PRIMARY HEALTH NETWORK

phn HUNTER NEW ENGLAND AND CENTRAL COAST
An Australian Government Initiative

Utilising Nurse visits under Medicare to ease pressure on GP shortages and improve patient outcomes

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Wednesday 5th October 2022

WE ACKNOWLEDGE THE TRADITIONAL OWNERS & CUSTODIANS OF THE LAND THAT WE LIVE & WORK ON AS THE FIRST PEOPLE OF THIS COUNTRY

Learning Objectives

- Identify eligibility and MBS requirements
- Understand how Nurse visits under Medicare can benefit patients, GPs and the practice
- Explore practical ideas for utilising Nurse visits
- Tools to assist with planning Nurse visits

MBS requirements

Australian Government
Department of Health

MBS Online
Medicare Benefits Schedule

- Nurse services are provided for and on behalf of a GP
- Nurses should be adequately trained and maintain up to date CPD in chronic disease management and culturally safe care to ensure care provided is evidence based best practice
- The GP under whose supervision the service is being provided retains responsibility for the health, safety and clinical outcomes of the patient
- The GP is not required to see the patient when claiming Nurse item numbers unless clinically required
- If the patient also consults with a GP on the same day, the GP attendance item doesn’t include the time a patient spends with the Nurse

Patient and Practitioner eligibility

Australian Government
Department of Health

MBS Online
Medicare Benefits Schedule

Service	Calendar year	F2F	Video	Phone	Who
Monitoring & support for Chronic Disease Management	5	10997	93201	93203	RN, EN, AHP
Follow Up of patients with a 715 Health Assessment	10	10987	93200	93202	RN, EN, AHP
Patient end support for telehealth with specialist	N/A	10983			RN, EN, AHP, AHW
Antenatal: RRMA 3-7	10	16400			MW, RN, EN, AHP

The Nurse providing the service for and on behalf of the supervising Doctor must document the care they provided and how it relates to the patient's goals of care in order for the Doctor to substantiate billing the item number to Medicare.

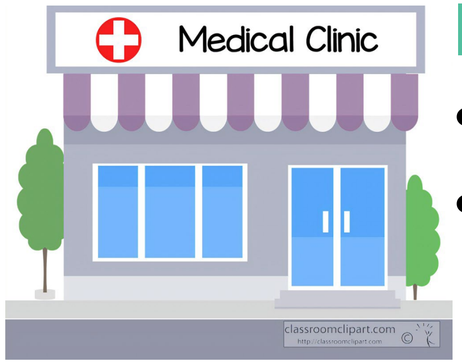
Nurse visits benefit everyone

Patients:

- Timely access
- Trusted practice
- Reduced costs

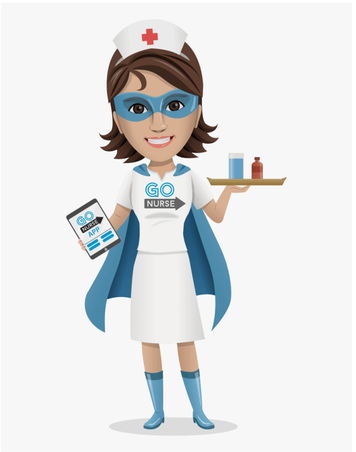
Doctors:

- Team approach
- Reduce fragmented care
- Increase GP availability



Practices:

- Reduces ad-hoc visits
- Options when GPs are fully booked
- Generates income

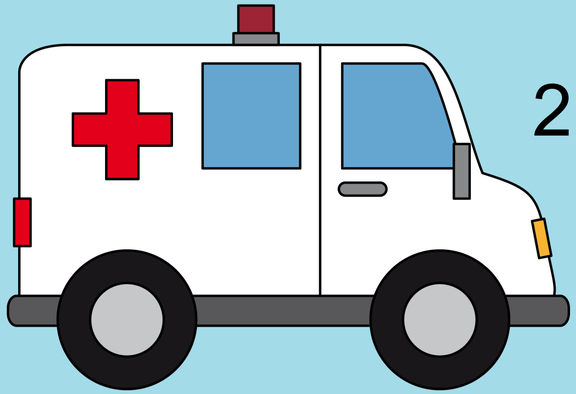


Nurses:

- Utilise scope and skills
- Continuity of care
- Cost effective

10997 and 10987 Nurse services may be:

1. Planned in advance



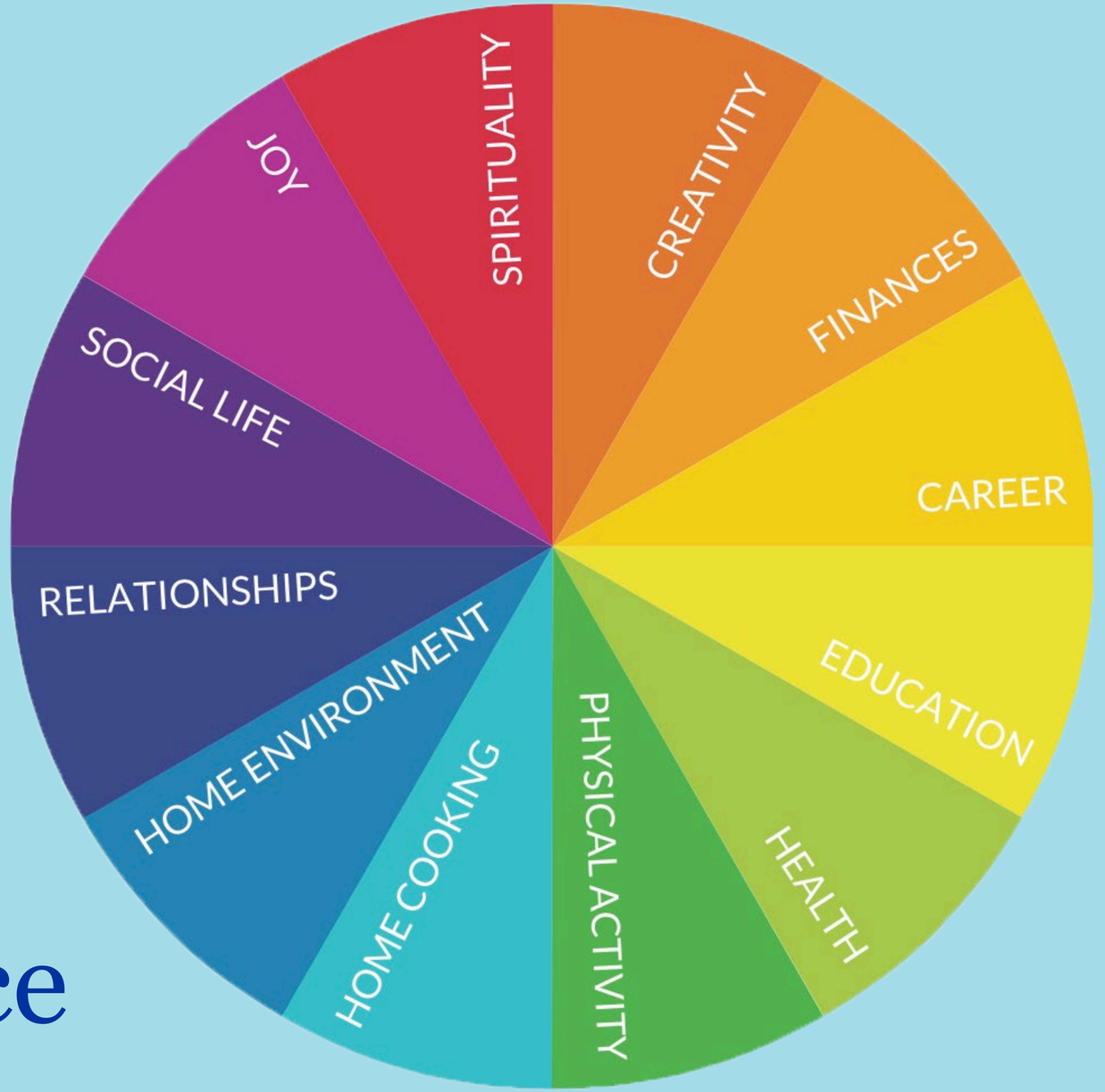
2. Responsive to patient need

3. Opportunistic when the patient is in your practice

www.servicesaustralia.gov.au/practice-nurse-items

Check on clinical progress and access to services

Provide self management advice



Monitor medication compliance

Collect information to support the review of a care plan

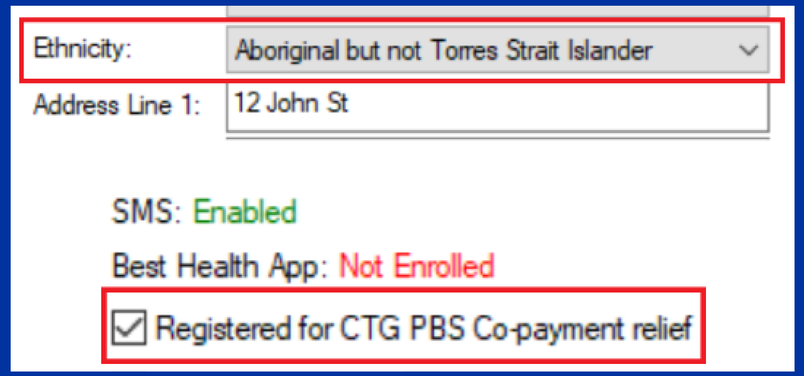

10987
Nurse follow-up services may be used to provide
Prevention advice for health conditions and associated follow up
Education, monitoring and counselling activities and lifestyle advice
Taking a medical history
Examinations/ interventions as indicated by the health assessment
Checks on clinical progress and service access
Education regarding medication compliance and associated monitoring

Examples of documenting Nurse visits

10997 – “*Phoned patient following notification of recent hospital discharge in line with goal to reduce hospital admission/readmission related to chronic disease management. New medication noted. Patient reports they have accessed the new medication and are confident self administering same. Reports nil unexpected side effects and continuing with all other medications as prescribed by GP. Has booked appointment with GP next week for follow up pathology tests related to new medication”.*

10987 – “*Immunisations administered as per NIP schedule and Dr’s order. Per goals of 715, completed PLUM tool with Mum to assess hearing which identified audiology referral indicated. Discussed same with GP who physically examined ears and agreed early referral is a good plan. Provided Mum with number for Hearing Australia (declined assistance to make appointment). Mum has agreed to Nurse phone consult in 5 days to see if any assistance required with booking or accessing audiology appointment”.*

Services to support First Nations people:



Integrated Team Care providers can also be included in the care team for First Nations people with specific chronic conditions requiring support with:

- Coordinating services
- Facilitating gap payments
- Consultations
- Transportation
- Assists in providing medical aids
- Health literacy
- Supporting clients to achieve self-management

New England: Healthwise

Hunter: Hunter primary care

Taree: Biripi AMS

Central Coast: Yerin AMS

Forster: Tobwabba

Singleton: Ungooroo

Services to help you with support, monitoring and follow up:

Allied Health with 715HA

Asthma cycle of care

Diabetes Cycle of care

Diabetes group services

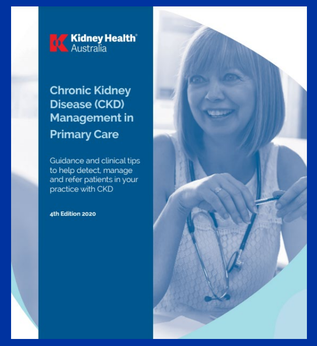
Ambulance Care plans

Home medicine review

Kidney Health Checks

Heart health checks

Case conferencing



Stroke Foundation

Lung Foundation Australia

Heart Foundation

Dementia Australia®

Cancer Council

National Asthma Council | Australian Asthma Handbook

Arthritis Australia

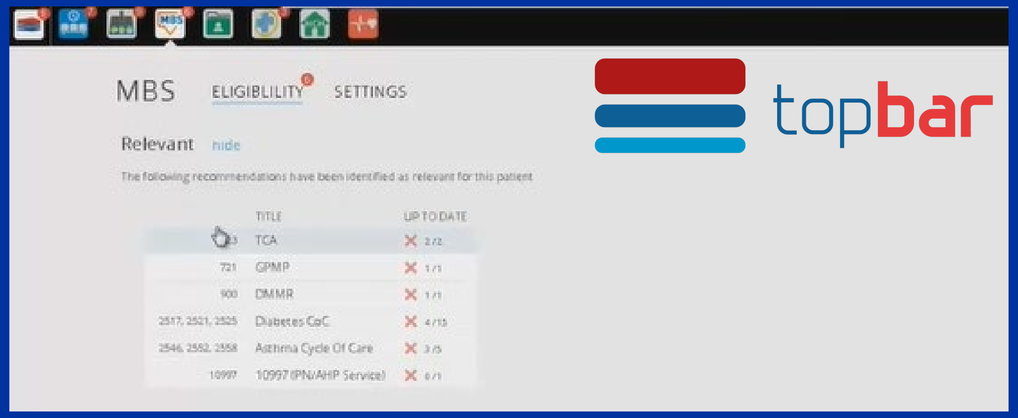
Endometriosis Australia

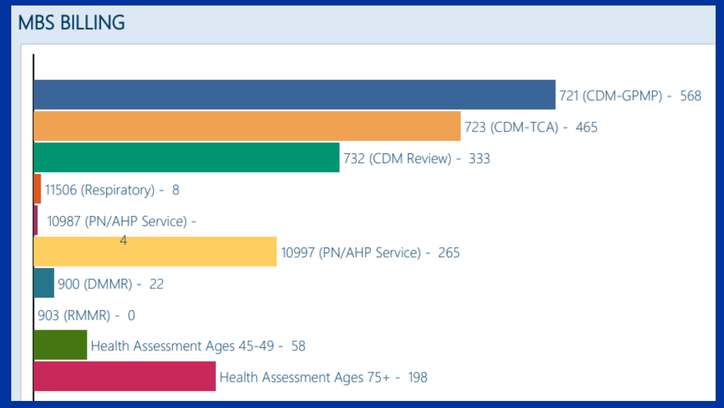
Vision Australia

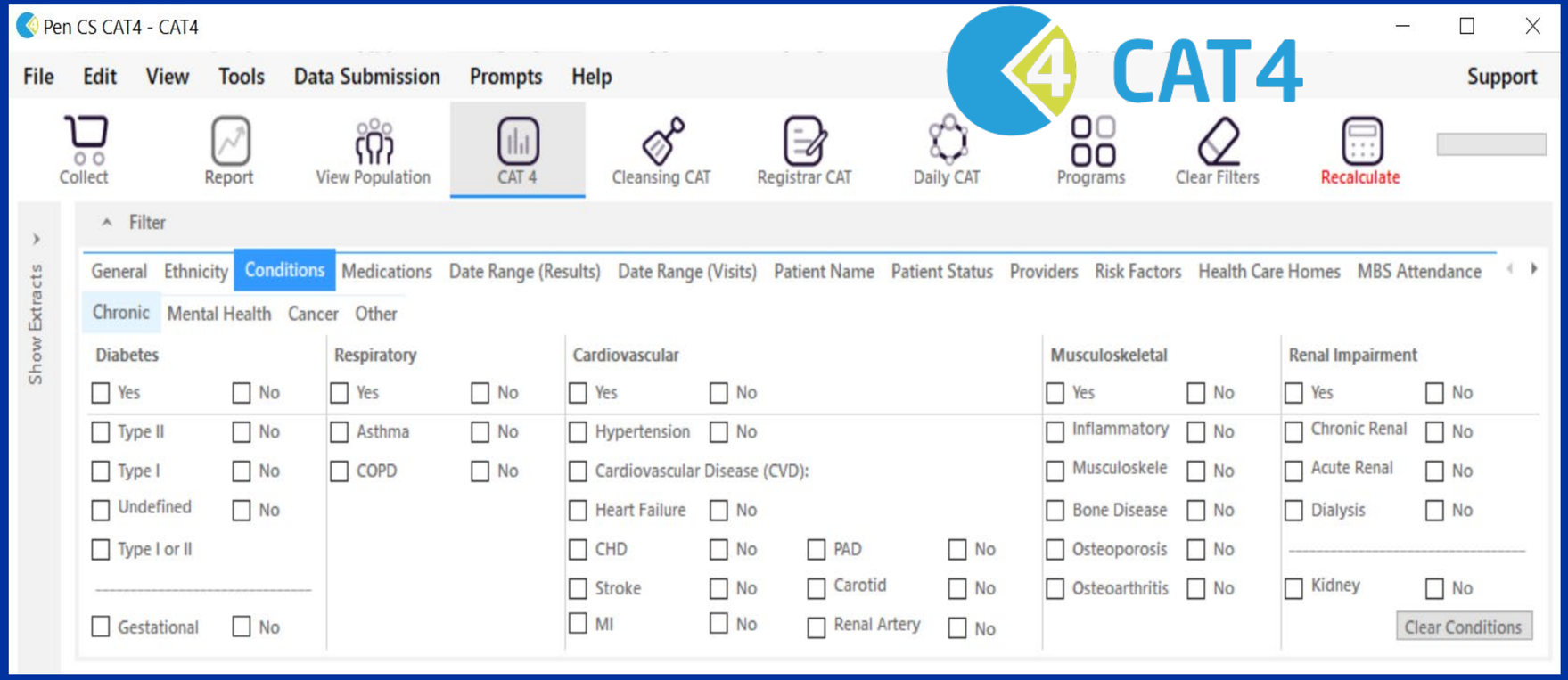
MSK Musculoskeletal Australia

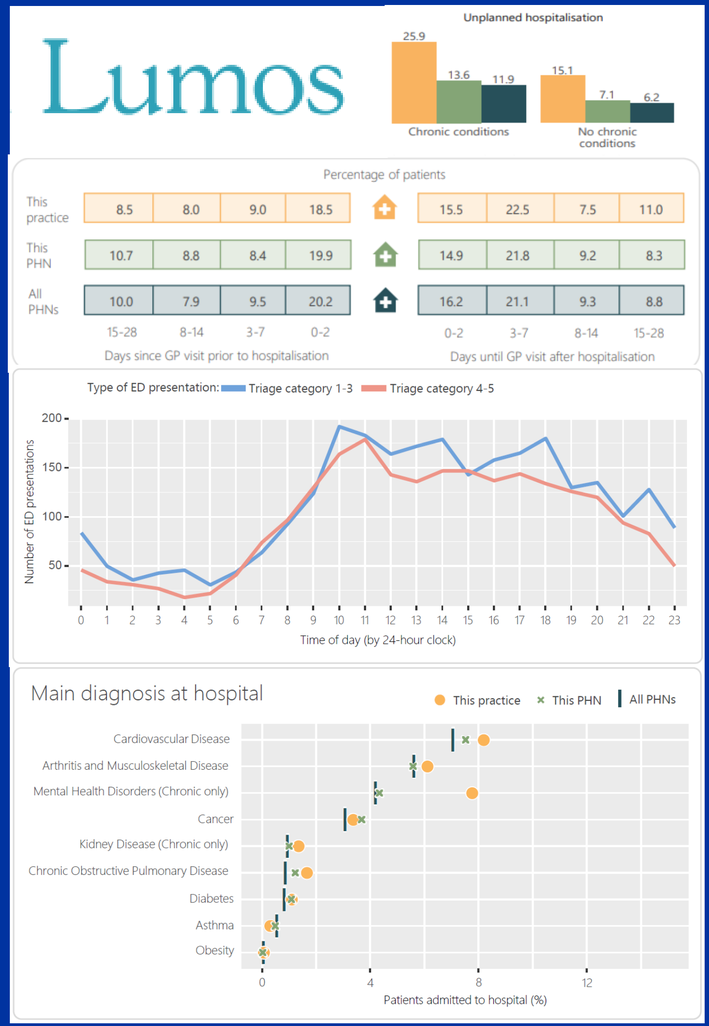
Healthy Bones Australia

Tools to assist with support, monitoring and follow up:









For further training on chronic disease management and health assessments:

Services Australia

apna

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excellence in education

CVC
Coordinated Veterans' Care Program