

Research Project Information Sheet and Consent Form

Healthy Ageing Survey

Ethics Approval Number: S231904

Research Team Contact Details

Chief Investigator

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Project Description

The purpose of this research project is to explore your thoughts and perspectives on healthy ageing in relation to your current understanding of dementia, including knowledge, attitudes, and modifiable risk factors. Additionally, we aim to identify the barriers preventing Australian adults from adopting lifestyle behaviours that may reduce their risk of developing dementia. If you are 18 years or over and have **not** been clinically diagnosed with dementia by your healthcare provider, you are invited to participate in this research project.

Participation

If you agree to participate in this research project, you will be asked to complete an anonymous survey. The survey will take approximately 30 – 40 minutes. The survey will include questions regarding your knowledge and attitudes towards dementia, understanding of potential ways to reduce the risk of dementia, and barriers that might stop you from reducing your dementia risk.

Your participation is voluntary. If you decide to participate but change your mind during the survey you may stop the survey and no further responses will be recorded. Please note that once the survey is complete the research team will be unable to remove your responses as they are not identifiable.

Consent

Consent to participate will be confirmed before progressing to the survey. Consent is for your data and information to be collected, stored, and used in analysis and publications in a non-identifiable format. Consent is sought for this project and for related, ethics approved, projects that may be undertaken by this research team.

Risks and Benefits

There are no anticipated risks associated with your participation. It is not anticipated that this research project will directly benefit you but we appreciate your input as a contribution to the discipline.

Sometimes thinking about the themes presented in this survey can create uncomfortable or distressing feelings. If you need to talk to someone about the themes presented in this survey, you may wish to contact family or friends, your healthcare professional(s), or Lifeline (131114)/Beyond Blue (1300 224 636).

Participant Compensation

As a token of our appreciation, at the end of the survey you will have the opportunity to enter our prize draw. You could win one of five \$20 gift cards as a token of gratitude for your valuable time and contribution. To protect your privacy, we have set up a separate and secure page for you to provide either your phone number or email address for the prize draw.

Privacy, Confidentiality and Results

Any data collected as a part of this research project will be stored securely as per UniSC's Research Data Management Procedures. All comments and responses will be treated confidentially and no responses can be attributed to a particular individual. The results of this research project may be presented at external or internal conferences or meetings, or by publication. If you would like a summary of findings of this research project, please contact the Chief Investigator (listed above).

Concerns or Complaints

If you have any concerns or complaints about the way this research project is being conducted, you may raise them with the Chief Investigator (listed above). If you prefer an independent person, you may contact the Chair of the UniSC Human Research Ethics Committee: telephone (07) 5430 2823; email humanethics@usc.edu.au.

Please save the information above if you choose to participate.

Consent:

If you agree to participate in this survey, please check the box below:

- I have read and understood the above research project information. I consent to participate and for my anonymous data and information to be used for this project and future related ethics approved projects undertaken by this research team.

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