



COMMUNITY  
THERAPY

## **Occupational Therapy in Aged Care**

Ellen Marshall

Senior Occupational Therapist

[ellen@communitytherapy.com.au](mailto:ellen@communitytherapy.com.au)

1300 031 935

# Who are we?

## Ellen Marshall

- Senior Occupational Therapist
- University of Sydney
- Clinical special interests of complex equipment prescription, manual handling, and home modifications.



## Community Therapy

- Mobile allied health team of 70
- Local and family owned
- Central Coast, Hunter, Port Stephens
- Erina and Mayfield Offices
- NDIS registered and certified by SAI Global



# Occupational Therapy Scope

## Equipment Prescription

- Wheelchairs, manual and powered;
- Mobility equipment, including walking aids;
- Bathing equipment both simple and complex;
- Pressure reducing devices;
- Adaptive eating and drinking aids;
- Dressing aids;
- Continence and dignity products;
- Mobility scooters.



# Occupational Therapy Scope

## Manual Handling

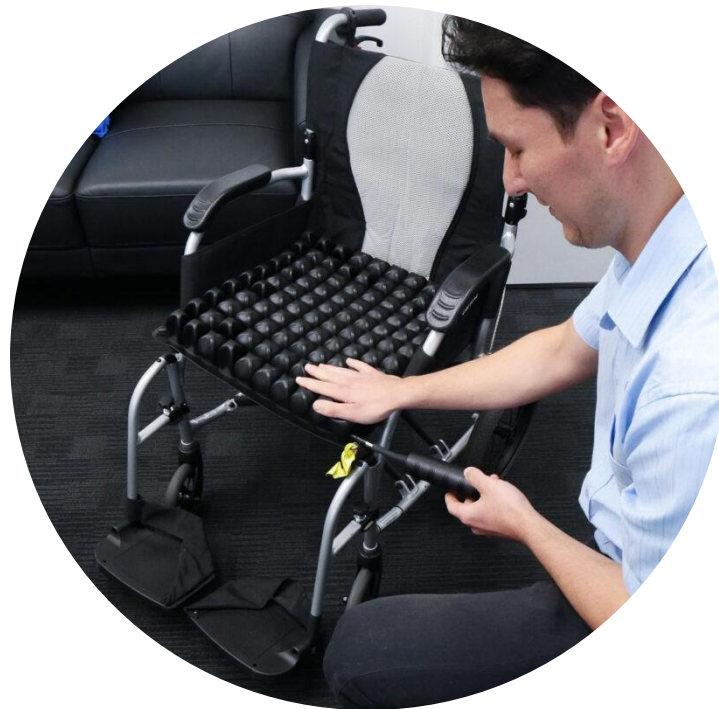
- Equipment reviews to determine most appropriate manual handling aids;
- Audits of equipment, such as slings;
- Care worker training
  - In person / on site
  - Our online training program



# Occupational Therapy Scope

## Pressure Area Management

- Assessment - risk, prevention and treatment;
- Education for residents and staff;
- Equipment prescription - cushions, mattresses, body specific pressure aids, other positioning aids.



# Occupational Therapy Scope

## Dementia & Behaviour Support

- Skill building
- Meaningful occupations
- Environmental changes
- Staff education on behaviours
- Referrals to relevant services for additional support





## Questions?

Ellen Marshall

[ellen@communitytherapy.com.au](mailto:ellen@communitytherapy.com.au)

1300 031 935

[www.communitytherapy.com.au](http://www.communitytherapy.com.au)