



Dr Elizabeth Mann



· Established in 1994

- Supporting bereaved children 3-17 yrs and their families
- Groups/Individual counselling
- Support for families where someone is in late stages of illness



- **Vision**

*A community which accepts there is no right or wrong way for children to grieve, and that grief is a normal and ongoing process which, with compassionate support, children can accommodate into their lives as they become adults.*

- **Purpose**

*To provide the best possible care for grieving children, their families and support networks, to enhance their opportunity to live a full and meaningful life.*

# Understanding kids grief



It's Ok to cry



Anger





Guilt- it's all my fault



# Regression





# Case Studies

- Natalie- husband died from suicide
- Jack- sister died from asthma attack

# Where to from here?

- No need for Mental Health Care Plan
- Self referral
- Partnership with PHN means we can provide free and unlimited counselling to children aged 3-17 for as long as they need it, as well as adult sessions for parents and carers
- Email support service
- [drmckissock@icloud.com](mailto:drmckissock@icloud.com)
- Education courses- Core Course