



Comfort Trial: Clinical Observation, Management, and Function Of low back pain Relief Therapies Trial Invitation

Dear General Practices,

We are inviting GP practices to participate in the COMFORT clinical trial - a National Health and Medical Research Council funded trial that will evaluate a care model for people with back pain. The study will compare two ways of prescribing an opioid medicine. The first is the traditional way GPs carefully prescribe this medicine. The second way also supports GPs to assist people with other pain relief methods. We are not sure which way works best for the patient.

Participating practices will be randomly allocated to deliver usual care, or the COMFORT intervention.

Participating general practices will receive face to face training from the COMFORT study team which will include procedures regarding participant recruitment and the study consent.

The trial has been reviewed and approved by the Sydney University Research Ethics Committee [2022/511]

Should you have any questions or require further information about this research, please do not hesitate to contact: comfort.trial@sydney.edu.au

Yours sincerely

Dr Christina Abdel Shaheed (Principal Investigator)

A/Prof Rowena Ivers (Investigator and General Practitioner)

Enc. Patient Information Sheet



I am interested in participating in this study

I am NOT interested in participating in this study

Please provide the following details:

Practice name: _____

GP name (s): _____

Contact number: _____

**PLEASE FAX or EMAIL THIS FORM TO comfort.trial@sydney.edu.au
or +61 2 8627 6262**