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HUNTER NEW ENGLAND
AND CENTRAL COAST
An Australian Government Initiative

ABORIGINAL & TORRES STRAIT ISLANDER
**SOCIAL & WELLBEING COMMUNITY
SERVICES DIRECTORY 2020**
CENTRAL COAST

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ACCOMMODATION

RENTING				
NAME	DESCRIPTION	PHONE	WEBSITE	ADDRESS
Central Coast Tenants' Advice and Advocacy Service	Provides advice and advocacy for all tenants and residents on the Central Coast, comprising the Gosford and Wyong Local Government Areas. The Service also assists tenants in the Lake Macquarie Local Government Area where the postcode is the same as that for Wyong, and where the matter will be heard in the Gosford NCAT venue. Operates Monday to Thursday 11am - 3pm	02 4353 5515	http://www.cctaas.com.au/services/	3 Alison Road Wyong 2259
Aboriginal Housing Information Service	Provides housing information, advice and referral for Aboriginal and Torres Strait Islander people. The service can assist in the following areas. Aboriginal community housing. Commonwealth Rent Assistance (CRA). Emergency housing support. Home purchase and real-estate agents. Local Aboriginal Land Council. Tenancy issues including starting a tenancy; tenancy rights & responsibilities; notice of termination; repairs & maintenance; rental arrears and bond assistance.	1800 727 555	http://www.aho.nsw.gov.au/	Level 6, 33 Argyle Street Parramatta, NSW 2150
FACS Housing - Gosford Office	Housing NSW is an agency of the Department of Communities and Justice that is responsible for the provision and management of public housing services with the aim to prevent homelessness.	02 4323 5211		106-108 Erina Street, Gosford NSW 2250
FACS Housing - Wyong Office	As Above	02 4352 4400		Suites 4 & 5, Wyong Plaza Village, 36 Alison Road Wyong, NSW 2259
Pacific Links Housing	A government approved, not-for-profit, social and community housing provider who work in partnership with government at all levels to provide and manage housing for those in need who successfully apply for assisted housing through the NSW Government's Housing Pathways Program. In addition to housing, we assist tenants through the provision of additional services and programs tailored to their individual needs. These are provided through Pacific Link and more than 20 service partners in our region.	02 4324 7617		Unit 1, Level 1, 153 Mann Street, Gosford NSW 2250
Bungree Aboriginal association	Bungree provides secure and affordable housing to the aboriginal community on the central coast. Bungree Also provide also support youth and families who reside on the Central Coast or are in transit and are homeless or at risk of being homeless in accessing services such as crisis accommodation, health or advocacy services.	02 4350 0100	https://bungree.org.au/housing-services/	7B Pioneer Avenue Tuggerah NSW 2259
Compass Housing Services	Secure and affordable housing for low to moderate income households and the delivery of innovative housing products for disadvantaged people	1300 333 733	http://www.compasshousing.org/housing-applications	Block H/2, Reliance Drive, Tuggerah Business Park Tuggerah, NSW 2259

HOME BUYERS

NAME	DESCRIPTION	PHONE	WEBSITE	ADDRESS
Indigenous Business Australia	IBA can help make home ownership a reality for Indigenous customers who want to buy their first home but cannot qualify for loans from a bank, credit union or other specialised lender. The Scheme provides information & advice, financial assessments and limited financial assistance to help cover the costs associated with property valuations and legal fees	1800 107 107	http://www.iba.gov.au/homes/	
Aboriginal Housing Information Service	Provides housing information, advice and referral for Aboriginal and Torres Strait Islander people. The service can assist in the following areas. Aboriginal community housing. Commonwealth Rent Assistance (CRA). Emergency housing support. Home purchase and real-estate agents. Local Aboriginal Land Council. Tenancy issues including starting a tenancy; tenancy rights & responsibilities; notice of termination; repairs & maintenance; rental arrears and bond assistance.	1800 727 555	http://www.aho.nsw.gov.au/	Level 6, 33 Argyle Street Parramatta, NSW 2150

HOMELESSNESS ASSISTANCE & EMERGENCY

NAME	DESCRIPTION	PHONE	WEBSITE	ADDRESS
Homeless Persons' Information Centre (18+ yrs)	Information Hotline for homeless persons 18yrs+	1800 234 566		
Youth Accommodation Line (13-25 yrs)	Youth Accommodation Hotline for 13 - 25yrs of age.	1800 424 830		
Central Coast youth homelessness accommodation service	This service is provided by Coast Shelter	4325 3540		
Coast Shelter Community Centre - Emergency Accommodation and Assistance	Provides emergency accommodation for men, women, children and young people who are homeless or at risk of homelessness, Shower and laundry facilities are available. Emergency relief in the form of food hampers, electricity vouchers, assistance with pharmaceutical expenses and toiletries is provided.	02 4325 3540	http://www.coastshelter.org.au/	Coast Community Centre, 346 Main Street North Gosford, NSW 2250
Department of Housing - General Enquiries		1800 629 212		
FACS Housing - Gosford Office	Provides short term temporary accommodation and assistance with paying the bond and assistance with rental properties	02 4323 5211		106-108 Erina Street, Gosford NSW 2250
FACS Housing - Wyong Office		02 4352 4400		Suites 4 & 5, Wyong Plaza Village, 36 Alison Road Wyong, NSW 2259
New Horizons Enterprises	short-term housing, or you need specialist disability, mental health or aged care accommodation, we can assist with your housing needs.	02 4322 8977		64 William St, Gosford NSW 2250
Samaritans Youth Services	young person aged 12-24 and at risk of homelessness	02 4334 4755		
Pacific Links Housing	A government approved, not-for-profit, social and community housing provider who work in partnership with government at all levels to provide and manage housing for those in need who successfully apply for assisted housing through the NSW Government's Housing Pathways Program. In addition to housing, we assist tenants through the provision of additional services and programs tailored to their individual needs. These are provided through Pacific Link and more than 20 service partners in our region.	02 4324 7617		Unit 1, Level 1, 153 Mann Street, Gosford NSW 2250

Woy Woy Women & Children's Service	Provides safe supported accommodation for women and their dependent children who are escaping domestic violence or other intolerable living conditions.	02 4340 1052		
Link2home Hotline	Link2home is the state wide homelessness information and referral telephone service. It is available 24 hours a day, 7 days a week, every day of the year.	1800 152 152	http://www.facs.nsw.gov.au/housing	
Bungree Child, Youth & Family Services	The program assists people who are homeless, including women and children affected by domestic violence. The service includes case management, support, outreach, advocacy and practical assistance as well as linkages to other services such as health and housing	02 4350 0100	https://bungree.org.au/	
Aboriginal Housing Information Service	Provides housing information, advice and referral for Aboriginal and Torres Strait Islander people. The service can assist in the following areas. Aboriginal community housing. Commonwealth Rent Assistance (CRA). Emergency housing support. Home purchase and real-estate agents. Local Aboriginal Land Council. Tenancy issues including starting a tenancy; tenancy rights & responsibilities; notice of termination; repairs & maintenance; rental arrears and bond assistance.	1800 727 555	http://www.aho.nsw.gov.au/	Level 6, 33 Argyle Street Parramatta, NSW 2150
Carrie's Place Outreach Support	An outreach worker is available to assist with crisis or transitional accommodation and support services for people who are at risk of homelessness and/or who are experiencing domestic violence.	02 4934 2585	http://www.samaritans.org.au/	198 - 202 Vincent Street Cessnock, NSW 2325
Doorways Central Coast Homelessness Coordination Service	Provides information, support, advocacy, and referral to housing service providers for families and adults over 25 years old who are homeless or at risk of homelessness.	02 4355 8900	https://www.uniting.org/services/family-services/facility/uniting-burnside-doorways-central-coast	38 Pacific Highway Wyong, NSW 2259
Wesley Mission Central Accommodation Support for Families - Drop-in Service Mingaletta	Drop-in service offering accommodation and support for families	02 4342 7515		Mingaletta Aboriginal & Torres Strait Islander Corp., 6 Sydney Ave, Umina Beach NSW 2257
Mary Mac's Place	We provide outreach services like Legal Aid, Homeless Connector, emergency relief and counselling.	02 4341 0584		100 Blackwall Road Woy Woy, NSW 2256
Uniting Burnside Reconnecting Adolescents and Parents (RAPT) Gosford	The Reconnect Program is a community based early intervention and prevention program for young people aged 12 to 18 years (or 12 to 21 years in the case of newly arrived youth) who are homeless or at risk of homelessness, and their families. The aim of Reconnect is to prevent homelessness by intervening early with families and young people to stabilise and improve their housing situation and improve their level of engagement with family, education, training, employment and their local community	02 4325 9600 or 1800 067 967	https://www.uniting.org/services/youth-services/facility/uniting-burnside-reconnecting-adolescents-and-parents-rapt-gosford	2nd floor, 15 Watt Street, GOSFORD, NSW, 2250
Uniting Burnside Doorways for Youth Central Coast	A support service for young people aged between 16 to 25 who are homeless or at risk of homelessness. We assist young people in their transition to independence by providing support with financial and income matters, legal matters, family services, health/mental health, domestic violence, living skills, links to accommodation services, employment, education and training	1800 864 846 or 02 4350 9000	https://www.uniting.org/services/youth-services/facility/uniting-burnside-doorways-for-youth-central-coast	38 Pacific Highway, WYONG NSW, 2259

MEN'S REFUGES AND SERVICES

NAME	DESCRIPTION	PHONE	WEBSITE	ADDRESS
Coimba Men's Refuge	Coimba provides accommodation and assistance to disadvantaged men facing homelessness on the Central Coast. Accommodation consists of six beds in the Holden Street Refuge, seven units in Gosford and a further eight units at East Gosford with provision for a caretaker at each venue.	02 4324 7239	http://www.coastshelter.org.au/coimba.html	49 Holden street Gosford, NSW 2250
Doorways Central Coast Homelessness Coordination Service	Provides information, support, advocacy and referral to housing service providers for families and adults over 25 years old who are homeless or at risk of homelessness.	02 4355 8900	https://www.uniting.org/services/family-services/facility/uniting-burnside-doorways-central-coast	38 Pacific Highway Wyong, NSW 2259

WOMEN & CHILDREN'S REFUGES

NAME	DESCRIPTION	PHONE	WEBSITE	ADDRESS
Kara Women and Children Refuge	Kara is our Family Program which provides crisis accommodation and support to single women and women with children. Kara consists of three self-contained units, four family rooms and several outreach houses which provide residents with semi-independent housing and support.	02 4323 1709	http://www.coastshelter.org.au/kara.html	
Neleh House	Neleh House in Woy Woy provides crisis accommodation and support to single women and women with children. Neleh House provides safe and secure accommodation to women and women with children who are victims of domestic violence or homelessness.	02 4340 1052	http://www.coastshelter.org.au/neleh.html	
Elandra Women and Children's Refuge	Elandra Refuge in Toukley provides crisis accommodation and support to single women and women with children. Safe and secure accommodation is provided to women and children who may be victims of domestic violence.	02 4396 4263	http://www.coastshelter.org.au/elandra.html	
Coast Shelter, Rondeley Domestic Violence Response Program	Provides crisis accommodation and case management for single women and women with dependent children escaping domestic violence. The service assists clients to achieve financial independence, seek employment and find suitable permanent rental housing with either the Department of Housing or within the private rental sector. After-hours access is available.	02 4325 3540	https://coastshelter.org.au/	
Warlga Ngurra - Women & Children Refuge	Provides twenty-four-hour emergency and crisis accommodation for women and children escaping domestic violence and/or homelessness. The service is particularly for Aboriginal women and children.	02 4950 1566		
Jodie's Place Women & Children's Refuge	Provides crisis accommodation for women and children experiencing or escaping domestic violence.	02 4990 9609	https://www.hunterdomesticviolenceservice.com/	
Doorways Central Coast Homelessness Coordination Service	Provides information, support, advocacy and referral to housing service providers for families and adults over 25 years old who are homeless or at risk of homelessness.	02 4355 8900	https://www.uniting.org/services/family-services/facility/uniting-burnside-doorways-central-coast	38 Pacific Highway Wyong, NSW 2259

YOUTH REFUGES AND SERVICES

NAME	DESCRIPTION	PHONE	WEBSITE	ADDRESS
Rumbalara Youth Refuge	Rumbalara is a youth refuge in Gosford which provides temporary accommodation and support for six homeless young women or men aged between 15 and 18. Rumbalara provides a relaxed and caring environment which places emphasis on developing the personal and living skills needed to sustain independent living	02 4325 3540	http://www.coastshelter.org.au/rumbalara.html	Rear, Henry Wheeler Place Gosford, NSW 2250
Youth Angle	Youth Angle is a refuge at Umina which provides temporary accommodation and support to six homeless young women or men aged between 15 and 20. Youth Angle provides a relaxed and caring environment which places emphasis on developing the personal and living skills needed to sustain independent living.	02 4341 8830	http://www.coastshelter.org.au/youthangle.html	
Wyong Youth Refuge	Wyong Youth Refuge is a crisis youth refuge which provides temporary accommodation and support to five homeless young women and men aged between 14 and 20. Wyong Youth Refuge provides a relaxed and caring environment which places emphasis on developing the personal and living skills needed to sustain independent living.	02 4351 1922	http://coastshelter.org.au/wyongyouth.html	Wyong, NSW 2259
Woy Woy Youth Cottage	Woy Woy Youth Cottage is a crisis youth refuge which provides temporary accommodation and support to five homeless young women and men aged between 14 and 20. Woy Woy Youth Cottage provides a relaxed and caring environment which places emphasis on developing the personal and living skills needed to sustain independent living. Residents work together in sharing household responsibilities, organising meals, grocery shopping and planning activities such as a roster of chores and weekend outings.	02 4341 9027	http://coastshelter.org.au/youthcottage.html	
Maya Young Women's Refuge	Maya is a specialised medium-term youth refuge in Narara providing accommodation and support to six young women who are homeless or at risk of becoming homeless.	02 4323 1636	http://www.coastshelter.org.au/maya.html	
Allambi House - Youth Refuge	A youth refuge providing crisis accommodation for children and young people from 12 to 18 years old.	02 4944 8871	https://www.allambicare.org.au/	28 Fraser Parade Charlestown, NSW 2290
Lake Macquarie Youth Homelessness Support Service	Client-centred homelessness support includes prevention & early intervention; rapid re-housing; crisis & transitional accommodation; and intensive responses for young people with complex needs & for those leaving care or other institutions. The service has a strong focus on responses for Aboriginal young people and is able to assist young people from culturally & linguistically diverse (CALD) backgrounds.	02 4944 8871	https://www.allambicare.org.au/	28 Fraser Parade Charlestown, NSW 2290
Doorways Central Coast Youth Homelessness Coordination Service	Provides accommodation, case management, information, support, advocacy and referral for young people 16 to 25 years old who are homeless or at risk of homelessness	02 4355 8900	https://www.uniting.org/services/youth-services/facility/uniting-burnside-doorways-for-youth-central-coast	38 Pacific Highway Wyong, NSW 2259

MEDICAL ACCOMODATION OR ASSISTANCE

NAME	DESCRIPTION	PHONE	WEBSITE	ADDRESS
Central Coast Kids in Need	We are a small volunteer group who raise money to provide financial assistance to families of seriously ill Central Coast children who are require to go to Sydney / Newcastle hospitals for treatment. We pay their accommodation and travel expenses, high cost prescriptions and formula.	02 4332 4848	http://cckin.com.au/	PO Box 3268, Bateau Bay NSW 2261
Away from Home Haemodialysis program	If you're a haemodialysis patient travelling away from home (for study, work or holidays), you may be able to access treatment through the Away From Home Haemodialysis (AFHH) program. The AFHH is not a rebate scheme. You need to meet the eligibility requirements and apply for assistance before you travel. please check website for eligibility requirements.		https://www.service.nsw.gov.au/transaction/register-away-home-haemodialysis-program	Service NSW Website

REBATES

NAME	DESCRIPTION	PHONE	WEBSITE	ADDRESS
Family Energy Rebate	The Family Energy Rebate helps NSW family households with dependent children cover the costs of their energy bills. Please check website for eligibility requirements.		https://www.service.nsw.gov.au/transaction/apply-family-energy-rebate-retail-customers#whos-eligible	Service NSW website
Low Income Household Rebate	The Low Income Household Rebate helps eligible low income NSW households cover the costs of their energy bills. It is paid once each financial year. Please check website for eligibility requirements.		https://www.service.nsw.gov.au/transaction/apply-low-income-household-rebate-retail-customers	Service NSW website
Medical Energy Rebate	The Medical Energy Rebate helps eligible NSW households cover the costs of their energy bills. The rebate is for NSW customers who have an inability to self-regulate body temperature when exposed to extreme hot or cold environmental temperatures. To be eligible for the rebate, you'll need to have a diagnosis that you're unable to self-regulate your body temperature. Please check website for eligibility requirements.		https://www.service.nsw.gov.au/transaction/apply-medical-energy-rebate-retail-customers	Service NSW website
Life Support Energy Rebate	The rebate is for NSW customers who need or have someone living with them who needs to use approved energy-intensive medical equipment at home. The equipment must be essential for supporting life, such as home dialysis, ventilators and oxygen concentrators. Please check website for eligibility requirements.		https://www.service.nsw.gov.au/transaction/apply-life-support-energy-rebate-retail-customers	Service NSW website
Pensioner water rebate	If you receive a pension, you may qualify for a rebate on your water bill. Please check website for eligibility requirements.		https://www.service.nsw.gov.au/transaction/pensioner-water-rebate	Service NSW website

Gas Rebate (on supply and bottled gas customers)	The NSW Gas Rebate helps eligible NSW households cover the costs of their natural gas or LPG (bottled gas), if it is used for basic household needs such as cooking, heating or hot water. If you buy/refill LPG bottled gas, or you're an on supply customer, you can apply for the rebate online. Please check website for eligibility requirements.		https://www.service.nsw.gov.au/transaction/apply-gas-rebate-supply-and-bottled-gas-customers	Service NSW website
Appliance replacement offer	If you're looking to upgrade your old fridge or television, you may be able to get a discount through the appliance replacement offer. Please check website for eligibility requirements.		https://www.service.nsw.gov.au/transaction/apply-appliance-replacement-offer	Service NSW website
An Apprentice vehicle registration rebate	If you're a first or second year apprentice registered with the NSW Department of Education and Training, you can apply for a registration rebate to help you with the costs of registering your vehicle. Please check website for eligibility requirements.		https://www.service.nsw.gov.au/transaction/apply-apprentice-vehicle-registration-rebate	Service NSW Website
M5 Cashback Scheme	The NSW Government M5 Cashback Scheme allows NSW residents to claim back the value of tolls (excluding GST) paid while using a vehicle registered in NSW for private, pensioner or charitable use on the M5 South Western Motorway. Please Check website for eligibility requirements.		https://www.rms.nsw.gov.au/roads/using-roads/motorways-tolling/paying-tolls/m5-cash-scheme.html	Service NSW Website

ADDICTION

DRUGS & ALCOHOL				
NAME	DESCRIPTION	PHONE	WEBSITE	ADDRESS
Evolution Youth Services	Evolution Youth Service supports an Alcohol and Other Drugs Program which provides free counselling and education for young people who may be concerned about their own (or their friend's) use of alcohol and other drugs.	02 4342 7640	https://www.coastcommunityconnections.com.au/youth-services/evolution-youth-services	
Alcohol & Drug Information Service (ADIS) NSW & ACT	A twenty-four-hour telephone counselling service offering information, advice, support and referral for drug addiction and related health problems	1800 422 599	https://www.svhs.org.au/our-services/list-of-services	
The Glen Drug & Alcohol Rehabilitation Centre for Men	A harm-reduction program based on Aboriginal cultural beliefs that provides accommodation and rehabilitation for young and adult Aboriginal males suffering alcohol or other drug problems	02 4388 6360	http://www.theglencentre.org.au/	50 Church Road Chittaway Point NSW 2261
Central Coast Health Alcohol & Other Drugs Service	Provides specialist medical assessment and treatment services for people with drug and alcohol addiction. Services include drug & alcohol detoxification/rehabilitation services and relapse prevention programs. Individual and/or group counselling for drug and alcohol abuse is available An Aboriginal support worker is available.	1800 422 599	http://www.cclhd.health.nsw.gov.au/ourservices/Pages/Drug-and-Alcohol-services.aspx	
Kamira Women's Residential Drug & Alcohol Treatment & Rehabilitation 18+	A five to seven-month residential program is provided in an abstinence-based rehabilitation program for women with significant drug and/or alcohol problems. The rehabilitation program includes individual counselling and case management; group therapy; education on strategies for relapse prevention; an outdoor education program and parenting effectiveness training.	02 4392 1341	http://www.kamira.com.au/	
Detour House Women's Residential Drug & Alcohol Treatment & Rehabilitation 18+	Provides supported accommodation in a three-month residential rehabilitation treatment program for women 18 years & over including those who are homeless with drug and alcohol problems	02 9660 4137	https://www.detourhouse.org.au/	
Salvation Army, Dooralong Transformation Centre	Provides treatment and long-term accommodation for men and women 18 years old or over with alcohol, drug and/or gambling problems. Provides a range of services and support for addicts, families and significant others	02 4355 8000	https://www.salvationarmy.org.au/	1467 Dooralong Road Dooralong, NSW 2259
Wyong Hospital - Detox Centre	Provides inpatient detoxification and rehabilitation accommodation programs for young and adult men and women over 17 years old whose misuse of alcohol & other drugs poses a serious threat to their own or others' health or safety. Services include education, counselling, group therapy, journals, a twelve-steps program, video discussion and relapse prevention. Follow-up outpatient support and counselling for individuals and family members are available seven days a week.	02 4394 8000		664 Pacific Highway Hamlyn Terrace, NSW 2259

Yerin - Yadhava Wellbeing Team	A wellbeing program that helps patients address Drug and Alcohol issues by supporting clients to navigate the mainstream health system, connecting clients to culture	02 4351 1040	https://yerin.org.au/services/yadhava/	
NSW ADIS Alcohol & Drug Information Service	Helpline. Whether you are having issues with alcohol or other drugs, concerned about someone else's use, or just have general questions, you can call ADIS any time of the day or week for support, information, counselling and referral to services in NSW.	1800 250 015	https://www.health.nsw.gov.au	
Narcotic Anonymous	Support Group held at Kincumber Neighbourhood Centre on Sunday 8am - 9:30am.	0414 667 554		1/20 Kincumber Street Kincumber, NSW
Narcotic Anonymous Meetings - Various locations	Support Group for people affected with Narcotic Addictions. Please see website link for various locations days and times.	1300 652 820	https://www.na.org.au/multi/meetings/	
Alcoholics Anonymous	Support Group for people affected with Alcohol Addictions	02 4323 3890		William Court, Suite 6/12 William Street, Gosford
Alcoholics Anonymous Meetings Central Coast	Support Group for people affected with Alcohol Addictions. Please see website link for various locations days and times.	1300 222 222	https://aameetings.org.au/download/CentralCoast/meetings.pdf	
Central Coast Cannabis Clinic	A self-referral program that gives support and information to people who have stooped or are thinking about changing their Cannabis use.	02 4394 7999		Central Coast Local Health District

PROBLEM GAMBLING

NAME	DESCRIPTION	PHONE	WEBSITE	ADDRESS
Gambling Solutions	Gambling Solutions Central Coast provides free and confidential counselling, financial counselling and education to people with a gambling problem, their partners, family members or others affected by problem gambling. Our team of experienced and qualified professionals specialise in the complexities of gambling addiction and seek to provide support and assistance to anyone affected by gambling.	02 4344 7992	https://www.coastcommunityconnections.com.au/gambling-solutions	
Gambling Help	Free and confidential service.	1800 858 858	https://gamblinghelp.nsw.gov.au/	
Wesley Counselling Services	Psychological counselling services are available for individuals, couples and families experiencing gambling related difficulties including financial difficulties and relationship, legal and emotional problems. Information and education about issues relating to problem gambling and gaming facilities are also provided. After-hours appointments may be available	02 4351 0116	http://www.wesleymission.org.au/	Unit 3, 5 Colony Close Tuggerah, NSW 2259
ABORIGINAL GAMBLING COUNSELLING SERVICE Mission Australia	Provides free, confidential, non-judgmental counselling support for Aboriginal and Torres Strait Islander people and their families who are concerned about their own, or others gambling. Focuses on community development and education in Aboriginal communities	02 4033 4941 0427 226 254		
WARRUWI GAMBLING HELP PROGRAM NSW Aboriginal Safe Gambling Service	Aboriginal gambling information workshops (not just for gamblers), awareness, engagement, resources, helpline and cultural support, training & direction for Gambling Counselling Services.	1800 752 948	https://aboriginalsafe gambling.com.au/about-us/	
Gamblers Anonymous	Supported group for people with gambling addictions. Mondays 7:00pm	0419 471 047		Lakes Anglican Church of the Holy Spirit - 274 Wallarah Rd Kanwal 2259

Gamblers Anonymous	Supported group for people with gambling addictions. Thursdays 7:30pm	0497 608 753		East Gosford Progress Hall, 10 Henry Parry Dr East Gosford.
Kincumber Neighbourhood Centre - Gambling solutions	Counselling and support. Appointments Necessary call Louise	0414 317 644		20-22 Kincumber St, Kincumber NSW 2251

SMOKING

NAME	DESCRIPTION	PHONE	WEBSITE	ADDRESS
Aboriginal Quitline	The Aboriginal Quitline is available for residents of NSW and the ACT. It is a culturally sensitive, free and confidential telephone service providing customised assistance to help you with your quit smoking attempt. You can access the Aboriginal Quitline by calling 13 7848 and asking to speak to an Aboriginal Advisor: Monday - Friday: 7am to 10:30pm Saturday, Sunday and public holidays: 9am to 5pm	13 78 48	https://www.cancer.nsw.gov.au/how-we-help/cancer-prevention/stopping-smoking/aboriginal-smoking	
Yerin's-Gudja Garawan (Bad Smoke)	This group is a 24/7 support group for community to quit smoking. Supported group meetings held every Friday from 10am - 6pm at Yerin AHS	02 4351 1040	https://www.facebook.com/groups/182451222393777/about/	
QUIT NOW Deadly Choices	Aboriginal quit smoking information & resources		https://deadlychoices.com.au/programs/quit-now/	
DON'T MAKE SMOKES YOUR STORY Government Campaign	Aboriginal specific web page with information, links to quit resources and interviews with Aboriginal community members who have quit.		https://campaigns.health.gov.au/smokes	
I CAN QUIT CALCULATOR	How much could you save by stopping smoking? The iCanQuit Calculator allows the user to select a savings goal (like a motorbike, a diamond ring or a deposit on a house) and calculates the amount currently spent on smoking.		https://www.icanquit.com.au/savings-calculator-results	
MY QUIT BUDDY Phone App	Personalised to help you quit smoking, on your terms. Choose when to quit, if you're ready right now, or intend to soon. Set own goals, the reasons you're quitting, include photos and recordings of loved ones. Allows quitters to share success stories, distraction tips and celebrate milestones via community forum.	Download through Apple iTunes online store or for your android phone, at Google Play store		
NO SMOKES Quitting Smoking	No Smokes uses a variety of indigenous specific and youth friendly tools and resources to inform young people of the dangers of smoking and to assist them to quit.		http://www.nosmokes.com.au	
QUITLINE Smoking	Aboriginal Quitline Advisors. Advisors are experienced in helping people stop or reduce their smoking. They understand quitting can be tough, and it may take a few attempts to Quit and the right way for you to stay Quit.	137 848	http://www.icanquit.com.au	
QUIT FOR YOU, QUIT FOR TWO Phone App	Take your mind off the cravings with fun exercises and games to keep your hands busy. Distracts you when you feel the urge to light up, with practical quit tips and advice. Inspires you to keep going with amazing facts about your baby's development. And, it gives you ideas for what you could buy with the money you're saving every day you don't spend money on cigarettes	Download through Apple iTunes online store or for your android phone, at Google Play store	Phone App	

CARERS SUPPORT

GROUPS & SERVICES				
NAME	DESCRIPTION	PHONE	WEBSITE	ADDRESS
TALK LINK Therapeutic Phone Counselling Groups	Phone-based therapeutic counselling groups delivered via teleconferencing. It enables groups of carers and trained facilitators to get together over the phone to explore challenges associated with the various caring roles.	1800 242 636	https://www.carersnsw.org.au/	50 Crebert Street MAYFIELD
NATIONAL CARERS COUNSELLING PROGRAM	Counselling program focusing on issues related to the caring role. Up to 6 counselling sessions available to all eligible carers across NSW. Counselling can be delivered either in person, over the phone or online	1800 242 636	https://www.carersnsw.org.au/	50 Crebert Street MAYFIELD
Carer Retreat	The Carer Retreat provides a place for carers to relax and re-energise when a person they care for during a hospital admission can be overwhelming and exhausting and many found it difficult to find a quiet place where they could take a break from the bedside.	02 4320 5556	http://www.cclhd.health.nsw.gov.au/patients-and-visitors/carer-support/carer-retreat/	91 Holden Street Gosford, NSW 2251 - Opposite Gosford Hospital
FAMILY DRUG SUPPORT Australia	24/7 telephone support to families and carers in crisis due to alcohol and other drug use issues. Volunteers who have experience of family members with alcohol and other drug use. Face-to-face support meetings and resources for family members.	1300 368 186	http://www.fds.org.au	
KOORI CARERS RESOURCE MANUAL	Focuses on the specific needs of Koori carers, including strategies for supporting Koori carers and identifies the cultural differences between Aboriginal and non-Aboriginal carers	02 9280 4744	https://www.carersnsw.org.au/	
ABORIGINAL DISABILITY CARERS SUPPORT BOOKLET	Shoulder to Shoulder' booklet. Information on disability services, respite services and Aboriginal organisations that can support Aboriginal families with a child or young person with a disability. Stories on Aboriginal families and their experience with caring for a child with a disability.	02 9280 4744	https://www.carersnsw.org.au/	
ABORIGINAL LOOKING AFTER OURSELVES WORKSHOP	Aboriginal Health and Wellbeing: Looking After Ourselves Workshop is a free one day workshop open to service providers and Aboriginal carers who work with or want to work with carers within the Aboriginal community.	02 9280 4744	https://www.carersnsw.org.au/	

COMMUNITY & CULTURE

ANCESTRY & FAMILY				
NAME	DESCRIPTION	PHONE	WEBSITE	ADDRESS
FIND AND CONNECT SUPPORT SERVICE	Supporting people who grew up in orphanages, children's Homes, institutions and foster homes in NSW from the 1920s to the 1990s. History, counselling support, tracing and reclaiming identities, skills to build relationships, support in reconnecting family members wherever possible.	1800 161 109	http://www.relationshipsnsw.org.au Or http://www.findandconnect.gov.au	Relationships Australia Wattle Place 67 High Street HARRIS PARK NSW
FORCED ADOPTION SUPPORT SERVICE	For people affected by past forced adoption policies and practices. Referrals and information based on individual needs Where possible, face to face support, casework, counselling, records tracing, reunion mediation.	1800 161 109 or 1800 663 844	https://www.relationshipsnsw.org.au/	Relationships Australia Wattle Place 67 High Street HARRIS PARK NSW
LINK-UP ABORIGINAL CORPORATION NSW	Assists Aboriginal and Torres Strait Islander people of the Stolen Generations who have been fostered, adopted or raised in institutions. Helps trace their families and be reunited with them (or their gravesites, country or kin).	1800 624 332 or 02 9421 4700	http://www.linkupnsw.org.au	Lot 4, 2 Central Place, ROPES CROSSING NSW

COMMUNITY EVENTS AND SIGNIFICANT DATES				
NAME	DESCRIPTION	PHONE	WEBSITE	ADDRESS
Yabun Festival - Survival Day	Yabun Festival is an annual celebration of Aboriginal and Torres Strait Islander cultures held on the 26th of January each year in Sydney		http://www.yabun.org.au/	Redfern NSW
National Apology Anniversary	Anniversary of the formal apology made on 13 February 2008 by the Government and the Parliament of Australia to Australia's Aboriginal and Torres Strait Islander people in particular to the Stolen Generations. 13th February			
The Empower Youth Summit	The Summit is free for Aboriginal and Torres Strait Islander youth, on a first-come basis. We have 150 places for Aboriginal and Torres Strait Islander youth aged 13 years to 25 years. Event registration includes overnight accommodation, recreational activities, food and travel by bus and ferry. Youth costs are covered by our generous sponsors and partners. 23rd -25th February 2019 REGISTRATION REQUIRED		https://barang.org.au/empower-youth-summit-registration/	Broken Bay Sport and Recreation Centre NSW
New South Wales Elders & Seniors Day 2019 -	Mingaletta Aboriginal and Torres Strait Islander Corporation in conjunction with NSW Health is hold a celebration day on Saturday 2nd March 2019			6 Sydney Avenue Umina Beach, NSW 2258
Stolen Generations Reparations Scheme Information Session	Community who were removed from their families before 20 March 1969 are encouraged to attend this Stolen Generations Reparations Scheme Information Session on Wednesday 6 March 2019			
National Close The Gap Day - Third Thursday of March	The main aim of National Close the Gap Day is to make people from both indigenous and non-indigenous backgrounds aware of this problem and work towards finding ways to solve it			

Close the Gap Day Event at Yerin	Yerin AHS is holding a CTG Day Event on Thursday 21st March	02 4351 1040	yerin.org.au	36 Alison Road Wyong 2259
Harmony Week	Harmony Week to recognise diversity and inclusion activities that take place during the entire week		https://www.harmony.gov.au/about/	
Harmony Day- Celebrations at The Entrance Community Centre	The Entrance Hub and Northern Settlement Services are holding a Multicultural Morning Tea, Cultural Performances and Kids Activities on Thursday 21st March 10 - 12:30pm.		https://www.facebook.com/405723872850348/photos/m.1981676441877688/1675078359248220/?type=3&theater	Norberta Areet and Oakland Ave, The Entrance
Community Meeting	Community meeting, available to everyone to have a chat about issues that matter to you. Contact Mingaletta for monthly dates.	02 4342 7515		6 Sydney Avenue Umina Beach, NSW 2257
We - Yarn Workshop	Yerin Eleanor Duncan Aboriginal Health Centre is proud to be participating in We-Yarn - a series of suicide prevention workshop. This workshop is a chance to yarn about social and emotional wellbeing within your mob, focusing on suicide prevention and how you can keep yourself and your community safe. Tuesday 16th April 10am - 1pm	02 4351 1040	https://yerin.org.au/event/we-yarn-workshop-elders-community-members/	Scout Camp Kariong, Kariong NSW 2250
ANZAC Day	25th of April			
ANZAC Day services and ceremonies TBC				
National Sorry Day	National Sorry Day offers the community the opportunity to acknowledge the impact of the policies spanning more than 150 years of forcible removal of Aboriginal and Torres Strait Islander children from their families. 26th of May		https://www.reconciliation.org.au/national-sorry-day-an-important-part-of-healing	
Nation Reconciliation Week	27th of May - 3rd Of June		https://www.reconciliation.org.au/national-reconciliation-week	
Mabo Day	A day to commemorates the courageous efforts of Eddie Koiki Mabo to overturn the fiction of terra nullius (land belonging to no-one). 3rd of June		http://www.mabonativetitle.com/home.shtml	
NAIDOC WEEK	7th - 14th of July - NAIDOC Week celebrations are held around the country each July to celebrate the history, culture and achievements of Aboriginal and Torres Strait Islander peoples.		https://www.naidoc.org.au/	
NAIDOC Flag Raising and Ceremony - Wyong Council Chambers	Flag Raising and Ceremony 8th of July	02 4350 5555		
Gosford Court House - NAIDOC Ceremony - TBC	Flag Raising ceremony and Bush tucker breakfast - TBC			
Nunyarra Aboriginal Health-Community Day	NAIDOC Community Day - Gosford Racecourse Tuesday	02 4320 2698		
Darkinjung Family Fun Day	NAIDOC Family Fun Day Wed	02 4351 2930		Baker Park Wyong, NSW 2259
Darkinjung Family Golf Day	Family Golf Day - Wyong Golf Club	02 4351 2930		

Darkinjung NAIDOC Ball TBC	TBC	02 4351 2930		
Central Coast Aboriginal Wills Program	Central Coast Community Legal Centre is hosting a Wills Information Day on the 17th of July for community to come along and get information directly and be linked with appropriate services. Register by calling 02 4353 4988 from 10am - 12pm	02 4353 4988		TBC
National Aboriginal and Torres Strait Islander Children's Day - Theme TBC	National Aboriginal and Torres Strait Islander Children's Day (Children's Day) is a time for Aboriginal and Torres Strait Islander families to celebrate the strengths and culture of their children. 4th of August			
International Day of the World's Indigenous People	The United Nations' International Day of the World's Indigenous People is observed on 9 August each year to promote and protect the rights of the World's Indigenous population. This event also recognises the achievements and contributions that Indigenous people make to improve world issues such as environmental protection. 9th of August from 10am - 12pm			
Central Coast Connect Day - Date TBC	Free Event to connect with 70+ Government and Non-Government support services for persons who are Homeless or at risk of Homelessness.	0438 933 184	https://www.facebook.com/Central-Coast-Connect-Day-NSW-244994905642582/	Niagara Park Stadium, 18 Washington Avenue Niagara Park, NSW
BIDHAL: Everyone Welcome - Date TBC	Celebrate Aboriginal Culture Central Coast			Mount Penang Gardens, Kariong NSW
Koori Knockout- Venue TBC	The NSW Aboriginal Rugby League Knockout 4th - 7th of October		https://www.facebook.com/nswkko	Tuggerah, Central Coast NSW 2259
Indigenous Literacy Day	Indigenous Literacy Day is a national celebration of Indigenous culture, stories, language and literacy. 5th of September		https://www.indigenouliteracyfoundation.org.au/	

NEIGHBOURHOOD & COMMUNITY CENTRES

NAME	DESCRIPTION	PHONE	WEBSITE	ADDRESS
Bateau Bay Neighbourhood Centre	BBNC is currently funded by NSW Family & Community Services under the Community Builders Program, which aims to make communities stronger as a way of reducing inequality and disadvantage (see more about the Community Builders Program below). We provide a place where people can meet and access resources. We also support workshops, training, events and activities held at the Centre by other local services and groups. BBNC aims to be inclusive, and to provide as much support as possible to people needing assistance.	02 4332 7450	https://bbnc.org.au/	10 Cynthia St, Bateau Bay NSW 2261
Berkley Vale Neighbourhood Centre	Berkeley Vale Neighbourhood Centre is intended to strengthen communities as a way of reducing inequality and disadvantage. We provide a place where people can meet and access resources. We aim to be inclusive, and to provide as much support as we can to people needing assistance.	02 4388 5801	https://bvnc.org.au/	3 Heather Avenue Glenning Valley 2261
Lakelands Community Centre	Lakelands is host to a wide variety of activities and services available to the public. It truly is a place for everyone	02 43943 2383	https://www.facebook.com/pages/Lakelands-Community-Centre/	3 Literary Close Kanwal, NSW 2259
San Remo Neighbourhood Centre - Epicentre	The Epicentre is a focal point for community activity, a community hub which provides an extensive range of services, training, programs, activities and supports.	02 4390 7888	http://sanremo.org.au	28 Bara Avenue San Remo, NSW 2262

Toukley Neighbourhood Centre	Offers information, referral and support to our local community by walk-in, phone, email, social media or request. The Centre also offers opportunities for community members to visit in a social capacity through programs, services and recreational activities.	02 4396 1555	https://www.tnc.org.au/	3 Heador Street Toukley
Wyong Neighbourhood Centre	This service assists people living within the 2259 and 2258 postcode areas who are experiencing financial crisis through the provision of food, petrol and chemist vouchers including other forms of emergency financial assistance. The program is facilitated by trained volunteers, who conduct confidential interviews to determine the level and type of assistance required.	02 4353 1750	https://www.wyongneighbourhoodcentre.org.au/community-services/emergency-relief	Old Primary School Building Corner of Alison Rd and Rankens Ct, Wyong 2259
The Entrance Neighbourhood Centre	This service assists people living within the 2261 postcode areas who are experiencing financial crisis through the provision of food, petrol and chemist vouchers including other forms of emergency financial assistance. The program is facilitated by trained volunteers, who conduct confidential interviews to determine the level and type of assistance required. The centre also provides programs and services.	02 4332 4545		Battley Ave, The Entrance NSW 2261
The Entrance Community Centre	Offers programs to support families and individuals. To assist with daily living	02 43505538		Cnr. of Oakland and Battley Drive, The Entrance, NSW 2261
Watanobbi Community Centre	This service assists people living within the 2259 and 2258 postcode areas who are experiencing financial crisis through the provision of food, petrol and chemist vouchers including other forms of emergency financial assistance. The program is facilitated by trained volunteers, who conduct confidential interviews to determine the level and type of assistance required.	02 4351 2860		1 Harrington Close, Watanobbi
Louise House	An Individual and Family Care Support Centre which provides support to help you tackle personal issues.	02 4392 7255	https://www.vinnies.org.au/page/Find_Help/NSW/General_support/Louise_House_-_Central_Coast/	126 Dudley Street Gorokan, NSW 2263
Central Coast Outreach Services	Assist persons who, are unable to meet the financial or other costs from their own resources because of hardship, unemployment, sickness, natural disaster, poverty, accidents for which no compensation is paid or payable or any other cause beyond the reasonable control of those people; and people whether directly or through referral from other persons or public or private agency. Our objective is to provide direct assistance to those in need.	02 4333 1108	http://ccos.com.au/index.php/about-us/	19 Anzac Road Long Jetty, NSW 2261
Narara Community Centre	Offers community activities and supports services for the local area this includes exercise classes, playgroups, Community Garden, Yoga Classes, Dance Classes, Playgroups, Language Classes, Outdoors Activities, Support Groups, Social, Arts and Crafts, Church as well as support services for financial counselling, EAPA vouchers, NILS (No Interest Loan Scheme) Personal Counselling Community Services Information & Referral, Tax Help from August to October, Kids Helpline, Emergency Relief Work and Development Orders	02 4329 4477	https://www.communitysos.com.au/	2-12 Pandala Road Narara, NSW
Kincumber Neighbourhood Centre	Provides support services, community activities and venue hire for the local Central Coast community,	02 4363 1044		1/20 Kincumber Street Kincumber, NSW
Kariong Neighbourhood Centre	provide social and health groups, educational workshops, community engagement days, events to bring the community together, children's and family services.	02 4340 1724	http://knc.net.au/	Langford Drive Kariong, NSW

Green Point Community Centre	Green Point Community Centre is a not for profit service which aims to support the whole community of Green Point and surrounding areas. We offer a free JP service, new resident's kits, referral and resources help, children's playtimes, tax help, free counselling, sewing circle, Autism Spectrum Parents counselling and more. We have ongoing sessions in Zumba, J.K.R Karate every Tuesday night and a choir, Jubila Singers, every Tuesday night.	02 4367 7591	https://www.facebook.com/pg/greenpointccnsw/	96 Koolang Road Green Point, NSW
Peninsula Community Centre - Coast Community Connections	The programs and services offered by Coast Community Connections covers a broad spectrum of community services including Ageing and Disability, Children, Youth Support, Gambling and community.	02 4341 9333	https://www.coastcommunityconnections.com.au/	93 McMasters Road Woy Woy, NSW
Wyoming Community Centre - Gosford Regional Community Services.	Gosford Regional Community Services is dedicated to supporting residents of the wider Gosford Community through advocacy, referrals and information, and the delivery of a diverse range of activities and services.	02 4323 7483	http://www.gosfordcommunity.org.au/	147 Maidens Brush Road Wyoming, NSW

WOMEN'S GROUPS

NAME	DESCRIPTION	PHONE	WEBSITE	ADDRESS
Central Coast Community Women's Health Centre - Educational, social and Recreational Activities	Varying program provides recreational, social and educational activities for non-Indigenous and Indigenous women that may include scrap booking & card making, circle of women and a range of self-esteem and personal growth programs.	02 4351 1152	http://www.cccwhc.com.au/	7 Rose Street Wyong, NSW 2259
Yerin's - Gulgul-Ba Womens Group	The purpose of the group is to share knowledge, support one another in a positive way, build relationships and to keep up to date with any activities held by Yerin Eleanor Duncan Aboriginal Health Centre.	02 4351 1040		
Watanobbi Community Centre - Women's Weekly Chat Group	Culturally diverse group offering therapeutic and friendly support	02 4351 2860		1 Harrington Close Watanobbi NSW 2259
Aunty Fay's Yarnup	Sit down for a cuppa and a chat. Arts and crafts provided. Available to all ages, the doors are open for everyone	02 4342 7515		Mingaletta Aboriginal & Torres Strait Islander Corp., 6 Sydney Ave, Umina Beach NSW 2257
Black Coffee	A chance to meet, catch-up and have a chat. No need to talk business, just mob getting to know mob. 4th Friday of the Month 10am - 12pm.			Kibble Park, Gosford, NSW 2205
Sista together / Elders group	A Chance for women and elders to catch up and have a yarn and coffee/ tea Available to all ages. Elders women's group held afterwards. Thursday mornings	02 4342 7515		Mingaletta Aboriginal & Torres Strait Islander Corp., 6 Sydney Ave, Umina Beach NSW 2257

MEN'S GROUPS

NAME	DESCRIPTION	PHONE	WEBSITE	ADDRESS
Yerin's - Guri Gambu Mens Group	The purpose of the group is to share knowledge, support one another in a positive way, build relationships and to keep up to date with any activities held by Yerin Eleanor Duncan Aboriginal Health Centre.	02 4351 1040	https://www.facebook.com/groups/756398164563821/?source_id=411213612248355	
Lakelands Community Centre - Didgeridoo Group TBC	Cultural group (men & boys only) to learn and explore the music of the didgeridoos	02 4394 2500		

Mingaletta Men's Group	Cultural Men's group (men only) to share knowledge and provide support for one another	02 4342 7515		Mingaletta Aboriginal & Torres Strait Islander Corp., 6 Sydney Ave, Umina Beach NSW 2257
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YOUTH GROUPS

NAME	DESCRIPTION	PHONE	WEBSITE	ADDRESS
Toukley Neighbourhood Centre - Youth Drop-In	Provides a drop-in service at the neighbourhood centre for children and young people, 12 to 18 years old.	02 4396 1555	http://www.tnc.org.au/	3 Hedor Street Toukley, NSW 2263
Wyong Neighbourhood Centre - Phoenix Youth Support	Provides a free drop-in program, advocacy, support and a diverse range of activities for children and young people 12 to 18 years old. Programs include empowerment & leadership groups & courses; life skill development; a healthy eating program in conjunction with the maintained vegetable garden; recreational pool activities; outdoor chess; movie days & board games; craft and excursions. Qualified youth workers provide ongoing information, referral and support to engage young people who are marginalised or isolated.	02 4393 9555	http://www.wnci.com.au/	Building 2, 8 Rankens Court Wyong, NSW 2259
Wyong Neighbourhood Centre - Youth Vacation Programs	Various programs provide children and young people 12 to 20 years old with a wide range of recreational activities during school holidays	02 4393 9555	http://www.wnci.com.au/	Building 2, 8 Rankens Court Wyong, NSW 2259
Didge Dance	Come along and learn how dance and play the didge! All ages welcome. Monday 4pm -5:30pm during school term.	0458 004 662		Woy Woy High School
Gudjagang Ngara li-dhi Aboriginal Corporation - Youth Hub/Drop In	Youth and Community Hub - Call Simone for details	0428 922 950	https://www.facebook.com/gnlistentothechildren/	4 Church Street Wyong, NSW 2259
Lakelands Community Centre - Didgeridoo Group TBC	Cultural group (men & boys only) to learn and explore the music of the didgeridoos	02 4394 2500		
PCYC - Bateau Bay	PCYC Bateau Bay has a fantastic mix of activities for all members of the Central Coast community. We have a great range of activities including indoor netball, basketball, tennis, boxing, martial arts and much more. Many of our activities cater for the youth of the community including junior boxing, dancing, futsal and Blue Light discos. PCYC Bateau Bay also offers vacation care for youth throughout the school holidays	02 4332 7000	https://www.pcyctsw.org.au/bateau-bay/	460 The Entrance Road, Bateau Bay NSW 2261

ELDERS GROUPS

NAME	DESCRIPTION	PHONE	WEBSITE	ADDRESS
Central Coast Community Women's Health Centre - Social group for women 50+	Social group for over 50, with the aim to break down isolation for women, able women to mix with other women in a social setting	02 4337 2202	https://cccwhc.com.au/wots-on-services-guide/wyoming-wots-on/	
Mingaletta's Elder women's group	Sit down for a cuppa and a chat. Arts and crafts provided the doors are open for everyone	02 4342 7515		Mingaletta Aboriginal & Torres Strait Islander Corp., 6 Sydney Ave, Umina Beach NSW 2257

EDUCATION

ATTENDANCE & TRUANCY

NAME	DESCRIPTION	PHONE	WEBSITE	ADDRESS
Department of Education	Support for students who are having concerns with attendance and truancy. schools can contact Tracey Burraston and refer directly			

FINANCIAL SUPPORT AND MANAGEMENT

NAME	DESCRIPTION	PHONE	WEBSITE	ADDRESS
Bateau Bay Neighbourhood Centre - Taxation Advice	Advice and information on taxation returns for low-income earners, provided by staff accredited with the Taxation Office, is available from July to October	02 4332 7450	http://www.bbnc.org.au/	10 Cynthia Street Bateau Bay, NSW 2261
The Smith Family, Saver Plus, Central Coast - Saver Plus	Saver Plus is a 10-month financial literacy and matched savings program for young people and adults on low income to assist them to build savings for their own or their children's education. The program encourages people to start a savings habit by matching their savings dollar for dollar up to \$500. Must be over 18 years old, have a Health Care or Pension Card & earnings from paid employment and have children enrolled to vocational education.	1300 610 335	http://www.thesmithfamily.com.au/	Unit 9, 13-15 Thompson Street Long Jetty, NSW 2261
Wyong Neighbourhood Centre - Financial Counselling	Provides information and support for individuals, families and groups of consumers who are experiencing debt problems or are in financial distress. Advice on debt management, negotiating with creditors and budgeting is provided. Information on bankruptcy, credit laws and government assistance is available.	02 4353 1750	http://www.wnci.com.au/	Building 2, 8 Rankens Court Wyong, NSW 2259
Wyong Neighbourhood Centre - Financial Counselling	Provides information and support for individuals, families and groups of consumers who are experiencing debt problems or are in financial distress. Advice on debt management, negotiating with creditors and budgeting is provided. Information on bankruptcy, credit laws and government assistance is available.	02 4353 1750	http://www.wnci.com.au/	Building 2, 8 Rankens Court Wyong, NSW 2259
Narara Community Centre	Financial support counselling, and Tax help support	02 4329 4477	https://www.communitysos.com.au/	2-12 Pandala Road Narara, NSW

LITERACY & EDUCATION SUPPORT

NAME	DESCRIPTION	PHONE	WEBSITE	ADDRESS
Bateau Bay Neighbourhood Centre - Homework Help	Homework help and tutoring in Maths and English are available for primary-school and secondary-school children in Years 1 to 7	02 4332 7450	http://www.bbnc.org.au/	10 Cynthia Street Bateau Bay, NSW 2261
Bateau Bay Neighbourhood Centre - Computer lessons	A weekly class in computer use, internet and general computing is available	02 4332 7450	http://www.bbnc.org.au/	10 Cynthia Street Bateau Bay, NSW 2261
ABORIGINAL CULTURE AND LITERACY PROGRAM	Two-day program for school students to enhance their literacy and writing skills in a cultural context. Spend the morning learning on country or participating in a cultural activity before further developing their writing skills over the remaining two days.	02 9550 5666	https://www.aecg.nsw.edu.au/	

MENTORING & CAREERS

NAME	DESCRIPTION	PHONE	WEBSITE	ADDRESS
NATIONAL INDIGENOUS BUSINESS SUMMER SCHOOL (NIBSS)	5-day program for Years 11 and 12 Indigenous high school students. Provides a fully immersive experience for students thinking of entering the world of business or becoming an entrepreneur. Students will have the opportunity to see business in action and learn about the available pathways into business studies.	0478 492 075 (program mgr.) 02 9385 0479 (student support)		Nura Gili Indigenous Programs Unit Ainsworth Building, Level 5 UNSW
STEM YOUTH DEVELOPMENT CAMP Aboriginal Education Consultative Group	Science, Technology, Engineering and Mathematics (STEM) camp for Aboriginal students in regional and remote NSW. Achieve better outcomes at school and access post-school learning and employment pathways, in the areas of Science, Technology, Engineering, the Arts and Mathematics.	02 9550 5666	http://www.aecg.nsw.edu.au	NSW
Wollotuka institute university of Newcastle	The Wollotuka Institute operates as a support centre for Indigenous students studying at the University of Newcastle. This includes tutoring, mentorship and leadership.	02 4349 4500	https://www.newcastle.edu.au/about-uon/our-university/indigenous-collaboration/the-wollotuka-institute	Ourimbah Library - Level 1 The University of Newcastle 10 Chittaway Road, Ourimbah, NSW

EMERGENCY RELIEF

PRACTICAL ASSISTANCE AND DROP-IN SERVICES

NAME	DESCRIPTION	PHONE	WEBSITE	ADDRESS
Toukley Neighbourhood Centre	The centre can provide material aid in the form of the use of a telephone, facilities at the centre such as showers; laundry; frozen meals; small food hampers; Share the Dignity Handbags; Shoebox Revolution Shoeboxes; children's clothing; and infant nappies for women and children escaping family &/or domestic violence; homeless clients; and clients staying in temporary accommodation.	02 4396 1555	http://www.tnc.org.au/	3 Hedor Street Toukley, NSW 2263
Bateau Bay Neighbourhood Centre - Community Laundry	Washing machine available for emergency laundry. Call to make an arrangement—booking is essential. Gold coin donation	02 4332 7450	https://bbnc.org.au/	10 Cynthia Street Bateau Bay, NSW 2261
Coast Shelter Community Centre	Shower and laundry facilities are available. A RentStart kiosk is available, that provides material aid in the form of a restaurant meal for homeless children, young people, adults and the elderly. The centre also offers podiatry check-ups, haircuts, legal advice, Centrelink assistance and the An after-hours service is available	02 4325 3540	http://www.coastshelter.org.au/	Coast Community Centre, 346 Main Street North Gosford, NSW 2250
Lakelands Community Centre	Free Laundry Services	02 4394 2500		3 Literary Close, Kanwal, NSW 2259
Pass it on Clothing	Shower and laundry facilities are available.			2 Mortimer Lane Gosford, NSW 2250
Salvation Army Umina	Shower and laundry facilities are available.			10 Sydney Avenue Umina Beach, NSW 2258
Kincumber Neighbourhood Centre	Shower facilities	02 4363 1044		1/20 Kincumber Street Kincumber, NSW
Orange Sky Laundry	Free Mobile Laundry Services			
	Coast Shelter - 9am- 12pm Wyoming Community Centre 1:30pm - 3:30pm			Coast Community Centre , 346 Main Street North Gosford, NSW 2250 Wyoming Community Centre , 147 Maidens Brush road Wyoming, NSW
	Central Coast Outreach Centre - 9:30am - 12:30pm			19 Anzac Road Long Jetty, NSW 2261

	Salvation Army Umina Beach - 8am -10am Kincumber Neighbourhood Centre - 10:30am - 12:30pm Pass It On Clothing - 7pm-9pm			Salvation Army Umina Beach, 10 Sydney Avenue Umina Beach, NSW 2256 Kincumber Neighbourhood Centre, 1/20 Kincumber Street Kincumber, NSW Pass It On Clothing, 2 Mortimer Lane Gosford, NSW 2250
	Mary Mac's Place - 10am-1pm Bateau Bay Neighbourhood Centre - 2pm-4pm			Mary Mac's Place, 100 Blackwall Road Woy Woy, NSW 2256 Bateau Bay Neighbourhood Centre, 4/10 Cynthia Street Bateau Bay, NSW 2261
	Toukley Neighbourhood Centre - 10am - 1pm			3 Hedor Street Toukley, NSW 2263

DOMESTIC VIOLENCE

NAME	DESCRIPTION	PHONE	WEBSITE	ADDRESS
Domestic Violence Help Line	The Domestic Violence Line is a NSW statewide telephone crisis counselling and referral service for women and persons who identify as female.	1800 656 463	https://www.facs.nsw.gov.au/domestic-violence/helpline	
Coast Shelter, Rondeley Domestic Violence Response Program	Provides crisis accommodation and case management for single women and women with dependent children escaping domestic violence. The service assists clients to achieve financial independence, seek employment and find suitable permanent rental housing with either the Department of Housing or within the private rental sector. After-hours access is available.	023 4325 3540	https://coastshelter.org.au/	
Jessie Street Domestic Violence Services	Provides support for single women, including women experiencing domestic violence and family violence. The service provides prevention and early intervention, rapid re-housing, crisis and transitional accommodation, and intensive responses for clients with complex needs.	02 4732 2318	http://www.wcdvs.org.au/	
1800 Respect	Provides free twenty-four hour, seven-day-a-week telephone and online counselling, support and referral for people affected by sexual assault or domestic or family violence in Australia. Online counselling can be accessed via www.1800respect.org.au .	1800 737 732	http://www.1800respect.org.au/	

ELDER ABUSE

NAME	DESCRIPTION	PHONE	WEBSITE	ADDRESS
NSW ELDER ABUSE HELPLINE & RESOURCE UNIT	Provides information, support and referrals relating to the abuse of older people living in the community across NSW. We place the safety of the older person first. Our service is confidential & callers remain anonymous	1800 628 221	https://seniorsrightsservice.org.au/	
SENIORS RIGHTS SERVICE NSW	Issues include consumer issues (debt management, unfair contracts), human rights (elder abuse including financial, discrimination), planning ahead (wills, power of attorney, guardianship), accommodation issues (granny flats) and other issues.	1800 424 079	https://seniorsrightsservice.org.au/	

FOOD & VOUCHERS

NAME	DESCRIPTION	PHONE	WEBSITE	ADDRESS
Bateau Bay Neighbourhood Centre- Energy Accounts Payment Assistance (EAPA) Scheme	Emergency relief in the form of assistance for those on a low fixed wage who are having difficulty paying their electricity or gas bill due to a crisis or emergency situation	02 4332 7450	http://www.bbnc.org.au/	10 Cynthia Street Bateau Bay, NSW 2261
Bateau Bay Neighbourhood Centre- Emergency Relief	Emergency relief in the form of food hampers is available for families and singles in financial distress. Must have a Health Care Card & must reside in the catchment area	02 4332 7450	http://www.bbnc.org.au/	10 Cynthia Street Bateau Bay, NSW 2261
Yerin AHS - Energy Accounts Payment Assistance (EAPA) Scheme	Emergency relief in the form of assistance for those who are having difficulty paying their Telstra, electricity or gas bill due to a crisis or emergency situation. Available Mon, Wed and Friday, please ring and speak to Allison to arrange an appointment.	02 4351 1040	https://yerin.org.au	36 Alison Rd, Wyong NSW 2259
Wyong Neighbourhood Centre - Energy Accounts Payment Assistance (EAPA) Scheme	Provides financial assistance for families in the form of vouchers for electricity and gas utility bills	02 4353 1750	http://www.wnci.com.au/	Building 2, 8 Rankens Court Wyong, NSW 2259
Wyong Neighbourhood Centre- Emergency Relief	Provides for singles and families. Aid may include food, pharmaceuticals, fuel or transport fares to some appointments and assistance with Telstra & electricity expenses.	02 4353 1750	http://www.wnci.com.au/	Building 2, 8 Rankens Court Wyong, NSW 2259
Coast Shelter Community Centre	Shower and laundry facilities are available. Emergency relief in the form of food hampers, electricity vouchers, assistance with pharmaceutical expenses and toiletries is provided.	02 4325 3540	http://www.coastshelter.org.au/	Coast Community Centre, 346 Main Street North Gosford, NSW 2250
Central Coast Outreach Services	Provide assistance to people (or to meet the cost incurred by those people to third parties) for the relief of poverty, sickness, suffering, distress, misfortune, destitution or helplessness or necessitous circumstances.	02 4333 1108	http://ccos.com.au/index.php/about-us/	19 Anzac Road Long Jetty, NSW 2261
Benevolent Society	EPA and Food vouchers assistance.	02 4332 4545		Battley Avenue The Entrance, NSW 2261
Salvation Army Oasis Centre - Discounted Groceries	Discounted and low-cost groceries	02 4353 9799	https://salvos.org.au/oasiswyong/	Oasis Centre, 4 Hely Street Wyong, NSW 2259
Lakes Food Care	Discounted and low-cost groceries	02 4307 1234	https://www.tnc.org.au/	199 Main Rd, Toukley NSW 2263
The Entrance Neighbourhood Centre	Food Items	02 4332 4545	https://www.facebook.com/pages/The-Entrance-Community-Centre/205881169450535	Corner Oakland and Battley Avenue The Entrance, NSW 2261

Salvos Connect	Emergency relief vouchers, food, clothing and household items.	1300 371 288	https://salvos.org.au/gosford/community-services/salvos-connect/	
Toukley Neighbourhood Centre	Food vouchers and frozen meals.	02 1396 1555	https://www.tnc.org.au/	3 Hedor Street Toukley, NSW 2263
Mary Mac's Place	Mary Mac's supplies a two course sit down lunch daily and a place to shower and to wash clothes. Opened 7am - 1pm Mon-Fri lunch served at 11am Closed Public Holidays, food hampers also available.	02 4341 0584		100 Blackwall Road Woy Woy, NSW 2256
Narara Community Centre	EPA, food vouchers assistance and emergency assistance.	02 4329 4477	https://www.communitysos.com.au/	2-12 Pandala Road Narara, NSW
Vinnies Gosford	Bill assistance, WDO's, Vouchers and emergency relief	02 4323 6080		273- 275 Manns St Gosford NSW 2250
Vinnies Woy Woy	Bill assistance, WDO's, Vouchers and emergency relief	02 43443261		41 The Boulevard Woy Woy NSW 2256

FINANCIAL SUPPORT & ADVICE

NAME	DESCRIPTION	PHONE	WEBSITE	ADDRESS
Coast shelter -No Interest Loan Scheme (NILS)	The No Interest Loan Scheme (NILS) provides interest-free loans for individuals or families on low income. It is a community-based program that enables people to access fair, safe and equitable credit for the purchase of goods and services. No Interest Loan Schemes offer people on low incomes the opportunity to access credit for an essential household item without any fees, charges or interest payments. As loans are repaid, the money is lent out to other members of the community to utilise this service.	02 4346 1263	http://coastshelter.org.au/nils.html	Coast Community Centre, 346 Main Street North Gosford, NSW 2250
Bateau Bay Neighbourhood Centre - No Interest Loan Scheme (NILS)	A no-interest loan scheme is available for low-income families and singles, generally for the purchase of household goods.	02 4332 7450	http://www.bbnc.org.au/	10 Cynthia Street Bateau Bay, NSW 2261
Toukley Neighbourhood Centre - No Interest Loan Scheme (NILS)	A no-interest loan scheme is available for low-income families and singles, generally for the purchase of household goods.	02 4396 1555	http://www.tnc.org.au/p/no-interest-loan-scheme-nils.html	3 Hedor Street Toukley, NSW 2263
Narara Community Centre - No Interest Loan Scheme (NILS)	A no-interest loan scheme is available for low-income families and singles, generally for the purchase of household goods.	02 4329 4477	https://www.communitysos.com.au/	2-12 Pandala Road Narara, NSW

HELPLINE SERVICES

NAME	DESCRIPTION	PHONE	WEBSITE	ADDRESS
Crime Stoppers NSW	Crime Stoppers is a community based program which encourages the public to share information about, People wanted by police, unsolved crimes and future crime that is being planned, people you know who have committed criminal offences where they have not been arrested and suspicious or unusual activity.	1800 333 000	https://nsw.crimestoppers.com.au/	
DoCS Helpline (Child Protection)	The Child Protection Helpline is a twenty-four hours a day, seven days a week, state-wide call centre staffed by professionally qualified caseworkers to receive and screen all reports about suspected abuse or neglect of a child or young person or those at risk of harm from abuse or neglect.	13 21 11	https://www.facs.nsw.gov.au/families/Protecting-kids/reporting-child-at-risk	
Kids Helpline	Free, private and confidential 24/7 phone and online counselling service for young people aged 5 to 25	1800 551 800	https://kidshelpline.com.au/	
Lifeline (24 Hours)	Provide 24/7 crisis support and suicide prevention services.	13 11 14	https://www.lifeline.org.au/	
Mission Australia Helpline		1300 886 999		
Rape Crisis Centre (NSW)	24/7 telephone and online crisis counselling service for anyone in NSW - men and women - who has experienced or is at risk of sexual assault and their non offending supporters	1800 424 017	http://www.nswrapecrisis.com.au/	
Salvation Army Crisis Line		02 9331 2000		
Salvation Army Care Line		1300 36 36 22		
Salvation Army Youth Line		02 9360 3000		

EMPLOYMENT



INFORMATION & SUPPORT

NAME	DESCRIPTION	PHONE	WEBSITE	ADDRESS
Aboriginal employment strategy	Aboriginal Employment Strategy (AES) is a national Aboriginal recruitment and group training company that empowers Indigenous people through brokering employment opportunities and supporting our candidates to have successful careers through mentoring, coaching, training and specialist support.	(02)49394500	https://aes.org.au/	3 Heador Street Toukley, NSW 2263

BUSINESS SUPPORT

NAME	DESCRIPTION	PHONE	WEBSITE	ADDRESS
Black Pages	Offers a range of strategic business management consulting services to support. Has an on-line business portal is the free national on-line directory of Indigenous businesses and community enterprises.	1300 739 769	http://www.blackpages.com.au	
IBA	Indigenous Business Australia (IBA) is a government organisation that provides workshops, advice, business support programmes and in some cases, business finance, to eligible Indigenous business owners	1800 107 107	http://www.iba.gov.au/business/	
Blakworks	Blakworks supports employers with employing Aboriginal people through cultural awareness training and support/ advise on recruitment of Aboriginal employees. Through the creation of equal opportunities and access and relationship building with local communities	book online	https://www.blakworks.com.au/	PO Box 6175 WEST GOSFORD NSW 2250

FAMILIES



CHILDCARE

NAME	DESCRIPTION	PHONE	WEBSITE	ADDRESS
Coastwide family day care	Proud to provide excellence in child and family services for children and their families across the Central Coast, Hunter New England, North Coast, North Sydney and Western NSW regions. affordable and flexible childcare in a home environment Creative craft and child-focused play-based activities Access to services and support networks within the community.	02 4340 1111	https://www.ccfdc.com.au/	

FAMILY SUPPORT & PARENTING PROGRAMS

NAME	DESCRIPTION	PHONE	WEBSITE	ADDRESS
Central Coast Community Women's Health Centre - Bringing Up Great Kids For Aboriginal Families - Women Only	Parenting program promoting wellbeing for families. Bookings essentials.	02 4351 1152		7 Rose Street Wyong, NSW 2259
Circle of Security program	A relationship-based parenting program for caregivers	02 4340 1585		
Bateau Bay Neighbourhood Centre - Grandparents Support Group	Provides a support group for grandparents who are also primary carers of their grandchildren.	02 4332 7450	http://www.bbnc.org.au/	10 Cynthia Street Bateau Bay, NSW 2261
Bungree - Intensive Family-Based Services	Provides a twelve-week intensive family support and intervention service for families at risk of having their children removed, or those needing intensive intervention to facilitate reunification and the safe return of children from out-of-home care to their families.	02 4350 0100	http://www.bungree.org.au/	Reliance Drive Tuggerah, NSW 2259
Interrelate -Parents not Partners program	Program for separated parents in conflict over parenting issues.	02 4363 8050	http://www.interrelate.org.au/	
Interrelate Family Centres, Central Coast, Wyong Outreach	Provides relationship and education services to assist couples, families, children and young people to develop skills and resolve difficulties in their lives. Services include counselling; mediation; sexuality education in schools; training; relationship education; men's services; workplace relations; Indigenous services; family dispute resolution; a parents-not-partners program; and a building connections program	02 4394 8000	http://www.interrelate.org.au/	33a Alison Road Wyong, NSW 2259
GNL- Evidence Based Parenting Program TBC Dates and Venue	Parenting program promoting wellbeing for families.	0428 922 950		

Lakelands Community Centre - Communities for Children program	The Communities for Children (C4C) program takes a whole of community approach to supporting early childhood development and wellbeing from before birth to 12 years old.	02 4394 2500	https://www.centralcoast.nsw.gov.au/recreation/community-centres-and-venues/lakelands-community-centre	3 Literary Close Kanwal NSW 2259
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PLAYGROUPS

NAME	DESCRIPTION	PHONE	WEBSITE	ADDRESS
Central Coast Aspect's Building Tots Early Childhood Development Program	Aspect's Building Tots Playgroup is a weekly playgroup for children aged 2 - 4 years who are showing signs of developmental delay and/or early signs of autism and are not enrolled in an early childhood education setting, Tuesday mornings, 9:30am to 11:00am (during school Term 1 and 2, 2019)	02 8977 8341		1 Harrington Close Watanobbi, NSW 2259
Mingaletta Aboriginal & Torres Strait Islander Corporation	Social and recreational activities are provided for indigenous infants and preschool children and their parents or carers.	02 4342 7515		6 Sydney Street Umina Beach, NSW 2257
Ganang Little Learners	Social and recreational activities are provided for indigenous infants and preschool children and their parents or carers. Friday 10:30 am - 12pm (During School Term)	02 4394 2500 or 0428 922 950	https://www.facebook.com/gananglittlelearners/	
3 Literary close Kanwal NSW 2259				
Play Learn and Making Friends Play Group	0-5yrs play group. Every Tuesday during school term 9:30am - 11am.	02 4363 1044		1/20 Kincumber Street Kincumber, NSW
Start Strong Supported Play Group - Samaritans	Start Strong Supported Playgroups. For children aged 0-6 and their families and carers. Come along for games, craft, music and stories. Run in school terms only and completely free. Morning tea provided. Ring to confirm dates and times of playgroup.	02 4350 5538		Corner of Oakland Street and Battley Avenue, The Entrance NSW 2261
Little Koori Playtime (Ngiyang)	Playgroups for 0-5yrs - Language and learning skills and Aboriginal cultural events. Ring to confirm Venue, Date and Time of playgroups.	02 4394 9148		

RELATIONSHIPS

NAME	DESCRIPTION	PHONE	WEBSITE	ADDRESS
Interrelate Family Centres, Central Coast, Wyong Outreach	Provides relationship and education services to assist couples, families, children and young people to develop skills and resolve difficulties in their lives. Services include counselling; mediation; sexuality education in schools; training; relationship education; men's services; workplace relations; Indigenous services; family dispute resolution; a parents-not-partners program; and a building connections program	02 4394 8000	http://www.interrelate.org.au/	33a Alison Road Wyong, NSW 2259

YOUNG PARENTS

NAME	DESCRIPTION	PHONE	WEBSITE	ADDRESS
Interrelate family Centres - Being a Dad Program	Helps fathers become more mindful parents and gain skills necessary to build stronger relationships.	02 4363 8050		
Interrelate family Centres - Being a Mum Program	Helps Mothers become more mindful parents and gain skills necessary to build stronger relationships.	02 4363 8050		
Interrelate - Bringing up kids great	Assists to make parenting more rewarding and less of a headache.	02 4363 8050		
Lake Lands Community Centre - Preparation for Parenthood & Young Parents Group	For young parents under 21 years. Meeting other young parents and get lots of baby advice. Registered nurse is always present and guest speakers throughout the year. Afternoon tea provided.	02 4394 2500	https://www.centralcoast.nsw.gov.au/recreation/community-centres-and-venues/lakelands-community-centre	135 Ambleside Circuit, Lakelands NSW 2282
BRAVE FOUNDATION Teen Parents Support	Brave Foundation is an Australian not-for-profit charity that equips expecting and parenting teens with resources, referral and education opportunities to facilitate happy, healthy and skilled families over time.	0448 088 380	http://www.bravefoundation.org.au/	



ABORIGINAL HEALTH WORKERS

NAME	DESCRIPTION	PHONE	WEBSITE	ADDRESS
Aboriginal Health Worker	Yerin - Youth and Adult Drug and Alcohol Worker	02 4351 1040	https://yerin.org.au/	Suite 8-9, 36 Alison Road Wyong, NSW 2259
Aboriginal Health Worker	Yerin - Mums and Bub Worker/s	02 4351 1040	https://yerin.org.au/	Suite 8-9, 36 Alison Road Wyong, NSW 2260
Aboriginal Health Worker	Yerin - Aboriginal Outreach Worker/s	02 4351 1040	https://yerin.org.au/	Suite 8-9, 36 Alison Road Wyong, NSW 2261
Aboriginal Health Worker	Yerin - Aboriginal Transport Worker/s	02 4351 1040	https://yerin.org.au/	Suite 8-9, 36 Alison Road Wyong, NSW 2262
Aboriginal Health Worker	Yerin - Youth and Adult Mental Health Worker	02 4351 1040	https://yerin.org.au/	Suite 8-9, 36 Alison Road Wyong, NSW 2263
Aboriginal Health Worker	Yerin - NDIS Linking Coordinator	02 4351 1040	https://yerin.org.au/	Suite 8-9, 36 Alison Road Wyong, NSW 2264
Aboriginal Health Worker	Yerin - ITC Coordinator	02 4351 1040	https://yerin.org.au/	Suite 8-9, 36 Alison Road Wyong, NSW 2265
Aboriginal Health Worker	Nunyara - Aboriginal Chronic Care Health Worker	02 4320 2698	http://www.cclhd.health.nsw.gov.au/services/aboriginal-health/	2 Ward Street Gosford, NSW 2250
Aboriginal Chronic Disease Nurse	Nunyara - Aboriginal Chronic Care Program	02 4320 2698		2 Ward Street Gosford, NSW 2250
Aboriginal Health Worker	Nunyara - Aboriginal Hospital Liaison Officer/s	02 4320 2698	http://www.cclhd.health.nsw.gov.au/services/aboriginal-health/	2 Ward Street Gosford, NSW 2250

Aboriginal Health Worker	Nunyara - Early Intervention Worker	02 4320 2698	http://www.cclhd.health.nsw.gov.au/services/aboriginal-health/	2 Ward Street Gosford, NSW 2250
Aboriginal Health Worker	NGIYANG - Mums and Bubs Worker/s	02 4394 9148	http://www.cclhd.health.nsw.gov.au/services/children-services/child-and-family-health/aboriginal-pregnancy-ngiyang/	2/2A Bounty Close Tuggerah NSW 2259
Aboriginal Health Worker	LHD - Aboriginal Immunisation Health Care Worker	02 4320 9730	https://www.cclhd.health.nsw.gov.au/services/aboriginal-health/aboriginal-health-services/	
Aboriginal Health Worker	LHD -Aboriginal Drug and Alcohol Liaison Officer	02 4320 3057	https://www.cclhd.health.nsw.gov.au/services/aboriginal-health/aboriginal-health-services/	
Aboriginal Health Worker	LHD - Aboriginal Youth Health Worker	02 4356 9333	https://www.cclhd.health.nsw.gov.au/services/aboriginal-health/aboriginal-health-services/	
Aboriginal Mental Health Unit	LHD - Aboriginal Mental Health Team	02 4320 3500	https://www.cclhd.health.nsw.gov.au/services/aboriginal-health/aboriginal-health-services/	

SUPPORT WORKERS & PROGRAMS

NAME	DESCRIPTION	PHONE	WEBSITE	ADDRESS
Caseworker	Bungree - Intensive Family Based Services Caseworker/s	02 4350 0100	https://bungree.org.au/	7B Pioneer Avenue Tuggerah NSW 2259
Caseworker	Bungree - Specialist Homelessness Services Caseworker/s	02 4350 0100	https://bungree.org.au/	7B Pioneer Avenue Tuggerah NSW 2260
Aboriginal Education Officer	Bungree - Education Gaps Program	02 4350 0100	https://bungree.org.au/	7B Pioneer Avenue Tuggerah NSW 2261
Aboriginal Employment Support Officer	Bungree - Education Gaps Program	02 4350 0100	https://bungree.org.au/	7B Pioneer Avenue Tuggerah NSW 2262
Aboriginal Youth Support Worker	Bungree - Education Gaps Program	02 4350 0100	https://bungree.org.au/	7B Pioneer Avenue Tuggerah NSW 2263

Aboriginal Transport Worker	Bungree - Transport Program	02 4350 0100	https://bungree.org.au/	7B Pioneer Avenue Tuggerah NSW 2264
Home Care Packages Program Officer	Bungree - Home Cares Packages	02 4350 0100	https://bungree.org.au/	7B Pioneer Avenue Tuggerah NSW 2265
My Age Care Assistant and Support Officers	Bungree - My Age Care	02 4350 0100	https://bungree.org.au/	7B Pioneer Avenue Tuggerah NSW 2266
Domestic Assistance, Personal Care, Home Mods /Maintenance, Goods and Equipment Programs Officer	Bungree - My Aged Care	02 4350 0100	https://bungree.org.au/	7B Pioneer Avenue Tuggerah NSW 2267
Assistance with Care and Housing Program Officer	Bungree - My Aged Care	02 4350 0100	https://bungree.org.au/	7B Pioneer Avenue Tuggerah NSW 2268
NDIS Coordinator	Bungree - Disability Services	02 4350 0100	https://bungree.org.au/	7B Pioneer Avenue Tuggerah NSW 2269
Housing Officer	Bungree - Housing Program	02 4350 0100	https://bungree.org.au/	7B Pioneer Avenue Tuggerah NSW 2270

DIET & EXERCISE PROGRAMS

NAME	DESCRIPTION	PHONE	WEBSITE	ADDRESS
Central Coast Community Women's Health Centre - Yoga & Mediation Classes	Yoga and meditation classes for non-Indigenous & Indigenous women are provided for health and well-being	02 4351 1152	http://www.cccwhc.com.au/	7 Rose Street Wyong, NSW 2259
Yerin Fit	12 Week Health and Wellbeing Program with Coastal Performance.	02 4351 1040	https://yerin.org.au/	Coastal Performance Training , 5-9 Apprentice Drive, Berkley Vale
Mingaletta Aboriginal & Torres Strait Islander Corporation - Ladies Fitness Group	Social and recreational activities are provided for indigenous infants and preschool children and their parents or carers.	02 4342 7515		6 Sydney Street Umina Beach, NSW 2257
Developing Leaders Koorifit (Boxing)	KooriFIT is a boxing, training and conditioning class for all people wanting to get fit, maintain their fitness and develop some boxing skills in the process. KooriFIT is run by professional trainers and mentors, supporting and assisting people towards positive pathways. All ages all genders.	Mark Davis- 0405209335 Dave O'Brien- 0422699333		Mingaletta Aboriginal & Torres Strait Islander Corp., 6 Sydney Ave, Umina Beach NSW 2257
NSW KNOCKOUT HEALTH CHALLENGE Aboriginal Health Challenge	Weight loss program for Aboriginal communities across NSW. Aims to motivate Aboriginal people to manage lifestyle-related risk factors for chronic disease and obesity through a weight loss competition, cooking classes, walking groups and educational sessions.	02 8738 6619	https://www.nswknockouthealthchallenge.com.au	
GET HEALTHY Information & Coaching Service	Supports participants to reach healthy eating, increasing physical activity, alcohol reduction, reaching and achieving a healthy weight. Culturally appropriate coaching and materials for our Aboriginal and/or Torres Strait Islander participants.	1300 806 258.	https://www.gethealthytnsw.com.au	

GO 4 FUN NSW Healthy Children Initiative	10wk healthy lifestyle program. Aims to improve the health of children through healthy lifestyle behaviours, as well as positively effecting kids' attitude to food and exercise. Run by qualified health professionals. 1x 2hrs after school sessions per week for 10 weeks.	1800 780 900	https://www.go4fun.com.au	
MAKE HEALTHY NORMAL Australian Government Initiative	Information for Aboriginal community. About making lifestyle changes that can make a big difference to your health. What you eat and doing more exercise, feel better, reduce your risk of chronic diseases. Free programs and resources.		http://www.makehealthynormal.nsw.gov.au	
ABORIGINAL EDUCATION CONSULTAVE GROUP LTD	Sports, Health, Opportunities and Wellbeing Camp (SHOW) for Aboriginal students from Years 5 to 11. Encourage students to lead healthier and active lifestyles, while prompting students to consider careers in sport other than participation.	02 9550 5666	https://www.aecg.nsw.edu.au	
NSW Services - Active Kids Voucher	Parents, guardians and carers can apply for a voucher valued up to \$100 per calendar year for each student enrolled in school. The voucher may be used with a registered activity provider for registration, participation and membership costs for sport, fitness and active recreation activities.		https://www.service.nsw.gov.au/transaction/apply-active-kids-voucher	
NSW Services - Creative Kids Voucher	Parents, guardians and carers can apply for a voucher with a value of up to \$100 per calendar year for each student aged 4.5 to 18 years old enrolled in school. The voucher may be used with a registered activity provider for registration, participation and tuition costs for creative arts, speech, drama, dance, digital design, coding, and music lessons and activities.		https://www.service.nsw.gov.au/transaction/apply-creative-kids-voucher	

HEALTHY LIFESTYLE PROGRAMS

NAME	DESCRIPTION	PHONE	WEBSITE	ADDRESS
Koori Live Healthy	Pilot program for Koori's aged 18 -35. Both Men and Women invited to attend this series of Chronic Illness Awareness and Prevention Workshops that focus on a different Chronic Illness each week. Workshops will be held on a Tuesday in the months of April and May from 11am - 1:15pm at Yerin AHS Boardroom	0432 488 869 or 0432 222 794		36 Alison Road Wyong NSW 2259
Aunty Jeans Chronic Disease Outreach Program	The Aunty Jean's program is a weekly meeting of Aboriginal people who are interested in improving their health and wellbeing. Everyone gets a personal health check and plan. The Program is held on Mondays at Mingaletta Aboriginal and Torres Strait Islander Corporation, Umina Beach from 10 -2pm and Wednesdays at Hamlyn Terrace Community Centre, Hamlyn Terrace from 10 - 2pm	02 4365 2294	http://www.ccpcc.com.au/wp-content/uploads/2017/12/Aunty-Jeans-Referral-Form-1.pdf	Ring for venue information

COUNSELLING & SOCIAL WORK

NAME	DESCRIPTION	PHONE	WEBSITE	ADDRESS
Central Coast Community Women's Health Centre - Rose Cottage	Generalist counselling for young & adult non-Indigenous and Indigenous women, 16 years and over, provides support and referral for a range of personal and family problems including depression & anxiety.	02 4351 1152	http://www.cccwhc.com.au/	7 Rose Street Wyong, NSW 2259
Gay & Lesbian Counselling Service - 24hrs	Provide confidential phone counselling to support individuals in the community who have experienced or are experiencing difficulties with homosexuality.	1800 184 527		
Generation Q	A starting point for young same-sex attracted people on the Central Coast to network with each other and connect with youth services. Our aim is to get you connected to support, information, other people, and community. meet 2nd & 3rd Thursday of each month 3.00 to 5.00 pm	02 4323 2374	www.ryss.com.au	123 Donnison Street, Gosford 2250

Salvo Crisis Line & Suicide - 24hrs	24-hour crisis hotline.	02 8736 3295	http://salvos.org.au/suicideprevention/index.php?suicideprevention	
Salvation Army Support, Counselling & Assistance	Support, Counselling and Assistance services.	02 9331 6000	www.salvos.org.au	
Parent Line - 24hrs	Parent Line is a helpline that provides counselling and support for parents, as well as general parenting advice and information	1300 130 052	http://www.parentline.org.au	
Lifeline	Provides telephone counselling, crisis food parcels (weekends only), and referral Financial counselling. Response team supporting families sudden traumatic death NSW Police and coroner's office.	13 11 14	www.lifeline.org.au/centralcoastnsw	
Relationships Australia (NSW) - Aboriginal Counselling Services	Supporting individuals, couples and families from the Aboriginal communities to build healthy, respectful relationships.	02 4322 8756	https://www.relationshipsnsw.org.au/support-services/aboriginal-counselling-services/	
Lifecare Counselling, Mediation & Family Support Services	Provide professional counselling support and a range of counselling services to adults, young people, children and their families.	1300 130 225	https://lifecareconsultancy.com/lifecare-services/	
Interrelate Counselling, Mediation & Family Support Services	Provide relationship counselling which can be offered alongside family dispute resolution services, Family Mental Health Support Service (Connect), community development and group programs for children, parents and families. Work with individuals (both adults and children), families (together or separated, with acceptance of family diversity) and youth. Access multiple programs that are provided by highly skilled staff who, as local residents of the Central Coast, share a commitment to the health and wellbeing of their community.	1300 473 528 or 02 4363 8010	https://www.interrelate.org.au/contact-us/our-centres/central-coast	
Headspace Central Coast	National youth mental health initiative working to reduce the impact of mentally illness. Operating services from ycentral - the one stop shop for young people 12 - 24 years. Services available: Youth Access Team for assessment, referral and advice GP clinics for young people Youth Alliance Consultants initiative Training and education for service providers including schools Range of community awareness resources.	02 4304 7878	www.headspace.org.au/centralcoast/	1/237 Mann St, Gosford NSW 2250
Coast Care Counselling	Affordable counselling to the community.		www.coastcarecounselling.org	
Victims Services	Provides free long-term counselling to victims of domestic violence	1800 633 063		
Adolescent and Family Counselling	Provides individual and family counselling for young people aged 12-18 and their families who are experiencing difficulties. This service aims to prevent family breakdown by assisting young people and their families to improve communication and relationships between family members.	02 4388 9593	www.yfc.org.au	18 Washington Ave, Niagara Park NSW 2250
Wyoming Women's Health Centre	Community based organisation run by and for women, providing health services, doctor's clinic, alternative therapies, child-care, support groups, counselling and more. Focus includes domestic violence, parenting, relationships, self-esteem, anxiety, anger and drug and alcohol.	02 4324 2533	www.cccwhc.com.au	37 Maidens Brush Rd, Wyoming

Biala Cottage	Child and Adolescent Sexual Assault Counselling Service Monday to Friday 8.30am to 5.00pm. Counselling service for children and adults who have been sexually abused, and for their non-offending family members	02 4320 3175		Holden Street (part of Gosford Hospital)
Bateau Bay Neighbourhood Centre - Personal & Family Counselling	A free professional counselling service for relationship and family problems, developing strong, healthy relationships within the family unit, issues to do with family violence, behavioural problems and relationship issues, support and/or referrals for families including: financial support, parenting support and daily household living skills, depression, anxiety, self-esteem, anger, grief & loss. The service is available by appointment on Tuesdays and Thursdays between 9.45 am and 2.45 pm.	02 4332 7450	http://www.bbnc.org.au/	10 Cynthia Street Bateau Bay, NSW 2261
Wyong Neighbourhood Centre	Counselling is available for young people, adults and families in the local area	02 4353 1750	http://www.wnci.com.au/	Building 2, 8 Rankens Court Wyong NSW 2259
Bungree Child, Youth & Family Services - Adolescent & Family Counselling	Support and counselling are provided for Aboriginal children and young people 12 to 18 years old and their families where there is unresolved conflict, family breakdown, homelessness or risk of homelessness	02 4350 0100	http://www.bungree.org.au/	Reliance Drive Tuggerah, NSW 2259
Wesley Financial Counselling Services	Provides information and support for individuals, families and groups of consumers who are experiencing debt problems. Advice on debt management, negotiating with creditors and budgeting. Information on bankruptcy, credit laws and government assistance is available. After-hours appointments may be available.	02 9263 5555	http://www.wesleymission.org.au/	Unit 3, 5 Colony Close Tuggerah NSW 2259
Central Coast Community Women's Health Centre - Generalist Counselling	Generalist counselling for young & adult non-Indigenous and Indigenous women, 16 years and over, provides support and referral for a range of personal and family problems including depression & anxiety	02 4351 1152	http://www.cccwhc.com.au/	7 Rose Street Wyong, NSW 2259
Eleanor Duncan Aboriginal Health Centre - Counselling	Psychological counselling services are available for Aboriginal & Torres Strait Islander people.	02 4351 1040	http://www.yerin.org.au/	Suite 8-9, 36 Alison Road Wyong, NSW 2259
Mary Mac's Place	We provide outreach services like Legal Aid, Homeless Connector, emergency relief and counselling.	02 4341 0584		100 Blackwall Road Woy Woy, NSW 2256
TRAUMA & GRIEF NETWORK	Indigenous Hub for First Nations Australians who need help support or info on how to help others. For those who work with Indigenous peoples or care for children and adolescents. Help carers understand and respond to the diverse needs of children and adolescents experiencing trauma, loss and/or grief.		https://tgn.anu.edu.au	Australian National University Canberra

LESBIAN, GAY, BISEXUAL AND TRANSEXUAL SERVICES & SUPPORTS

NAME	DESCRIPTION	PHONE	WEBSITE	ADDRESS
Qlife	A national service that aims to keep LGBTIQI communities supported and connected	1800 184 527	https://qlife.org.au/	
Twenty10 incorporating GLCS NSW	Provides a range of support services and social spaces for people of diverse genders, sexualities and sexes in NSW. Services are aimed specifically at people aged under 26.	1800 652 010		
The Gender Centre Inc	Provides information and support to trans and gender-diverse people in NSW	02 9569 2366	https://gendercentre.org.au/	

ACON	ACON is a NSW based organisation specialising in HIV prevention, HIV support and LGBTI health. Services include state-wide counselling, care coordination, substance support, peer education and health promotion	1800 063 060	www.acon.org.au	
RYSS GEN Q	GenQ is a Safe Place for young people 14 – 25 years of age who identify as LGBTQIA+ (Lesbian, Gay, Bisexual, Transgender, Queer/Questioning, Intersex & Asexual). GenQ is an engaging, activity-based program for LGBTQIA+ young people to socialise, gain information and support, and have fun	02 4323 2374	https://www.ryss.com.au/Event/genq-lgbtiqua-support-group	123 Donnison Street, Gosford, 2250

FUNERALS

NAME	DESCRIPTION	PHONE	WEBSITE	ADDRESS
NSWALC - Funeral Assistance Grants	The New South Wales Aboriginal Land Council (NSWALC) offers Land Council members, and Aboriginal people resident in New South Wales the ability to seek limited financial grants under a Community Benefits Scheme.	1800 647 487	http://alc.org.au/nswalc-in-the-community/funeral-fund.aspx	
Transport for NSW - Aboriginal Funeral Transport - Sorry Business	The Aboriginal Funeral Transport “Sorry Business” initiative provides assistance with transport for isolated and disadvantaged Aboriginal communities throughout New South Wales, including metropolitan Sydney, to attend funerals within NSW only. Monday to Friday, 9am-5pm bookings and enquires can be made.	1300 361 787	https://www.transport.nsw.gov.au/operations/community-transport-operators/transport-for-aboriginal-communities	
ABORIGINAL FUNERALS Business	Funeral traditions differ throughout the community. Aboriginal Funerals welcomes the opportunity to meet both traditional and cultural needs.	02 4956 4221	http://www.aboriginalfunerals.com.au	
DREAMTIME FUNERALS Business	Funerals at an affordable cost by someone who understands the cultural needs of our people. Mortuary transfer service, a specific service to our people to transfer a loved one home to place of burial.	1300 230 024	http://www.dreamtimefunerals.com.au	

ABORIGINAL LAND COUNCILS

NAME	DESCRIPTION	PHONE	WEBSITE	ADDRESS
Darkinjung Aboriginal Land Council	Central Coast Aboriginal Land Council	02 4351 2930	http://www.darkinjung.com.au/	168 PACIFIC HWY WATANOBBI NSW 2259

JUSTICE & LEGAL

DISCRIMINATION, BULLYING & RACISM

NAME	DESCRIPTION	PHONE	WEBSITE	ADDRESS
Central Coast Community legal centre	non-judgemental, free legal help for people living, working and studying on the Central Coast who can't afford a lawyer—on the phone, in person and in specialist outreach clinics at Toukley Neighbourhood Centre, Coast Shelter, Mingaletta Aboriginal Corporation, Wyong Hospital (Mental Health Team) and Wyong Local Court. We also run the Children's Court Assistance Scheme to support young people and their families attending Broadmeadow, Wyong and Woy Woy Children's Courts.	02 4353 4988	http://centralcoastclc.org.au/	31 Alison Rd Wyong NSW 2259

LEGAL ADVICE, SUPPORT & MEDIATION

NAME	DESCRIPTION	PHONE	WEBSITE	ADDRESS
Aboriginal Legal Service NSW/ACT	Providing representation in Criminal law and Children's Care and Protection and getting results in and outside the courtroom for Aboriginal men women and children	02 8303 6600	http://www.alsnswact.org.au	
Central Coast Women's Health Centre - Legal Information & Advice	Provides legal information, advice and referral in family law matters, for non-Indigenous & Indigenous women	02 4351 1152	http://www.cccwhc.com.au/	7 Rose Street, Wyong NSW 2259
Legal Aid NSW	Provide help over the phone, face to face advice on most legal issues, information and resources and assist and support at court and tribunals.	02 4324 5611		92 - 100 Donnison Street, Gosford NSW 2250
Central Coast Community Legal Centre	Provides confidential, free information and advice about most common legal problems, either on the phone or in person, at our office or at one of our outreach clinics	02 4353 4988	http://centralcoastclc.org.au/need-free-legal-help/	31 Alison road, Wyong NSW 2259
Family Law Early Intervention Unit, Wyong Outreach	The Early Intervention Unit provides free family law services including information, advice, mediation and community education. Legal representation in family law conference may also be available if a grant of legal aid is approved. The service can assist with issues relating to child support, Family Court, adoption, family law & children; family law & property; Indigenous disputes, de-facto relationships, divorce, gay men & lesbians; guardianship, marriage, power of attorney and domestic violence.	1800 551 589	http://www.cccwhc.com.au/	7 Rose Street, Wyong NSW 2259
Indigenous Women's Legal Contact Line	Provides free legal information, advice and referral for Aboriginal and Torres Strait Islander women, particularly those experiencing problems associated with domestic violence, sexual assault, parenting issues, family law or discrimination. Free face-to-face appointments and limited casework services are available. The service also arranges access to domestic violence advocacy solicitors for women who are going to court to obtain apprehended violence orders (AVOs) or apprehended personal violence orders (APVOs). A telephone interpreter service is available.	1800 639 784	http://www.wlsnsw.asn.au/	

Women's Legal Services NSW	Provides free, confidential legal information for women in New South Wales with a focus on family law, parenting issues, domestic violence, sexual assault and discrimination. Face-to-face appointments may be available. Indigenous women have a free contact telephone line. Interpreters are available	1800 801 501	http://www.wlsnsw.org.au/	
Wirringa Baiya Aboriginal Women's Legal Centre	Provides free legal advice, information & referral and limited case work and advocacy for Aboriginal and Torres Strait Islander women. Assistance is also available for Aboriginal and Torres Strait Islander children and young people including boys under 18 years old. The centre participates in law-reform activities and can assist in the areas of discrimination, family law, domestic violence and human rights.	1800 686 587	https://www.wirringabaiya.org.au/	Building 13, Addison Road Centre, 142 Addison Road Marrickville NSW 2204
Children's Court Assistance Scheme	Provides civil law advice and support for children and young people 10 to 17 years old and for their families or carers who are attending the Broadmeadow, Wyong and Woy Woy Children's Courts. CCAS workers provide information about the court processes, assistance to fill out Legal Aid application forms and assists young people to link with other support workers.	02 4353 4988	http://www.centralcoastclc.org.au/	31 Alison Road Wyong, NSW 2259
Wyong Neighbourhood Centre - Legal Aid (Outreach)	Provides legal advice, information and referral. Legal representation may be provided in some cases	02 4353 1750 or 1800 551 589	https://www.wnci.org.au/	Building 2, 8 Rankens Court Wyong, NSW 2259
Mary Mac's Place	We provide outreach services like Legal Aid, Homeless Connector, emergency relief and counselling.	02 4341 0584		100 Blackwall Road Woy Woy, NSW 2256
ABORIGINAL LEGAL SERVICE ALS	Assists Aboriginal people who have come into contact with Police, courts, youth detention or incarceration. Provides legal assistance in criminal law, children's 'care and protection' law and family law.	1800 765 767	https://www.alsnswact.org.au	
ABORIGINAL CLIENT SERVICE SPECIALIST PROGRAM NSW Courts	Aboriginal Client Service Specialists work at various local court sites to assist communication between the court and the Aboriginal community. Seeks to improve the quality of justice-related services for Aboriginal victims of crime; court users and their families.	02 4921 2200	http://www.courts.justice.nsw.gov.au	Various locations across NSW
ABORIGINAL COMMUNITY JUSTICE GROUPS NSW Courts	Members of Aboriginal Community Justice Groups examine crime and offending problems in their communities and develop solutions. They work on local issues in cooperation with police, courts, community offender services and juvenile justice.	02 4921 2200	http://www.courts.justice.nsw.gov.au	Various locations across NSW
CIVIL LAW SERVICE FOR ABORIGINAL COMMUNITIES	Advice, casework and education services to specific Aboriginal communities across NSW through its Money Counts and Aboriginal Women Leaving Custody programs.	1800 793 017 or 02 9219 5057	https://www.legalaid.nsw.gov.au	24 office locations in NSW
NSW FAIR TRADING National Indigenous Consumer Strategy	Addressing key consumer issues for Indigenous communities: trading practices, scam practices housing, consumer directed care environments, motor vehicles, financial services	1800 500 330 (ask to speak to an Aboriginal officer)	https://www.fairtrading.nsw.gov.au/help-centre/aboriginal-and-torres-strait-islanders	Various locations across NSW
LAW ACCESS NSW	Aboriginal staff to assist with legal problems and connect you with other services, including Aboriginal legal services. If you would like to talk to one of our Aboriginal staff, let us know when you contact us.	1300 888 529	https://www.lawaccess.nsw.gov.au	Dept of Justice NSW
WOMEN'S DOMESTIC VIOLENCE COURT ADVOCACY	Supporting women through the legal system with apprehended domestic violence orders and domestic violence criminal charges at court. Referrals to other services for support with legal, financial, housing, family law, counselling, and children's needs.	1800 938 227	https://www.wdvcasnw.org.au	

ABORIGINAL VICTIMS SERVICES NSW Courts	Aboriginal victims of crime can call the Victims Services confidential Aboriginal contact line for information and support.	1800 019 123	http://www.courts.justice.nsw.gov.au	
INDIGENOUS WOMENS' LEGAL PROGRAM	The Indigenous Women's Legal Program is staffed by Aboriginal women and offers free services including: Free legal advice, assistance to find a lawyer, community training & workshops, law resources & info.	1800 801 501 02 8745 6988	http://www.wlsnsw.org.au	
VICTIM'S SERVICES NSW Aboriginal Contact Line	Aboriginal Contact Officer. Victims Services has a dedicated contact line for Aboriginal victims of crime in NSW who would like information on victims' rights, how to access counselling and financial assistance.	1800 019 123	https://www.victimsservices.justice.nsw.gov.au/Documents/pt12_atssi-contact-line.pdf	Parramatta Justice Precinct 160 Marsden St PARRAMATTA

LEAVING CUSTODY

NAME	DESCRIPTION	PHONE	WEBSITE	ADDRESS
CIVIL LAW SERVICE FOR ABORIGINAL COMMUNITIES	Delivers advice, casework and education services to specific Aboriginal communities across NSW through its Money Counts program and its Aboriginal Women Leaving Custody program.	1800 793 017 02 9219 5057	https://www.legalaid.nsw.gov.au	24 office locations in NSW
THE COMMUNITY RESTORATIVE CENTRE (CRC)	Provides a range of services to people involved in the criminal justice system and their families. Lead provider of specialist throughcare, post-release, and reintegration programs for people transitioning from prison into the community in NSW. Aim to reduce crime and break entrenched cycles of disadvantage, offending and imprisonment.	02 9288 8700	https://www.crcnsw.org.au/	251 Canterbury Rd CANTERBURY

OFFENDERS & EARLY INTERVENTION

NAME	DESCRIPTION	PHONE	WEBSITE	ADDRESS
TRAFFIC OFFENDERS INTERVENTION PROGRAM	Local court-based program targeting offenders who have pleaded guilty to, or been found guilty of, a traffic offence. Provides offenders with information and skills necessary to develop positive attitudes towards driving and develop safer driving behaviours.		http://www.localcourt.justice.nsw.gov.au/Pages/sentencing_and_penalties/finalising_criminal/traffic.aspx	Various locations

OLDER PERSONS SUPPORT

IN HOME SUPPORT				
NAME	DESCRIPTION	PHONE	WEBSITE	ADDRESS
Bungree - Commonwealth Home Support Program (CHSP) - My Aged Care	Commonwealth Home Support Program (CHSP) is the newly formed Aged Care System for services and programs, referrals must be through the My Age Care Portal, Bungree staffs can also assist you with your referral and eligibility.	1800 200 422 or 02 4350 0100	https://www.myagedcare.gov.au/	7B Pioneer Avenue Tuggerah NSW 2259
Bungree - My Aged Care - Home Care packages (HCP)	The Home Care Packages Programme is part of the Government's continuum of care for older Australians. The Home Care Packages Programme is for people who have complex needs that can only be met by a coordinated package of care. The objectives of the Programme are to assist people to remain living at home and to enable consumers to have choice and flexibility in the way that the consumer's aged care and support is provided at home.	1800 200 422 or 02 4350 0100	http://www.bungree.org.au/www.myagedcare.gov.au	7B Pioneer Avenue Tuggerah NSW 2259
Daramulen Home Care / Australian Unity Aboriginal Home Care	Australian Unity's Aboriginal Home Care service provides culturally appropriate home and community services to Aboriginal and Torres Strait Islander people throughout New South Wales. We currently work in metropolitan, regional and remote areas and we plan to expand into more areas over time including into Victoria and Queensland. Our team includes 300 Aboriginal staff members who have been carefully selected and trained to meet your support and cultural needs.	1300 797 606	https://www.australianunity.com.au/assisted-living/aboriginal-home-care	

RESIDENTIAL AGED CARE				
NAME	DESCRIPTION	PHONE	WEBSITE	ADDRESS
Bungree Aboriginal Association	Aged care support services	02 4350 0100	https://bungree.org.au/	7b Pioneer Avenue Tuggerah

TRANSPORT

DRIVERS LICENCE				
NAME	DESCRIPTION	PHONE	WEBSITE	ADDRESS
Bara Barang	Bara Barang learn to drive program supports young Aboriginal people to get their licence and all the education around having a licence. This includes before going for L Plate tests to going for Plates.	02 4312 5133	https://barabarang.org.au/contact/	3 Mann St, Gosford NSW 2250
Oasis Central Coast	Oasis drive for life provides a driving mentor program thanks to our volunteers who assist new drivers to obtain their 120 hours for their logbooks.	02 4353 9799.	https://www.salvationarmy.org.au/oasiscentralcoast/drive-for-life/	Corner of Hely and Anzac Ave. Wyong NSW 2259
Uniting	Driving is a wonderful freedom. But getting a licence isn't always without its difficulties, such as having constant access to a car. So we developed a driver mentoring program to help you arrive at your P-plates sooner.	1800 864 846	https://www.uniting.org/services/family-services/learner-driver-mentoring	62 Alison Rd Wyong 2259
Pacific Links Housing Learner Driver Program for Tenants	The Pacific Link Housing Learner Driver Program helps young tenants seeking a driver's licence by providing information packs and paying for 10 professional driving lessons. Our partner in the program, the NRMA's Safer Driving School, provides a further lesson so our learners have 11 lessons in all. The program is open to Pacific Link tenants who are in good standing; between 16 and 19 years of age; are applying for or hold a current Learners Licence and are Australian citizens or permanent residents. More than 30 learners have so far been assisted by this program.	02 4324 7617	https://www.pacificlink.org.au/LEARNER-DRIVER-LESSONS/	

FUEL CARDS & TAXI VOUCHERS				
NAME	DESCRIPTION	PHONE	WEBSITE	ADDRESS
Yerin AHS	Taxi Vouchers for Patients of Yerin that are needing assistance with transport to Medical Appointments. Assessment and approval is on a Case by Case basis.	02 4351 1040	www.yerin.org.au	36 Alison Road Wyong 2259

TRANSPORT SERVICES

NAME	DESCRIPTION	PHONE	WEBSITE	ADDRESS
Isolated Patients Travel and Accommodation Assistance Scheme	IPTAAS is a subsidy program which provides financial assistance to help with travel and accommodation costs for people (and eligible escorts) who need to travel long distances to access specialist treatment not available locally. Patients travelling at least 100km each way, or at least 200km per week cumulative distance, are eligible to apply for IPTAAS subsidies.	1800 478 227	http://www.enable.health.nsw.gov.au/services/iptaas	
NSW Health Patient Transport Services	Patient Transport Service (formerly known as NEPT or Non-Emergency Patient Transport) is a NSW Health service for patients who require transport to, or from, a health facility such as a hospital or rehabilitation unit but do not need a time-critical emergency ambulance. Patients must be assessed by a medical practitioner or registered nurse as medically unsuitable for community, public or private transport before being eligible for PTS	1300 233 500	https://www.health.nsw.gov.au/pts/Pages/default.aspx	
Bungree - Transport Program	Bungree provides much needed transportation assistance to members of the Aboriginal community in the Gosford and Wyong regions. Our services are available for the elderly and people who have no or limited access to private or Public Transport due to their location, when they need to travel, their financial resources, or physical and cognitive capacities. There is a range of assessment criteria to gauge eligibility. Contact Bungree to find out if you are eligible to access these services.	02 4350 0100	https://www.bungree.org.au/	
Yerin - ITC Program	Provides Transport for clients of the program to access Medical Appointments	02 4351 1040	https://yerin.org.au/	Suite 8-9, 36 Alison Road Wyong, NSW 2259
Community Transport	Everyone needs a lift sometime – get yours with Community Transport. We pick you up at your door and return you back home providing you with assistance where required. We can provide transport for shopping, social outings, medical appointments or any other need you may have depending on available resources.	02 4355 4588	http://www.ctccl.org.au/services/	



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