



Participant Information Sheet

Project Title: Personalising Motivational Interviewing.

Project Summary

You are invited to participate in a research study being conducted by Kyar Wilkey, PhD Candidate, Translational Health Research Institute, under the Supervision of Professor Aunty Kerrie Doyle, Dr Elizabeth Conroy, Dr Rashid Flewelling and Professor Elias Mpofu. This research seeks to explore where and how people are using Motivational Interviewing with Aboriginal and/or Torres Strait Islander people. We also want to understand more about your thoughts and experiences delivering or training people to deliver Motivational Interviewing.

As a health or mental health professional, MI trainer or educator, your contribution to the research has an important role in building the literature and developing an understanding about the use of Motivational Interviewing with Aboriginal and Torres Strait Islander people. This is why you are being invited to participate.

How is the study being paid for?

The study is funded by the Translational Health Research Institute at Western Sydney University.

What will I be asked to do?

You are being invited to participate in a survey about your perspectives on MI as a counselling method for use with Aboriginal and/or Torres Strait Islander people. You will also have the option of completing an individual or group interview.

How much of my time will I need to give?

The survey could take up to 10 minutes. The interview could take between 20-60 minutes. You will be offered the opportunity to enter a draw to win 1 of 5 \$100 gift vouchers as compensation for your time.

What benefits will I, and/or the broader community, receive for participating?

While there may be no immediate and direct benefits to you as an individual participant, there may be benefits to the research project and community. These benefits could include:

- Building knowledge and contributing to the gap in research about MI use with Aboriginal and Torres Strait Islander communities;
- Contributing to recommendations about Motivational Interviewing practice with Aboriginal and Torres Strait Islander people;
- Improve understanding about practitioners' and MI trainers' or educators' perspectives and experiences about the suitability of Motivational Interviewing as a counselling method for use with Aboriginal and Torres Strait Islander people.

Will the study involve any risk or discomfort for me? If so, what will be done to rectify it?

This study is considered low risk. You may experience some discomfort when being asked about your Motivational Interviewing practice; however, the intention of the research is to hear about how you deliver or personalise MI for use with Aboriginal and Torres Strait Islander clients. If you feel any discomfort or distress from your participation in this research, please contact Lifeline on 13 11 14. Lifeline is a confidential 24/7 counselling support service for all Australians experiencing emotional distress.

If you identify as Aboriginal and/or Torres Strait Islander you may wish to call 13 Yarn on 13 92 76. 13 Yarn is a culturally safe, confidential 24/7 crisis support line for Aboriginal and Torres Strait Islander people.



How do you intend to publish or disseminate the results?

The results of the research will make up part of the PhD thesis. Additionally, results may be published in peer-reviewed journals and presented at national, local, state and international conferences. All interview participants will be offered a summary of the final results upon completion of the research. Survey participants can check the Translational Health Research Institute website (<https://www.westernsydney.edu.au/thri>) for a summary of the study results once the research is finalised. Any information you provide will be de-identified and presented in such a way that you will not be identifiable.

Will the data and information that I have provided be disposed of?

The survey is anonymous unless you leave your contact details to participate in an interview. Any personal details you provide will be kept private and stored securely. You will be assigned a participant ID and your details will be stored separately from your survey information to protect your privacy. Any personal information provided in an interview will be deleted upon transcription unless you wish to review your transcript before data analysis (personal information will then be deleted upon your approval of your transcript). Names and email addresses will be kept until the end of the study if you opt in to receive a summary of the research results or enter the draw to win a gift voucher. Please be reassured that any information you provide will be kept strictly confidential and stored in a password protected cloud file or in a locked filing cabinet. Your information will not be made available to anyone other than the research team. Care will be taken to protect your identity by changing your demographic details or relevant personal information that may identify you (i.e names, references to places and organisations). Only the research team will have access to the data you provide. Your de-identified data may be used in other projects that relate to MI. Any interview data will be presented as a summary of themes to protect your identity. Please note that the minimum retention period for data collection is five years post-publication. The data and information you have provided will be securely disposed of after 10 years.

Can I withdraw from the study?

Participation is entirely voluntary. If you agree to participate, you can withdraw from the study at any time with no consequences.

If you do choose to withdraw, any information that you have supplied during the survey or group interviews cannot be withdrawn from the study. Survey data cannot be withdrawn because we are not collecting your personal information with the exception that you leave your contact details to be interviewed. Group interview data cannot be withdrawn to protect the privacy of the group and because all information will be de-identified upon transcription, meaning it will not be possible to identify and distinguish your information from the group. Those who participate in individual interviews will be offered the opportunity to view their transcript and you can ask for changes to be made to the transcript including withdrawing your interview data from the study.

Participation is entirely voluntary, and you are not obliged to be involved. If you do participate you can withdraw at any time without giving reason by leaving the survey or interviews or emailing the researcher.

Can I tell other people about the study?

Yes, you can tell other people about the study by forwarding them the research details or providing them with the Investigator's contact details. They can contact the Investigator to discuss their participation and further information about the research project.



What if I require further information?

Please contact *Kyar Wilkey* should you wish to discuss the research further before deciding whether to participate.

Kyar Wilkey

Email: k.wilkey3@westernsydney.edu.au

Privacy Notice

Western Sydney University staff and students conduct research that may require the collection of personal and/or health information from research participants.

The University's Privacy Policy and Privacy Management Plan set out how the University collects, holds, uses and discloses personal or health information. Further details about the use and disclosure of this information can be found on the [Privacy at Western Sydney webpage](#).

What if I have a complaint?

If you have any complaints or reservations about the ethical conduct of this research, you may email the Ethics Committee through Research Services: humanethics@westernsydney.edu.au.

Any issues you raise will be treated in confidence and investigated fully, and you will be informed of the outcome.

If you agree to participate in this study, you may be asked to sign the Participant Consent Form. The information sheet is for you to keep, and the consent form is retained by the researcher/s.

This study has been approved by the Western Sydney University Human Research Ethics Committee. The approval number is **H15769**.

Explanation of Consent

What will happen to my information if I agree to it being used in other projects?

Thank you for considering being a participant in a university research project. The researchers are asking that you agree to supply your information (data) for use in this project and to also agree to allow the data to potentially be used in future research projects.

This request is in line with current University and government policy that encourages the re-use of data once it has been collected. Collecting information for research can be an inconvenience or burden for participants and has significant costs associated with it. Sharing your data with other researchers gives potential for others to reflect on the data and its findings, to re-use it with new insight, and increase understanding in this research area.

You have been asked to agree to extended consent.

What does this mean?

When you agree to extended consent, it means that you agree that your data, as part of a larger dataset (the information collected for this project) can be re-used in projects that are:

- an extension of this project
- closely related to this project
- in the same general area of this research.



The researchers will allow this data to be used by researchers who are interested in adapting or personalising MI with other communities (humanitarian migrants or specific cultural groups). Deidentified data could also be used to understand how to culturally adapt other therapeutic techniques for use with Aboriginal and Torres Strait Islander people.

To enable this re-use, your data will be held at the University in its data repository and managed under a Data Management Plan. The stored data available for re-use will not have information in it that makes you identifiable. The re-use of the data will only be allowed after an ethics committee has agreed that the new use of the data meets the requirements of ethics review.

The researchers want to keep the data for *10 years* for possible re-use. After this time the data will be securely destroyed.

You are welcome to discuss these issues further with the researchers before deciding if you agree. You can also find more information about the re-use of data in research in the [National Statement on Ethical Conduct in Human Research](#) – see Sections 2.2.14 - 2.2.18.

<https://www.nhmrc.gov.au/about-us/publications/national-statement-ethical-conduct-human-research-2007-updated-2018>