Ear Syringing

- Usually effective and safe but....
- Who should not have their ears syringed?
- What do you need to do before syringing an ear?
- How should it be done?
- 1 in 5 medico legal cases involving GPs are related to ear syringing

Ear Wax

- This will be an easy syringe



Cotton wool tips/bobby pins/pharmacy endorsed ear wax tools

The enemy to ears...heaps of patients use these

- compacted wax
- Otitis externa
- FB
- Ruptured drum

Skin conditions affect ears too

- Dermatitis and psoriasis are common

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- contribute to excessive wax production
 - contribute otitis externa
 - How to treat?

psoriasis



Otitis externa







Otitis externa

- How can I tell if it's otitis externa?
- Should I syringe out the muck? What can I do instead?
- How can I treat this?
- What should I do if it's not getting better? What might I be dealing with?

Cholesteatoma - look up and live



Ear micro-toiletting

- Who needs it?
- What is it?
- The pros and cons

Hearing tests and tympanograms

Very useful in general practice and readily available.

2 types of hearing loss

#SNL no treatment aiding only #Conductive may well be treatable

Sudden unilateral hearing loss with no obv cause - medical emergency - call ENT

Tympanogram - tells you a lot about middle ear function

Don't ignore the audiologists comments