WHEN THINGS GO WRONG.....

Dr Ameeta Patel General Practitioner February 2022

LEARNING OBJECTIVES

By the end of this session participants will be able to

- 1. Discuss a systems approach to adverse events in medical practice
- 2. Apply a frame work for managing and analysing medical errors
- 3. Implement peer and self support strategies and resources

CONFLICTS OF INTEREST

- Nil financial disclosures
- Chair, Doctors Health Advisory Service NSW
- Chair, Central Coast Workforce Advisory Group, HNECCPHN

TO ERR IS HUMAN

- Preventable medical errors are common
- Estimated 1/10 hospitalised patients
- Account for significant harm to patients
- Safety in health care movement

"To Err Is Human" asserts that the problem is not bad people in health care--it is that good people are working in bad systems that need to be made safer. US Institutes of Health Report 1999

Figure 3: Number of potenially avoidable deaths per 100,000 people, by Primary Health Network area, 2015–17

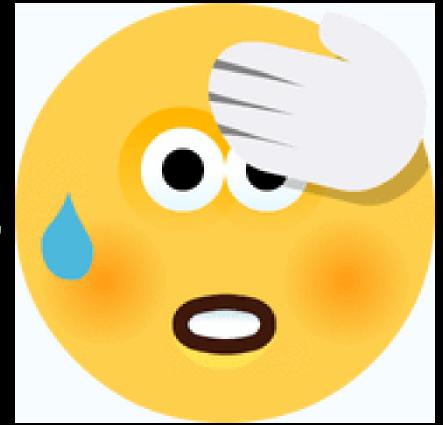
Metropolitan	Northern Sydney	59
	Eastern Melbourne	75
	Central and Eastern Sydney	80
	Australian Capital Territory	86
	South Eastern Melbourne	87
	Perth North	91
	All metropolitan PHN areas	94
	Gold Coast	95
	North Western Melbourne	95
	Western Sydney	97
	Brisbane North	99
	South Western Sydney	100
	Adelaide	102
	Brisbane South	105
	Perth South	107
	Nepean Blue Mountains	112
	Hunter New England and Central Coast	127
National	Australia	104
Regional	Western Victoria	115
	South Eastern NSW	117
	Central Queensland, Wide Bay and Sunshine Coast	118
	Country SA	119
	Gippsland	121
	Murray	121
	North Coast	121
	All regional PHN areas	129
	Darling Downs and West Moreton	131
	Murrumbidgee	131
	Tasmania	133
	Northern Queensland	136
	Country WA	143
	Western NSW	155
	Western Queensland	192
	Northern Territory	213

Rate per 100,000 persons

AIHW Australia's health 2020

100% Human experience

"there for the grace of God go I"



DEFINITIONS AND EXAMPLES?

Adverse event

- Sentinel event
- Critical incident

• Near miss

WHAT TYPES OF ERRORS?

- ACTS OF OMISSISON
- ACTS OF COMMISSION
- WHAT TYPES DO YOU KNOW?

TYPES OF ERRORS?

- Diagnostic errors half of GP malpractice claims
- Surgical errors
- Medication errors

CONSEQUENCES

- Harm and suffering
- Disability and Death
- Financial cost
- Loss of trust
- Psychological harm

Standard 8 Recognising and Responding to Acute Deterioration





NSQHS

STANDARDS

Standard 1 Clinical Governance





Standard 6 Communicating for Safety







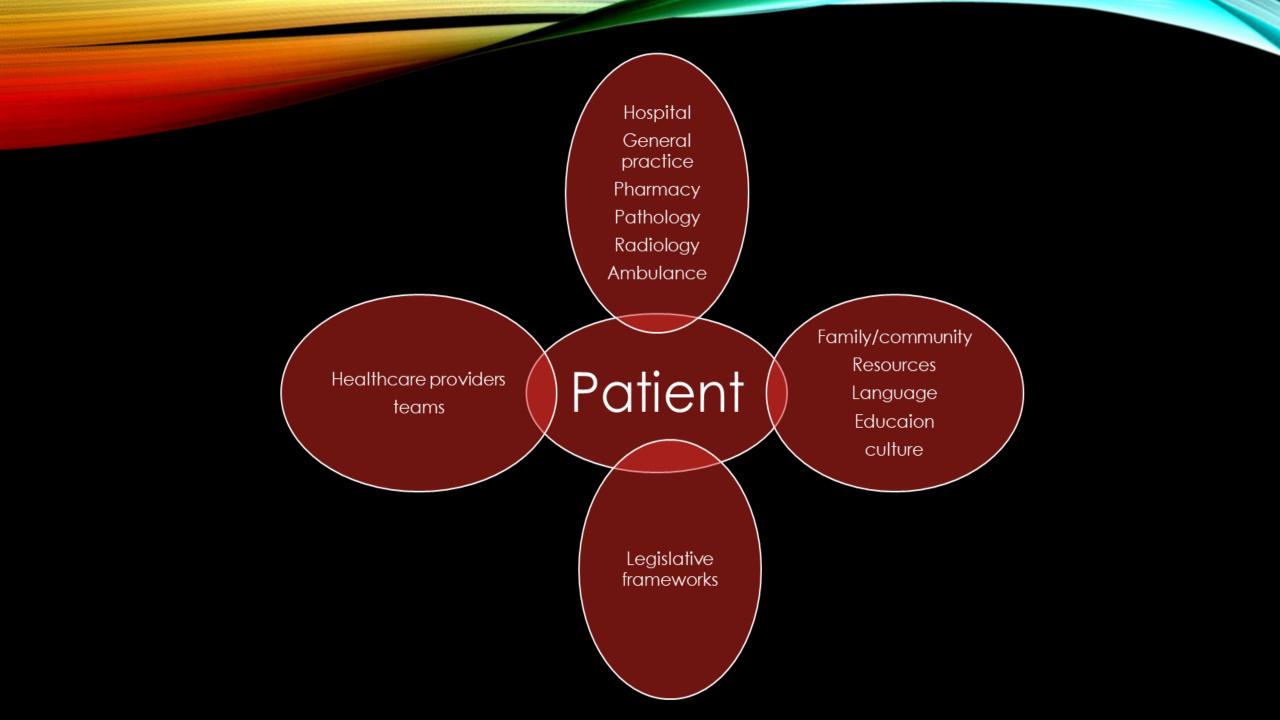
Standard 4 Medication Safety

Standard 2 Partnering with Consumers



Standard 3 Preventing and Controlling Healthcare-associated Infection

Source: Adapted from the Australian Commission on Safety and Quality in Health Care 2019.



WHEN IS THERE HIGHER RISK ?

Patient factors

- frailty, multimorbidity (Duke et al, MJA Feb 2022)
- Language, culture, education, family
- Dirty/smelly /unkempt

Physician factors

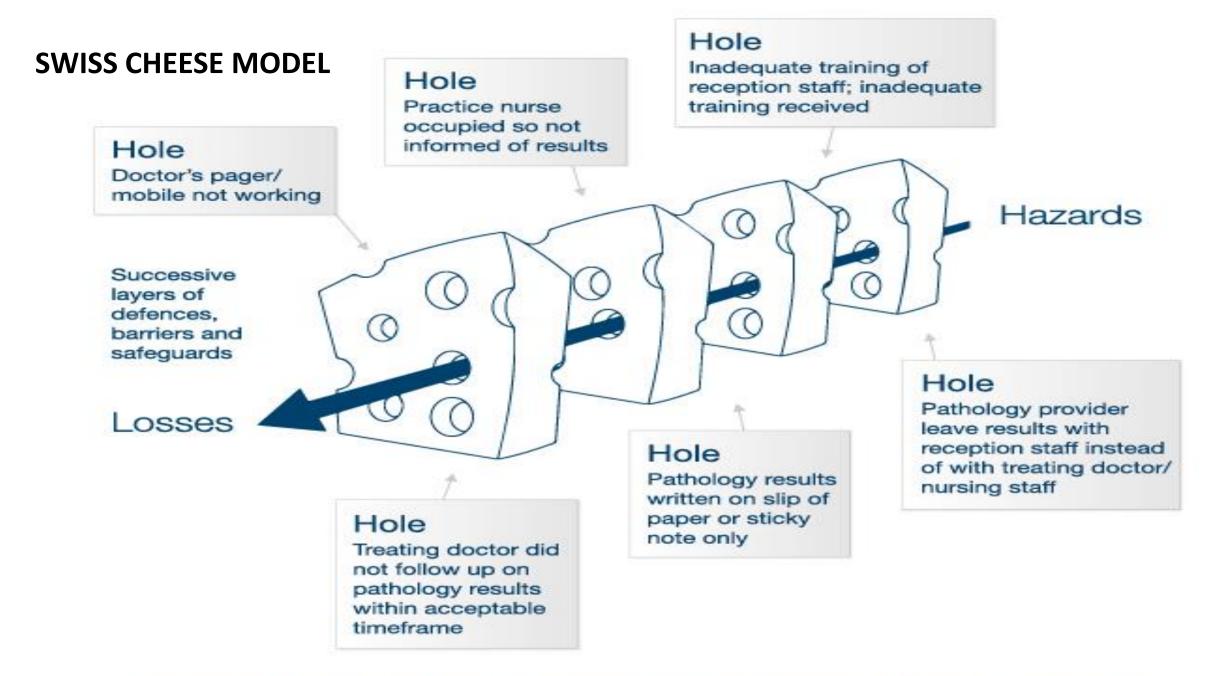
- knowledge deficit (low); cognitive errors
- Fatigue, stress, personal stressors, burnout
- Distractions (noise, devices)

SYSTEMS

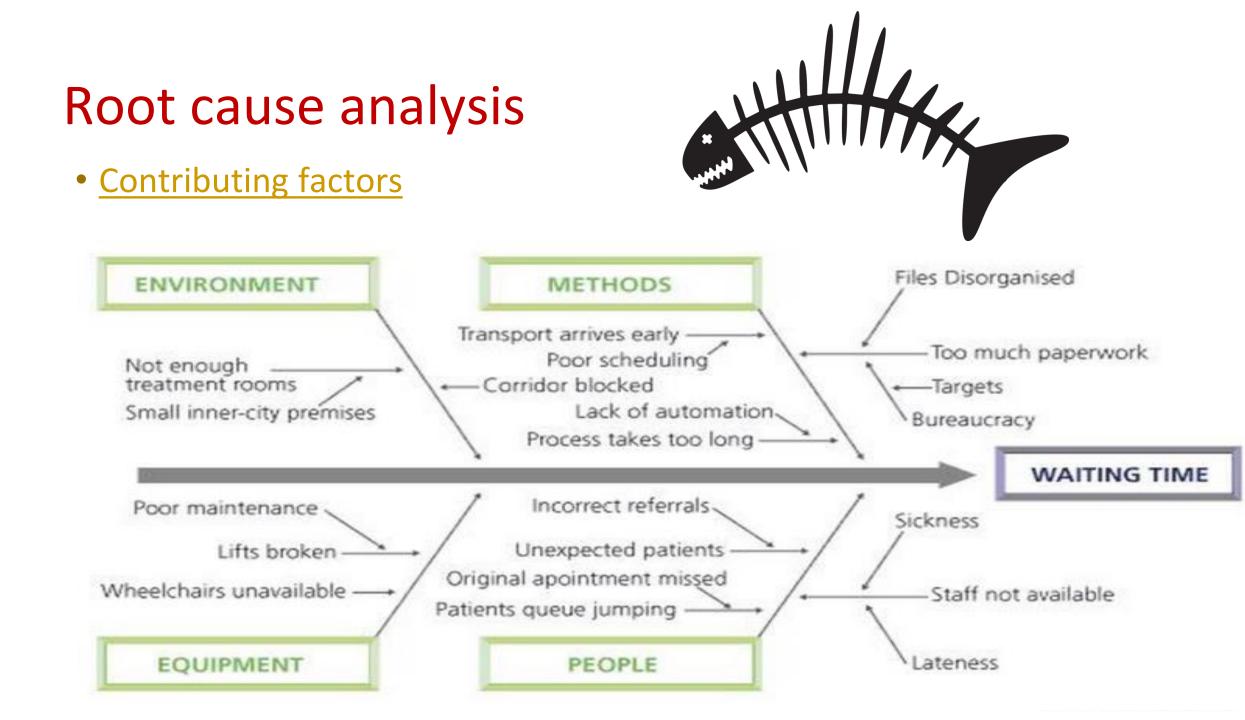
• Understaffed, blame culture, clinical governance, IT, supervision, HANDOVER

WHAT DO YOU DO NEXT?

- Identify the incident
- Acknowledge to the patient, offer empathetic regret (Open disclosure)
- Provide a factual honest explanation and commit to finding out what happened
- Review adverse event/analyse
- Involve the team, take QI approach, offer support
- Implement safety plan to prevent recurrence
- Follow up with patient
- REGAINING TRUST patient, in the team, in oneself



Some holes due to active failure. Other holes due to latent conditions (resident "pathogens").





Confess or Hide it?

Apologise or never say sorry?

OPEN DISCLOSURE

Quality Improvement

The value of patient forgiveness and understanding



HOW DOES IT FEEL?

- Shame ; Guilt
- Anxiety and Fear AHPRA, registration, reputation
- Failure and Self worth
- Identity crisis
- Anxiety, depression, substance use, suicide
- Alters practice
- Impact on your performance
- Impact on patient care

Primum non nocere



NEAR MISSES

- Didn't reach the patient, or if it did, didn't cause harm
- Detected or prevented analyse WHAT factors provided the safety net?
- Easier to talk about openly after all it was a "SAVE"

Near Misses

Incident Ratio Model – Heinrich's Triangle







BREAKOUT SMALL GROUP

- Think of a near miss or critical incident
- Share briefly with your colleagues
- Apply the "swiss cheese" / fishbone models
- How did you feel?
- What was the outcome?

PROCESSING - REFLECTION

1. TALK TO YOUR MDO

- 2. Talking "get it off your chest"
- 3. Peer support
- 4. Writing exercises
- 5. Medico Legal advice
- 6. Counselling Drs4Drs
- 7. Implement quality improvement
- 8. Time



RESOURCES

- World Health Organization. Towards eliminating avoidable harm in health care. Global patient safety action plan 2021–2030. 3 Aug 2021. <u>https://www.who.int/teams/integrated-health-services/patient-safety/policy/global-patient-safety-action-plan</u>
- Duke GJ, Moran JL, Bersten AD, et al. Hospital-acquired complications: the relative importance of hospital- and patient-related factors. Med J Aust2022; 216: 000–000
- Scott, I.A. and Crock, C. (2020), Diagnostic error: incidence, impacts, causes and preventive strategies. Med. J. Aust., 213: 302-305.e2. <u>https://doi.org/10.5694/mja2.50771</u>
- <u>Australian Open Disclosure Framework</u>
- Annette Braunack-Mayer Yishai Mintzker . General practice ethics: Disclosing errors .Volume 44, Issue 12, December 2015