




# Health Promotion Months/Dates

## AUGUST

Event	Date/s	Ideas for General Practices
<p><b>Dental Health Week</b> <a href="https://www.ada.org.au">https://www.ada.org.au</a></p> <p>“Keep your smile for life”. The objective of dental health week is to encourage the improvement of the oral and general health of the public.</p> 	Monday 2 <sup>nd</sup> – Sunday 8 <sup>th</sup>	<ul style="list-style-type: none"> <li>▪ Change posters in your waiting-room to new focus for the month</li> <li>▪ Post information on your Facebook and/or website</li> <li>▪ Contact a local dentist business cards/resources to encourage visitation.</li> <li>▪ Colour in for kids</li> <li>▪ Consider Dentists as part of the TCA as clinically appropriate</li> </ul>
<p><b>Obsessive Compulsive Disorder (OCD) and Anxiety Disorders</b></p> <p>This week is to raise awareness and understanding about obsessive compulsive disorder and related disorders, with the goal of helping more people to get timely access to appropriate and effective treatment.</p>	Wednesday 4 <sup>th</sup> – Tuesday 10 <sup>th</sup>	<ul style="list-style-type: none"> <li>▪ Change posters in your waiting-room to new focus for the month</li> <li>▪ Post information on your Facebook and/or website increase awareness symptoms of anxiety &amp; OCD</li> <li>▪ Hold a morning tea &amp; do a guided meditation with the team.</li> <li>▪ QI activity on reviews for patients with this diagnosis</li> <li>▪ Reviewing Health Pathways for latest information &amp; providers</li> </ul>
<p><b>Wound Awareness Week</b></p> <p>The objective of the 2020 campaign is to spread awareness of what wounds are, who is at risk, what someone should do if they have a wound that won't heal. The campaign will highlight the issues and treatments for wounds caused using PPE (Personal Protective Equipment) in response to COVID-19 pandemic, Chronic wounds, Pressure Injuries and Venous Leg Ulcers.</p>	Monday 17 <sup>th</sup> - Sunday 23 <sup>rd</sup>	<ul style="list-style-type: none"> <li>• <a href="http://www.woundaware.com.au">www.woundaware.com.au</a></li> <li>• Change posters in your waiting-room to new focus for the month</li> <li>• Increase Foot checks in practice.</li> <li>• Falls risk Assessment.</li> <li>• Look for opportunities for nurse training</li> </ul>