Hunter New England Local Health District COVID-19 Update

10 November 2021

Tony Merritt

https://www.maitlandmercury.com.au/story/7424424/casual-contact-exposure-sites-in-the-hunter-today/?cs=171



Coronavirus COVID-19 Global Cases by Johns Hopkins CSSE

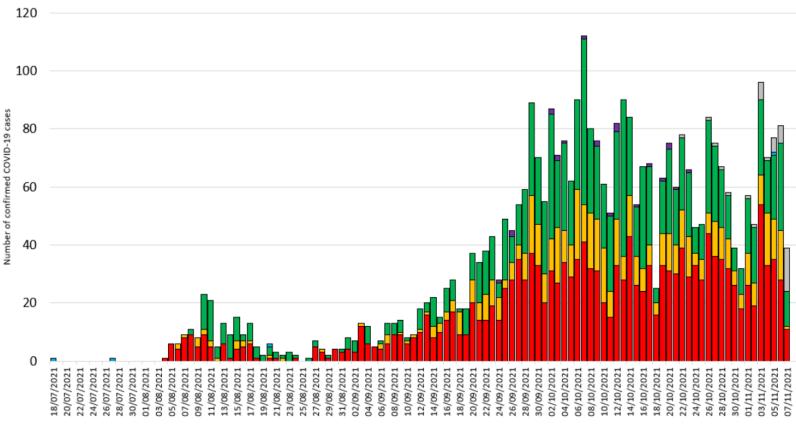


COVID-19 Dashboard by the Center for Systems Science and Engineering (CSSE) at Johns Hopkins University (JHU)



HNE wave 3 (from 18 July 2021)

Epi curve of HNELHD cases by notification date and infectious in the community status, 18 July - 7 November 2021



Total cases	3563
Aboriginal	31%
Hospitalised	7%
ICU admissions	34 (1%)
Deaths	14

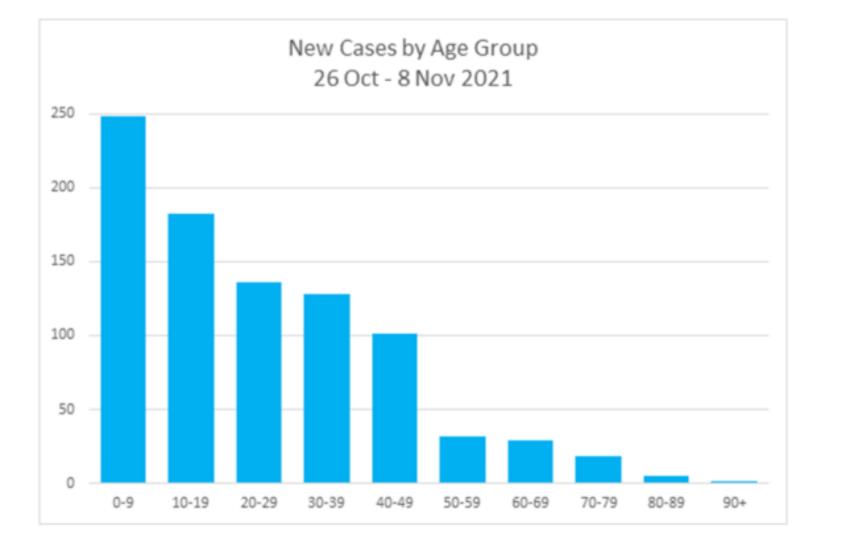
Date of notification to HNEPH

COVID-19 Hospitalisations by age group

1 Sep to 8 Nov 2021

Age	Total cases	Number hospitalised	Percent
0-4	286	15	5%
5-12	609	3	0%
13-19	379	7	2%
20-29	611	32	5%
30-39	622	35	6%
40-49	462	40	9%
50-59	249	27	11%
60-69	147	33	22%
70-79	73	24	33%
80-89	21	6	29%
90+	3	2	67%
Total	3482	231	7%

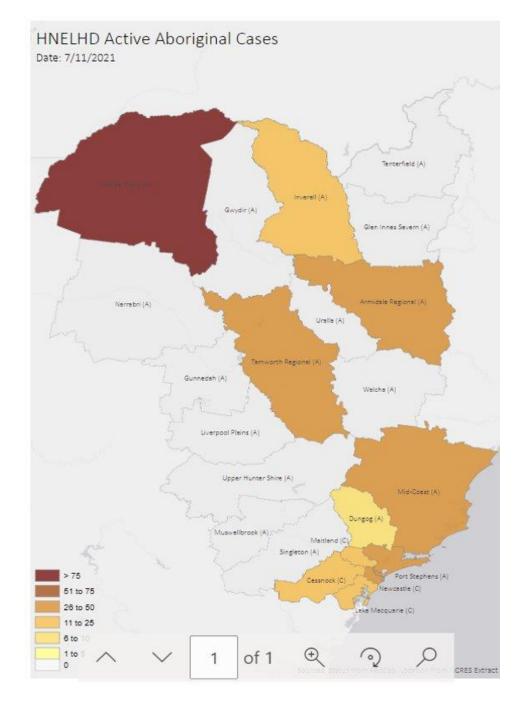
HNE cases by age (wave 3)



Median age 27yrs (0 - 99)

Female 49%

Local Government	
Areas	N (%)
Lake Macquarie	905 (25%)
Newcastle	787 (22%)
Cessnock	473 (13%)
Maitland	424 (12%)
Port Stephens	252 (7%)
Tamworth Regional	174 (5%)

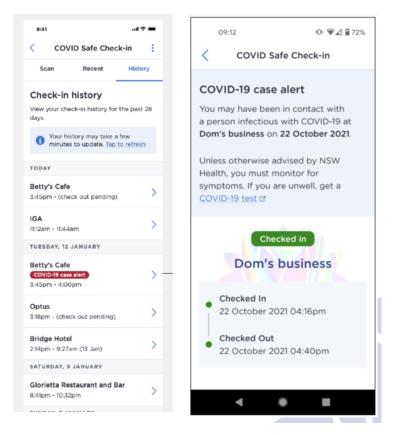


HNE vaccination coverage

Local Government Area (LGA) Geographic Vaccine Rates				
LGA	One dose (%)	Two doses (%)		
Armidale	90.2	84		
Cessnock	>95	90		
Dungog	>95	93.6		
Glen Innes	>95	88.3		
Gunnedah	>95	90.8		
Gwydir	90.9	83.4		
Inverell	93.2	82.9		
Lake Macquarie	>95	94.9		
Liverpool Plains	93.7	85.6		
Maitland	>95	>95		
Mid-Coast	>95	90.5		
Moree Plains	87.8	79.2		
Muswellbrook	>95	88.9		
Narrabri	>95	89.7		
Newcastle	93.6	89.1		
Port Stephens	>95	>95		
Singleton	>95	93.7		
Tamworth	>95	92.5		
Tenterfield	90.7	78.5		
Upper Hunter Shire	>95	>95		
Uralla	>95	90.4		
Walcha	>95	92.5		
Source: COVID-19 vaccination – Local Government Area (LGA) – 8 November 2021				
(health.gov.au)				
(Data as at 7 November 2021)				
Criteria includes individuals 15 years and over				

HNE contact tracing processes

- Case
 - Notification by labs. Some patients notified before PHU
 - Standardised short case interview (local, MOH, other LHDs)
 - All cases then have CCiTH oversight
- Close contacts
 - All receive NSW Health SMS
 - HNE do not interview
- Venues and exposure sites
 - Focus on high risk settings eg RACF, Healthcare settings
 - Many settings trigger no response from NSW Health
 - NSW Health website listings being phased out
 - Local listings on Facebook
 - Service NSW App alerts
 - SafeWork support for workplaces



Advice to cases and contacts and their carers

Regular major changes, check for latest version!

What if the person I care for is a <u>close contact</u> and cannot self-isolate on their own?

If you are not fully vaccinated, you will need to selfisolate with them for their full isolation period.

If you are fully vaccinated, you will not need to selfisolate but you must not attend high-risk settings (health care, aged care, disability care, early childhood centres, primary schools and correctional facilities) during the close contact's isolation period.

NSW health.nsw.gov.au Frequently asked questions for parents and carers of people who need to isolate due to COVID-19 These frequently asked questions are for parents or carers of someone who needs to self-isolate due to COVID-19. This could be someone caring for a confirmed case, a close or casual contact, or someone waiting for test results. Self-isolation Where can I get further information on contact management and self-isolation? Self-isolation requirements and testing guidance is different for people with COVID-19, people who are close contacts, people who are casual contacts and people who have symptoms of COVID-19 For information relevant to your situation, please refer to the resources below Confirmed cases Close contact Casual contact COVID-19 symptom What if the person I care for is a close contact and cannot self-isolate on their own? If you are not fully vaccinated, you will need to self-isolate with them for their full isolation period. If you are fully vaccinated, you will not need to self-isolate but you must not attend high-risk settings (health care, aged care, disability care, early childhood centres, primary schools and correctional facilities) during the close contact's isolation period If other members of your household cannot self-isolate away from you or the person who is a close contact (e.g. a single parent household with young children), you will all need to follow the advice above depending on individual vaccination status You should keep the person who is the close contact away from the rest of your household as much as you can This advice also applies when a parent or carer is the close contact and is unable to self-isolate away from the person they care for in the household. See the close contact factsheet for further information on testing and isolation timeframes What if the person I care for is a close contact and can self-isolate by themselves? If the person you care for can self-isolate effectively alone, other members of your household will not need to self-isolate. The person who is a close contact must remain completely separated from the rest of the household. For further information on safely isolating within a household and testing requirements, see the close contact factsheet.

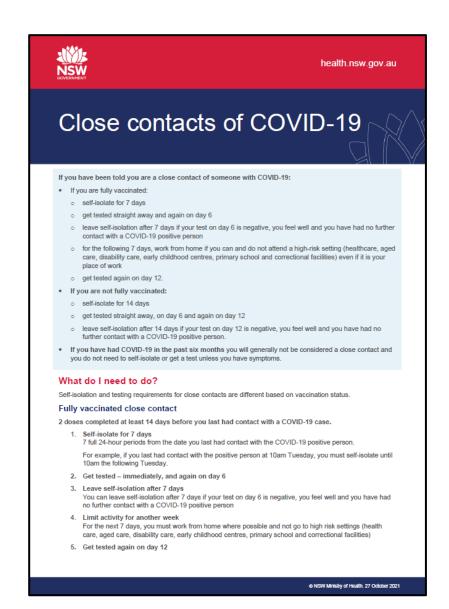
ONSW Ministry of Health. October 202

Advice to cases and contacts and their carers

What if the person I care for is a <u>case</u> and cannot self-isolate on their own?

If you live with a COVID-19 positive person and have not been isolating from them, you should only leave self-isolation after 14 days have passed from when the person received their positive result.

To end isolation, you need to have a negative day 12 test, feel well and have had no further contact with a COVID-19 positive person



Diagnostic challenges (#2)

42yo male. Potential workplace exposure. Low risk contact. Asymptomatic.

25/10 Swab sent to private lab A. CT values of 34, 35, 34 (Seegene) 27/10 Rpt swab sent to private lab B: non detect 28/10 Rpt swab sent to private lab B: non detect

Interpretation? Next steps?

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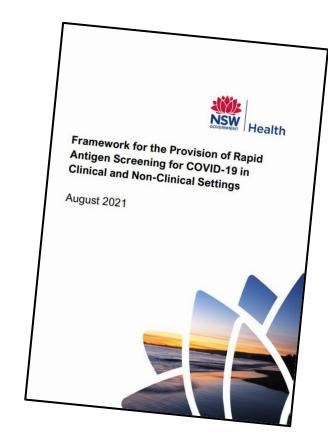
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29/10 Rpt swab at PathNorth: Belmont Roche LIAT: detect (CT 32), AusDx weak detect (ND, 39) Became aware that son was also a case with high CTs (113896401) with Fa as likely source

Confirmed case. Multiple false negative swabs

Diagnostic challenges

- False positive PCRs
- False negative PCRs
- Mild illness in fully vaccinated cases
- Rapid viral clearance in children
- Rapid Antigen Tests (RATs)
 - $\,\circ\,$ Screening, not diagnostic
 - Modest sensitivity (70% at best), utility depends on pretest probability
 - $\,\circ\,$ Repeated testing settings
 - $\,\circ\,$ Potential for false reassurance
 - $\,\circ\,$ Not notifiable and not reported to PHU



5. Use of rapid antigen tests

Rapid antigen testing for COVID-19 should be used as a screening test and is not suitable for use as a diagnostic test. Rapid antigen screening should be conducted 2-3 times per week with individuals in identified priority settings. A person who receives a positive rapid antigen test result needs to have an urgent PCR test on a second collection to determine whether COVID-19 is in fact present.

Thanks

Diagnostic challenges (#1)

9yo Male, asymptomatic. Swabbed due to potential school exposure.

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Paediatric ID consult.

Managed as possible infection with rapid viral clearance

Sotrovimab

- Monoclonal antibody
- Reduced risk of hospitalisation
- IV infusion (stat)
- Early in illness (< 5 days from onset)
- Only cases who are not fully vaccinated
- Risk factor present

aci.health.nsw.gov.au

Model of care for the use of sotrovimab in adults in NSW

Who can be treated with sotrovimab?

Clinical criteria

As per the National Taskforce Guidelines, sotrovimab is appropriate for use in adult patients:

- within five (5) days of symptom onset (symptoms may be very mild); AND
- who do not require oxygen; AND
- who have not been fully vaccinated (note: fully vaccinated means 2nd dose > 2 weeks ago); AND
- who have <u>one or more</u> of the following risk factors for disease progression;
 - diabetes (requiring medication)
 - obesity (BMI > 30 kg/m2)
 - chronic kidney disease (i.e. eGFR < 60 by MDRD)
 - congestive heart failure (NYHA class II or greater)
 - chronic obstructive pulmonary disease (history of chronic bronchitis, chronic obstructive lung disease, or emphysema with dyspnoea on physical exertion)
 - moderate-to-severe asthma (requiring an inhaled steroid to control symptoms or prescribed a course of oral steroids in the previous 12 months)
 - age ≥ 55 years.