

## Indigenous Mental Health Commissioned Services

Recently HNECCPHN has contracted new Indigenous Mental Health (IMH) providers to service the Hunter, New England and Mid Coast regions.

There were 7 IMH providers successful for these regions.

The IMH program has been split into two separate contracts the therapeutic group programs, which is a 12-week holistic group program encompassing group activities such as weaving, art, music, fishing, on country days and other activities. These groups have an overall focus on mental health topics and strategies to support clients to self-manage their mental health whilst engaging in social interaction.

The Care Coordination, Peer Navigation and Suicide Postvention contract is based on a stepped care model, providing support to clients with severe and complex mental illness. The Care Coordinator is responsible for the clinical aspects of care including clinical care planning, physical health, and linkages to psychosocial counselling support this can only be accessed by GP referral. Whilst the Peer navigator would provide one on one support to link and access mental health services, psychosocial supports, community and mainstream supports. The Peer Navigator will also provide practical support in accessing services and appointments as well providing information and support for family and carers.

The suicide postvention program is a targeted Aboriginal and Torres Strait islander community program improving the response to and caring for those affected by suicide and suicide attempts by supporting family through community-based education program linkages to counselling and other support services, suicide safety planning, stigma reduction family education and support.

**Referral pathways for these programs will be on HealthPathways or alternatively contact the providers through their website or via phone.**

Service Title	Service Provider/Organisation	Program(s)	Location	Cohort	Referral / contact details
Yudilidin Program	Hunter Primary Care (HPC)	Indigenous Mental Health Care Coordination, Peer Navigation & Suicide Postvention	Greater Newcastle, Port Stephens, Lake Macquarie, Lower Hunter and Upper Hunter LGAs	Indigenous clients only 16+ years	Lisa Craven 02 49252259  <a href="http://hunterprimarycare.com.au">Yudhilidin   Aboriginal &amp; Torres Strait Islander Mental Health   Newcastle (hunterprimarycare.com.au)</a>

Social Emotional Wellbeing Team	Tobwabba Aboriginal Medical Service	Indigenous Mental Health Care Coordination, Peer Navigation Suicide Postvention	Mid-Coast LGA	Indigenous clients only 16 + years	Daniel Jopp (02) 65556271
Social Emotional Wellbeing Team	Tobwabba Aboriginal Medical Service	Indigenous Mental Health (IMH) Therapeutic Group Programs	Mid-Coast LGA	Indigenous clients only 16 + years	Daniel Jopp (02) 65556271
Wellbeing Warriors	New Horizons	Indigenous Therapeutic Group Programs	Greater Newcastle, Port Stephens, Lake Macquarie and Lower Hunter LGAs	Indigenous Clients only 16+ years	Thomas Franks 02 4037 0422
Wiyala Ngarra	Ungooroo Aboriginal Corporation	Indigenous Therapeutic Group Program	Upper Hunter LGA	Indigenous Clients only 16+ years	Bianca Cochrane (02) 65715111
Social Emotional Wellbeing Program	Pius X Aboriginal Medical Service	Indigenous Mental Health Care Coordination, Peer Navigation Suicide Postvention	MEHI region of Moree Plains, Narrabri and Gwydir LGA	Indigenous Clients only 16 + years	Stephanie Duke (0)2 6752 1099
Social Emotional Wellbeing Program	Pius X Aboriginal Medical Service	Indigenous Mental Health (IMH) Therapeutic Group Programs	MEHI region of Moree Plains, Narrabri and Gwydir LGA	Indigenous Clients only 16 + years	Stephanie Duke (02) 6752 1099
Indigenous Mental Health Program	HealthWise New England	Indigenous Mental Health - Care Coordination (IMH), Peer Navigation and Suicide Postvention	Peel & Tablelands Armidale, Glenn Innes, Inverell, Tamworth, Tenterfield Gunnedah, Liverpool Plains, Walcha & Uralla LGAs	Indigenous Clients only 16 + years	Jay Ramirez (0)2 6766 1394 <a href="https://healthwisenenw.com.au/services/aboriginal-health">https://healthwisenenw.com.au/services/aboriginal-health</a>

Indigenous Mental Health Program	HealthWise New England	Indigenous Mental Health (IMH) Therapeutic Group Programs	Peel & Tablelands Armidale, Glenn Innes, Inverell, Tamworth, Tenterfield Gunnedah, Liverpool Plains, Walcha Uralla LGAs	Indigenous Clients only 16 + years	Jay Ramirez (02) 6766 1394 <a href="https://healthwisenenw.com.au/services/aboriginal-health">https://healthwisenenw.com.au/services/aboriginal-health</a>
Yadhaba	Yerin Aboriginal Medical Service	Care Coordination, Peer Navigation, Suicide Postvention & Therapeutic group programs as a part of a combined Drug and Alcohol and Mental Health service	Central Coast LGA	Indigenous Clients only 16 + years	Cultural Wellbeing Officers (02) 43511040 <a href="#">Yadhaba - Yerin</a>