

Sexual Assault Service – Central Coast

- By
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Outline of Presentation:

Overview of Sexual Assault Services Central Coast

Responding to children, young people and adults who have, or may have, been sexually assaulted and their families, carers and significant others

Outline medical care follow up recommendations by GPs including;

- Acute and non-acute crisis response,
- Medical and forensic care
- Management and ongoing interventions and support to clients.

Overview of Sexual Assault Services - Central Coast

- Sexual Assault Service is located in the CBD of Gosford (Community based) and Sexual Assault Service Medical Forensic Service is located out of Ed Gosford.
- Medical and forensic care for sexual assault survivors is attended out of Gosford Hospital Ed only and not Wyong Ed.
- Provides 24-hour integrated psychosocial, medical and forensic crisis responses for both adults and children.
- The 7 key elements of the Sexual Assault Service model are 1. Crisis response (24 hour service) 2. Medical and forensic services (24 hour service and follow up care) 3. Ongoing trauma informed counselling and other therapeutic interventions 4. Systems advocacy (Legislation, policy and practices) 5. Court preparation and support (Expert witness) 6. Professional consultation and training (ECAV) 7. Community engagement, education and prevention.

Barriers to Disclosure (Patient/client perspective)

Ongoing risk and safety

Relationship to perpetrator

Risk of further harm

Fear of the perpetrator (prevents the adult/adolescent/ child from seeking help and reporting to the police)

Timing of disclosure (Delayed disclosure)

Concerned parent/guardian (No specific disclosure by the child/adolescent)

Nil injuries and no observed sexual assault

Clear Disclosure by a Child

- Contact the local Sexual Assault Service at Gosford. The Social Worker (SW) intake worker and or on call SW will require the following information: name of child, DOB, date and time and type of assault if known (penile/vaginal/oral/anally).
- Medical information including intoxication, intellectual disability, acute mental health concerns, reduced consciousness, physical trauma, history of recent strangulation/penetration with an object/recent head injury/unexplained genital or anal bleeding.
- Contact details for any accompanying or referring JCPRP/JRU/Police Officer.
- Mandatory report to the Child Protection Helpline must be made.

Clear Disclosure by an Adult

- Have the patient/client contact the local Sexual Assault Service at Gosford and or present to Ed (If recent sexual within 7 days). The Social Worker (SW) intake worker and or on call SW will require the following information: name of patient/client, DOB, date and time and type of assault if known (penile/vaginal/oral/anally).
- Medical information including intoxication, intellectual disability, acute mental health concerns, reduced consciousness, physical trauma, history of recent strangulation/penetration with an object/recent head injury/unexplained genital or anal bleeding.
- Contact details of Police Officer, if involved.

Sexual Assault Crisis Response Presentations to Ed

- Recent sexual assault in the past 7 days (24 hr Integrated Psychosocial and medical/medical forensic response)
- Sexual assault in the past 7 to 14 days (Business hours Integrated Psychosocial and medical response)
- Sexual assault of an under 16 year old more than 14 days (Business hours Integrated Psychosocial and medical/forensic (if relevant) response)
- Past sexual assault (more than 14 days) where the presenting issue is sexual assault a 24 hour psychosocial response only
- Past sexual assault of an Aboriginal and/or Torres Strait Islander person where the presenting issue is sexual assault a 24 hour psychosocial response only

VAN Outpatient Department

Medical follow up care following a recent and or historical sexual assault with a Medical Forensic Examiner.

- - STI screening
- Injury follow up care and assessment
- Contraception
- Counselling service (If required)

STI Management Guidelines

- Assess the needs for immediate care and injuries that require treatment (PV/PR bleeding) (Refer to the Ed)
- Assess for a head injury (Refer to the Ed)
- Assess for strangulation – Was pressure placed upon the neck during the assault (Refer to the Ed)
- Offer Sexual Assault Service referral for crisis follow up counselling and medical examination
- Undertake pregnancy risk assessment and offer emergency contraception
- HIV PEP if indicated, 30 day pack (Refer to the Ed)
- Syphilis and Hepatitis B (HBV) vaccination (offered to anybody who is not immune and vulnerable to infection)
- Chlamydia and gonorrhoea (72 to 120 hours) and consider trichomonas vaginalis (If patient/perpetrator is at an at risk community)
- Assess immediate safety and well being including psychosocial support
- <https://sti.guidelines.org.au/populations-and-situations/adult-sexual-assault/>

Medical Follow Up Care

- 4 week - Follow up for STI if not attended already. Assess psychosocial wellbeing further supports. 2nd dose hepatitis Vaccination
- 6 weeks -Assess psychosocial wellbeing further supports. HIV bloods. Post HIV PEP assessment (If indicated)
- 12 weeks - Assess psychosocial wellbeing further supports. HIV, Syphilis, HBV bloods (If indicated). Consider Hepatitis C bloods (If assault involved injectable drugs voluntarily prior to assault)
- 24 weeks – Assess psychosocial wellbeing further supports. Final HBV vaccination.
- Historical sexual assault may require full assessment for STI's and BBV infection. May want to contact police. Assess psychosocial wellbeing further supports.

ECAV training

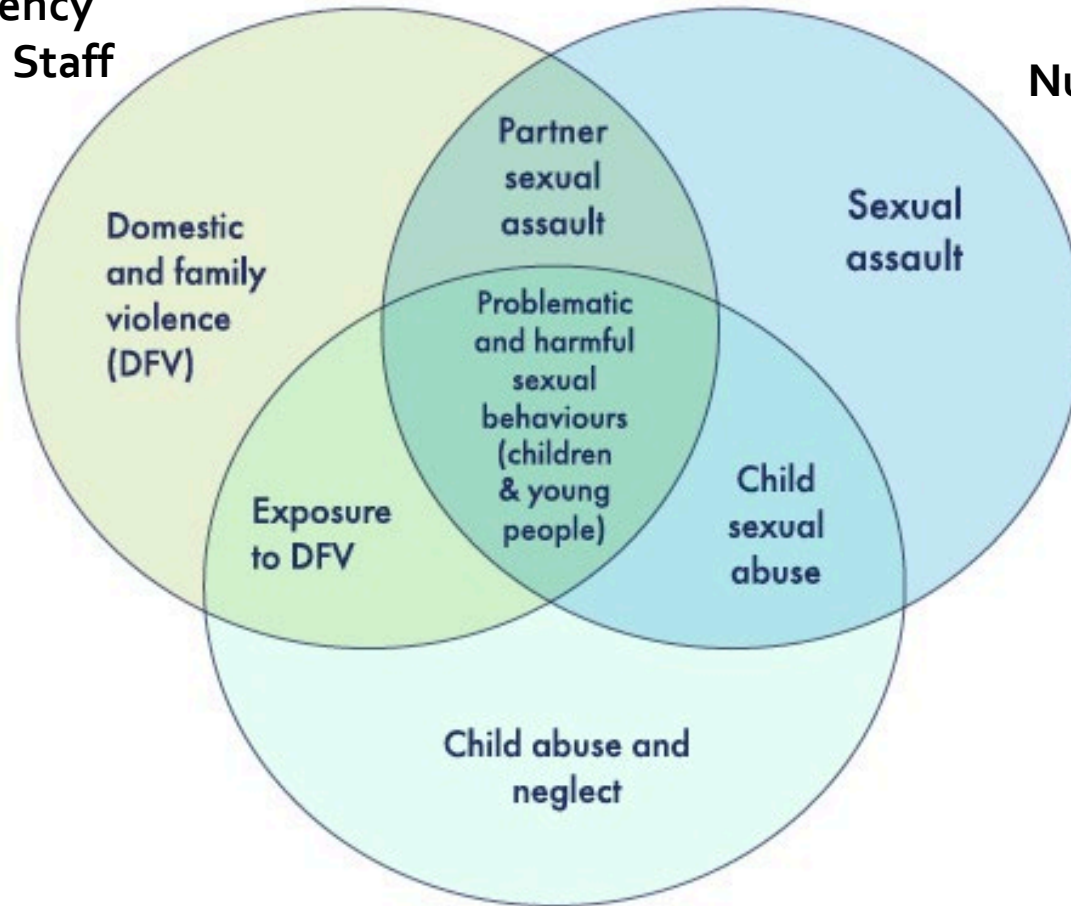


	MF1415 10723NAT Course in medical forensic photography for violence, abuse and neglect	 Nationally Recognised	Request Training
	MF1401 10724NAT Graduate Certificate in Medical & Forensic Management of Adult Sexual Assault	 Nationally Recognised	Apply Now Request Training
	MF1405 Introduction to the medical and forensic management of adult sexual assault		Apply Now Request Training
	MF1413 Medical forensic examiner update day (adult)		Request Training
	MF1414 Medical Forensic Examiners update Day (adult & Child sexual assault)		Apply Now Request Training
	MF1416 Short course in medical forensic photography		Apply Now Request Training
	MF1420 Supervise medicolegal work		Apply Now Request Training

- ECAV introductory course
 - August 2022
 - November 2022
- Graduate Certificate in Management of Adult Sexual Assault
 - July 2022

Medical & Forensic Workforce

Emergency
Medical Staff



VMO GPs
Nurse Examiner

Paediatricians

VAN (Violence Abuse & Neglect)

Sexual Harm & Safety

Sexual Assault
New Street
Safe Wayz

Family Therapy & Treatment

CPCS
WFT

Partnerships and Education

DFVS
Safer Pathways
JCPRP
CCMARC

Out of Home Care

PHN GP scholarships

- VAN GP Scholarship
- 40 hours
 - Flexible schedule
 - Up to 4 per year
- 40 Category 1 CPD points

Useful Contacts Supports following a Sexual Assault

- NSW Rape Crisis Centre 1800 424 017 - www.nswrapecrisis.com.au
- Bravehearts on 1800 272 831 or www.bravehearts.org.au
- Victim Services website: www.lawlink.nsw.gov.au/vs
 - Victims Support Line (Victims Access Line 1800 633 063)
 - Aboriginal Contact Line 1800 019 123
- Helping Victims of Sexual Assault: <http://www.victimsservices.justice.nsw.gov.au/sexualassault>
- Sexual Assault Services
Contact via your local hospital or go to <https://www.health.nsw.gov.au/parvan/sexualassault/Pages/health-sas-services.aspx>
- Child Sexual Assault Counselling and support services
 - CASAC (Child & Adolescent Sexual Assault Counsellors) on (02) 9601 3790 or www.casac.org.au
 - Kids Helpline 1800 551800
- Victims Register
 - Department of Corrective Services Victims Register: (02) 9289 1374
 - Department of Juvenile Justice Victims Register: (02) 9219 9400
 - NSW Health Forensic Patients Victims Register: (02) 9391 9302
- Indigenous Women's Legal Contact Line 1800 639 784
- Wirringa Baiya Aboriginal Women's Legal Centre 1800 686 587
- Women's Legal Services NSW
 - Contact Line 1800 801 501
 - Telephone Interpreter Service 13 14 50
- Immigrant Women's Speakout 9635 8022 - www.speakout.org.au
- Criminal Justice Support Network 1300 665 908 (for people with an intellectual disability)
- Survivors & Mates Support Network (SAMSN) – support adult male survivors of childhood sexual abuse: <https://www.samsn.org.au/> or call 1800 472676.