## Tenterfield LGA

POPULATION HEALTH SNAPSHOT 2021



#### **OUR PEOPLE**

79.5% of the population were born in Australia (NSW 65.5%)

455 people identify as Aboriginal and/or Torres Strait Islander. This is 7.3% of the population (NSW 3.4%)

377 people have a profound or severe disability this is 6.7% of the population (NSW 5.6%)

The top two nationalities from people born in non-English speaking countries were **0.4%** of the population born in Germany (NSW 0.4%) and **0.3%** of the population born in the Philippines (NSW 1.2%).

#### 2020 ESTIMATED RESIDENT POPULATION

Tenterfield LGA Population 6,470

Based on the 2016 population of 6,667, the population is predicted to increase to 7,148 by 2036, at an annual rate of **0.35**% In 2019, **15.8**% of the population were aged between 0-14 years (NSW 18.5%) and **7.9**% aged between 15-24 years (NSW 12.8%) In 2019, **27.8**% of the population were aged 65+ years (NSW 14.2%); and **2.3**% of the population were 85+ years (NSW 2.2%).

#### CHILDREN & YOUTH

For every 100 children aged 2-17 years in 2017-18, **16.5** were overweight (NSW 17.0) and **11.4** were obese (NSW 7.4)

In 2018, **37.5**% of children were developmentally vulnerable on one or more domains (NSW 19.9%).

#### MUMS & BUBS

In 2019, the total fertility rate was **2.81** per female (NSW 1.76)

**52.5**% of mothers smoked in pregnancy in 2017-19 (NSW 8.9%)

A first trimester antenatal visit occurred in **71.5%** of pregnancies in 2017-2019 (NSW 76.8%).

#### **OLDER PERSONS**

There were **65.6**% of people aged 65+ years receiving aged pensioner in June 2020 (NSW 59.0%)

In June 2020, **6.4**% of the population aged 65+ years had a seniors health card (NSW 10.4%)

Life expectancy in 2018: Females **84.9** (NSW 85.7) Males **80.3** (NSW 81.5).



unemployment benefit was 20.2% (NSW 9.0%)

In 2021, the unemployment rate was **7.7%** (Australia 6.0%) In 2020, the proportion of the population receiving an

In 2020, **22.5**% of young people 16-21 were receiving an unemployment benefit (NSW 8.1%)

In 2020, **19.9**% of people aged between 22-64 were receiving Jobseeker payment (NSW 9.1%)

In 2016, 0.2% of people born overseas reported poor proficiency in English (NSW 3.8%)

In 2016, the SEIFA Index of Relative Socioeconomic Disadvantage score was **910**, Tenterfield LGA was more disadvantaged than Australia (1000).

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#### **IMMUNISATION**

Who was fully immunised in 2020-21?

91.7% of 1-year old's (NSW 94.9%)

87.1% of 2-year old's (NSW 92.3%)

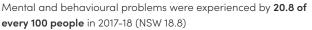
97.8% of 5-year old's (NSW 95.0%)

#### **HPV VACCINATION**

By mid-2017 HPV coverage for females aged 15 years was **94.4**% and for males was **92.4**% (NSW 83.0%; 78.2%, respectively).

#### MENTAL HEALTH

High or very high psychological distress was experienced by **14.0** of every 100 adults in 2017-18 (NSW 12.4; Australia 12.9)



There were **10 hospitalisations for intentional self-harm** in 2017–19 at a rate of **137.3** per 100,000 people (NSW 93.0)

Between 2014-18, **14** people died by suicide at an average annual rate of **50.1** per 100,000 population (NSW 11.0).

#### **HEALTH RISKS**

For every 100 adults in 2017-18:

**21.5** smoked **tobacco** (NSW 14.4)

23.0 consumed alcohol at high risk (NSW 15.5)

33.2 were overweight (NSW 35.0)

**39.1** were **obese** (NSW 30.9)

22.0 had high blood pressure (NSW 23.1)

**43.4** ate adequate **fruit** (NSW 52.5)

**69.6** undertook low or no **exercise** (NSW 65.3)





#### **CHRONIC DISEASE RATES**

For every 100 adults in 2017-18:

Diabetes mellitus 6.2 per 100 (NSW 5.2)

Circulatory system disease 4.7 per 100 (NSW 4.1)

Asthma **12.6 per 100** (NSW 10.6)

COPD 2.8 per 100 (NSW 2.2)

Arthritis 16.8 per 100 (NSW 15.5)

Osteoporosis 2.3 per 100 (NSW 4.2)



## POTENTIALLY PREVENTABLE HOSPITALISATIONS(PPH)

In 2018/19, there were **256** potentially preventable hospitalisations at a rate of **3,151.1** per **100,000** population (NSW 2,626.9)



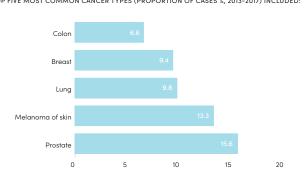
Iron deficiency anaemia was the leading PPH condition at a rate of **377.1** per **100,000** population (NSW 122.4) followed by Cellulitis (**348.4**) (NSW 231.9) and Diabetes complications (**298.6**) (NSW 148.6).

### CANCER INCIDENCE

Cancer incidence in 2010–2014 for all cancers was **533.0 per 100,000** population (NSW 552.5)

The age-standardised incidence rate for all cancers in 2017 for males was **294.6 per 100,000 population** (NSW 549.7) and for females was **171.2 per 100,000 population** (NSW 424.0).

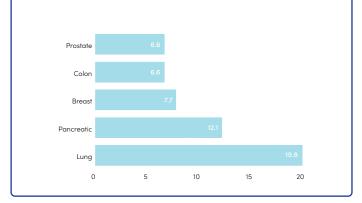
TOP FIVE MOST COMMON CANCER TYPES (PROPORTION OF CASES %, 2013-2017) INCLUDED:



#### CANCER MORTALITY

The age-standardised mortality rate for all cancers in 2017 for males was **187.4 per 100,000** population and for females was **74.5 per 100,000** population (NSW 182.5; and 118.1, respectively).

TOP FIVE MOST COMMON CANCER TYPES (PROPORTION OF DEATHS %, 2013-17) INCLUDED:

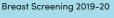


#### SCREENING PARTICIPATION



40-49yrs

(PARTICIPATION RATE)



9.5%

50-69yrs (PARTICIPATION RATE) 53.6%

70-74yrs (PARTICIPATION RATE)

12.5%

75+yrs (PARTICIPATION RATE)

Breast Screening for Culturally & Linguistically Diverse Women 2019-20

50.9%

CALD WOMEN aged 50-74yrs (ALL WOMEN 53.14%)

58.72%

Breast Screening for Aboriginal Women 2019-20

ABORIGINAL WOMEN aged 50-74yrs (ALL WOMEN 53.1%)

59.4%

Cervical Screening 2015-16

43.3%

20-69yrs

Bowel Screening 2016-17

36.3%

880 PEOPLE UNSCREENED

#### **ACCESS TO SERVICES**

In 2014 **88 people** experienced a barrier to health care access with **cost** being the main reason at a rate of **2.0 per 100 people** (NSW 2.5).





In 2014 **229 people** experienced difficulty or couldn't get to places with **transport** at a rate of **4.2 per 100 people** (NSW 4.3).

In 2016 **67.0**% of houses were able to access the **internet** (NSW 82.5%).





**3,545 patients** presented to Emergency departments in 2017-18, **1,396 were semi-urgent** presentations and **1,013 were non-urgent** presentations. Some of these could have potentially been managed in general practice.

There are 3 x

General Practices
in the area and for
every full-time GP

there are 835 patients.



There is
1 x Public
Hospital.



#### DATA SOURCES

- Australian Bureau of Statistics (2021). 2016 Census Quickstats
- Cancer Institute NSW (2021). <u>Cancer Statistics NSW</u> Centre for Epidemiology and Evidence (2021)
- NSW HealthStats NSW
- NSW Government Health (2021) <u>Local Health District Maps</u>
  Public Health Information Development Unit (PHIDU) (2021)
  <u>Social Health Atlas of Australia: Data by Local Government Area</u>

– HNECC PHN, Chilli Data, 2021



