

Referrals to PHN-funded Primary Mental Health services

DESKTOP GUIDE

as of July 1, 2019

Determine eligibility of patient

PHN-funded primary mental health services are focused on the following groups:

- People who are experiencing financial hardship and are unable to access Medicare subsidised mental health services due to gap payments
- Children under 12 years of age with mental, emotional or behavioural disorders
- Women in the perinatal period
- Aboriginal and Torres Strait Islander people with mental disorders
- Individuals who have self-harmed, attempted suicide or who have suicidal ideation, and are able to be appropriately managed in a primary health care setting
- People of Cultural and Linguistically Diverse backgrounds
- People residing in rural and remote areas
- Residents in Commonwealth funded Aged Care Facilities.

Complete Referral Form

Fax to Hunter Primary Care on **02 4929 7072**

or via **gpppsychology** in the Medical Objects Referral Client online address book.

Referral is assessed and triaged

All referred clients will be assessed daily by an experienced mental health team to determine the level of care.

At times contact with the patient and/or GP to clarify referral information may be required. This is to ensure the patient is directed to the most appropriate care, particularly if there are risk issues identified.

Patient referred to appropriate service

Depending on the level of care indicated by the assessment, your patient will be referred to the most appropriate primary mental health service provider.

You will be informed of the outcome and can review any decisions with the referral team.

NOTE: Other assistance is available via the Hunter New England Local Health District Mental Health Line on **1800 011 511**. A free GP support line staffed by psychiatrists is also available Monday to Friday, 9am-5pm on **1800 16 17 18**.

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AND CENTRAL COAST
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