



System Reform and Leadership

Healthy Minds Healthy Lives, MHSPAOD
joint regional strategic planning - 'a guiding
coalition of change'



Acknowledgement of Country

Acknowledgement of living and lived experience





Our vision

Making a difference for people living with mental health conditions and alcohol and other drug use and improving their mental health, physical health and wellbeing.

Guiding Principles

- Improve understanding
- Deliver culturally safe and adaptive services
- Empower people to drive their own care supported by carers
- Support access to care through better communication and families
- Meet people where they are
- Take a whole person approach



MHSPAOD System Reform and Leadership

Healthy Minds, Healthy Lives is the result of extensive consultation with a range of stakeholders and builds on a strong partnership between Darling Downs and West Moreton PHN, Darling Downs Health and West Moreton Health.

Forming a 'guiding coalition of change' for MHSPAOD as an alliancing model operates on the basis of trust and joint working.





One integrated MHSPAOD service system

 **One Budget**

 **One Needs Assessment**

 **One Monitoring System**

**‘One in, all in!!’ – the idealist,
the pragmatist, the realist.**

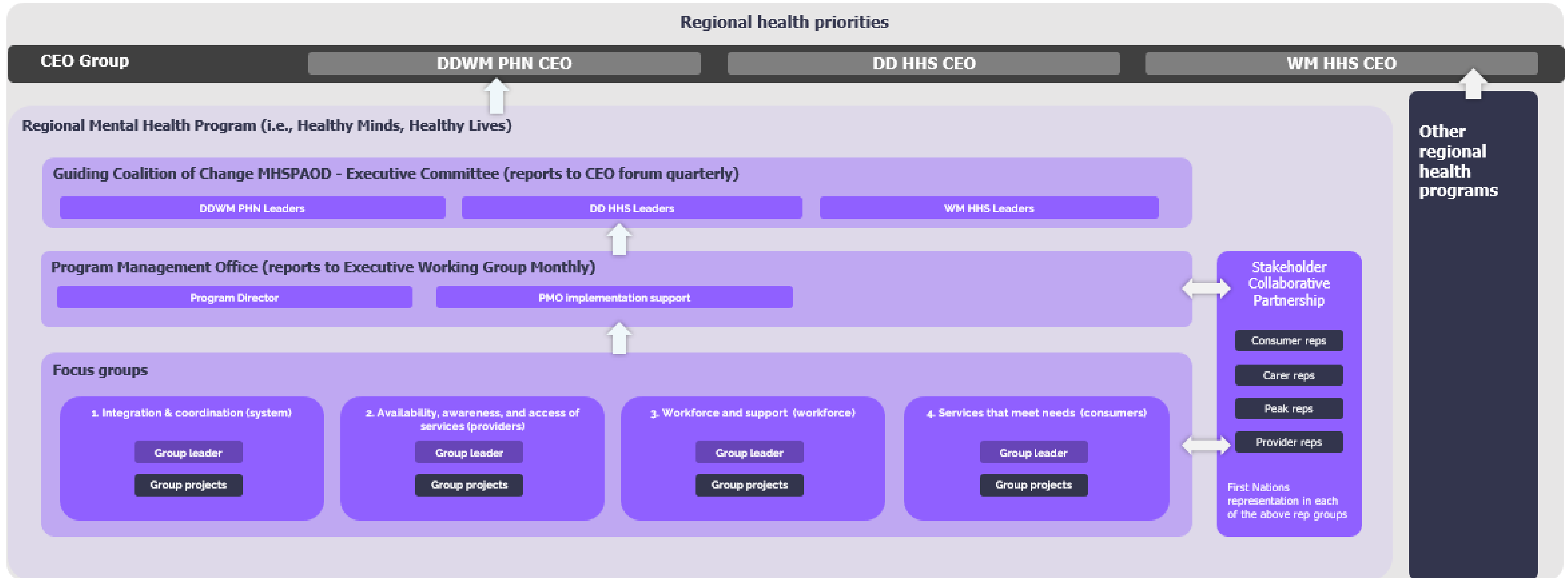


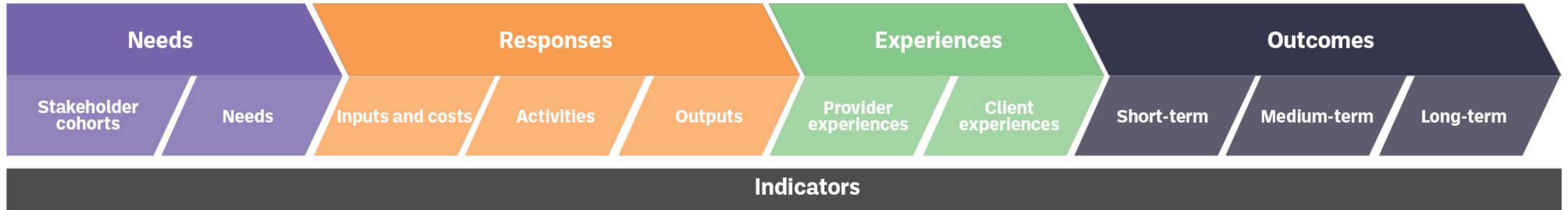


Mental Health, Suicide Prevention, Alcohol and Other Drug Plan refresh

- Additional investment into mental health services across the region through Better Care Together and the Bi-Lateral Bilateral Schedule on Mental Health and Suicide Prevention, and that the mental health operating environment has undergone significant change.
- Recently these changes provided a unique opportunity to refresh The Plan and adapt it to meet present and future challenges. A current and future challenge includes effective use of finite resources and balancing hospital and acute expenditure with primary and community care.







Learnings to share

- Operating in a changing system environment requires HMHL to adopt a mindset that is agile.
- Agreement, commitment and exchange between system partners minimise relational risks for the region.
- Co commissioning. Co tendering, joint EOI's - increases the accountability and successes of investments.
- Coordination activities between HMHL guiding coalition of change and project teams creates system collaboration norms, trust and generates value from positive connections.
- Leadership from all HMHL partners with a commitment to success and adequate resourcing, underpinned by a strong governance structure brings vision for a region into reality.
- Go slow and make your initiatives matter and jointly invest.

