PRIMARY HEALTH NETWORK

WELCOME

The PHN is Offering:

40 practices in Hunter, New England, or Central Coast to bring SafeSide into their workforce.

No financial commitment from you to get started

Subscription to SafeSide program, online resources, support, and access to community forums, until September 2023.

SafeSide PREVENTION

MORE than SAFETY

Safeside Framework for **Recovery-Oriented Suicide Prevention**

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SafeSide Australia

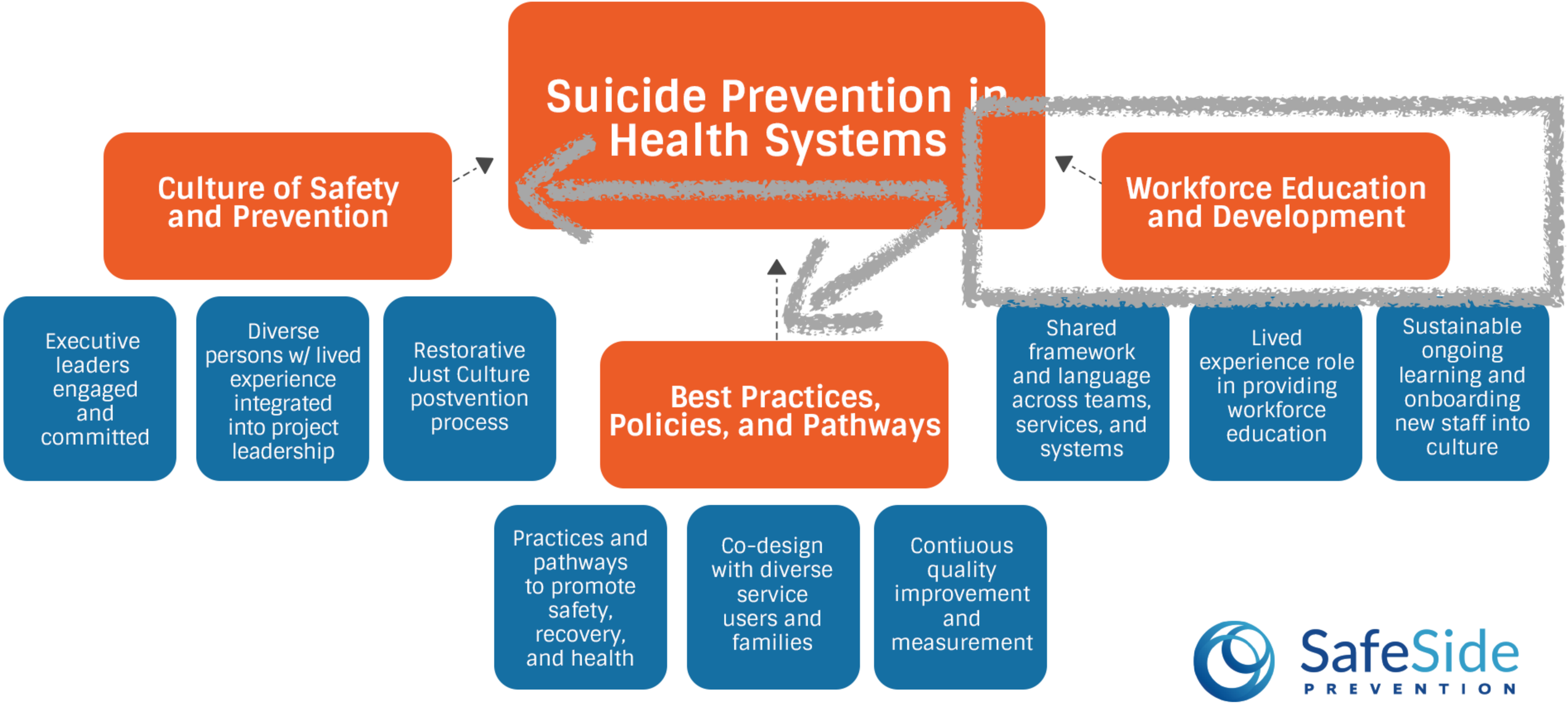
UNIVERSITY of ROCHESTER MEDICAL CENTER

safesideprevention.com

What are you hoping to take away from today’s event?

Today’s Road Map

- Suicide Prevention in Healthcare Systems.
- SafeSide's education model: InPlace Learning®
- SafeSide Framework
- Next steps for evaluating SafeSide as a possible match for your organization and what to do if it is.



SafeSide PREVENTION

Suggested citation: Pisani, AR. Suicide Prevention in Health Systems. In Moutier, Pisani, & Stahl (2021). *Suicide Prevention*. Cambridge University Press.

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Challenge

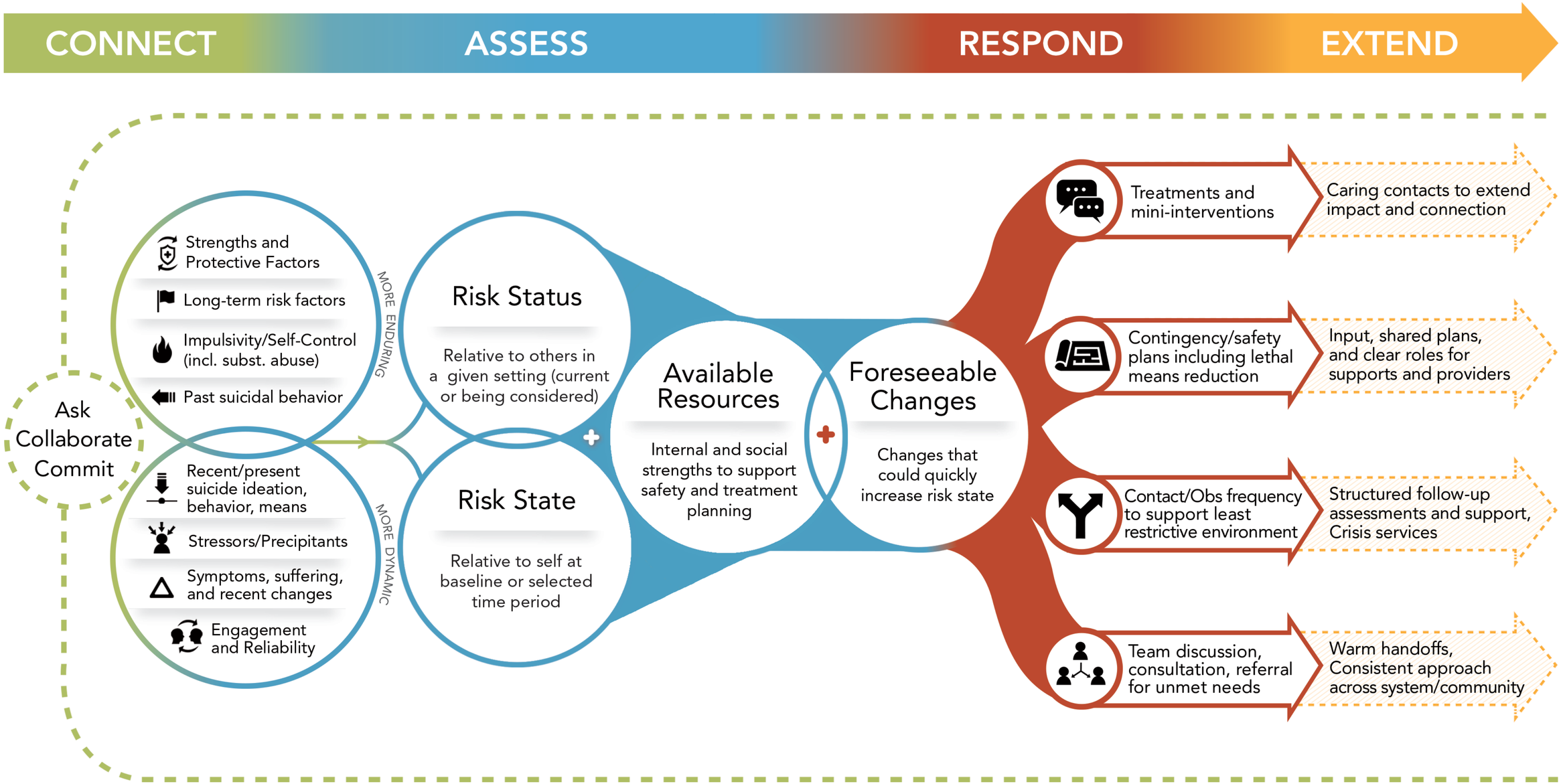
Engage, unite, and support a **diverse** workforce, serving **diverse** populations in **diverse** locations to think, act, and communicate with a **common set of principles and best practices.**

Approach

1. Framework for Recovery-Oriented Suicide Prevention

2. InPlace® Learning- New approach to workforce education

SafeSide Framework for Recovery-Oriented Suicide Prevention



SafeSide Framework for Recovery-Oriented Suicide Prevention

CONNECT

Ask
Collaborate
Commit

Ask
Collaborate
Commit

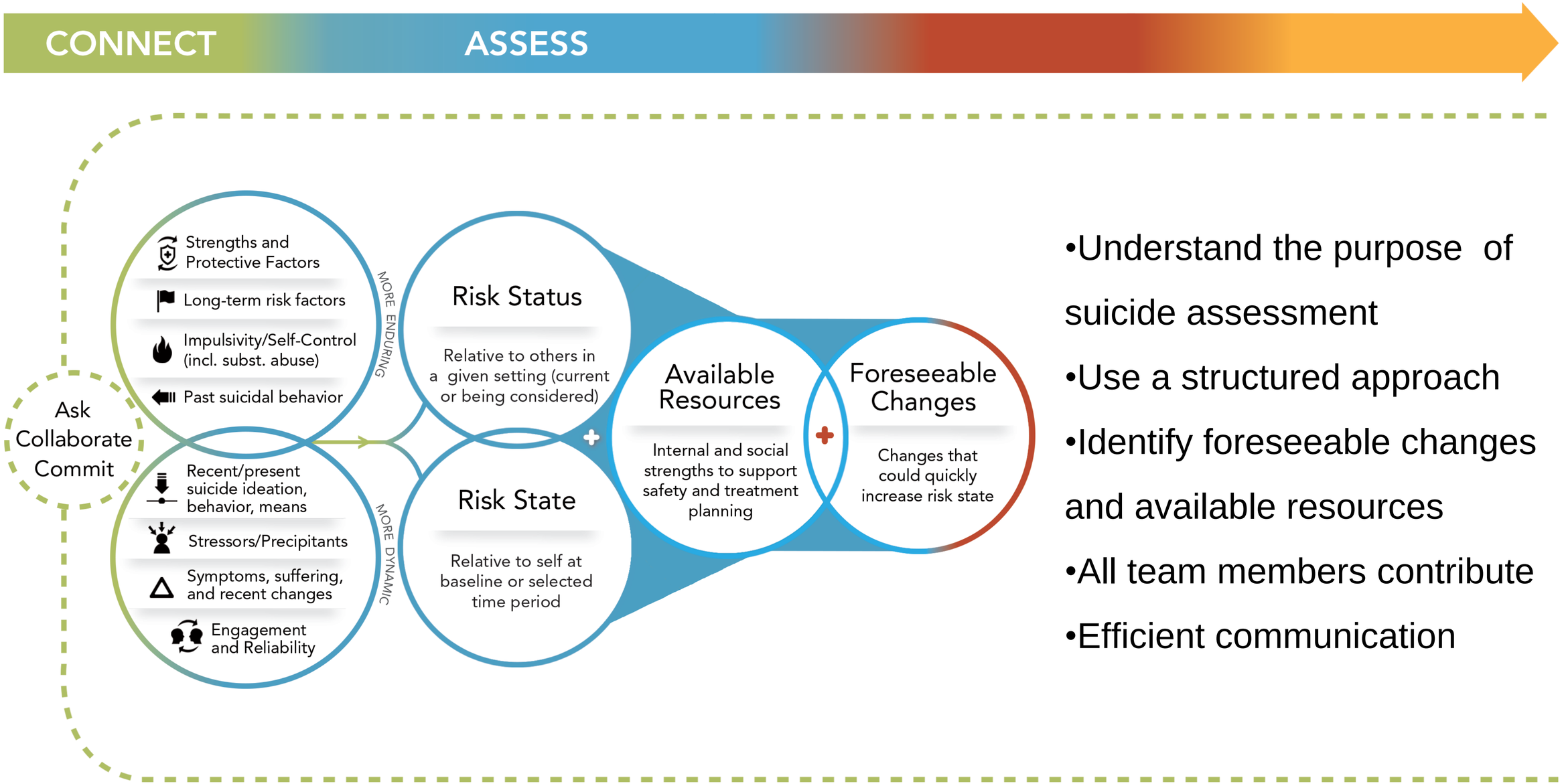
…directly, using standardized items.

…about the person's experience.

…around the common goal of feeling better.

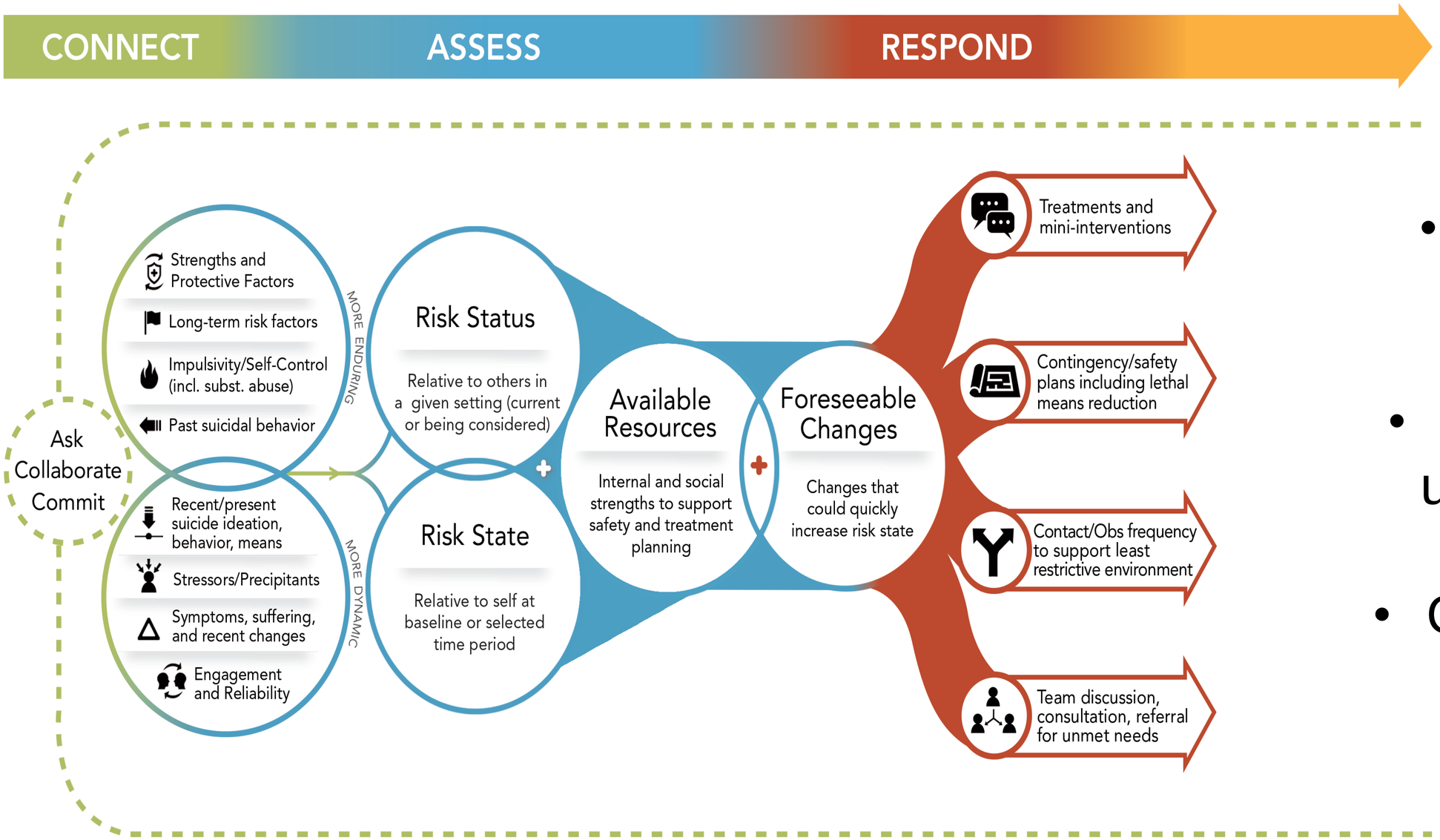
…to full recovery.

SafeSide Framework for Recovery-Oriented Suicide Prevention



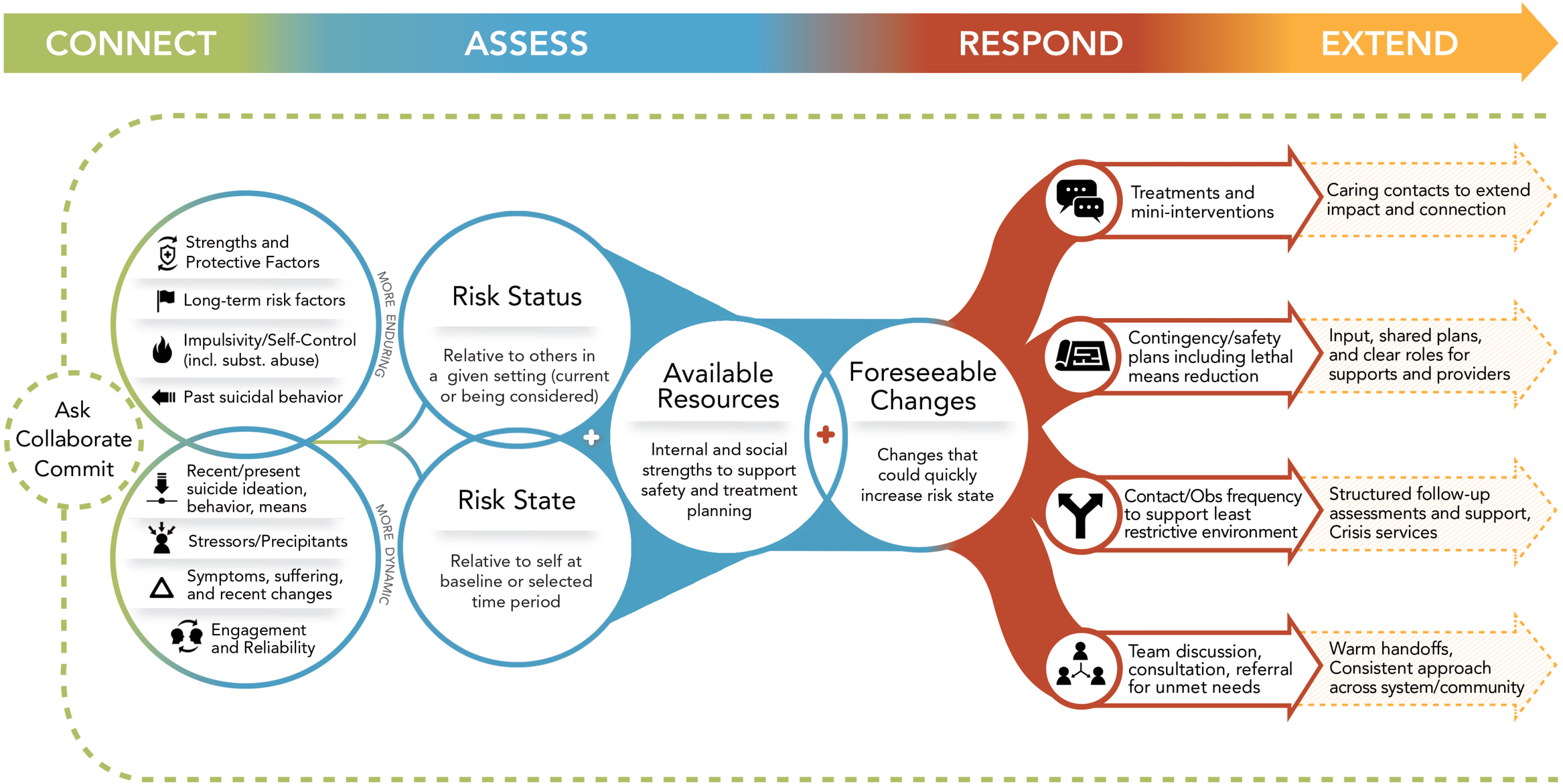
- Understand the purpose of suicide assessment
- Use a structured approach
- Identify foreseeable changes and available resources
- All team members contribute
- Efficient communication

SafeSide Framework for Recovery-Oriented Suicide Prevention



- Increase Contact
- Referral for unmet needs
- Contingency Plans

SafeSide Framework for Recovery-Oriented Suicide Prevention



WORKFORCE EDUCATION MODELS

	ONLINE LEARNING	EXPERT WORKSHOPS	TRAIN-THE TRAINER
Expert instruction, high fidelity to content	✓	✓	
Ongoing interaction with expert			
Group interaction and experience		✓	✓
Sustainable, repeatable for new staff education and refreshers	✓		Variable
Local staff take ownership by leading groups			✓

Gould, Cross, **Pisani, Munfakh, & Kleinman**, (2013)

Cross et al (2017)

Cross et al (2010)

WORKFORCE EDUCATION MODELS

	ONLINE LEARNING	EXPERT WORKSHOPS	TRAIN-THE TRAINER	INPLACE℠ LEARNING
Expert instruction, high fidelity to content	✓	✓		✓
Ongoing interaction with expert				✓
Group interaction and experience		✓	✓	✓
Sustainable, repeatable for new staff education and refreshers	✓		Variable	✓
Local staff take ownership by leading groups			✓	✓

InPlace℠ Learning combines the best of online learning, experted-led workshops, and train the trainer.

InPlace® Learning

Video-Guided InPlace® Workshop

Teams work **together** through **specially designed** video modules that teach, demonstrate, and prompt group interaction. Unite teams across your organization or region with a **systematic framework** and common language.

Monthly Office Hours

SafeSide faculty and subscribers around the world interact in live **Monthly Office Hours** and an online Community of Practice. Get answers, share ideas, and build your professional network.

Updates and Refreshers

Stay current with advances in Zero Suicide care through regular updates, new modules, and quick refreshers throughout the year.

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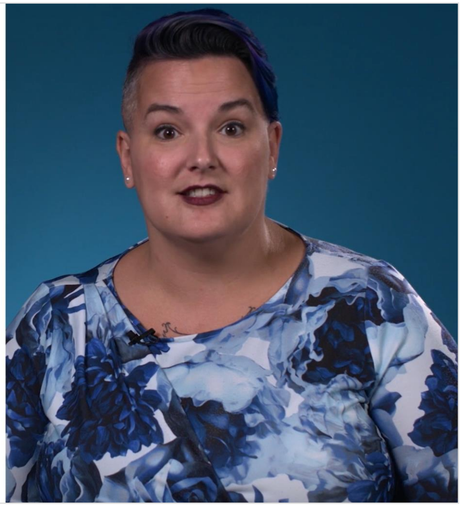
Connect | Practice Exercise: Pairs

Think of someone you worked with who struggled with thoughts of suicide

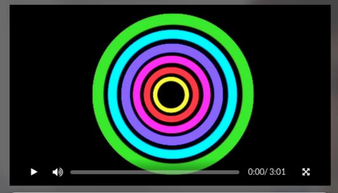


Assess | Discussion: Pairs

With a partner, discuss the roles **you** have played related to suicide assessment.

Roles

- Screen routinely
- Ask in response to a concern
- Communicate to a third party
- Ask follow up questions
- Complete comprehensive risk assessment



3 Minute Timer

Continue

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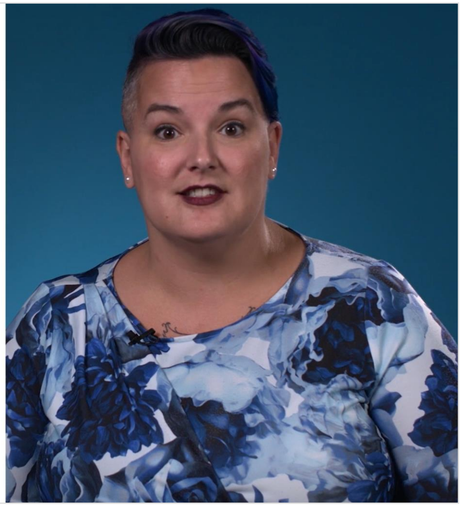

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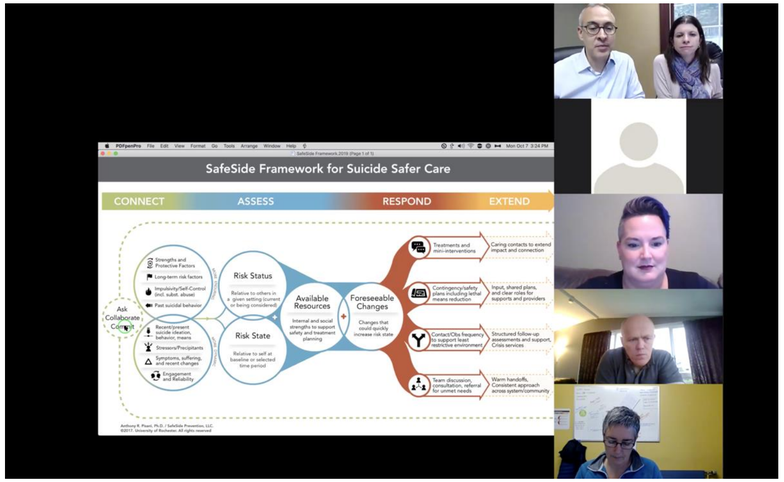


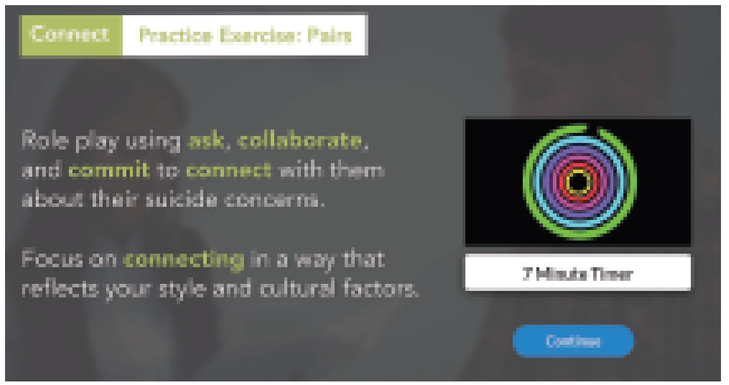
The InPlace Workshop

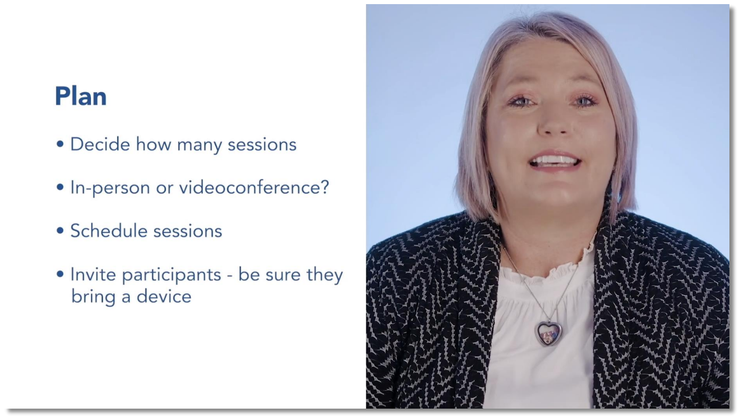
Step 1: Plan Your InPlace® Workshop

Duration. 3 Hours, usually held in three 50-minute sessions but can also be hosted as a half-day workshop. We recommend groups complete all modules within a month, no more than two.

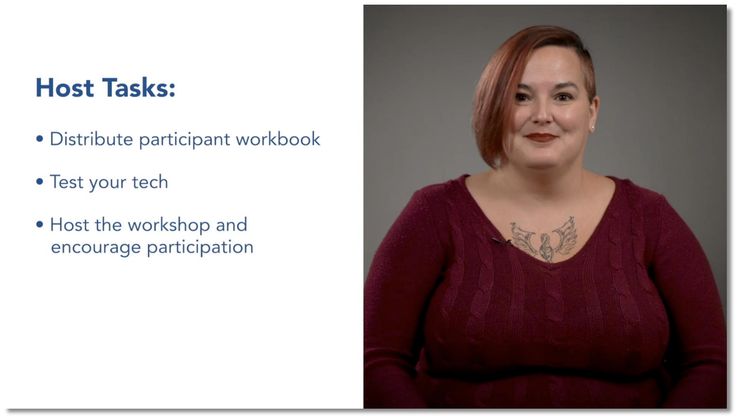
Session 1	Session 2	Session 3
Introduction and Connect (50 minutes)	Assess (50 minutes)	Respond and Extend (50 minutes)

If you adhere to the time allotted for discussions, you'll finish within these time frames. Some teams choose to extend discussions beyond the timers - if so, add to your scheduled time accordingly.

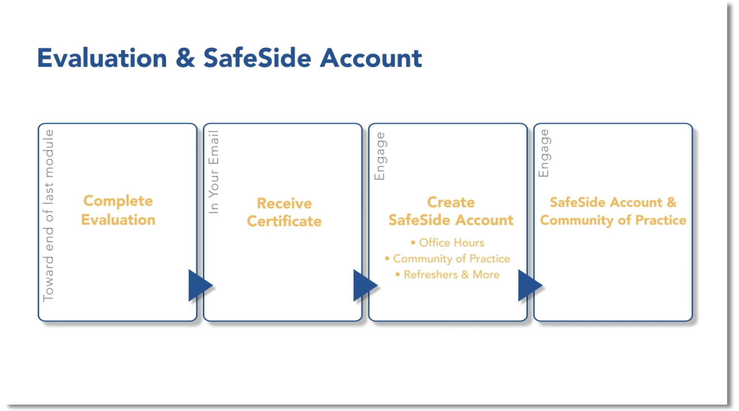




Planning to Host



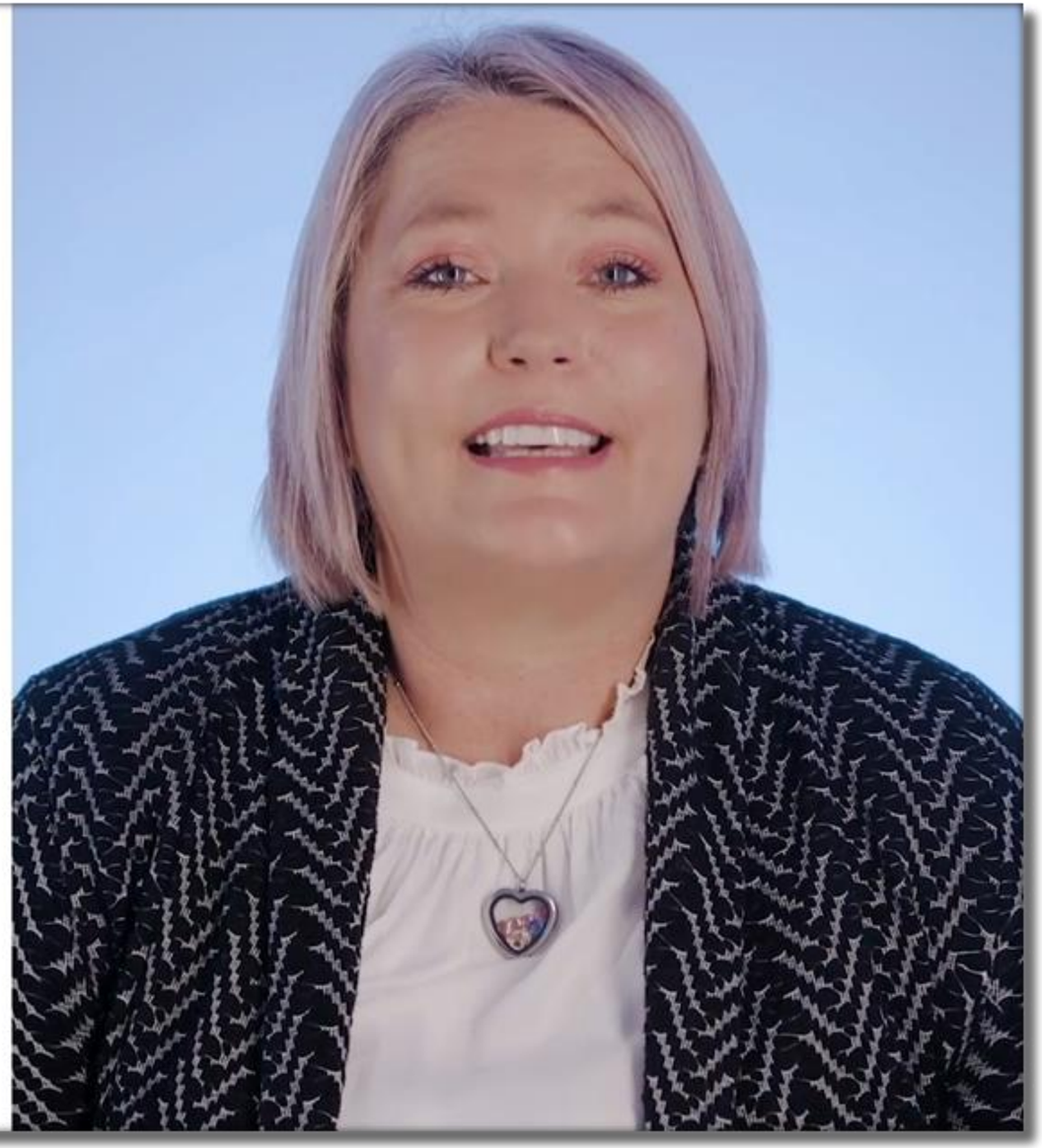
Host's Role



Evaluation and Account

Plan

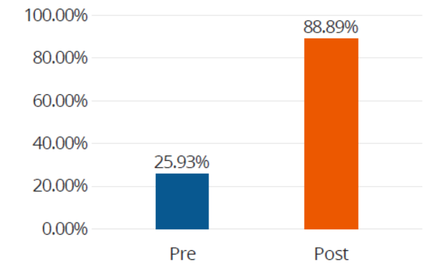
- Decide how many sessions
- In-person or videoconference?
- Schedule sessions
- Invite participants - be sure they bring a device



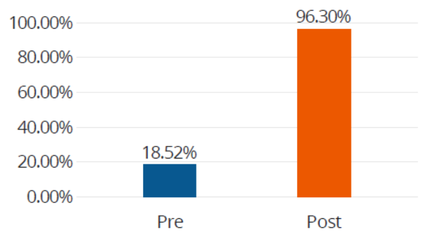
Host Tasks:

- Distribute participant workbook
- Test your tech
- Host the workshop and encourage participation

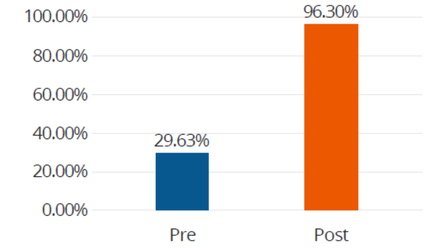
My ability to link risk assessments to person-specific plans.



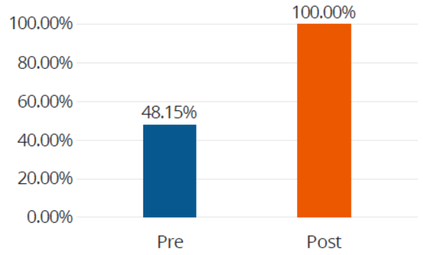
My ability to develop person-specific safety plans that include means safety and plans for specific life events that would increase risk.



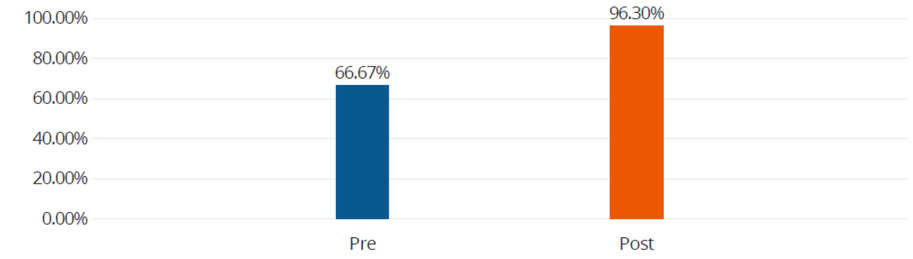
How I can extend support to people at risk beyond the time when I am in contact with them.



What to do when I encounter a person with suicide concerns.



My ability to convey and maintain a hopeful stance when someone feels hopeless.



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Evaluation

- Included with program
- Completion reporting
- Available for project team member
- Unlocks staff accounts

Evaluation & SafeSide Account

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Ask it basket

What lingering questions would you like answered?

Support services

Adult

Lifeline: 13 11 14

lifeline.org.au

Suicide Call Back Service: 1300 659 467

suicidecallbackservice.org.au

Beyond Blue: 1300 224 636

beyondblue.org.au/forums

MensLine Australia: 1300 789 978

mensline.org.au

Youth

Kids Helpline: 1800 551 800

kidshelpline.com.au

headspace: 1800 650 890

headspace.org.au

ReachOut: au.ReachOut.com

Other resources

Head to Health: mental health portal

headtohealth.gov.au

Life in Mind: suicide prevention portal

lifeinmind.org.au

SANE: online forums saneforums.org

Aboriginal and Torres Strait Islander: healthinfonet.ecu.edu.au

Lesbian, gay, bisexual, trans, and/or intersex: 1800 184 527 qlife.org.au

Culturally and linguistically diverse: embracementalhealth.org.au