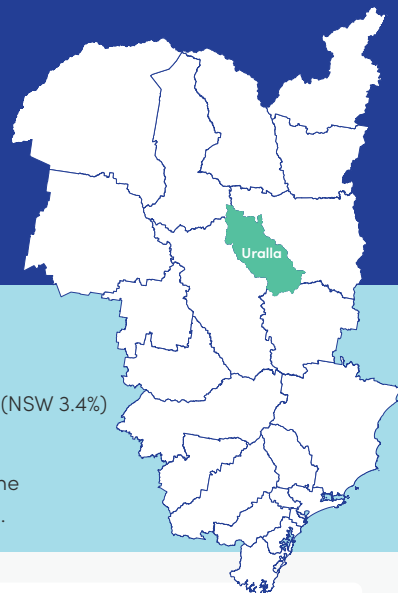# Uralla LGA

POPULATION HEALTH SNAPSHOT 2021

Uralla

OUR PEOPLE

84.9% of the population were born in Australia (NSW 65.5%)

504 people identify as Aboriginal and/or Torres Strait Islander. This is **8.2%** of the population (NSW 3.4%)

343 people have a profound or severe disability this is **6.2%** of the population (NSW 5.6%)

The top two nationalities from people born in non-English speaking countries were **0.3%** of the population born in Germany (NSW 0.4%) and **0.1%** of the population born in India (NSW 1.9%).

2020 ESTIMATED RESIDENT POPULATION

Uralla LGA Population **5,944**

Based on the 2016 population of 6,159, the population is predicted to increase to 6,558 by 2036, at an annual rate of **0.31%**

In 2019, **18.6%** of the population were aged between 0–14 years (NSW 18.5%) and **11.1%** aged between 15–24 years (NSW 12.8%)

In 2019, **22.0%** of the population were aged 65+ years (NSW 14.2%); and **1.9%** of the population were 85+ years (NSW 2.2%).

CHILDREN & YOUTH

For every 100 children aged 2–17 years in 2017–18, **16.0** were overweight (NSW 17.0) and **11.1** were obese (NSW 7.4)

In 2018, **21.9%** of children were developmentally vulnerable on one or more domains (NSW 19.9%).

MUMS & BUBS

In 2019, the total fertility rate was **2.17** per female (NSW 1.76)

15.6% of mothers smoked in pregnancy in 2017–19 (NSW 8.9%)

In 2016–18, **3.6%** of babies born were low birth-weight babies (NSW 6.3%)

A first trimester antenatal visit occurred in **85.5%** of pregnancies in 2017–2019 (NSW 76.8%).

OLDER PERSONS

There were **61.3%** of people aged 65+ years receiving aged pensioner in June 2020 (NSW 59.0%)

In June 2020, **9.2%** of the population aged 65+ years had a seniors health card (NSW 10.4%)

Life expectancy in 2018: Females **84.7** (NSW 85.7) Males **80.0** (NSW 81.5).

SOCIAL & ECONOMIC FACTORS IMPACTING HEALTH

In 2021, the unemployment rate was 3.8% (Australia 6.0%)

In 2020, the proportion of the population receiving an unemployment benefit was **10.3%** (NSW 9.0%)

In 2020, **10.9%** of young people 16–21 were receiving an unemployment benefit (NSW 8.1%)

In 2020, **10.2%** of people aged between 22–64 were receiving Jobseeker payment (NSW 9.1%)

In 2016, **0.1%** of people born overseas reported poor proficiency in English (NSW 3.8%)

In 2016, the SEIFA Index of Relative Socioeconomic Disadvantage score was **992**, Uralla LGA was more disadvantaged than Australia (1000).

IMMUNISATION

Who was fully immunised in 2020–21?

96.6% of 1-year old's (NSW 94.9%)

90.5% of 2-year old's (NSW 92.3%)

95.5% of 5-year old's (NSW 95.0%)

HPV VACCINATION

By mid-2017 HPV coverage for females aged 15 years was **94.8%** and for males was **85.4%** (NSW 83.0%; 78.2%, respectively).

MENTAL HEALTH

High or very high psychological distress was experienced by **11.2 of every 100 adults** in 2017–18 (NSW 12.4; Australia 12.9)

Mental and behavioural problems were experienced by **21.3 of every 100 people** in 2017–18 (NSW 18.8)

There were **10 hospitalisations for intentional self-harm** in 2017–19 at a rate of **151.1** per 100,000 people (NSW 93.0).

HEALTH RISKS

For every 100 adults in 2017–18:

16.4 smoked **tobacco** (NSW 14.4)

24.1 consumed **alcohol** at high risk (NSW 15.5)

34.0 were **overweight** (NSW 35.0)

38.6 were **obese** (NSW 30.9)

23.1 had **high blood pressure** (NSW 23.1)

50.5 ate adequate **fruit** (NSW 52.5)

69.9 undertook low or no **exercise** (NSW 65.3)

CHRONIC DISEASE RATES

For every 100 adults in 2017-18:
Diabetes mellitus **4.3 per 100** (NSW 5.2)
Circulatory system disease **4.8 per 100** (NSW 4.1)
Asthma **13.4 per 100** (NSW 10.6)
COPD **2.6 per 100** (NSW 2.2)
Arthritis **15.7 per 100** (NSW 15.5)
Osteoporosis **3.7 per 100** (NSW 4.2)

POTENTIALLY PREVENTABLE HOSPITALISATIONS(PPH)

In 2018/19, there were **229** potentially preventable hospitalisations at a rate of **3,341.0** per **100,000** population (NSW 2,626.9)

Chronic iron deficiency anaemia was the leading PPH condition at a rate of **1,451.0** per **100,000** population (NSW 122.4) followed by COPD (**270.9**) (NSW 260.6) and Dental conditions (**238.6**) (NSW 241.5).
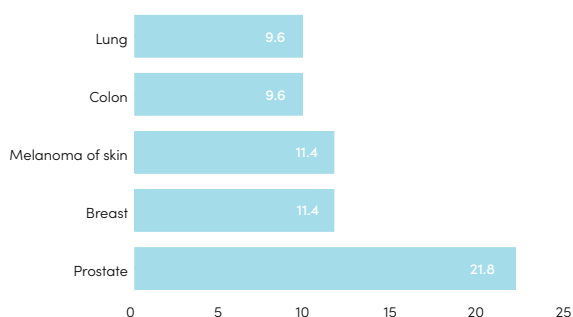
CANCER INCIDENCE

Cancer incidence in 2010-2014 for all cancers was **668.7 per 100,000** population (NSW 552.5)

The age-standardised incidence rate for all cancers in 2017 for males was **692.3 per 100,000 population** (NSW 549.7) and for females was **405.3 per 100,000 population** (NSW 424.0).
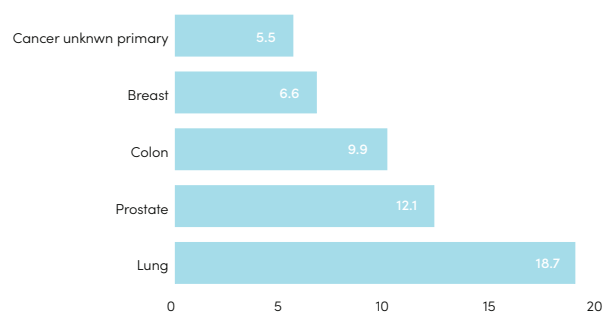
TOP FIVE MOST COMMON CANCER TYPES (PROPORTION OF CASES %, 2013-2017) INCLUDED:

Cancer Type	Value
Lung	9.6
Colon	9.6
Melanoma of skin	11.4
Breast	11.4
Prostate	21.8

CANCER MORTALITY

The age-standardised mortality rate for all cancers in 2017 for males was **297.2 per 100,000** population and for females was **148.9 per 100,000** population (NSW 182.5; and 118.1, respectively).

TOP FIVE MOST COMMON CANCER TYPES (PROPORTION OF DEATHS %, 2013-17) INCLUDED:

Cancer Type	Value
Cancer unknwn primary	5.5
Breast	6.6
Colon	9.9
Prostate	12.1
Lung	18.7

SCREENING PARTICIPATION

Breast Screening 2019-20

11.49% 40-49yrs (PARTICIPATION RATE)
50-69yrs (PARTICIPATION RATE) **67.66%**
70-74yrs (PARTICIPATION RATE) **71.66%**
9.12% 75+yrs (PARTICIPATION RATE)

Breast Screening for Aboriginal Women 2019-20

ABORIGINAL WOMEN aged 50-74yrs (ALL WOMEN 68.3%) **82.1%**

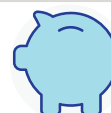### Cervical Screening 2015-16

60.5% ALL WOMEN (NSW 55.3%)

Bowel Screening 2016-17

42.7% 774 PEOPLE UNSCREENED (NSW 38.3%)

ACCESS TO SERVICES

In 2014 **77 people** experienced a barrier to health care access with **cost** being the main reason at a rate of **1.7 per 100 people** (NSW 2.5).

In 2014 **170 people** experienced difficulty or couldn't get to places with **transport** at a rate of **3.5 per 100 people** (NSW 4.3).

In 2016 **75.7%** of houses were able to access the **internet** (NSW 82.5%).

2,567 patients presented to Emergency departments in 2017-18, **1,435 were semi-urgen**t presentations and **255 were non-urgent** presentations. Some of these could have potentially been managed in general practice.

There are **2 x General Practices** in the area and for every full-time GP there are 2,312 patients.

PRIMARY HEALTH NETWORK

phn
HUNTER NEW ENGLAND AND CENTRAL COAST
An Australian Government Initiative