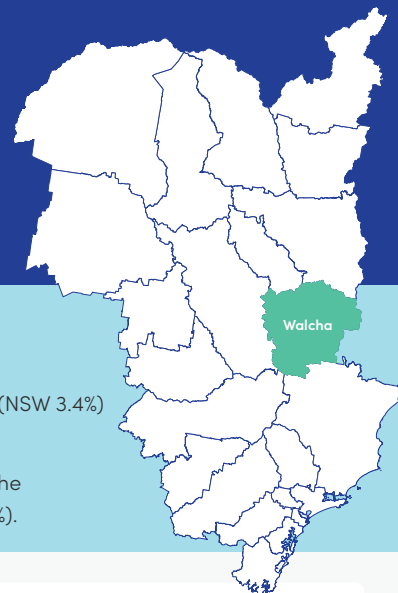


# Walcha LGA

## POPULATION HEALTH SNAPSHOT 2021



### OUR PEOPLE

**82.4%** of the population were born in Australia (NSW 65.5%)

**224** people identify as Aboriginal and/or Torres Strait Islander. This is **7.2%** of the population (NSW 3.4%)

**134** people have a profound or severe disability this is **4.8%** of the population (NSW 5.6%)

The top two nationalities from people born in non-English speaking countries were **0.3%** of the population born in Germany (NSW 0.4%) and **0.2%** of the population born in China (NSW 3.1%).

### 2020 ESTIMATED RESIDENT POPULATION

Walcha LGA Population **3,105**

Based on the 2016 population of 3,144, the population is predicted to decrease to 2,615 by 2036, at an annual rate of **-0.92%**.

In 2019, **17.5%** of the population were aged between 0-14 years (NSW 18.5%) and **8.6%** aged between 15-24 years (NSW 12.8%)

In 2019, **24.7%** of the population were aged 65+ years (NSW 14.2%); and **3.0%** of the population were 85+ years (NSW 2.2%).



### CHILDREN & YOUTH

For every 100 children aged 2-17 years in 2017-18, **17.5** were overweight (NSW 17.0) and **12.0** were obese (NSW 7.4)

In 2018, **30.6%** of children were developmentally vulnerable on one or more domains (NSW 19.9%).



### MUMS & BUBS

In 2019, the total fertility rate was **2.17** per female (NSW 1.76)

**17.8%** of mothers smoked in pregnancy in 2017-19 (NSW 8.9%)

A first trimester antenatal visit occurred in **80.7%** of pregnancies in 2017-2019 (NSW 76.8%).



### OLDER PERSONS

There were **45.7%** of people aged 65+ years receiving aged pensioner in June 2020 (NSW 59.0%)

In June 2020, **12.2%** of the population aged 65+ years had a seniors health card (NSW 10.4%)

Life expectancy in 2018: Females **84.5** (NSW 85.7) Males **80.1** (NSW 81.5).



### SOCIAL & ECONOMIC FACTORS IMPACTING HEALTH

In 2021, the unemployment rate was **3.3%** (Australia 6.0%)

In 2020, the proportion of the population receiving an unemployment benefit was **9.4%** (NSW 9.0%)

In 2020, **14.9%** of young people 16-21 were receiving an unemployment benefit (NSW 8.1%)

In 2020, **8.8%** of people aged between 22-64 were receiving Jobseeker payment (NSW 9.1%)

In 2016, the SEIFA Index of Relative Socioeconomic Disadvantage score was **981**, Walcha LGA was more disadvantaged than Australia (1000).



### IMMUNISATION

Who was fully immunised in 2020-21?

**88.5%** of 1-year old's (NSW 94.9%)

**97.7%** of 2-year old's (NSW 92.3%)

**92.9%** of 5-year old's (NSW 95.0%)

### HPV VACCINATION

By mid-2017 HPV coverage for females aged 15 years was close to **100%** and for males was **64.0%** (NSW 83.0%; 78.2%, respectively).

### MENTAL HEALTH

High or very high psychological distress was experienced by **9.8 of every 100 adults** in 2017-18 (NSW 12.4; Australia 12.9)

Mental and behavioural problems were experienced by **20.0 of every 100 people** in 2017-18 (NSW 18.8)

There were **5 hospitalisations for intentional self-harm** in 2017-19 at a rate of **148.5** per 100,000 people (NSW 93.0).



### HEALTH RISKS

For every 100 adults in 2017-18:

**18.6** smoked **tobacco** (NSW 14.4)

**26.8** consumed **alcohol** at high risk (NSW 15.5)

**33.0** were **overweight** (NSW 35.0)

**38.8** were **obese** (NSW 30.9)

**21.8** had **high blood pressure** (NSW 23.1)

**51.4** ate adequate **fruit** (NSW 52.5)

**65.8** undertook low or no **exercise** (NSW 65.3)



## CHRONIC DISEASE RATES

For every 100 adults in 2017-18:

Diabetes mellitus **4.0 per 100** (NSW 5.2)

Circulatory system disease **4.3 per 100** (NSW 4.1)

Asthma **14.6 per 100** (NSW 10.6)

COPD **1.5 per 100** (NSW 2.2)

Arthritis **14.3 per 100** (NSW 15.5)

Osteoporosis **2.8 per 100** (NSW 4.2)



## POTENTIALLY PREVENTABLE HOSPITALISATIONS (PPH)

In 2018/19, there were **104** potentially preventable hospitalisations at a rate of **2,534.1 per 100,000** population (NSW 2,626.9).

Urinary tract infections were the leading PPH condition at a rate of **361.2 per 100,000** population (NSW 246.7) followed by Cellulitis (**338.6**) (NSW 231.9) and COPD (**334.6**) (NSW 260.6)

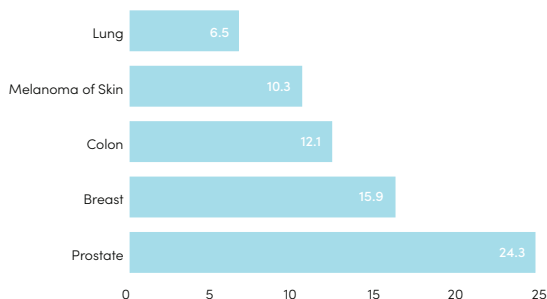


## CANCER INCIDENCE

Cancer incidence in 2010-2014 for all cancers was **541.7 per 100,000** population (NSW 552.5)

The age-standardised incidence rate for all cancers in 2017 for males was **586.2 per 100,000** population (NSW 549.7) and for females was **321.7 per 100,000** population (NSW 424.0)

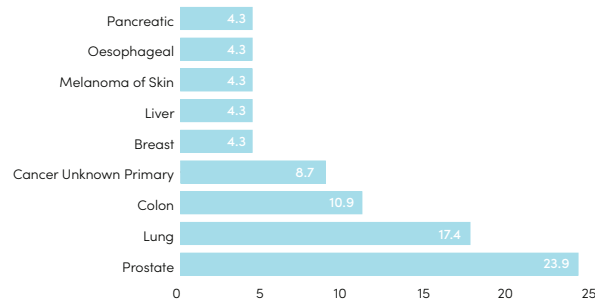
TOP FIVE MOST COMMON CANCER TYPES (PROPORTION OF CASES %, 2013-2017) INCLUDED:



## CANCER MORTALITY

The age-standardised mortality rate for all cancers in 2017 for males was **378.3 per 100,000** population and for females was **98.7 per 100,000** population (NSW 182.5; and 118.1, respectively)

TOP FIVE MOST COMMON CANCER TYPES (PROPORTION OF DEATHS %, 2013-17) INCLUDED:



## SCREENING PARTICIPATION

### Breast Screening 2019-20

**26.27%** 40-49yrs  
(PARTICIPATION RATE)

**76.05%** 50-69yrs  
(PARTICIPATION RATE)

**64.11%** 70-74yrs  
(PARTICIPATION RATE)

**15.22%** 75+yrs  
(PARTICIPATION RATE)

### Breast Screening for Aboriginal Women

**80.97%** ABORIGINAL WOMEN aged 50-74yrs  
(ALL WOMEN 73.67%)

### Cervical Screening 2015-16

**63.2%** 20-69yrs  
(NSW 55.3%)

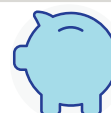
### Bowel Screening 2016-17

**41.7%** 393 PEOPLE UNSCREENED  
(NSW 38.3%)



## ACCESS TO SERVICES

In 2014 **42 people** experienced a barrier to health care access with **cost** being the main reason at a rate of **2.0 per 100 people** (NSW 2.5)



In 2014 **91 people** experienced difficulty or couldn't get to places with **transport** at a rate of **3.6 per 100 people** (NSW 4.3)

In 2016 **67.6%** of houses were able to access the **internet** (NSW 82.5%)



**1,901 patients** presented to Emergency departments in 2017-18, **961 were semi-urgent** presentations and **332 were non-urgent** presentations. Some of these could have potentially been managed in general practice.

There are **2 x General Practices** in the area and for every full-time GP there are 1,119 patients.



There is **1 x Public Hospital** in Walcha LGA.



## DATA SOURCES

- Australian Bureau of Statistics (2021). [2016 Census Quickstats](#)
- Australian Government (2021) [Labour Market Information Portal](#)
- Cancer Institute NSW (2021). [Cancer Statistics NSW](#)
- Centre for Epidemiology and Evidence (2021) [NSW HealthStats NSW](#)

- NSW Government Health (2021) [Immunisation Programs](#)
- NSW Government Health (2021) [Local Health District Maps](#)
- Public Health Information Development Unit (PHIDU) (2021) [Social Health Atlas of Australia: Data by Local Government Area](#)
- HNECC PHN, Chilli Data, 2021

**PRIMARY  
HEALTH  
NETWORK**

**phn**  
HUNTER NEW ENGLAND  
AND CENTRAL COAST  
An Australian Government Initiative