

Assessing the Heart Health Program – Workflow & Income

Donna Block
Primary Care Improvement Officer (PCIO)
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WE ACKNOWLEDGE THE TRADITIONAL OWNERS & CUSTODIANS OF THE LAND THAT WE LIVE & WORK ON AS THE FIRST PEOPLE OF THIS COUNTRY.






Example -
Reminder
flow for the
clinical
record

Patient Age	Health Assessment Type	MBS Item Number	Income
30 -39	Heart Health Assessment	699	\$76.95
40	Type II Diabetes Risk Evaluation	701 - 707	\$62.75 - \$284.20
41	Heart Health Assessment	699	\$76.95
42	Heart Health Assessment	699	\$76.95
43	Type II Diabetes Risk Evaluation	701 - 707	\$62.75 - \$284.20
44	Heart Health Assessment	699	\$76.95
45	Heart Health Assessment	699	\$76.95
46	Type II Diabetes Risk Evaluation	701 - 707	\$62.75 - \$284.20
47	Heart Health Assessment	699	\$76.95
48	Heart Health Assessment	699	\$76.95
49	45 - 49 year old Health Check	701 - 707	\$62.75 - \$284.20
50 - 74	Heart Health Assessment - Annual	699	\$76.95
75+	Annual Health Assessment	701 - 707	\$62.75 - \$284.20

Only One
Health
Assessment
of any type
per
calendar
year

What are the Opportunities?

PRACTICE ITEM NUMBER CALCULATOR					 HUNTER NEW ENGLAND AND CENTRAL COAST <small>An Australian Government Initiative</small>	
Date: September 2022		Practice: Average				
		Active Patients: 3866				
ITEM	ACTIVITY	MBS ITEM NO.	NO. OF SERVICES	MBS FEE	INCOME GENERATED	
HEALTH ASSESSMENTS	Heart Health Assessment - 42 Done	699	2178	\$76.95	\$167,597.10	
	Patients with Pathology completed	33.57%	730			
	Type II Diabetes Risk Evaluation (40 - 49 year old) - 04 Done	701 (Brief)			\$62.75	\$0.00
		703 (Standard)			\$145.80	\$0.00
		705 (Long)		488	\$201.15	\$98,161.20
		707 (Prolonged)			\$284.20	\$0.00
	45 - 49 year old Health Check - 027 Done	701 (Brief)			\$62.75	\$0.00
		703 (Standard)			\$145.80	\$0.00
		705 (Long)		227	\$201.15	\$45,661.05
		707 (Prolonged)			\$284.20	\$0.00

<https://help.pencs.com.au/display/CR/Identifying+patients+eligible+for+the+Heart+Health+Check>



The Australian Type 2 Diabetes Risk Assessment Tool (AUSDRISK)

<https://www.health.gov.au/resources/publications/the-australian-type-2-diabetes-risk-assessment-tool-ausdrisk-pdf-version>



To order hard copies of this tool, [contact National Mailing and Marketing](#). The code for this publication is DR001. Health publications [02 6269 1080](tel:0262691080) Email: health@nationalmailing.com.au

The Australian Type 2 Diabetes Risk Assessment Tool (AUSDRISK)

- Your age group**

Under 35 years	<input type="checkbox"/>	0 points
35 – 44 years	<input type="checkbox"/>	2 points
45 – 54 years	<input type="checkbox"/>	4 points
55 – 64 years	<input type="checkbox"/>	6 points
65 years or over	<input type="checkbox"/>	8 points
- Your gender**

Female	<input type="checkbox"/>	0 points
Male	<input type="checkbox"/>	3 points
- Your ethnicity/country of birth:**
 - Are you of Aboriginal, Torres Strait Islander, Pacific Islander or Maori descent?

No	<input type="checkbox"/>	0 points
Yes	<input type="checkbox"/>	2 points
 - Where were you born?

Australia	<input type="checkbox"/>	0 points
Asia (including the Indian sub-continent), Middle East, North Africa, Southern Europe	<input type="checkbox"/>	2 points
Other	<input type="checkbox"/>	0 points
- Have either of your parents, or any of your brothers or sisters been diagnosed with diabetes (type 1 or type 2)?

No	<input type="checkbox"/>	0 points
Yes	<input type="checkbox"/>	3 points
- Have you ever been found to have high blood glucose (sugar) (for example, in a health examination, during an illness, during pregnancy)?

No	<input type="checkbox"/>	0 points
Yes	<input type="checkbox"/>	6 points
- Are you currently taking medication for high blood pressure?

No	<input type="checkbox"/>	0 points
Yes	<input type="checkbox"/>	2 points
- Do you currently smoke cigarettes or any other tobacco products on a daily basis?

No	<input type="checkbox"/>	0 points
Yes	<input type="checkbox"/>	2 points
- How often do you eat vegetables or fruit?

Every day	<input type="checkbox"/>	0 points
Not every day	<input type="checkbox"/>	1 point
- On average, would you say you do at least 2.5 hours of physical activity per week (for example, 30 minutes a day on 5 or more days a week)?

Yes	<input type="checkbox"/>	0 points
No	<input type="checkbox"/>	2 points

10. Your waist measurement taken below the ribs (usually at the level of the navel, and while standing)

Waist measurement (cm)

For those of Asian or Aboriginal or Torres Strait Islander descent:

Man	Women	
Less than 90 cm	Less than 80 cm	<input type="checkbox"/> 0 points
90 – 100 cm	80 – 90 cm	<input type="checkbox"/> 4 points
More than 100 cm	More than 90 cm	<input type="checkbox"/> 7 points

For all others:

Man	Women	
Less than 102 cm	Less than 88 cm	<input type="checkbox"/> 0 points
102 – 110 cm	88 – 100 cm	<input type="checkbox"/> 4 points
More than 110 cm	More than 100 cm	<input type="checkbox"/> 7 points

Add up your points

Your risk of developing type 2 diabetes within 5 years*:

- 5 or less: Low risk**
Approximately one person in every 100 will develop diabetes.
- 6-11: Intermediate risk**
For scores of 6-8, approximately one person in every 50 will develop diabetes. For scores of 9-11, approximately one person in every 20 will develop diabetes.
- 12 or more: High risk**
For scores of 12-15, approximately one person in every 14 will develop diabetes. For scores of 16-19, approximately one person in every 7 will develop diabetes. For scores of 20 and above, approximately one person in every 3 will develop diabetes.

*The overall score may overestimate the risk of diabetes in those aged less than 25 years.

If you scored 6-11 points in the AUSDRISK you may be at increased risk of type 2 diabetes. Discuss your score and your individual risk with your doctor. Improving your lifestyle may help reduce your risk of developing type 2 diabetes.

If you scored 12 points or more in the AUSDRISK you may have undiagnosed type 2 diabetes or be at high risk of developing the disease. See your doctor about having a fasting blood glucose test. Act now to prevent type 2 diabetes.

The RACGP Family History Screening Questionnaire

Appendix 2A. Family history screening questionnaire

The use of a simple family history screening questionnaire (FHSQ) can help identify individuals who may require a more detailed assessment of their family history of cancer, heart disease or diabetes.¹

This tool can be used as part of the patient's assessment at their first visit to a practice. If patients are uncertain about their family history, they can be asked to discuss the FHSQ with their relatives prior to completing the questionnaire. For patients with low literacy, the FHSQ may need to be completed with the support of a healthcare professional.

A positive response to any question requires follow-up with a more detailed assessment of the family history. As family history can change it is recommended that the FHSQ be repeated at least every three years.

This risk assessment focuses on your close relatives including parents, children, brothers and sisters who are either living or dead.	Yes	No
Have any of your close relatives had heart disease before 60 years of age? 'Heart disease' includes cardiovascular disease, heart attack, angina and bypass surgery.		
Have any of your close relatives had diabetes? 'Diabetes' is also known as type 2 diabetes or non-insulin dependent diabetes.		
Do you have any close relatives who had melanoma?		
Have any of your close relatives had bowel cancer before 55 years of age?		
Do you have more than one relative on the same side of the family who had bowel cancer at any age? Please think about your parents, children, brothers, sisters, grandparents, aunts, uncles, nieces, nephews and grandchildren.*		
Have any of your close male relatives had prostate cancer before 60 years of age?		
Have any of your close female relatives had ovarian cancer?		
Have any of your close relatives had breast cancer before 50 years of age?		
Do you have more than one relative on the same side of your family who has had breast cancer at any age? Please think about your parents, children, brothers, sisters, grandparents, aunts, uncles, nieces, nephews and grandchildren.*		

*Only first-degree and second-degree relatives need be considered in this screening questionnaire
Reproduced with permission from Emery JD, Reid G, Prevost AT, Ravine D, Walter FM. Development and validation of a family history screening questionnaire in Australian primary care. *Ann Fam Med* 2014;12(3):241-49. Available at www.annfammed.org/content/12/3/241.long

From the
Guidelines for
Preventative
Activities in
General
practice – 9th
edition (pg 29)

<https://www.racgp.org.au/getattachment/66ee71f6-b5ad-4eba-8200-9b9ddba81955/Appendix-2A.pdf.aspx>

Name: _____ DOB: _____

Known Allergies

Severity: MILD MODERATE SEVERE

Reaction

Alcohol: NON-DRINKER DRINKER

How often do you have a drink containing alcohol?

NEVER MONTHLY LESS THAN 2-4
TIMES A MONTH 2-4 TIMES A
WEEK 4+ TIMES A
WEEK

How many standard drinks containing alcohol would you have on a typical day?

1-2 DRINKS 3-4 DRINKS 5-6 DRINKS 7-9 DRINKS 10+ DRINKS

How often would you consume 6 or more drinks on one occasion?

NEVER LESS THAN
MONTHLY MONTHLY WEEKLY DAILY OR
ALMOST DAILY

Smoking: NEVER SMOKED STOPPED IN _____ SMOKE _____ PER DAY/WEEK

Weight (kg) _____ Waist (cm) _____ Height (cm) _____

<https://thephn.com.au/primarycaresupport/focus-areas/lifestyle-risk-factors>

Clinic Day Example

Time	Dr Ivor Cure 13/09/2022	Ms. Nadine Nurse 13/09/2022
7:50 am		
8:00 am		
8:10 am		
8:20 am		
8:30 am		🍏 Alan Abbott - Heart HA (699)
8:40 am	🍏 Alan Abbott - Heart HA (699)	🍏 Madeline Abbott - Heart HA (699)
8:50 am	🍏 Madeline Abbott - Heart HA (699)	🍏 Frances Barrett - Heart HA (699)
9:00 am	🍏 Frances Barrett - Heart HA (699)	🍏 Kathleen Costello - Heart HA (699)
9:10 am	🍏 Kathleen Costello - Heart HA (699)	🍏 Ron Zimmerman - Heart HA (699)
9:20 am	🍏 Ron Zimmerman - Heart HA (699)	🍏 Sarah Goldspring - Heart HA (699)
9:30 am	🍏 Sarah Goldspring - Heart HA (699)	🍏 Annie Jones - Heart HA (699)
9:40 am	🍏 Annie Jones - Heart HA (699)	🍏 Amanda "Mandy" Douglas - Heart HA (699)
9:50 am	🍏 Amanda "Mandy" Douglas - Heart HA (699)	🍏 Dolly Drench - Heart HA (699)
10:00 am	🍏 Dolly Drench - Heart HA (699)	🍏 Fred Flintstone - Heart HA (699)
10:10 am	🍏 Fred Flintstone - Heart HA (699)	🍏 William Lucas - Heart HA (699)
10:20 am	🍏 William Lucas - Heart HA (699)	🍏 Sandra "Sandie" Marshall - Heart HA (699)
10:30 am	🍏 Sandra "Sandie" Marshall - Heart HA (699)	Unavailable
10:40 am	Unavailable	🍏 Mark Smith - 10997 - BP
10:50 am	🍏 Mark Smith - Script	

12 X 699 = \$923.40

Hourly rate - \$461.70

Practice Income

	Sessions completed	Patients Seen	Income Generated	GP/Nurse Hours
2 Hour Session/week	1	12	\$923.40	2
PIP Quarter	12	144	\$11,080.80	24
Calendar Year	51	612	\$47,093.40	102

Clinic Day Example

- 5 x 699
 - 4 x 703
 - 1 x 705
- = 2 hrs/day

Time	Dr Frederick Findacure 17/04/2020	Ms. Nadine Nurse 17/04/2020
8:25 am		
8:30 am		Alan Abbott - Heart HA (699)
8:35 am		
8:40 am	Alan Abbott - Heart HA (699)	Madeline Abbott - Heart HA (699)
8:45 am		
8:50 am	Madeline Abbott - Heart HA (699)	Frances Barrett - Heart HA (699)
8:55 am		
9:00 am	Frances Barrett - Heart HA (699)	Kathleen Costello - Heart HA (699)
9:05 am		
9:10 am	Kathleen Costello - Heart HA (699)	Christina Zimmerman - Heart HA (699)
9:15 am		
9:20 am	Christina Zimmerman - Heart HA (699)	Oliver Trent - 40/49 Diab HA
9:25 am		
9:30 am	Oliver Trent - 40/49 Diab HA	Sam Grey - 45/49 Yr HA
9:35 am		
9:40 am	Sam Grey - 45/49 Yr HA	Catherine Jones - 45/49 Yr HA
9:45 am		
9:50 am	Catherine Jones - 45/49 Yr HA	Desmond Jones - 45/49 Yr HA
9:55 am		
10:00 am	Desmond Jones - 45/49 Yr HA	Betty Test - 45/49 Yr HA
10:05 am		
10:10 am	Betty Test - 45/49 Yr HA	
10:15 am		
10:20 am		Unavailable
10:25 am		Unavailable
10:30 am	Unavailable	
10:35 am	Unavailable	
10:40 am		
10:45 am		
10:50 am		
10:55 am		

Practice Income

ITEM NUMBER	COUNT	VALUE	TOTAL
HA 701	0	\$62.75	\$0.00
HA 703	4	\$145.80	\$583.20
HA 705	1	\$201.15	\$201.15
HA 707	0	\$284.20	\$0.00
HA 699	5	\$76.95	\$384.75
TOTAL	10		\$1,169.10

Hourly rate - \$584.55 hr

References

<https://www.racgp.org.au/download/Documents/Guidelines/Redbook9/Appendix-2A-Family-history-screening-questionnaire.pdf>

<https://www.diabetesaustralia.com.au/are-you-at-risk-type-2>

<http://www.mbsonline.gov.au/internet/mbsonline/publishing.nsf/Content/Home>

<https://thephn.com.au/primarycaresupport/focus-areas/lifestyle-risk-factors>

Questions?

Thank you 😊