

Aboriginal & Torres Strait Islander Community Service Directories

Australian First Nation Peoples concept of health



The Aboriginal and Torres Strait Islander understanding of health is holistic.

Aboriginal health does not mean the physical wellbeing of an individual, but refers to the social, emotional, and cultural wellbeing of the whole community.

For Aboriginal people this is seen in terms of the whole-life-view.

Health care services should strive to achieve the state where every individual is able to achieve their full potential as human beings; and must bring about the total wellbeing of their communities.





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The Aboriginal and Torres Strait Islander Community Service Directories can assist health providers and the community in having a single point of reference to ensure access to up-to-date information regarding support services addressing the social, emotional, economic, educational and cultural needs of the Aboriginal and Torres Strait Islander community.

There are two (2) directories for each Local Health District:

- Hunter New England
- Central Coast

The can be found on the Aboriginal Health page on the PHN website

FAQ's



How do I find the directories?

Both Hunter New England and Central Coast directories can be found on the Aboriginal Health page of the PHN website

How do I use them?

- Save the link to the directories on your desktop for easy access
- Utilise the directories in an MBS 715 Health Assessment and MBS 10987 Nurse Follow Ups
- Print relevant pages out and give to your patient
- Reception staff can utilise for patients e.g. transport services
- Let your patient know where to find them (under 'Aboriginal Health' at <u>www.thephn.com.au</u>)
- Mobile friendly format

How are services included in the directory?

The directories primarily focus on the below factors when listing programs and services:

- 1. Aboriginal and/or Torres Strait Islander organisations
- 2. Aboriginal and/or Torres Strait Islander program/s
- 3. Have Aboriginal and/or Torres Strait Islander identified roles
- 4. Have a Reconciliation Action Plan
- 5. Mainstream services that may be beneficial

Who are the directories intended for?

- First Nation People
- GP's
- Nurses
- Schools
- Community Service Providers
- Government and non-Government organisations
- Allied Health Providers



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Health Pathways is a clinically based website that provides clear and concise guidance for assessing and managing a patient with a particular symptom or condition. It also include information about making requests to services in the local health system.

Content is <u>developed collaboratively</u> by general practitioners, hospital clinicians, and a wide range of other health professionals and clinical editors. With each pathway evidence-informed.

Health Pathways is not designed to be used by patients or general community members.

How often are they updated?

Both HNE & CC directories will be updated annually. Services will be contacted to ensure relevance and currency and the current year will be displayed on the front page of the directories. We welcome your feedback:

If you would like to suggest a service, program or have any feedback regarding the directories, please contact info@thephn.com.au