding of health priorities and needs of local communities**
- **Know how to access culturally appropriate resources**
- **Better understanding of local First Nations health programs and services**

Meet the First Nation health access team



Kristy Vasau- First Nation health access Manger

Josh Fuller- Hunter New England Central coast: First Nation community engagement officer

Robbie Watson- Hunter: First nation health access officer

Malika Riley- New England: First Nation health access officer

Ashley Bullock- New England: First Nation health access officer

CONTACT : First-Nations-Health-Access@thephn.com.au

The Aboriginal Health logo and cultural artwork has been produced for the Primary Health Network as a representation of the work, programs and services provided for First Nations communities within the Hunter New England and Central Coast regions of NSW.

The artwork references traditional and contemporary practices of health, medicine and gatherings between communities to share the knowledge, experiences and stories for providing better health outcomes.

The branding provides an extended visualisation of the natural resources and materials that identifies the cultural and modern practices of life and health sustainability. This includes, water, plants, flowers, boomerangs.



The 'First Nations Health logo' references the cultural practice and historical use of a natural tool such as the coolamon. Inside the logo are a number of patterns and images that reference water, plants, flowers, boomerangs and stones which were used for sustaining life and food sources.



First Nations Health Access Team

- Dashboard reports (Quality Improvement)
- Cultural safety
- Provision of appropriate 715 health assessments and referral opportunities
- Community health promotion opportunities to empower and support Aboriginal communities to meet better health outcomes
- Linking providers to local Aboriginal health services for example:
Community service directories

AVAILABLE EDUCATION SESSIONS FOR ALLIED HEALTH

Cultural Safety: Understanding common barriers for First Nations people accessing mainstream health care, health risk factors and how to address these

Asking the Question: Understand the importance of identifying your Aboriginal and Torres Strait Islander patient ethnicity, and how to ask the question appropriately

Allied Health Referral: Understand the First Nations Allied Health referral coming from General Practice

Integrated Team Care (ITC): Develop an increased understanding of the Integrated Team Care (ITC) program and how it relates to Allied Health

INTEGRATED TEAM CARE (ITC)

ITC CLIENTS CAN GET SUPPORT WITH:

- **Care Coordinator who will work with Clients to coordinate their appointments and meet their health goals**
- **Transport to medical appointments**
- **Assistance with gap payments for private specialist and Allied Health providers (where no other funding is available)**
- **Medical aid purchase and support**
- **Aboriginal Outreach Workers will help clients get to their appointments, help understand what the Clinician or Health Worker is saying and put them in touch with culturally appropriate health and community services**

ITC PROVIDERS IN THE HNECC FOOTPRINT

- HUNTER PRIMARY CARE – NEWCASTLE PH: 02 4925 2259
- YERIN AMS – WYONG PH: 02 4351 1040
- BIRIPI AMS – TAREE PH: 02 6551 7444
- HEALTHWISE – TAMWORTH PH: 02 6766 1394
- TOBWABBA - FORSTER PH: 6555 6271
- UNGOOROO - SINGLETON PH: 6571 5111

IMPACTS ON FIRST NATIONS HEALTH

- Distrust towards non-Indigenous people and services
- Experiencing judgement or racism
- Identity issues - not willing/afraid to identify as Aboriginal and/or Torres Strait Islander
- High rates of depression, anxiety, PTSD, suicide, chronic conditions
- Low health literacy
- Over-represented in the justice system
- Unaware of health services in mainstream primary care
- Poor access to private Specialists and Allied Health
- Fear or shame talking about health to non-Indigenous people



The above can lead to non-attendance, non-health compliance and disengagement

CLOSING THE GAP: HOW IT STARTED

2008

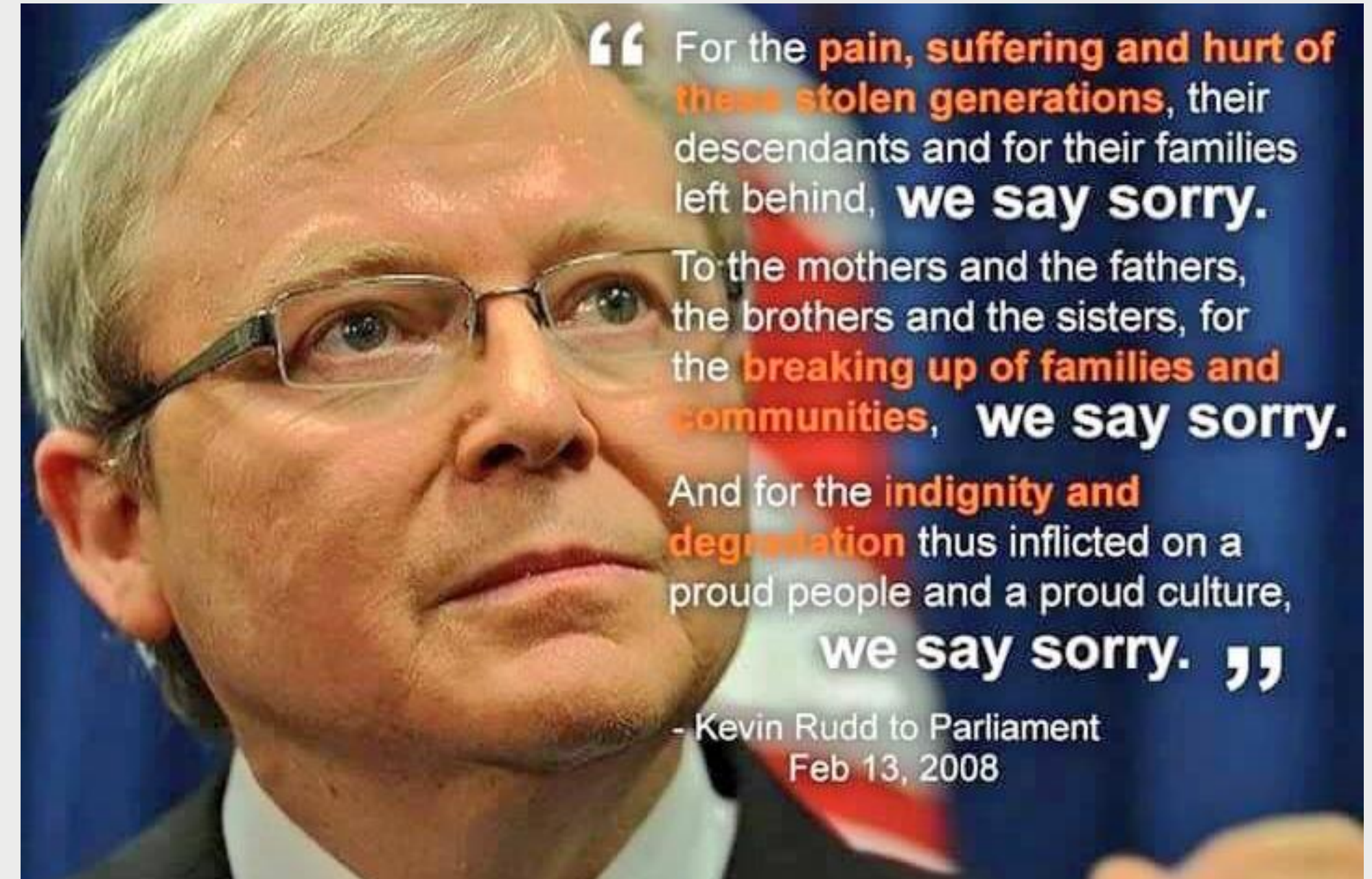
The Apology

On the 13th February 2008, newly elected Prime Minister Kevin Rudd, made a formal apology to Australia's First Nations peoples, particularly to the Stolen Generations whose lives had been blighted by past government policies of forced child removal and Indigenous assimilation.

It was witnessed by the thousands of people gathered in Canberra for the event and was broadcast all over the country.

It was a powerful and memorable moment in the nation's history. The apology cleared the air, inspiring Australians to believe we really can build the kind of respectful relationships needed for positive, long term outcomes.

By 2001 all state and territory governments had issued apologies. Only the Australian Government, at the Federal level, under John Howard, had objected.



Kevin Rudd signs the Statement of Intent

CULTURAL SAFETY SUPPORT

- What is Cultural Safety
- What does this look like ?
- Help with providing resources
- Help with making your space culturally safe for First Nations People



Cultural safety is about: Shared respect, shared meaning and shared knowledge.

RESOURCES

1. Each session will contain all the resources on each subject Matter.
2. Help with your practice to better engage support and welcome First Nations Peoples
3. How to better communicate and support First Nations Patients
4. What services are available in your Community

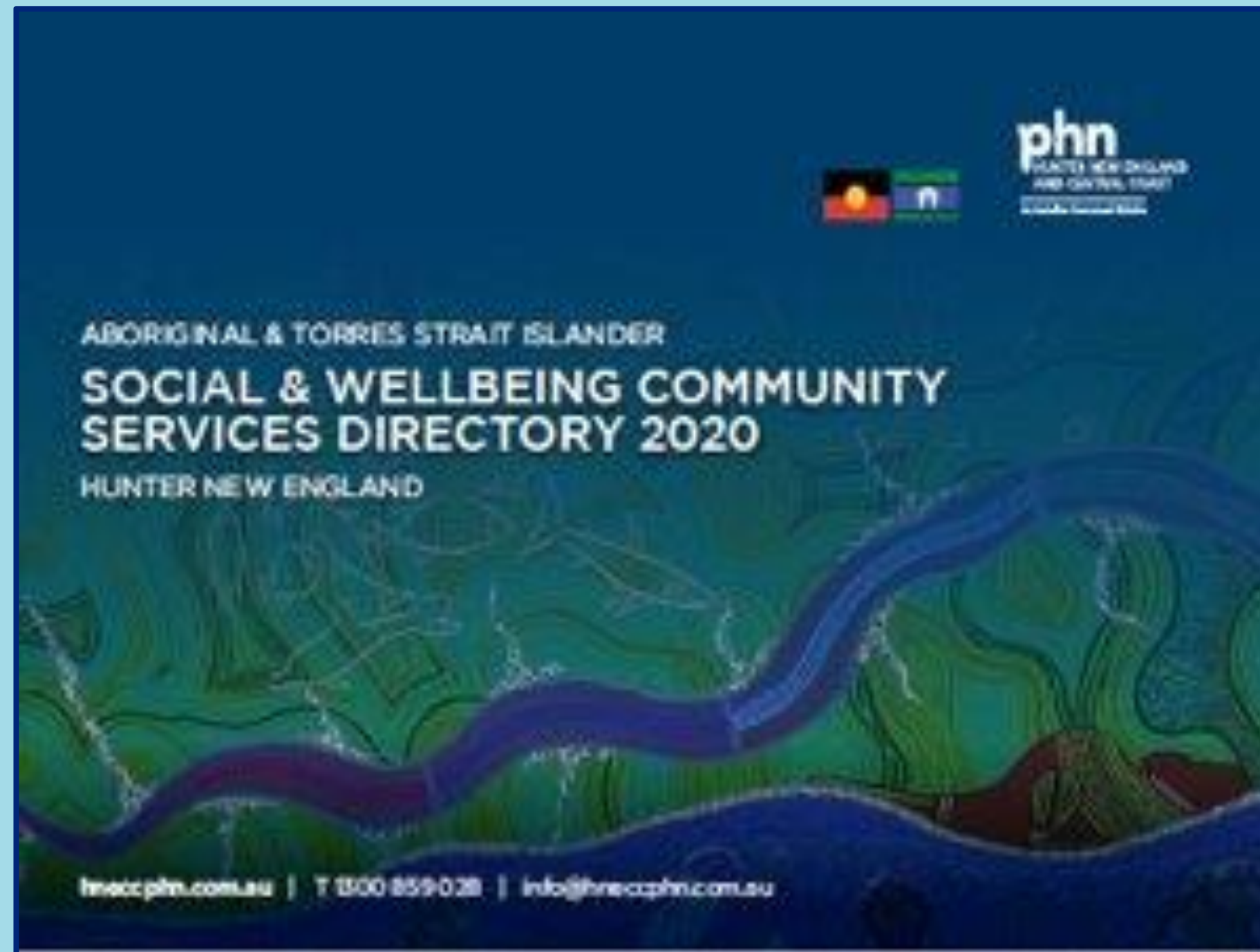


PHN RESOURCES

The collage features several key resources:

- Significant Dates 2020/21:** A graphic showing dates for various events and programs.
- Ideas and Examples for a Culturally Safe Environment:** A document providing practical ideas and examples for creating a culturally safe environment in a practice.
- Does Your Family Have a Doctor?:** A brochure explaining that a doctor is also known as a GP (General Practitioner) and listing reasons why you should see a doctor.
- Closing the Gap?:** A brochure detailing how the PHN is working to improve the lives of Aboriginal and Torres Strait Islander people.
- 75 Health Check:** A brochure explaining the purpose of the 75 Health Check and how to prepare for it.
- Be Shy and Identify:** A brochure encouraging people to identify as Aboriginal and/or Torres Strait Islander to receive tailored health services.
- PBS Co-Payment Exemptions:** A document listing medical practitioners and services that are eligible for PBS co-payment exemptions.

COMMUNITY SERVICE DIRECTORIES



You can find the directories on health pathways and our [PHN website](#)

After today's session using the information from the attendance sheet, you will receive an email to complete a survey.

If you could please take the time to answer a few questions, so we can improve the way we deliver and provide training sessions to the Allied Health sector.



After - Health Check (MBS 715)

Post Education Evaluation

Hi, Kristy. When you submit this form, the owner will see your name and email address.

* Required

1. Post the education session Rate your knowledge in.. *

	Very High	High	Moderate	Low
Your understanding of the 715 Health Check	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Your understanding who is eligible for the health check	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Your understanding of cultural diversity when performing a 715 health assessment	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Your understanding of Allied health follow-up services	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Your understanding of Nurse follow-up services	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

2. Did the education session meet your expectations? *

Yes - exceeded expectations

Yes - met expectations

EXAMPLE ONLY



Friendly Reminder

Please make sure you have filled in the attendance form.

As we will use this information to email you a survey and resources after today's education session.



FIRST NATIONS
HEALTH

Attendance Form

Education Session for General Practice

Date:		Time:	
General Practice:			
PHN Staff Member:			
Education Session/Topic:			
No.	Name	Position	Email Address
1			
2			
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13			
14			
15			
16			



HNECCPHN Aboriginal Health Access Team

How can we support your practice:

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- Asking the Question
- PIP IHI (Practice Incentives Payment-Indigenous Health Incentive)
- CTG PBS Co-Payment
- ITC (Integrated Team Care)
- Health Check
- Cultural Safety



First Nations Information session 2022



Thank you for your time

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2022



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