



Health

Hunter New England
Local Health District

Referral Pathway for GNS Diabetes Service



Overview



- Services for patients
 - Where are we located?
 - What is the focus of our service?
 - What is offered?
 - Who can attend?
 - Referral and appointment processes
 - Details of medical clinics
 - Details of diabetes education
- Guidelines developed
- Resources



Where are we located?



- JHH– Medical Administration & Management
- Newcastle Community Health Centre - Administration & Management
- Royal Newcastle Centre
- Newcastle Community Health Centre
- Belmont Hospital Outpatient department
- New Maitland Hospital Outpatient department
- Raymond Terrace Community Health Centre
- Toronto Community Health Centre
- Wallsend Community Health Centre
- Tomaree Community Health Centre



What services do we provide for patients?



- Individual consultations for patients newly diagnosed with type 1 and type 2 diabetes
- Individual consultations for conversion to insulin therapy
- Individual insulin and self-management education
- Individual instruction for self-care activities.
- Type 2 DESMOND group education through NDSS
- Individual consultations and group education for gestational diabetes
- Young People's Clinic and Transition clinic
- Insulin Pump Commencement
- Ongoing Insulin Pump Management
- CGM Clinic
- Phone titration clinic

Referral Process



- Fax referrals to Referral Information Management (RIMS)
 - Fax 49223895
- **GENERIC Email contact for enquiries.** Will be actioned daily and forwarded to correct area i.e appointment, medical referral ,education or enquiry
 - HNELHD-DiabetesServices@hnehealth.nsw.gov.au
- Call the Endocrinologist on-call at John Hunter Hospital
 - Phone 49213000
- Call the Diabetes Clinical Nurse Consultant on-call at GNS Diabetes Service Monday to Friday 8.30am to 4.30pm
 - Phone 0407 232 639

Who should I refer to GNS DIABETES SERVICE



Appropriate referrals would be:-

- New diagnosis Type 1, 2, GDM or prediabetes
- CFRD (Cystic Fibrosis Related Diabetes)
- Newly starting insulin
- Change to treatment
- Assistance with blood glucose monitoring
- Unstable glycaemic control (ie significant hypo/hyperglycaemia)
- Poor glycaemic control
- Patients using insulin pumps
- Cognitive or dexterity issues influencing self care

When making referral



Need adequate information to prioritize

- Patients name, ward and MRN
- Type of diabetes
- New diagnosis or known
- Treatment - new or established
- Reason for referral
- Discharge plan- timeframe
- Diabetes Clinician to clinician referral form

GNC DIABETES CONTACT DETAILS



Newcastle Diabetes Centre

670 Hunter Street

Newcastle NSW 2300

Diabetes CNC 0407 232 639

Phone: (02) 4016 4666

Referral Fax Number: (02) 4922 3895*

* All referrals now through RIMS



QUESTIONS



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