

# Hunter New England and Central Coast National Psychosocial Support Activity Work Plan July 1, 2021 – June 30, 2022



## NPS - 1010 - NP1.01 - Undertaking needs assessment and planning to determine the psychosocial needs of the target



### Activity Metadata

#### Applicable Schedule \*

National Psychosocial Support

#### Activity Prefix \*

NPS

#### Activity Number \*

1010

#### Activity Title \*

NP1.01 - Undertaking needs assessment and planning to determine the psychosocial needs of the target

#### Existing, Modified or New Activity \*

Modified



### Activity Priorities and Description

#### Program Key Priority Area \*

#### Other Program Key Priority Area Description

#### Aim of Activity \*

The aim of this activity is to design services that meet the needs of the target population cohort while complementing existing state and Commonwealth funded services.

#### Description of Activity \*

The Needs Assessment and service gap analysis has been conducted by an external consultant. It has identified areas of unmet need of psychosocial services and priorities for services to be commissioned. The assessment has been informed using a range of qualitative and quantitative sources including data extracted from the National Mental Health Service Planning Framework and other population health planning resources; consultation with stakeholders' information available in Health Pathways and HNECCs Service Directories; and direct interviews and workshops conducted with key stakeholders, including consumers and providers.

This Needs Assessment and its recommendations will be used as a platform for the design of psychosocial support services that complement existing services and meet the needs of people with severe and complex mental illness in the HNECC region.

## Needs Assessment Priorities \*

### Needs Assessment

HNECC PHN Needs Assessment 2019/20-2021/22

### Priorities

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## Activity Demographics

### Target Population Cohort

People with severe mental illness and reduced psychosocial function who are not eligible for assistance through the NDIS, and who are not receiving psychosocial services through programs such as Partners in Recovery (PIR), Day to Day Living (D2DL) or the Personal Helpers and Mentors (PHaMs).

### In Scope AOD Treatment Type \*

### Indigenous Specific \*

No

### Indigenous Specific Comments

NA

### Coverage

### Whole Region

Yes

| SA3 Name               | SA3 Code |
|------------------------|----------|
| Inverell - Tenterfield | 11002    |
| Kempsey - Nambucca     | 10802    |
| Port Macquarie         | 10804    |
| Lake Macquarie - West  | 11102    |
| Maitland               | 10602    |
| Newcastle              | 11103    |
| Lake Macquarie - East  | 11101    |
| Lower Hunter           | 10601    |
| Wyong                  | 10202    |
| Taree - Gloucester     | 10805    |
| Moree - Narrabri       | 11003    |
| Upper Hunter           | 10604    |
| Gosford                | 10201    |
| Great Lakes            | 10801    |
| Tamworth - Gunnedah    | 11004    |
| Armidale               | 11001    |
| Port Stephens          | 10603    |



## Activity Consultation and Collaboration

### Consultation

The Needs Assessment was informed by a range of sources through a variety of consultation, collaboration and communication exercises. This will include communication and consultation with key internal and external stakeholders including Local Health Districts, Aboriginal Medical Services, Primary Care Clinicians, HNECC's Clinical and Community Advisory groups, Consumers, Carers, and local Providers.

An external Consultant was engaged to facilitate a range of workshops held across the HNECC region that focussed on consumer and provider experiences within the psychosocial landscape throughout the HNECC region.

### Collaboration

The NPS Measure is underpinned by the Bilateral Agreement between the Commonwealth and New South Wales governments. The Agreement commits both parties to ongoing interest and investment to ensure the target population cohort can access psychosocial services to optimise mental health outcomes and support recovery, thereby reducing avoidable demand for health services.

HNECC collaborated with consumers, carers, service providers and non-government organisations to gather information to develop recommendations that will inform HNECC PHN in the designing of services and in the commissioning process under the NPS.



## Activity Milestone Details/Duration

**Activity Start Date**

30/06/2019

**Activity End Date**

29/06/2021

**Service Delivery Start Date**

July 2019

**Service Delivery End Date**

June 2022

**Other Relevant Milestones**

Not applicable



**Activity Commissioning**

**Please identify your intended procurement approach for commissioning services under this activity:**

**Not Yet Known:** No

**Continuing Service Provider / Contract Extension:** No

**Direct Engagement:** No

**Open Tender:** No

**Expression Of Interest (EOI):** No

**Other Approach (please provide details):** Yes

**Is this activity being co-designed?**

No

**Is this activity the result of a previous co-design process?**

No

**Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?**

No

**Has this activity previously been co-commissioned or joint-commissioned?**

No

**Decommissioning**

No

**Decommissioning details?**

Not Applicable

**Co-design or co-commissioning comments**

Not Applicable



## NPS - 1020 - NP1.02 - Commissioning of non-clinical psychosocial services



### Activity Metadata

**Applicable Schedule \***

National Psychosocial Support

**Activity Prefix \***

NPS

**Activity Number \***

1020

**Activity Title \***

NP1.02 - Commissioning of non-clinical psychosocial services

**Existing, Modified or New Activity \***

Modified



### Activity Priorities and Description

**Program Key Priority Area \*****Other Program Key Priority Area Description****Aim of Activity \***

The aim of this activity is to give greater access to psychosocial support services and improved outcomes for people with severe mental illness

**Description of Activity \***

Following an interim Phase 1 solution:

HNECC has commissioned locally relevant psycho-social services to meet the needs of people with severe and complex mental illness.

Pending confirmation of Department of Health funding, or other interim arrangements, HNECC will continue to commission the existing providers to deliver psychosocial services that work with consumers to identify their goals and assist consumers to link into appropriate supports in their communities.

Specifically, people with severe mental illness and reduced psychosocial function who are not eligible for assistance through the NDIS and who are not receiving other PHN funded psychosocial support (i.e. Continuity of Support).

People with severe mental illness and reduced psychosocial function who are not eligible for assistance through the NDIS and who are not receiving other PHN funded psychosocial support (i.e. Continuity of Support, and who are not receiving psychosocial

services through programs such as Partners in Recovery (PIR), Day to Day Living (D2DL) or the Personal Helpers and Mentors (PHaMs).

## Needs Assessment Priorities \*

### Needs Assessment

HNECC PHN Needs Assessment 2019/20-2021/22

### Priorities

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## Activity Demographics

### Target Population Cohort

People with severe mental illness and reduced psychosocial function who are not eligible for assistance through the NDIS, and who are not receiving psychosocial services through programs such as Partners in Recovery (PIR), Day to Day Living (D2DL) or the Personal Helpers and Mentors (PHaMs).

### In Scope AOD Treatment Type \*

### Indigenous Specific \*

No

### Indigenous Specific Comments

NA

### Coverage

### Whole Region

Yes

| SA3 Name               | SA3 Code |
|------------------------|----------|
| Inverell - Tenterfield | 11002    |
| Kempsey - Nambucca     | 10802    |
| Port Macquarie         | 10804    |
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| Tamworth - Gunnedah    | 11004    |
| Armidale               | 11001    |
| Port Stephens          | 10603    |



## Activity Consultation and Collaboration

### Consultation

The nature of services that will be delivered will be dependent on the findings from the Needs Assessment that was largely informed via stakeholder consultation.

HNECC has conducted face to face stakeholder consultation throughout the region and will maintain consistent and on-going consultation with commissioned Providers to ensure appropriate psychosocial services are being delivered to the cohort population and that those services are being appropriately reported against.

HNECC will maintain regular and consistent consultation, collaboration and communication with key stakeholders including Local Health Districts, Aboriginal Medical Services, Primary Care Clinicians, HNECC's Clinical and Community Advisory groups, other non-clinical Service Providers and NGOs through various means.

### Collaboration

HNECC will maintain regular and consistent collaboration and communication with key stakeholders including local service providers, local health districts, Aboriginal Medical Services, HNECC's Clinical and Community Advisory groups, other non-clinical Service Providers and NGOs through various means.



## Activity Milestone Details/Duration

**Activity Start Date**

01/08/2018

**Activity End Date**

29/06/2021

**Service Delivery Start Date**

January 2019

**Service Delivery End Date**

30/06/2021

**Other Relevant Milestones**



**Activity Commissioning**

**Please identify your intended procurement approach for commissioning services under this activity:**

**Not Yet Known:** No

**Continuing Service Provider / Contract Extension:** No

**Direct Engagement:** Yes

**Open Tender:** Yes

**Expression Of Interest (EOI):** No

**Other Approach (please provide details):** No

**Is this activity being co-designed?**

No

**Is this activity the result of a previous co-design process?**

No

**Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?**

No

**Has this activity previously been co-commissioned or joint-commissioned?**

No

**Decommissioning**

No

**Decommissioning details?**

**Co-design or co-commissioning comments**

Phase 1 of Program - implemented learnings and collaborations with service providers to refine and further develop service model for Phase 2.